

Girl Scouts: It's Where You Belong

Summer Camp 2023

Ċ



Contact Information

Camp Team

Camp Holloway Director (615) 460-0212 CampHolloway@gsmidtn.org

Kelly Sharpe Camp Sycamore Hills Director (615) 460-0239 KSharpe@gsmidtn.org

Lauren Reichstein Manager of Camp and Adventure Programs (615) 460-0212 LReichstein@gsmidtn.org

Equestrian Team

Ashley Gary Manager of Equestrian Programs (615) 305-1112 AGary@gsmidtn.org

Jen Vaughn Equestrian Specialist (615) 947-3214 JVaughn@gsmidtn.org

Kathryn Poindexter Equestrian Specialist (615) 305-1112 KPoindexter@gsmidtn.org

Camp Support

Alison Johnson Adventure Specialist/Camp Support (615) 460-0223 AJohnson@gsidtn.org

Eva Conwell Registrar (615) 460-0254 EConwell@gsmidtn.org

Lanny Brown Director of Programs (615) 460-0218 LBrown@gsmidtn.org

Jannig US.

Alie Fa

Elsabelt Homes"

"Flip Flop"

Lily Jacemetri

Kathryn Poindexte



YOU BELONG HERE

Important Dates

January 5	Summer Camp Registration Opens for GSMIDTN members!
January 12	Holiday Discount Deadline*
	Receive up to \$90 off the price of one camp program
January 26	Early Bird Discount Deadline*
	Receive up to \$65 off the price of one camp program
January 27	Summer Camp Registration Opens for All Campers
February 17	Intern Applications Due
March 9	Military Discount Deadline*
	Receive up to \$100 off the price of one camp program
May 4	Last Day to Apply for Financial Assistance
May 11	All Payments Due

* Discounts are available to GSMIDTN members. Only one discount will be applied per camper per summer. For more information on available discounts, please see page 28.

SUMMER CAMP OPEN HOUSE Sunday, March 26, 2023, 1:00-4:00 PM

Join us at Camp Holloway and Camp Sycamore Hills to experience a glimpse of camp magic!

This is your opportunity to meet camp staff, take a self-guided tour, eat a s'more, and explore some camp activities. This is a free, drop-in event; families are welcome to bring a picnic lunch or snacks, but please leave pets at home.

Registration in CouncilAlignMENT is helpful, but not required.





What's Inside

Who Comes To Camp?	06
Summer Snapshot Calendar	09
Traditional Programs	10
Equestrian Programs	16
Day Camp at Camp Holloway	20
Volunteer-Run Day Camps	22
Me and Mine	24
Camp Y'all	24
Counselors in Training	26
Staff Opportunities	27
Registration Policies	28
About Our Camps	30
Summer Camp Housing	30
Packing List	31

Who Comes To Camp

Girl Scouts of Middle Tennessee provides safe and affirming camping experiences to the girls. We proudly offer a wide variety of activities, with the goal of providing enriching experiences in areas that girls enjoy. We support campers wherever they are in life and feel privileged to create a safe space for those who join us. However, our facilities and programming limit the ways in which we can accommodate campers with different needs.

We want everyone to be successful, and we find that campers have the best experience if they can do the following:

- Be fully independent with hygiene (with reminders from staff)
- Use the bathroom, shower, and get dressed unassisted

• Live, shower, and dress in communal spaces. Privacy is an essential and fundamental right of everyone at camp, including in toilets, changing areas, and showers, which are single-use. Typical of most public bathrooms, many single-use bathroom stalls are located in one facility.

- Sleep in a room with other people and/or fall asleep without assistance. Our cabins and tents all hold multiple people; there is no situation in which a child will have their own room.
- Follow verbal directions
- · Understand and follow camp rules and expectations
- Be able to verbalize if they need assistance, are hungry, are hurt, etc.
- Be able to reasonably and age-appropriately self-regulate social and emotional needs

Physical Needs

If your camper has physical restrictions and/or uses a wheelchair, crutches, braces, or similar assistive technology, please contact our camp directors so we can plan the best possible experience for them (contact information can be found on page 2). While many programs can be modified to meet the specific needs of our campers, we are not equipped or staffed to provide care for campers to who need one-on-one assistance. Activities such as high challenge, canoeing, kayaking, horseback riding, and similar activities are challenging to access for those with mobility challenges and have limited adaptions depending on the challenges faced.

Physical Restrictions

To balance the demand for challenging activities and the safety and well-being of girls, staff, and animals, we offer the following programs and activities, with restrictions as listed below.

If you have questions or concerns regarding a camper participating because of these restrictions or would like additional information on these restrictions, please contact a camp director (contact information can be found on page 2). We realize these restrictions may lead to sensitive conversations, and we welcome the opportunity to speak in advance of your camp program to discuss options and potential solutions.

Health and Wellness

To keep the entire camp community safe and ensure a positive experience for everyone, we will check for the following during camper check-in:

a. Fever of 100.4 degrees or higher.	c. Head lice or evidence of lice in any form.
b. Symptoms of any contagious condition.	d. Any injury or condition that needs immediate medical attention.

Campers may not remain at camp with a fever, signs of a contagious condition, or signs of head lice. If a camper is sent home at check-in, they may return with a signed letter from their physician stating that they do not have any contagious condition and are in good health. Arrangements to attend a later session may also be made with Camp Holloway or Camp Sycamore Hills in summer 2023 if space is available.

In the case of head lice, a camper must wait 24 hours, be free of signs of lice or nits, and get rechecked upon return. Final decision is at the discretion of the camp director.

