

girl scouts
of middle tennessee

Summer Camp 2022



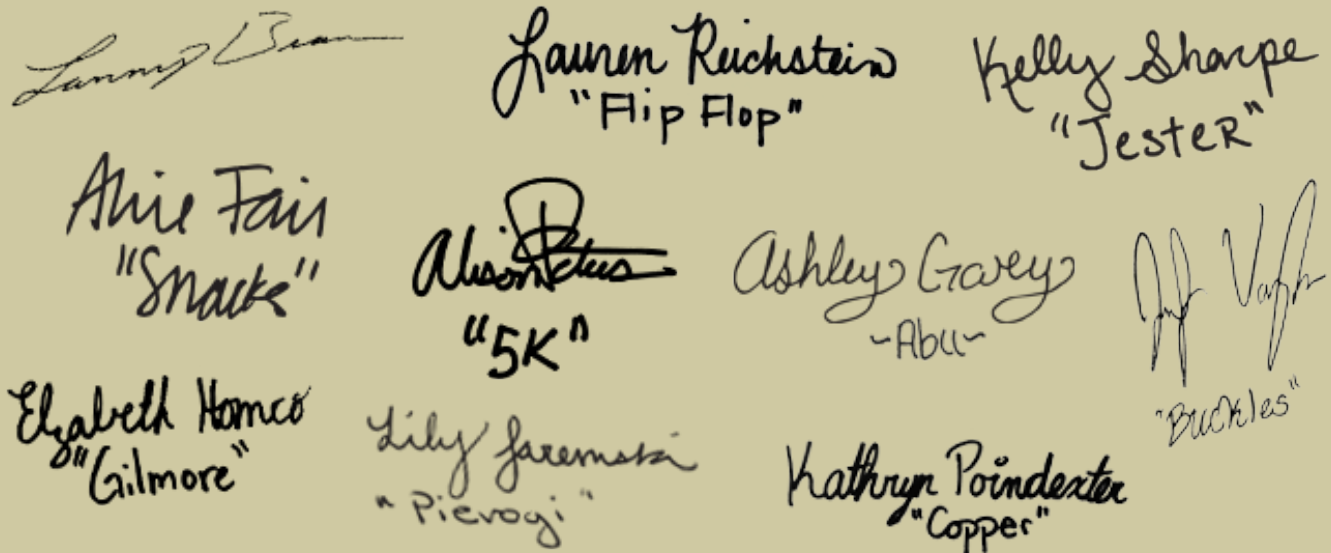
Friendships
Begin at
Girl Scouts

4 EVER

Friendships Begin at Girl Scouts.

Girl Scouts and Girl Scout Summer Camp are special. When you come to Camp Holloway or Camp Sycamore Hills, you join a family who stands by you, encourages you, and cheers you on, whether you're one foot off the ground or twelve. You have counselors and friends who love you for your true self and remind you that you are brave. You are strong. You can do this.

You can ride that horse, climb that wall, hit that target. Girl Scout Camp is a place to go on adventures, develop new skills, build new relationships, and strengthen existing ones.



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Important Dates

January 4	Summer Camp Registration Opens!
January 27	Intern Applications Due
January 18	Holiday Discount Deadline* <i>Receive up to \$90 off the price of one camp program</i>
February 1	Early Bird Discount Deadline* <i>Receive up to \$65 off the price of one camp program</i>
March 10	Military Discount Deadline* <i>Receive up to \$100 off the price of one camp program</i>
May 12	Last Day to Apply for Financial Assistance
May 19	All Payments Due
May 26	All Summer Camp Forms Due on CampDoc.com

**Only one discount will be applied per camper per summer. For more information on available discounts, please see page 23.*

What's Inside

COVID and Healthcare Policies	4
Summer Snapshot Calendar.....	5
Camp by Grade Level	6
General Camp Theme Weeks	7
Day Camp at Camp Holloway.....	11
Me and Mine	13
Equestrian Programs	14
Counselors in Training	19
Staff Opportunities.....	20
About Our Camps.....	21
Summer Camp Housing	22
Registration and Policies	23
FAQs.....	24
Physical Needs and Restrictions	26
Packing List.....	27

Summer Camp Open House

March 27, 2022 1:00 – 4:00 PM

May 22, 2022 1:00 – 4:00 PM

Join us at Camp Holloway and Camp Sycamore Hills to experience a glimpse of camp magic! This is your opportunity to meet your camp director and staff, take a tour, eat a s'more, and sample activities. Both camps will host Open House; choose the camp and date that works best for you!

