

June 19, 2023



Dear Me and Mine participants,

Welcome! I am so excited to have you join us at Camp Holloway for some camper and adult bonding time! During this event you'll explore Camp Holloway, make s'mores, tie dye, participate in adventure activities, make a craft and experience camp magic! If you have any questions, comments, or concerns, please let me know. We're happy to help and answer any questions you may have.

Please read through this entire packet and let me know if you have any questions.

If you have questions before the day of the program, please call (615) 672-2959

We look forward to seeing you soon!

Yours in camp,

**Sofia "Ziggy" Bright** | Camp Holloway Director  
**Girl Scouts of Middle Tennessee**  
4522 Granny White Pike | Nashville, TN 37204  
(615) 672-2959 | [www.gsmidtn.org](http://www.gsmidtn.org)



## **Required Forms**

### ***Forms/paperwork required for both children and adults include:***

1. Property Liability Waiver (see instructions below to complete) in CouncilAlignMENT
2. Girl Scout permission form

Participants without the required forms will have to leave camp.

### ***Property Liability Waiver:***

Everyone **MUST** have completed their Property Liability Waiver in CouncilAlignMENT. To complete the liability waiver, follow these steps:

1. Log into your CouncilAlignMENT account at <https://ca52.councilalignment.org>
2. Click on "View Profile."
3. On the menu at the top of your profile, click "Property Liability Waiver."
4. Read the information.
5. Click "Accept" if you agree to the terms.

### ***General Cancellation Policy***

Per Girl Scouts of Middle Tennessee's summer camp cancellation policies, the last day to cancel this program and receive a full refund was May 11, 2023. Partial refunds may be considered in extenuating circumstances.

### ***Cancellations Due to Inclement Weather***

Me and Mine will run rain or shine. Refunds are not issued for individuals who choose not to attend a program. In the event of program cancellation due to severe weather you will be contacted via e-mail and phone by Girl Scouts of Middle Tennessee. If we are unable to hold this program due to inclement weather, you will receive a full refund.

## ***Cancellations Due to Illness or Emergency***

Refunds for unexpected sickness or family emergencies will be considered upon request. Refund requests may be sent to the Manager of Camp and Adventure Programs at [reichstein@gsmidtn.org](mailto:reichstein@gsmidtn.org). Please do not attend this program if you, your Girl Scout, or someone in your household is ill.

### **Check in & Check out:**

#### ***Check in:***

Check-in for this program will be on Wednesday, 7/5 between 3:00 – 5:00 PM. Please do not arrive earlier than 3:00 PM – we are still preparing for your arrival and have time built into the schedule to allow you to get settled into your cabin or tent!

When you arrive at Camp Holloway staff will guide you to our check-in tent in front of Josephine's Lodge or your unit.

#### ***Check out:***

Our program is complete after lunch on Friday afternoon by 2:00 PM. You will grab a sack lunch and may leave when you're ready after you have packed and moved out of your cabin.

### **Program Information:**

#### ***Overview:***

This program is designed to show you all the wonderful things Camp Holloway has to offer, and to encourage bonding between campers and their adults.

**Schedule:**

A more detailed schedule will be given to you when you check-in.

Many activities will be led by our camp staff, but some will be on your own . Please let us know if you have any questions while at camp! We're here to help.

<b>Wednesday</b>		
<b>Time</b>	<b>Activity</b>	<b>Location</b>
3:00- 5:00 PM	Check in, unpack, some activities available	In Unit
5:00 – 6:00 PM	Tour of Camp/Discussion of Kapers	Meet at Unit
6:00 – 6:30 PM	Intro to Singing Porch	Singing Porch
6:30 – 7:30 PM	Dinner	Lodge
7:45 PM	Closing Flag	Flag pole
8:00 – 9 :00 PM	Opening Campfire and S'mores	Campfire Circle
9:30 PM	Lights Out	Units

<b>Thursday</b>		
<b>Time</b>	<b>Activity</b>	<b>Location</b>
8:00 AM	Breakfast	Screened Porch
8:45 AM	Opening Flag	Flagpole
9:00 AM - 12:00 PM	Activities	Various locations
12:00 - 12:15 PM	Singing Porch	Porch
12:30 - 1:30	Lunch	Lodge
2:00 - 6:00	Activities	Various locations
6:00 - 6:15	Singing Porch	Porch
6:30 - 7:30	Dinner	Lodge
7:45 PM	Closing Flag	Flagpole
8:00 - 9:00 PM	Night Activity	TBD
9:30	Lights Out	Units

<b>Friday</b>		
<b>Time</b>	<b>Activity</b>	<b>Location</b>
8:00 AM	Breakfast	Lodge
8:45 AM	Opening Flag	Flagpole
9:00 AM - 12:00 PM	Activities	Various Locations
12:15 PM	Closing Ceremony	Around flagpole
12:30 PM	Grab and Go lunch, Pack and Clean Units	Units
2:00	Depart	See you next summer!