Equestrian Programs

To protect the health and safety of our horses and participants, the maximum weight limit for participants in Girl Scouts of Middle Tennessee horseback riding programs is 200 lbs. Current research shows that horses should carry no more than 20% of their weight. Our limit is based on the size of our horses, weight of our equipment, and the type of activities we provide. As a Certified Horsemanship Association (CHA) accredited site, we have established this policy in accordance with their safety protocols and recommendations.

In addition, Camp Sycamore Hills Equestrian staff and facilities are not certified in therapeutic riding. Staff are limited in their ability to provide a safe experience for riders requiring physical or social-emotional accommodations. Before deciding on whether an equestrian camp experience is a fit for your rider, please contact our Manager of Equestrian Programs (see page 2 for contact information) so we can plan the best possible experiences for them. If we are unable to safely include your camper in riding activities, we will provide a reference for a trusted therapeutic riding facility.

Adventure Activities

Several of the activities offered at our facilities use specialized equipment. This equipment is designed with the safety of the participant in mind and has manufacturer's-recommended limitations to minimize the risk of injury to the participant. To ensure all participants are able to use equipment safely, the following weight limits must be strictly enforced:

High Challenge, R	appelling, Tree Climbing	250 lbs.
Zip line, Flying Sq	uirrel, Swing-By-Choice	250 lbs.
CORCLs®		225 lbs.

In addition to these weight limits, supplied harnesses and equipment must fit properly and securely. Fit will be evaluated by counselors and instructors on site.

Watercraft

All participants using watercraft (including canoes, kayaks, and CORCLs) on council properties are required to wear Coast Guard approved Personal Flotation Devices (PFDs) at all times. Usage of watercraft is dependent on proper fit of supplied PFDs and will be evaluated by the instructor/facilitator on site.



Summer Snapshot

	CAMP HOLLOWAY	CAMP SYCAMORE HILLS	EQUESTRIAN PROGRAMS AT CAMP SYCAMORE HILLS
JUNE 4-9	FIELD OF TEAMS Brownie CHOPPED Junior CREATIVE GENIUS Cadette Senior Ambassador CIT (TWO WEEK PROGRAM) Senior Ambassador DAY CAMP: GAME ON (M-F) Daisy Brownie Junior	SPACE JAM Brownie SPLISH SPLASH Junior WILDERNESS EXPLORERS Junior GAME OF CROWNS Cadette Senior Ambassador TO THE EXTREME Cadette Senior Ambassador	ROPES & REINS Brownie ENGLISH BOOT CAMP Cadette Senior Ambassador
JUNE 11-16	BROWNIE BAKERS Brownie CREATIVE GENIUS Junior CARABINERS AND CAST IRON Cadette Senior Ambassador CIT (TWO WEEK PROGRAM) Senior Ambassador DAY CAMP: BLAST OFF! (M-F) Daisy Brownie Junior	ENCHANTED FOREST Brownie SPACE JAM Junior LUMBER JANES Cadette Senior Ambassador SPLISH SPLASH Cadette Senior Ambassador CIT II (TWO WEEK PROGRAM) Senior Ambassador	PONY TAILS & HIKING TRAILS Brownie SYCAMORE SADDLERS (ENGLISH) Junior WESTERN ADVENTURES Cadette Senior Ambassador
JUNE 18-23	MOONLIGHT MADNESS Brownie Junior Cadette Senior Ambassador DAY CAMP: TINY CHEFS (M-F) Daisy Brownie Junior	SPLISH SPLASH Brownie ON BELAY Junior CREATIVE GENIUS Cadette Senior Ambassador TO THE EXTREME Cadette Senior Ambassador CIT II (TWO WEEK PROGRAM) Senior Ambassador	BITS & PIECES Junior CAMP COWGIRLS Junior SADDLE UP GIRL SCOUTS (ENGLISH) Cadette Senior Ambassador
JUNE 25-30	ADVENTURES IN MAGIC Brownie Junior Cadette Senior Ambassador DAY CAMP: FIZ, WHIZ, POTIONS (M-F) Daisy Brownie Junior	GUARDIANS OF THE FOREST Brownie SPLISH SPLASH Junior WILD, WILD WEST Cadette Senior Ambassador GAME OF CROWNS Cadette Senior Ambassador	PONY TAILS & HIKING TRAILS Brownie SYCAMORE SADDLERS (WESTERN) Junior ENGLISH BOOT CAMP Cadette Senior Ambassador
JULY 5-7	ME AND MINE Daisy Brownie Junior Cadette ME AND MINE RETREAT Junior Cadette Senior Ambassador	CAMP Y'ALL Daisy Brownie Junior Cadette Senior Ambassador	TAKE THE REINS Junior Cadette Senior Ambassador
JULY 9-14	MOONLIGHT MADNESS Brownie Junior Cadette Senior Ambassador CIT II (TWO WEEK PROGRAM) Senior Ambassador DAY CAMP: ARTRAGEOUS (M-F) Daisy Brownie Junior	SPLISH SPLASH Brownie CREATIVE GENIUS Junior MONSTER MASH Cadette Senior Ambassador TO THE EXTREME Cadette Senior Ambassador CIT (TWO WEEK PROGRAM) Senior Ambassador	ROPES & REINS Brownie BITS & PIECES Junior WESTERN ADVENTURES Cadette Senior Ambassador
JULY 16-21	CREATIVE GENIUS Brownie FIELD OF TEAMS Junior CHOPPED Cadette Senior Ambassador CIT II (TWO WEEK PROGRAM) Senior Ambassador DAY CAMP: IMAGINATION STATION (M-F) Daisy Brownie Junior	ENCHANTED FOREST Brownie ON BELAY Junior LUMBER JANES Cadette Senior Ambassador SUMMER DAZE Cadette Senior Ambassador CIT (TWO WEEK PROGRAM) Senior Ambassador	PONY TAILS & HIKING TRAILS Brownie ENGLISH BOOT CAMP Cadette Senior Ambassador SADDLE UP GIRL SCOUTS (WESTERN) Cadette Senior Ambassador
JULY 23-28	END OF SUMMER MISCHIEF Brownie Junior Cadette Senior Ambassador DAY CAMP: EXPLORERS (M-F) Daisy Brownie Junior	CREATIVE GENIUS Brownie A'HOY MATEYS Junior WILD, WILD, WEST Junior SPACE JAM Cadette Senior Ambassador SPLISH SPLASH Cadette Senior Ambassador TO THE EXTREME Cadette Senior Ambassador	WESTERN ADVENTURES Cadette Senior Ambassador VAQUERA TRAINING Cadette Senior Ambassador