This is a free, drop-in event; families are welcome to bring a picnic lunch or snacks, but please leave pets at home. Registration in CouncilAlignMENT is helpful but not required.

COVID-19 and Healthcare Policies

The safety of our campers, staff, and volunteers is the highest priority for Girl Scouts of Middle Tennessee. Based on recommendations from the Centers for Disease Control and Prevention (CDC), Girl Scouts of the USA (GSUSA), and the American Camp Association (ACA), we made changes to camp operations for summer 2021, some of which may continue through summer 2022. The scope of the COVID-19 pandemic is ever-changing, as are guidelines from these trusted organizations. Our most up-to-date protocols will be listed on our website at gsmidtn.org/summer-camp and will be updated as more information is released and case numbers in the summer months are better understood. We're committed to keeping the camp experience as consistent and magical as possible.

In order to keep the entire camp community safe and ensure a positive experience for all campers, we will check for the following during camper check-in, regardless of COVID-19 guidelines:

- a. Fever of 100.4 degrees or higher
- b. Symptoms of any contagious condition
- c. Head lice or evidence of lice in any form
- d. Any injury or condition that needs immediate medical attention

Campers may not remain at camp with a fever, signs of a contagious condition, or signs of head lice.

If a camper is sent home at check-in due to fever or contagious condition, they may return with a signed letter from their physician stating that they do not have any contagious condition and are in good health. In the case of head lice, a camper must wait 24 hours, be free of signs of lice or nits, and get rechecked upon return.

Arrangements to attend a later session may also be made with Camp Holloway or Camp Sycamore Hills in summer 2022 if space is available. Final decision is at the discretion of the camp director.

Summer Snapshot

Daisy (Entering grades K-1)

Brownie (Entering grades 2-3)

Junior (Entering grades 4-5)

Cadette (Entering grades 6-8)

Senior (Entering grades 9-10)

Ambassador (Entering grades 11-12)