### ***Activity Descriptions:***

While not every group will be able to participate in every activity, we are going to do our best to make sure you have the full camp experience and are able to do as much as possible! Each group will have an art block, and adventure activity, and pool activity as well.

**Art:** Create a special art piece with your camper!

**Slingshots:** Just like you imagine – come visit slingshot range

**Hiking and Photo Scavenger Hunt:** Explore Camp Holloway with a fun, interactive scavenger hunt when you have free time!

**Adventure Activities:** Based on age, campers and adults will participate in at least one adventure activity during their stay at Camp Holloway.

**Archery:** Take aim for a bullseye! Our creekside archery range is waiting for you.

**Swimming:** Our zero-entry pool with fountains is the perfect place to cool off and beat the heat!

**Tie Dye:** Tie Dye a t-shirt with our professional dye. Make any design you want with a rainbow of color options.

**Gaga Ball:** This is a tried and true camp favorite! A ball and instructions will be available at the gaga pit near the Swing by Choice.

**9 Square in The Air:** A combination of four square and volley ball is fun for all ages. Get a group together to play! Instructions will be located at this game.

**Campfire Songs:** We'll learn some camp songs! There are so many favorites to explore!

### **Housing:**

Girls and adults will stay in cabins or platform tents with others (type of housing is dependent on what you registered for – those staying in platform tents signed up for this specific session). You will likely share a space with others not in your troop. Please plan on who will be on the top and who will be on the bottom bunk. Be respectful of everyone at camp by honoring our 9:30 PM lights out time. You can always come hang out in one of our pavilions if you need to space or to stay up late!

### **Meals and Snacks:**

All meals and snacks for this program are provided.. Please let us know immediately if anyone in your group has a dietary need.

### **Trading Post:**

The trading post will be open at various times for you and your shopper at designated times! There are many Camp Holloway themed items in the trading post ranging from \$2 to \$35. Items include tee shirts, bandanas, key chains, stuffed animals and more!

### **Physical Needs:**

If you have physical limitations that we can assist with please let Sofia know **immediately**. This program includes walking on uneven terrain and some nature walks/hiking. We want everyone to have a great time at camp, so please let us know how we can adapt our program to meet your needs.

### **Medication and First Aid:**

Any medication that you or your camper will need must be stored and locked. This can be in your personal space (in a locking bag) or turned into the camp office. You can access it when you need it. We also have a designated first-aider on site with common first-aid supplies

### **Rules of Camp:**

- Camp Holloway, like all Girl Scouts of Middle Tennessee properties, is a smoke free/tobacco free/vape free property. You must leave camp to smoke or use tobacco products.
- Leave all illegal drugs, alcohol and weapons at home.
- Speed Limit is 5 mph on camp.
- Park in designated parking spaces only.
- Respect the camp staff and their guidelines.
- You must supervise your Girl Scout(s) at all times.
- Tell a camp staff if you are hurt or need medical attention.
- Inform camp staff if you are leaving property.

## **Packing List**

- 2- 3 Shorts (longer shorts required for adventure activities)
- 2-3 shirts
- 2-3 pairs of socks
- Closed toed shoes (required for adventure activities)
- Sandals with a strap (example: Chacos)
- Pajamas
- Water bottle
- Sleeping bag or sheets & blankets
- Pillow
- Toiletries
- Shower shoes
- Towel
- Medications (must be locked)
- Place to lock medications if applicable
- Flashlight
- Sunscreen
- Bug Spray
- Backpack
- Battery Operated Fan (tents only)

### ***Optional***

- Camera
- Money for Trading Post

### ***Leave at home***

- Expensive clothing
- Ipods, MP3s or Electronic Games
- Weapons
- Alcohol, Drugs