Traditional Camp Programs

Girl Scout Fee: \$515 Non-Girl Scout Fee: \$540

Camp is THE place to try something new and expand comfort zones! In addition to the activities listed in the programs below, all campers will experience archery, arts and crafts, swimming, tie dye, and at least one nature or adventure activity, depending upon grade level and program scheduling. Additionally, choice is an important part of our camp program; campers will have the opportunity to choose some activities that interest them.

ADVENTURES IN MAGIC

Camp Holloway

Brownie, Junior, Cadette, Senior, Ambassador

June 25-30

Camp Holloway is where magic comes to life! Join us to explore the enchanting worlds of some of your favorite series. Campers will create a wand. at Hogwarts, learn magic survival at Camp Half Blood, explore the history of Middle Earth, and go on adventures in Narnia. Each day campers will dive into a different story!

A'HOY MATEYS!

Camp Sycamore Hills

Junior

July 23-28

Grab an eye patch and join fellow campers for a swashbuckling good time! Campers will build their own fort and raft, look for hidden treasure, and get extra time to explore Sycamore Creek aboard canoes during this action-packed program.



BROWNIE BAKERS

Camp Holloway Brownie

June 11-16

Mix one part sunshine, three parts laughter, and a dash of camp songs to make the most amazing summer! Campers will spend the week making a sweet treat, trying new foods, creating a menu, and cooking over a campfire. They will work towards the Snacks badge.

CARABINERS AND CAST IRON

Camp Holloway

Cadette, Senior, Ambassador June 11-16

A wild adventure awaits! Campers will climb, swing, and rappel to get their blood flowing. Then, they'll learn exciting outdoor cooking techniques and spend a night under the stars.

CHOPPED

Junior

Camp Holloway

June 4-9 July 16-21

Cadette, Senior, Ambassador

Do you want to be the top chef of Camp Holloway? Campers will spend the week learning to match flavors, make a healthy meal, create a menu, and cook over a campfire. At the end of the week, they'll put their skills to the test with a fast-paced mystery ingredient competition!



CREATIVE GENIUS

Camp Holloway

Brownie	July 16-21
Junior	June 11-16
Cadette, Senior, Ambassador	June 4-9

Camp Sycamore Hills

Brownie				July 23-28
Junior				July 9-14
Cadette, Ser	ior,	Amb	assador	June 18-23

Nature will inspire campers as they create, design, and explore different kinds of art. They will create a different masterpiece each day, including jewelry, paintings, and recycled art. This week is all about campers unleashing their inner artist.

ENCHANTED FOREST

Camp Sycamore Hills

Brownie

June 11-16, July 16-21

Venture to the far, far away land of Camp Sycamore Hills where anything is possible! Fearless campers will search for fairies on the trails, CORCL through the mystical mermaid waters at the pool, and save the day by battling their own dragons.



END OF SUMMER MISCHIEF

Camp Holloway

Brownie, Junior, Cadette, Senior, Ambassador

July 23-28

Summer's ending, but the fun doesn't have to! Campers will experience all the adventures Camp Holloway has to offer while sneaking in some last-minute mischief and relaxation by the pool. Will campers put balloons in the lodge? Raid the kitchen for ice cream? It's up to them! They'll also have a carnival with popcorn and prizes to finish out the summer.

GAME OF CROWNS

Camp Sycamore Hills Cadette, Senior, Ambassador June 4-9, June 25-30

Travel back to age of knights and dragons in this daring adventure. Sharpen your aim and precision through archery-focused games and challenges. Save the mystical tree dragon eggs and take back the kingdom as a royal!

GUARDIANS OF THE FOREST

Camp Sycamore Hills Brownie

June 25-30

All around us there are beautiful trees, lakes, and mountains filled with cute furry animals—so let's wander! Catch tiny water creatures in the creek, learn about the different birds that live at camp, and explore the natural habitats of our woodland creatures. Campers will even have the opportunity to be a wild thing and dress up as their favorite creature!

FIELD OF TEAMS

Camp Holloway	
Brownie	June 4-9
Junior	July 16-21

Ready to put those yard game skills to use? Spend the week participating in an egg toss, three-legged race, hula hoop challenge, and more! Have you ever balanced an ice cream cone on your head? Or searched for marbles in a pool of oatmeal? You will this week, as you break into teams for a final camp relay race!

LUMBER JANES

Camp Sycamore Hills Cadette, Senior, Ambassador June 11-16, July 16-21

Campers should pack their flannels because they're going camping at a remote part of Camp Sycamore Hills! They'll assemble their own primitive campsite, complete a fire-building challenge, learn to navigate with a compass, and cook three meals over a fire. Campers will test themselves by spending a night in their self-built shelter to prove their true grit!



MONSTER MASH

Camp Sycamore Hills

Cadette, Senior, Ambassador July 9-14

Ghosts, vampires, werewolves—oh my! Campers will get spooky at camp, writing ghost stories to share around the campfire and designing their own haunted house! They'll even have the chance to simulate a zombie apocalypse, eat (jello) brains, and create a zombie outbreak survival kit!