	Camp Holloway	Camp Sycamore Hills	Equestrian Programs at Camp Sycamore Hills
June 5 - 10	Creative Genius Brownie, Junior, Cadette, Senior, Ambassador CIT (Two Week Program) Senior, Ambassador Day Camp: Artrageous (M-F) Daisy, Brownie, Junior	Splish Splash Brownie, Junior Primal Survival Cadette, Senior, Ambassador To the Extreme Cadette, Senior, Ambassador	Sycamore Saddlers Junior English Boot Camp Cadette, Senior, Ambassador
June 12 - 17	Moonlight Adventures Brownie, Junior, Cadette, Senior, Ambassador CIT (Two Week Program) Senior, Ambassador Day Camp: Blast Off! (M-F) Daisy, Brownie, Junior	Primal Survival Brownie, Junior Creative Genius Cadette, Senior, Ambassador CIT II (Two Week Program) Senior, Ambassador	Ropes & Reins Brownie Bits & Pieces Junior Western Adventures Cadette, Senior, Ambassador
June 19 - 24	Ready Camper One Brownie, Junior, Cadette, Senior, Ambassador Chopped Junior Day Camp: Game On (M-F) Daisy, Brownie, Junior	Creative Genius Brownie, Junior Splish Splash Cadette, Senior, Ambassador CIT II (Two Week Program) Senior, Ambassador	Pony Tails & Hiking Trails Brownie Camp Cowgirl Junior Saddle Up Girl Scouts Cadette, Senior, Ambassador
June 26 - July 1	Goblet of Campfire Brownie, Junior, Cadette, Senior, Ambassador Day Camp: Fizz Whiz Potions (M-F) Daisy, Brownie, Junior	Creative Genius Brownie, Junior Primal Survival Cadette, Senior, Ambassador	Ropes & Reins Brownie Bits & Pieces Junior English Boot Camp Cadette, Senior, Ambassador
July 5-8	Outdoors & S'mores Brownie, Junior Lifeguard Training Senior, Ambassador Program Aide Cadette	Outdoors & S'mores Brownie, Junior, Cadette River Runners (Travel Program) Cadette, Senior, Ambassador	Take the Reins Junior, Cadette, Senior, Ambassador
July 10 - 15	Moonlight Adventures Brownie, Junior, Cadette, Senior, Ambassador Day Camp: Blast Off! (M-F) Daisy, Brownie, Junior	Splish Splash Brownie, Junior Creative Genius Cadette, Senior, Ambassador CIT (Two Week Program) Senior, Ambassador	Pony Tails & Hiking Trails Brownie Sycamore Saddlers Junior Western Adventures Cadette, Senior, Ambassador
July 17 - 22	Imagination Station Brownie, Junior, Cadette, Senior, Ambassador Chopped Cadette, Senior, Ambassador Day Camp: Tiny Scientists (M-F) Daisy, Brownie, Junior	Primal Survival Brownie, Junior Splish Splash Cadette, Senior, Ambassador To the Extreme Cadette, Senior, Ambassador CIT (Two Week Program) Senior, Ambassador	Bits & Pieces Junior Camp Cowgirl Junior Saddle Up Girl Scouts Cadette, Senior, Ambassador
July 24 - 26	Me and Mine Daisy, Brownie, Junior	Me and Mine Daisy, Brownie, Junior Me and Mine Adventure Junior, Cadette, Senior, Ambassador	Vaqueras Training Cadette, Senior, Ambassador



Camp by Grade Level

Camp is the place for campers to develop who they are! At each level, girls will have program elements and adventures that help them grow and find their path. There's always something new to explore and learn at camp.

Campers should register for programs for the grade they are entering in fall 2022. **Please note, campers requesting buddies must be registered for the same program and in the same Girl Scout level. Buddies from different Girl Scout levels cannot be accommodated.**

Daisy (entering grades K-1)

Girl Scout Daisies shine as they explore nature, learn about rich Girl Scout traditions, and embark on new and lasting friendships at summer camp. Day Camp at Camp Holloway and Me and Mine programs (see pages 11 and 13) offer excellent opportunities to try camp for the first time.

Brownie (entering grades 2-3)

At summer camp, Girl Scout Brownies realize the power they possess in being themselves and their potential to make a difference in the world. Summer camp helps them bond with their peers, work towards badges, develop teamwork skills, and truly integrate into the camp community. Brownies are welcome to week-long overnight camp programs, Outdoors & S'mores, Day Camp at Camp Holloway, and Me and Mine.

Junior (entering grades 4-5)

Girl Scout Juniors are lively and assertive at summer camp! They learn to craft their camp experience themselves, with endless opportunities to build skills they're passionate about and enjoy activities they're interested in. Juniors can participate in Outdoors and S'mores, week-long overnight camp, Day Camp at Camp Holloway, and Me and Mine.

Cadette (entering grades 6-8)

Girl Scout Cadettes are passionate and determined, wanting their voices to be heard. Summer camp provides a safe space where they're free to be themselves, have a more active role in planning camp activities, and prepare for future leadership opportunities. Week-long overnight camps, Outdoors & S'mores, Me and Mine: Adventure at Camp Sycamore Hills, and Program Aide and Vaqueras trainings are perfect for Cadettes to strengthen their independence and build confidence in their decision-making skills.

