

Measure of Value Statements

- Serving my family is very important to me.
- Expressing myself through my artwork (ex. music, painting, etc.) is very important to me.
- Being able to support a family of my own in the future is very important to me.
- Being there for my friends is very important to me.
- Being a spiritual person is very important to me.
- Supporting social issues is very important to me.
- Pursuing a calling, rather than just a job is very important to me.
- Living life according to my religious beliefs is very important to me.
- Finding a career that is consistent with my values and beliefs is very important to me.
- Serving my country is very important to me.
- Volunteering is very important to me.
- Helping others is very important to me.

Step Circle Statements Printout

- I am an artist.
- I like to play sports.
- I am a good student.
- I am male.
- I am female.
- I am a girl.
- I am a boy.
- I identify strongly with one gender.
- I am an only child.
- I am the oldest child in my family.
- I am the youngest child in my family.
- I am a middle child.
- I live with both my parents in the same home.
- I have divorced parents.
- I live with member(s) of my extended family.
- I have never known my mother, father or both.
- I have lost a family member.
- I feel responsible for my brothers and sisters.
- I have very strict parents.
- I was born in the United States.
- I am American.
- English is not my first language.
- I am multi-lingual.
- I have family or friends living in another country.
- I have travelled outside of the country.
- I am or have been part of a majority.
- I am or have been part of a minority.
- I regularly see my culture represented in the media.
- I often see my culture misrepresented in the media.
- I learned or am learning about my peoples' culture, heritage and customs in History or Social Studies.
- I believe I have at some point been treated differently because of my ethnicity.
- I have a disability.
- I think I will go to college.
- I am part of a wealthy family.
- I usually have access to the things I need and want.
- I have lived in the same house my whole life.
- I have moved around a lot.
- I and/or someone I know has been arrested.
- I and/or someone I know has used drugs.
- I have a friend or family member with a mental illness.
- I have a friend or family member with an addiction.
- I sleep as much as I need to most nights.
- I eat as much as I need to most days.
- I sometimes feel depressed.
- I know someone who has attempted suicide.
- I knew someone who completed suicide.
- I have ended friendships.
- I have recently made a new friend.
- I would fight on behalf of a friend.
- I sometimes feel anxious and cannot explain why.
- I have been bullied.
- I have bullied someone else.
- I or someone I know identifies as gay, lesbian, bisexual or transgender.
- I expect a lot from myself.
- I am religious.
- I am popular.
- I am political.
- I am a Girl Scout.

Conflict of Interests Roleplay Prompts

Your family just moved into a new house. There are three rooms available for you, your brother and sister, but one is larger than the others and has a bigger closet. Your sister has the most clothes and insists she needs the room. Your brother thinks he should get the room because he's the oldest. You want the extra space for your drum set. It bothered everyone when you practiced in the dining room. Your parents told you to work it out amongst yourselves.

This month, your school is engaging students in an anti-drug campaign. You and Eduardo have been chosen to create a large banner to be hung in the school's main hallway. Eduardo wants to draw a series of student portraits, each with their own drug awareness slogan. You don't like drawing and would rather use the banner to explain the school's campaign in large block letters.

You've recently become friends with Kelsey and sent her a friend request online. You really like Kelsey in person, but online she's a bit much. She likes and comments on almost everything you post, and some of her comments are inappropriate. You've grown very irritated and you're worried that your parents and other friends will disapprove of what they see on your profile.

Every summer you work for your grandpa doing odd jobs around his farm. You enjoy the work and really like having extra money for the school year. But this year, your grandpa has also hired his neighbor's son, Curtis, to help. Slowly, Curtis is taking more and more of your jobs. Some days you arrive and your grandpa has nothing for you to do! You don't know Curtis that well, but feel like you should have first pick of the jobs. You're the grandchild, after all!

Your Girl Scout sister Jenny has been telling everyone in your troop that she's starting a Silver Award project to teach your neighborhood about the different kinds of birds and flora that live there. Everyone knows that you are an amateur bird watcher and botanist and it feels like she's invading your territory. You're deciding how to handle the situation.