MOONLIGHT MADNESS

Camp Holloway

Brownie, Junior, Cadette, Senior, Ambassador

June 18-23, July 9-14

Camp is magical at night. Fairy lights, the moon above, and starry skies—it's all at Camp Holloway this summer. Campers will stay up for late-night adventure activities, nighttime mischief, and many glow activities! Campers sleep late in the mornings and enjoy brunch with their unit before participating in traditional daylight camp programs.



ON BELAY

Camp Sycamore Hills

Junior

June 18-23, July 16-21

Campers will climb into a week-long adventure! They'll begin by conquering Team Adventure and the obstacle course. Then, they'll be on belay at the climbing wall, tree climbing, and flying squirrel! When they're not soaring through the air, campers will enjoy a creek float, crafts, and hammock relaxation.

SPACE JAM

Camp Sycan	nore Hills		
Brownie		J	une 4-9
Junior		Ju	ne 11-16
Cadette, Sei	nior, Ambassador	Jul	y <mark>23-28</mark>

A long, long time ago in a galaxy far away, the mighty Tune Squad came under alien invasion...again! Unfortunately, athletic contests and magical water will not work this time. Campers will search the stars for answers, create unique inventions, and test their chemistry skills to help the Tunes! Campers will get science-y, get messy, and save the universe.

SPLISH SPLASH

Camp Sycamore Hill	ls	
Brownie	June 18-23, July 9-14	
Junior	June 4-9, June 25-30	
Cadette, Senior, Ambassador		

June 11-16, July 23-28

Campers will need their swimsuits for this week of aquatic adventures! They'll float on the creek, splash in the pool, and even have their own pool party. Campers will enjoy two water-based activities per day.

SUMMER DAZE

Camp Sycamore Hills

Cadette, Senior, Ambassador July 16 - 21

Campers will kick back and relax during this camp program. They'll wear their favorite shades and float in the pool and on the creek. They'll also get to design their own ideal camp program. Will they have a glowstick dance party? Enjoy yoga beneath the trees? Plan a camp-wide game? They'll decide!

TO THE EXTREME

Camp Sycamore Hills Cadette, Senior, Ambassador June 4 – 9, June 18 – 23, July 9 – 14, July 23 - 28

Campers will push their limits and tackle all the adventure activities at Camp Sycamore Hills, including the high challenge course, tree climbing, and zip-line. They'll learn basic backpacking skills and trailblaze the remote parts of camp on an overnight camping adventure under the stars.

WILD, WILD WEST

Camp Sycamore Hills	
Juniors	July 23 – 28
Cadette, Senior Ambassad	or June 25 - 30

From covered wagons heading west on the Oregon Trail to the California Gold Rush, campers will lasso some great backcountry fun and discover their inner pioneer. They'll sleep under the stars, sew essential items, create homemade treats, and try their hand at candle-dipping. Campers will live rustic and wild! *This is not a horse program.*

WILDERNESS EXPLORERS

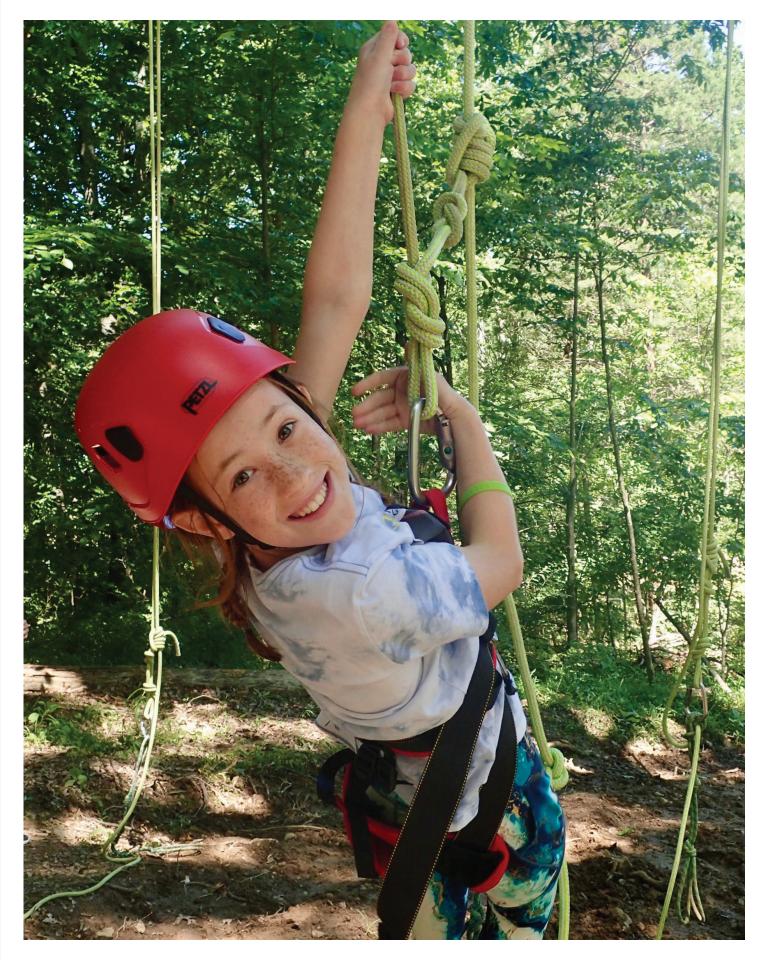
Camp Sycamore Hills

Junior

June 4 - 9

Campers are friends to all—fish, plants, and tiny moles. They'll explore the woods around them and learn basic outdoor skills, such as fire building, shelter construction, and compass navigation. Their adventures will reach the next level when they go on the ultimate creek hike and make creek paint! Campers will even camp in a remote area of Camp Sycamore Hills.