Senior and Ambassador (entering grades 9-12)

We encourage Girl Scout Seniors and Ambassadors to emerge as leaders in the camp community. They mentor younger campers, gain valuable experiences through leadership programming, and find respite in the midst of their busy lives. Seniors and Ambassadors can participate as campers at week-long overnight camps, or they can apply for leadership roles through the Counselors-In-Training or Internship programs. Seniors and Ambassadors can also participate in Me and Mine: Adventure at Camp Sycamore Hills. For more information on CIT programs, see page 19. For more information on Intern programs, see page 20.



Camp Programs

Full week programs (Sunday - Friday)

Girl Scout Fee: \$475*

Non-Girl Scout Fee: \$510*

Short programs (Tuesday - Friday)


Girl Scout Fee: \$320*

Non-Girl Scout Fee: \$355*

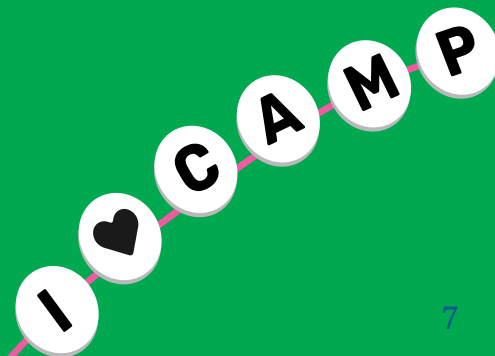
Camp is THE place to try something new and expand comfort zones! In addition to the program themes listed, all campers will experience archery, arts and crafts, swimming, tie dye, and at least one nature or adventure activity depending upon grade level and program scheduling. Additionally, choice is an important part of our camp program, and campers will have the opportunity to choose some activities that interest them.

More information about Me and Mine is listed on page 13. Equestrian Programs are on page 14. Day Camp programs at Camp Holloway are on page 11.

**Some specialty programs have a higher cost, which is noted in the program description if applicable.*



Register online
at [gsmidtn.org/
CouncilAlignMENT](https://gsmidtn.org/CouncilAlignMENT)



Chopped

Camp Holloway

Junior June 19 – 24
Cadette, Senior, Ambassador July 17 – 22

Does your camper have what it takes to be the ultimate camp chef? Campers will spend the week learning to match flavors, mince vegetables, create delicious meals, and cook over a campfire. At the end of the week, they'll put their skills to the test with a fast-paced mystery ingredient competition!

Creative Genius

Camp Holloway

Brownie, Junior, Cadette, Senior, Ambassador
June 5 – 10

Camp Sycamore Hills

Cadette, Senior, Ambassador June 12 – 17
Brownie, Junior June 19-24
Brownie, Junior June 26 – July 1
Cadette, Senior, Ambassador July 10 -15

Nature will inspire campers as they explore, create, and design different kinds of art. They will create a different masterpiece each day, from jewelry, to paintings, to recycled art. This week is all about unleashing their inner artist.

Goblet of Campfire

Camp Holloway

Brownie, Junior, Cadette, Senior, Ambassador
June 26 – July 1

Campers have been summoned to attend this magical week at Camp Holloway. Each cabin will create their own unique Hogwarts house and crest to compete in a camp-wide tournament. Earn points by participating in Quidditch, creating magic art, cooking wizard treats, climbing to the top of the astronomy tower, participating in Muggle activities, and more. Hopefully campers won't be caught raiding the kitchens by the Caretaker – they'll lose house points!

Imagination Station

Camp Holloway

Brownie, Junior, Cadette, Senior, Ambassador
July 17 – 22

The world is created by people who dream of inventions, then experiment until they get it right. This week campers will get to be part of an egg drop competition, make their own ice cream, explode a watermelon, and more! Get science-y, get messy, and get inventive! We provide the materials; you provide the imagination.