Equestrian Programs

At Camp Sycamore Hills

Girl Scout Fee: \$575 Non-Girl Scout Fee: \$610

Hay, don't forget the horses! With more than 40 horses and an enthusiastic staff, campers can register for an equestrian program and experience the world of horses! Equestrian programs include games and barn lessons for all riding levels, along with progressive riding instruction. Whether they're new to horses or an experienced rider, we have equestrian programs designed for everyone. When campers are not at the barn, they'll participate in traditional camp activities.

Restrictions at the Barn

Horseback riding is physically and mentally demanding. We are not a therapeutic riding facility and are unable to provide the in-depth assistance or accommodations that campers with some physical and social challenges might require. Though some of our Sampler and Introductory programs can be safely modified to meet the specific needs of our campers, not all experiences can be safely altered. If campers need assistance or have other limitations, please contact our equestrian team (see page 2 for contact information) so we can plan the best possible experiences for them.

To protect the health and safety of our horses and participants, the maximum weight limit for participants in Girl Scouts of Middle Tennessee's riding programs is 200 lbs. Please read more about our restrictions on page 6.



SAMPLER HORSE PROGRAMS

For campers who are curious about horses. There are no prerequisites for Sampler Horse Programs.

Sampler Horse Programs are a great way for campers to get their first taste of horseback riding and life at the barn, while also experiencing many other camp activities. Campers will enjoy two horse experiences during their camp week.

PONY TAILS & HIKING TRAILS

Brownie June 11-16, June 25-30, July 16-21

This week is designed for the camper who wants to do it all! They'll hit the trails to explore nature, splash around in the swimming pool, climb the rock wall, and enjoy two horse experiences at the barn.

ROPES & REINS

Brownie (entering 3rd grade) June 4-9, July 9-14

Campers will join us at the barn to explore the world of horses in this Brownie adventure of a lifetime! Campers will learn the basics of horseback riding through four horse experiences. They'll also learn to groom our camp ponies, join in games with the horses, and so much more!

BITS & PIECES

Junior

June 18-23, July 9-14

Campers will try a little bit of this and a little bit of that as they mix it up with adventure activities, canoeing, art, and horseback riding (two horse experiences). Campers will try something new as they participate in all areas of camp!

INTRODUCTORY RIDING PROGRAMS

For campers who are curious about horses and want more time at the barn. There are no prerequisites for Introductory Riding Programs, but participation in two of these programs is needed to advance to Skill-Builder Riding Programs.

Whether campers are first-time riders or they recently discovered a passion for horses through another program, Introductory Riding Programs teach beginning horsemanship skills. Campers will learn correct riding positions and how to control a horse while riding.

SYCAMORE SADDLERS

Junior

June 11-16 (English), June 25-30 (Western)

Campers will learn basic riding skills in addition to learning to lead a horse, tie a quick release knot, and more. Choose between Western and English Riding style for this camp program (see dates above and in the Summer Snapshot on page 9).

SADDLE UP GIRL SCOUTS

Cadette, Senior, Ambassador

June 18-23 (English); July 16-21 (Western)

Campers will saddle up with Girl Scouts and will participate in four horse experiences. They'll enjoy ground lessons at the barn, including identifying different horse breeds, saddle styles, and more! Choose between Western and English Riding style for this camp program (see dates above and in the Summer Snapshot on page 9).

SKILL BUILDER RIDING PROGRAMS

This is for campers who want to continue to build their riding skills. Prerequisites are required for these programs.

Skill Builder Riding Programs are much more physically and mentally demanding than our Sampler or Introductory programs.

Campers should be comfortable at the walk and trot while riding independently. Campers should understand and have been exposed to the concept of posting the trot.

Because campers ride in groups with similar experience within the program, campers will perform an assessment ride before being placed in their riding group for the week. Campers will have daily ground and riding lessons (weather permitting), as they build competency from previous programs, summers, or outside lessons. Skill Builder Riding programs require completion of two Introductory Riding Programs at Camp Sycamore Hills within the last three years or equivalent experience, which may require a riding video to be sent to the equestrian staff.

CAMP COWGIRL

Junior

June 18-23

Campers will enjoy the world of horses with daily Western riding and barn lessons! Campers will learn about different horse breeds, play games at the barn, and participate in other camp activities in their free time.



ENGLISH BOOT CAMP

Cadette, Senior, Ambassador

June 4-9, June 25-30, July 16-21

Campers will improve their English riding skills while also exploring how horses live and survive in our world. More advanced riders will learn the basics of jumping and/ or continue their education over fences! Only approved riders will be able to jump over fences, and all riding activities will be at the discretion of the equestrian instructor. Depending on skill level, campers may not learn to jump, but they will participate in skill building activities that work towards advancing their English riding skills.

WESTERN ADVENTURES

Cadette, Senior, Ambassador

June 11-16, July 9-14, July 23-28

Campers will take Western riding to the next level with riding that focuses on trail education, lessons inside our arena, and daily ground lessons. Advanced riders who are comfortable at faster gaits and hold a proficiency in horsemanship skills will work towards riding outside the arena, mounted archery and more! Only approved riders will be approved to participate in archery and more advanced skills in the saddle. Participation in any riding activity is at the discretion of the equestrian instructor. Depending on skill level, campers may not learn archery from horseback, but they will participate in skill building activities that work towards advancing their Western riding skills.

EQUESTRIAN MANAGER APPROVED RIDING PROGRAMS

For Advanced Riders. Prerequisites and a possible riding test are required to participate in these programs.

Campers registering for these programs should be able to walk, trot, and canter unfamiliar horses. They should be currently showing at local shows and must provide current instructor contact information, an explanation of previous riding instruction, and videos of the rider walking/trotting/cantering. In addition, campers will be interviewed by a member of the equestrian team. All registrations must be approved by the equestrian team.

TAKE THE REINS

Junior, Cadette, Senior, Ambassador

July 5-7

For experienced riders considering taking their horsemanship to the next level! This camp session is designed to help improve campers' show skills and give them tips for success. Campers will have daily riding and ground lessons at the barn and will ride inside and outside our arenas (weather permitting). Take the Reins campers have the barn to themselves this week and will enjoy lesson-like instruction.

Campers will choose which style of riding they would like to advance. This camp program gives priority to Camp Sycamore Hills show students until April 1, 2023. After this date campers from other riding facilities will be considered. All riding activities are subject to the discretion of equestrian instructors.

VAQUERAS TRAINING

Cadette, Senior, Ambassador

July 23-28

This camp program trains you to be a Vaquera! Vaqueras prepare horses and assist participants at the barn for various programs during the school year and will receive either a riding or ground lesson each time they volunteer. Vaqueras will also earn service hours during the school year which give them the opportunity to participate in events like fun days at the barn, going on trail rides, and more! This training program is primarily non-riding.

Prerequisite: Campers must be registered Girl Scouts to participate in this program. Must be entering at least in seventh grade AND 12 years or older to apply.



Day Camp

At Camp Holloway Daisy, Brownie, Junior

Girl Scout Fee: \$295 Non-Girl Scout Fee: \$330 Transportation Fee: \$85

Day camp is the place to learn something new, have adventures, and make new friends! All daycampers will craft, swim, hike, and participate in themed activities. First-time campers begin building confidence and agency away from home, while returning campers help new campers experience camp magic.

This is a council-sponsored day camp run at Camp Holloway. Lunch and snacks are provided each day. For more information about Girl Scout Volunteer-Run Summer Fun Day and Twilight Camps run locally across Middle Tennessee, please see page 22.

Location: Camp Holloway is located in Millersville, Tennessee, about 30 minutes north of Nashville.

Camp Holloway Drop-off and Pick-up: Day camp begins at 8:30 a.m. each day. Drop-off is from 8-8:30 a.m. Camp ends at 4:00 p.m, and campers may be picked up at Camp Holloway between 4-4:30 p.m. Both check-in and check-out are drive-through experiences. Adults and non-campers should plan to remain in the vehicle.

Bus Transportation (\$85): The day camp bus departs from and returns to the Girl Scouts of Middle Tennessee Nashville Service Center in Green Hills. The bus will pick up campers at 7:45 each morning and return between 5-5:30 p.m. each night. All campers must be picked up from the bus stop no later than 6:00 p.m.

Discount: The maximum discount for Day Camp is \$65. Please see page 28 for more information about discounts.



GAME ON

June 5 – 9

Has your camper ever played life-sized chess or checkers? Have they competed in an egg relay or water balloon baseball? This day camp program is where campers will experience field games with a twist! They'll race, run, climb, and compete their way to the top. Who will be the camp champion?

BLAST OFF!



Launch your camper into this space-themed week! They will create a rocket, sample space food, and tackle the obstacle course, just like astronauts. They'll have so much fun, it will be out of this world!

TINY CHEFS

June 19-23

A pinch of salt and a dash of creativity is all campers need for this week. Campers will bake many kinds of savory and sweet treats to enjoy this scrumptious experience!

FIZZ, WHIZ, POTIONS



This program is for campers who like slime, gooey messes, and a bit of magic on the side. Day camp potions students will create silly putty, bubbling solutions, and foamy fun! They'll also make their own crystal ball and participate in magic activities, like wandmaking and unicorn jousting!

ARTRAGEOUS



Camp is made of so many colors for campers to explore! Campers will try a different art medium each day, creating clay sculptures, sand art, and wearable art. Camp Holloway will help campers unleash their inner artist!

IMAGINATION STATION



Campers will see their dreams come to life as they experiment their way through this camp week. They'll take part in an egg drop competition, create spaghetti towers, make their own ice cream, explode a watermelon, and more! Get science-y, get messy, and get inventive! We provide the materials; you provide the imagination.

DAY CAMP EXPLORERS

July 24-28

There are hidden treasures at camp! Campers will learn to letterbox, make a map, and go on a treasure hunt. Then, they will paint their own rocks and hide them for others to find. Plus, they'll have adventures and splash in the pool before they leave for the day.



Volunteer-Run Day Camps

If staying overnight or traveling to Camp Holloway isn't the right option for you, or you want to meet girls from your area, we encourage you to participate in one of Girl Scouts of Middle Tennessee's local volunteer-run day camps!

These camps are coordinated by local Girl Scout volunteers and are held at local churches, parks, and schools. They're generally offered during June and July across Girl Scouts of Middle Tennessee's 39 counties. Registration for volunteer-run day camps is managed by each volunteer director or service unit hosting the day camp. More information can be found at gsmidtn.org/day-camps.

If you're interested in hosting a day camp, please contact:

Lauren Reichstein *Manager of Camp and Adventure Programs* (615) 460-0212 LReichstein@gsmidtn.org





Me And Mine

At Camp Holloway

Girl Scout Fee: \$250 Non-Girl Scout Fee: \$275 Additional Child: \$140

All campers must be accompanied by a female adult at least 18 years of age. Program cost is per one adult and one child together. Additional children not accompanied by an additional adult must be registered separately. **The maximum discount for Me and Mine is \$65.**

ME AND MINE

Daisy, Brownie, Junior

July 5-7

Campers and an adult female will explore Camp Holloway or Sycamore Hills! Together they will swim, craft, tie-dye, and experience an age-appropriate adventure activity. They'll meet new friends in their assigned bunk and get a taste of camp life at this fun-filled program!