Lifeguard Training

Camp Holloway

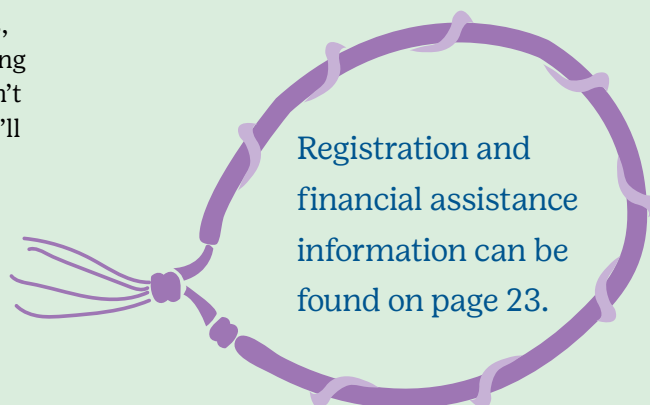
Senior, Ambassador (must be 15 at the time of camp)
July 5 – 8

Created for campers who want to become American Red Cross lifeguards! Campers in this program will participate in a full lifeguard certification course, including CPR and First Aid for the Professional Rescuer. Campers must pass both a written and skills test to earn their certification. When campers are not in class, traditional camp activities await!

Prerequisites: Campers must be able to swim 300 yards continuously, using either front crawl or breast stroke, and tread water for two minutes without the use of their hands. They must also be able to comfortably hold 10 pounds above water while swimming. Campers must be registered Girl Scouts to participate in this program.

Girl Scout Fee: \$520

The maximum discount available for this program is \$65.





Moonlight Adventures

Camp Holloway

Brownie, Junior, Cadette, Senior, Ambassador

June 12 – 17; July 10 -15

Camp is magical at night. Fairy lights, the moon above, and starry skies – it's all at Camp Holloway this summer. Campers will stay up for late-night adventure activities, nighttime mischief, and many glow activities! Campers sleep late in the mornings and enjoy brunch with their unit before participating in traditional daylight camp adventures.

Outdoors & S'mores

Camp Holloway and Camp Sycamore Hills

Brownie, Junior

July 5 – 8

Campers will sample all the amazing things camp has to offer. They'll enjoy arts and crafts, pool time, s'mores over a campfire, camp songs with new friends, and so much more! This sampler program is a perfect introduction to summer camp.

The maximum discount available for this program is \$65.

Primal Survival

Camp Sycamore Hills

Cadette, Senior, Ambassador **June 5 – 10**

Cadette, Senior, Ambassador **June 26 - July 1**

Brownie, Junior **June 12 – 17**

Brownie, Junior **July 17 – 22**

This is an adventure-filled week for campers to lace up their hiking boots! They'll discover and experience the wonders of nature, learn more about the wildlife that surrounds us, and challenge themselves with exciting camp activities! Campers will end the week eating s'mores and sleeping under the stars!

Program Aide

Camp Holloway

Cadette

July 5 – 8

Calling all Cadettes! Come to Camp Holloway to complete Program Aide Core Training. Then, earn the Program Aide award by partnering with counselors to plan activities for Outdoors & S'mores campers. When not in training, campers will enjoy their own adventure-filled camp activities.

Prerequisites: Campers must be registered Girl Scouts to participate in this program. They also are required to complete their Leadership in Action (LiA) award, which must be approved by the Older Girl Program Specialist prior to June 1, 2022.

The maximum discount available for this program is \$65.



Buddies must be registered for the same camp program and be the same Girl Scout grade level.

Ready Camper One

Camp Holloway

Brownie, Junior, Cadette, Senior, Ambassador

June 19 -24

Camp Holloway is where the best board games come to life! Imagine, life-sized checkers and a camp-wide game of Clue. When they're not playing games, campers and their units will escape from the Guerney's Cabin Escape Room and enjoy traditional camp activities.

River Runners (Travel Program)

Camp Sycamore Hills

Cadette, Senior, Ambassador

July 5 - 8

Campers will chase waterfalls! They'll spend their days hiking and exploring local rivers, lakes, and waterfalls. Evenings will include enjoying all that camp has to offer. *This program is highly weather-dependent; travel destinations may vary throughout the week to accommodate weather.*

Prerequisites: Campers must be able and willing to participate in moderate hikes.