ME AND MINE RETREAT

Junior, Cadette, Senior, Ambassador July 5-7

This program is designed especially for Juniors, Cadettes, Seniors, and Ambassadors and their favorite female adult! In our wooded retreat, campers and their adult buddies will lounge by the pool, paint landscapes while drinking lemonade, trying yoga, and more. They'll also have time to choose adventure activities!

Camp Y'all

July 5-7 at Camp Sycamore Hills (For All Ages)

Girl Scout Fee: \$250 Non-Girl Scout Fee: \$275 Additional Child: \$140

All campers must be accompanied by an adult at least 18 years of age. Program cost is per one adult and one child together. Additional children not accompanied by an additional adult must be registered separately. **The maximum discount for Camp Y'all is \$65.**

Y'all means all! This inclusive family program welcomes Girl Scouts to come to camp with their favorite adult human. Together, they'll lounge by the pool, try archery, and create rainbow crafts. Campers will also sing around the campfire and express themselves in our camper talent show.

This program is gender-inclusive. Capacity is limited to allow for appropriate housing and bathroom accommodations for all. Participants will be asked for gender at the time of registration to aid in our logistical planning.



GIRL SCOUTS

0

DUTS

COUNSELORS-IN-TRAINING (CITs)

Girl Scout Fee: \$625

CIT and CIT II must be earned in separate summers.

COUNSELOR IN TRAINING (CIT)

Senior, Ambassador	
Camp Holloway	June 4-16
Camp Sycamore Hills	July 9-21

The Counselor in Training (CIT) program is for campers ready for leadership and responsibility at camp. Training in problemsolving, conflict resolution, and group management methods will help them to be the best CIT they can be! This is a two-week program, with a break for the weekend. CITs will check out on Friday afternoon and return the following Sunday for their practicum week.

Prerequisites: Campers must be registered Girl Scouts to participate in this program and complete their CIT award.



COUNSELOR IN TRAINING II (CIT II)

Ambassador	
Camp Holloway	July 9-21
Camp Sycamore Hills	June 11-23

The Counselor in Training II program (CIT II) is for CITs who are excited to take the next step in camp program leadership. Campers will start with a brief refresher course on camp counseling techniques, then progress into program training, planning, and support. CIT IIs will rotate between adventure, aquatics, archery, and art program areas, then implement what they've learned by planning activities for younger campers. This is a twoweek program with a break for the weekend. CITs will check out on Friday afternoon and return the following Sunday for their practicum week.

It is required that Program Interns have earned their CIT II award (with the exception of Vaqueras).

Prerequisite: Campers must have completed CIT in a previous summer and be registered Girl Scouts to participate in this program and complete their CIT II award.



STAFF OPPORTUNITIES

Being a camp counselor is the hardest job you will ever love.

You wake up every day in the summer to form amazing friendships, build concrete skills, and do daring and adventurous things. You care for campers, yes, but you also use your training to build courage, confidence, and character in the next generation of girls. We're hiring staff who want to make a meaningful contribution to our camp community and to create summer camp magic for our campers, all while building their resumes and getting paid. If this describes you, see below for more information and to apply!

Benefits

- Get paid to play! salary starts at \$450/ week
- Live and work in the beautiful outdoors
- Meals and housing provided for most positions
- Strong relationship-building opportunities

Responsibilities

- Provide quality programming
- Uphold Girl Scouts core values
- Maintain health and well-being of campers

Interested in Applying?

Visit our website at gsmidtn.org/summer-camp.

UNDER 18? BECOME A CAMP INTERN!

There is no better way to get hands-on job experience than by interning at Camp Holloway and Camp Sycamore Hills! Both camps are hiring interns to assist with camp duties including: kitchen, office tasks, and media and programs support. *Applicants must be 15 years of age prior to beginning their intern weeks.* Summer Vaqueras (Camp Sycamore Hills Only) must complete Level 3 Vaqueras Training prior to applying.

Interns may work at camp for one or two weeks as part of the intern program and may request whichever weeks work for them throughout the summer. However, specific weeks are not guaranteed.

An application and interview are required for all interns. Three references are required for firsttime interns. Returning interns submit two references. Applications are due to Elizabeth Homco or online by February 17, 2023.

Contact:

Elizabeth Homco, Older Girl Specialist, (615) 460-0227, EHomco@gsmidtn.org

- Leadership and growth opportunities
- Diverse certification opportunities
- Internship hours (if applicable)

Registration And Policies

We are excited for you to register for summer camp! Registrations can be made via CouncilAlignMENT (gsmidtn.org/CouncilAlignMENT) or paper form found on our website (gsmidtn.org/summer-camp).

Please be aware that if your camper is currently a Girl Scout, has been a Girl Scout in the past, or has attended camp in the past, it is likely that you have a CouncilAlignMENT profile and/or login. For help accessing your account, please contact the council office.

To view available camp weeks and register through CouncilAlignMENT, you will need to have a camper who is a registered member of GSMIDTN and to have a CouncilAlignMENT login. You are not required to register as a Girl Scout to attend summer camp; however, registration priority goes to members of GSMIDTN, and non-members are not eligible for discounts or financial assistance. Please contact our registrar or a member of the camp team to assist with online registration if your camper is not member of GSMIDTN (contact information can be found on page 2).

Registration Deadlines

To attend summer camp, registrations must be received at least two weeks prior to the start of the requested camp program. However, many popular camp weeks develop waiting lists early in the year. Our programs are first come, first served.

If you plan to take advantage of a discount, you must register by 11:59 PM on the date of the discount deadline. You may submit registrations on CouncilAlignMENT or send in (mail or email) a paper registration form (must be **received** by the deadline). *Please be sure you have access to your CouncilAlignMENT account at least one week prior to any discount deadlines. This is a high-volume time, and we cannot guarantee assistance in time for the deadline on these dates.*

Payment Deadline

All payments are due by May 11, 2023. After this date, if there is a waiting list for your registered program, risk losing your space to a camper on the waiting list.