Girl Scout Fee: \$400

Non-Girl Scout Fee: \$435

The maximum discount available for this program is \$65.

Splish Splash

Camp Sycamore Hills

Brownie, Junior

June 5 -10

Cadette, Senior, Ambassador

June 19 - 24

Brownie, Junior

July 10 - 15

Cadette, Senior, Ambassador

July 17 - 22

Campers will definitely need their swimsuit for this week of aquatic adventures! They'll float on the creek, splash in the pool, and even have their own pool party. Campers will enjoy two water-based activities per day.

To the Extreme

Camp Sycamore Hills

Cadette, Senior, Ambassador

June 5 - 10

July 17 - 22

Campers will push their limits and tackle all the adventure activities at Camp Sycamore Hills, including the high challenge course, zip-line, and tree climbing. They'll learn basic backpacking skills and trailblaze the remote parts of camp on an overnight camping adventure under the stars.

To ensure all participants are able to utilize equipment safely, Girl Scouts of Middle Tennessee adheres to a weight limit of 250lbs for high adventure activities.



Day Camp at Camp Holloway

Girl Scout Fee: \$275

Non-Girl Scout Fee: \$310

Transportation Fee: \$85

Day Camp is the place to learn something new, have adventures, and make new friends! All day-campers will craft, swim, hike, and will participate in an age-appropriate adventure activity. First-time campers begin building confidence and agency away from home, while returning campers help new campers experience camp magic.

This is a council-sponsored day camp run at Camp Holloway. Lunch and snacks are provided each day. For more information about Girl Scout Summer Fun Day and Twilight Camps run locally across Middle Tennessee, please visit gsmidtn.org/day-camp.

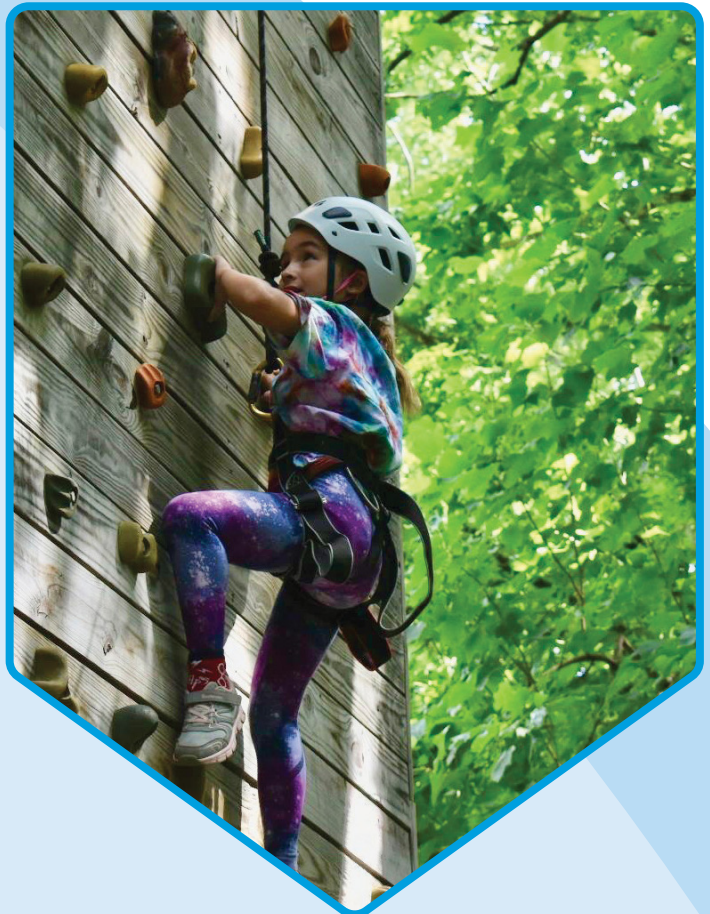
Registration and financial assistance information can be found on page 23.

Location: Camp Holloway is located in Millersville, Tennessee, about 30 minutes north of Nashville.

Camp Holloway Drop-off and Pick-up: Day Camp begins at 8:30 AM each day. Drop-off is from 8-8:30 AM. Camp ends at 4:00 PM, and campers may be picked up at Camp Holloway between 4-4:30 PM. Both check-in and check-out are drive-through experiences. Adults and non-campers should plan to remain in the vehicle.

Bus Transportation (\$85): The day camp bus departs from and returns to the Girl Scouts of Middle Tennessee Nashville Service Center in Green Hills. The bus will pick-up around 7:45 each day and return between 5-5:30 PM. All campers must be picked up from the bus stop no later than 6:00 PM. Campers must register for transportation in addition to their day camp program in CouncilAlignment.

Discount: *The maximum discount for Day Camp is \$65. Please see page 23 for more information about discounts.*



Most camp communication will be done via email.



Artrageous

June 6 – 10

Camp is made of so many colors for campers to explore! Campers will try a different art medium each day, creating clay sculptures, sand art, and wearable art. Camp Holloway will help campers unleash their inner artist!

Blast Off!

June 13 – 17; July 11 – 15

Launch your camper into this space-themed week! They will create a rocket, sample space food, and tackle the obstacle course, just like astronauts. They'll have so much fun; it will be out of this world!

Fizz, Whiz, Potions

June 27 – July 1

This program is for campers who like slime, gooey messes, and a bit of magic on the side. Day camp potions students will create silly putty, bubbling solutions, and foamy fun! They'll also make their own crystal ball and participate in magic activities like Quidditch, wand making, and the House Cup competition.

Game On

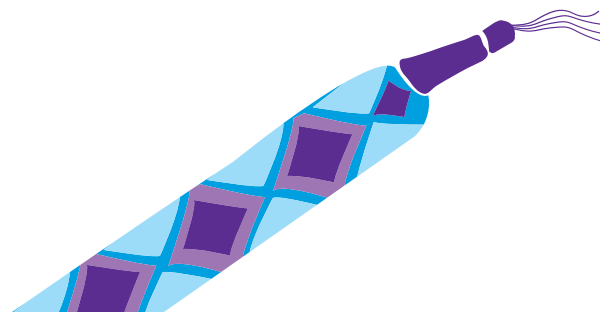
June 20 – 24

Has your camper ever played life-sized chess or checkers? Have they used clues to solve a mystery? Or played sneaky water balloon battleship? This day camp program is where campers will experience their favorite games in real life! They'll solve clues, roll the dice, and have an amazing time at camp.

Tiny Scientists

July 18 – 22

Campers will see their dreams come to life as they experiment their way through this camp week. They'll take part in an egg drop competition, create spaghetti towers, make their own ice cream, explode a watermelon, and more! Get science-y, get messy, and get inventive! We provide the materials; you provide the imagination.



Me and Mine

July 24-26
Camp Holloway
Camp Sycamore Hills

Girl Scout Fee: \$225
Non-Girl Scout Fee: \$260
Additional Child: \$120

All campers must be accompanied by a female adult at least 18 years of age. Program cost is per one adult and one child together. Additional children not accompanied by an additional adult must be registered separately.

The maximum discount for Me and Mine is \$65.

Me and Mine

Camp Holloway

Camp Sycamore Hills

Grade Level: Daisy, Brownie, Junior

Campers and an adult female relative or friend will explore Camp Holloway or Camp Sycamore Hills! Together they will swim, craft, tie-dye, and experience an age-appropriate adventure activity. They'll meet new friends in their assigned bunk and get a taste of camp life at this fun-filled program!

Me and Mine: Adventure

Camp Sycamore Hills

Grade Level: Junior, Cadette, Senior, Ambassador

This program is designed especially for Juniors, Cadettes, Seniors, and Ambassadors, plus their favorite female adult! They'll explore Camp Sycamore Hills by racing each other up the rock wall, challenging others at archery, swinging through the air, and scaling the climbing tree. No adventure is off-limits! There will also be traditional camp activities like tie-dye, campfires, and art.