Discounts

We are pleased to offer Holiday, Early Bird, and Military Discounts to registered members of GSMIDTN. Only one discount may be applied per camper per summer. See page 3 for discount deadlines.

The Military Discount is offered to campers who have a parent/guardian serving active duty in the United States military. To use this discount, please contact the council registrar or a camp director before March 9, 2023. You must submit proof of duty status (usually military orders). Do not send a copy of a military ID.

Transfers

If you would like to transfer your camp registration to a different week, please contact the registrar or a member of the camp team (contact information can be found on page 2). There is no charge to transfer your camp program prior to the payment deadline of May 11, 2023. After this date, we will withhold your \$100 deposit to transfer your registration to a new program, with the exceptions of illness, family emergency, transferring off a waiting list or a program being cancelled by GSMIDTN. All other monies paid, including discounts received, will transfer

28. depending on discount received and program type.

Cancellations and Refunds

Your deposit is refundable only if you cancel your registration prior to May 11, 2023, or you are unable to be placed from the waiting list. After this date, no refunds of deposits or other monies paid will be given except in the following circumstances: not being placed off the waiting list for your chosen week of camp, absence due to a camper's illness or injury, or the death or serious illness of an immediate family member prior to the start of camp. A physician's statement must be provided in the case of camper's illness or injury. Campers who leave camp early due to illness or other reasons will not receive a refund.

A written request for a refund due to illness or injury prior to camp must be sent to the camp director. For contact information, please see page 2.

Financial Assistance

Partial financial assistance is available to **registered members of Girl Scouts of Middle Tennessee** and is limited to one camp program per camper per summer. Campers applying for financial assistance must be registered Girl Scouts by January 3, 2023.

All requests are due by May 4, 2023. To apply, please register for camp, pay your \$100 deposit, and send a completed financial assistance form to:

Mail: Girl Scouts of Middle Tennessee Attn: Camp Registrar 4522 Granny White Pike Nashville, TN 37204 Fax: (615) 460-0238 Email: summercamp@gsmidtn.org

All financial assistance is confidential. Please check your CouncilAlignMENT "Payment" tab and shopping cart for confirmation of financial assistance. All accounts should be updated within three weeks of your application.

If financial assistance is awarded, full payment is due by May 11, 2023, or you risk losing your camp registration, financial assistance, and deposit.

Waiting Lists

Some programs are in high demand and will fill early in the year. If your camper is placed on a waiting list, you have several options:

• **Remain on the waiting list for an available space.** Camp directors check waiting lists weekly and make adjustments depending on available space. Occasionally spaces open quickly, but sometimes they will not open at all. You may remain on the waiting list until two weeks prior to the start date of the camp program, or you may request a transfer or a refund at any time.

• **Transfer to a different camp week with availability.** Simply contact a member of the camp team to make this change.

• **Request a refund.** Contact a member of the camp team to cancel your program and request a refund.

If you join the waiting list to hold spots in two or more programs, you must cancel any additional You can join the wait list for multiple programs. However, if you receive placement in one, you must cancel your other listings within 10 days (of your CouncilAlignMENT notification). Otherwise, you forfeit your deposit for the additional programs.

About Our Camps



CAMP HOLLOWAY

Founded by Josephine Holloway in 1952 and steeped in history, Camp Holloway offers various day and residential camp sessions for girls of all ages. Located on 76 wooded acres, featured activities include archery, art, cooking, crate stacking, CORCLs, Guerney's Cabin escape room, hiking, rappelling, rock climbing, slingshots, swimming, swing-by-choice, and tree climbing. Camp Holloway has platform tents and cabins, with bathrooms located inside or near all sleeping units. Come check out the new Groves Cabin! Camp Holloway provides outdoor experiences and amazing adventure for *every girl*.



CAMP SYCAMORE HILLS

Camp Sycamore Hills, established in 1958, is situated on 742 acres of land divided by Sycamore Creek. Girls may experience crossing the swinging bridge, hiking the Happy Birdsong Trail, riding horses in the equestrian arena, and sliding down the slide. Activities include art, archery, canoeing, CORCLs, gaga ball, high adventure, horses, outdoor skills, swimming, tree climbing, zip line, and more! Camp Sycamore Hills has cabins and screened cabins, with bathrooms located in or near all sleeping units. Our campers agree Camp Sycamore Hills is truly *a place to be me*.

Camp Accomodations

Campers have a variety of housing options at Camp Holloway and Camp Sycamore Hills. Due to housing logistics, camp housing cannot be requested by specific campers, but families will be notified of their camper's unit approximately one week prior to their camp program. If your camper needs specific accommodations, please contact the camp director.



Cabin: A cabin is a climate-controlled building that sleeps 16-36 girls, depending on location. Some cabins include bathrooms and kitchens within the building, while others have bathrooms nearby. Staff members sleep in the same building (but in separate rooms) as campers.



Platform Tent (Camp Holloway only): A platform tent is a semi-permanent structure with a wooden floor and heavy canvas roof and sides. Each tent holds up to four cots. Tents are arranged in groups to form a living unit. The sides can be rolled up to allow a cross breeze and each tent has a screen built into the structure. A bathhouse with showers and flushing toilets is located close to platform tent units. Staff members sleep in a separate tent located near the camper sleeping area.



Screened Cabin (Camp Sycamore Hills only): Screened cabins are smaller structures located together in a living unit. Each screened cabin has 4-6 beds inside. These cabins have electricity and fans but are not climate controlled, and bathrooms are located nearby. Staff members sleep in a separate cabin located near the camper sleeping area.



4522 Granny White Pike Nashville, TN 37204

gsmidtn.org