Equestrian Programs

at Camp Sycamore Hills

Girl Scout Fee: \$540

Non-Girl Scout Fee: \$575

Hay, don't forget the horses! With more than 40 horses and an enthusiastic staff, campers can register for an equestrian program and experience the world of horses! Equestrian programs include progressive riding instruction, games, and barn lessons for all riding levels. Whether a camper is new to horses or an experienced rider, we have equestrian programs designed for everyone. When campers are not at the barn, they'll participate in traditional camp activities.

Restrictions at the Barn

Horseback riding is physically and mentally demanding. If campers need physical assistance or have other limitations, please contact our Manager of Equestrian Programs (see page 2 for contact information) so we can plan the best possible experiences for them. Many programs can be modified to meet the specific needs of our campers, but there are limitations on what can be safely altered.

To protect the health and safety of our horses and participants, the maximum weight limit for participants in Girl Scouts of Middle Tennessee's riding programs is 200 pounds.

Please read more on page 26 about our restrictions.



Information packets
can be found online at
gsmidtn.org/summer-camp

Sampler Horse Programs

For campers who are curious about horses. There are no prerequisites for Sampler Horse Programs.

Sampler Horse Programs are a great way for campers to get their first taste of horseback riding and life at the barn, while also experiencing many other camp activities. Campers will enjoy two horse experiences during their camp week.

Register online at
[gsmidtn.org/
CouncilAlignMENT](http://gsmidtn.org/CouncilAlignMENT)

Pony Tails & Hiking Trails

June 19 – 24; July 10 – 15

Grade Level: Brownie

This week is designed for the camper who wants to do it all! They'll hit the trails to explore nature, splash around in the swimming pool, climb the rock wall, and enjoy two horse experiences while visiting the barn.

Bits & Pieces

June 12 – 17; June 26 – July 1; July 17 – 22

Grade Level: Junior

Campers will try a little bit of this and a little bit of that as they mix it up with adventure activities, canoeing, art, and horseback riding (two horse experiences). Campers will try something new as they participate in all areas of camp!



Introductory Riding Programs

For campers who are curious about horses and want more time at the barn. There are no prerequisites for Introductory Riding Programs, but participation in these programs is needed to advance to Skill Builder Riding Programs.

Whether campers are first-time riders or have recently discovered a passion for horses through another program, Introductory Riding Programs teach beginning horsemanship skills. Campers will learn correct riding positions and how to control a horse while riding.

Ropes & Reins

June 12 – 17; June 26 – July 1

Grade Level: Brownie (must be entering 3rd grade)

Campers will learn the basics of horseback riding and the best way to groom our camp ponies, along with games with the horses and so much more!

Sycamore Saddlers

June 5 – 10 (Western); July 10 – 15 (English)

Grade Level: Junior

Campers will learn basic riding skills, in addition to learning to lead a horse, tie a quick release knot, and more. Choose between Western and English Riding style for this camp program.

Saddle Up Girl Scouts

June 19 – 24 (English) and July 17 – 22 (Western)

Grade Levels: Cadette, Senior, Ambassador

Campers will saddle up with Girl Scouts and participate in daily riding and barn lessons. They'll enjoy ground lessons at the barn, including horse breed identification, various saddle styles, and more! Choose between Western and English Riding style for this camp program.



Skill Builder Riding Programs

For campers who want to continue to build their riding skills. Prerequisites are required for these programs.

Campers should be comfortable at the walk and trot while riding. Because campers ride in groups with similar experience within the program, campers will have daily ground and riding lessons (weather permitting), as they build competency from previous programs, summers, or outside lessons. Skill Builder Riding Programs require completion of an Introductory Riding Program at Camp Sycamore Hills or equivalent experience, which may require a riding video to be sent to the equestrian staff.

Camp Cowgirl

June 19 – 24 (English); July 17 – 22 (Western)

Grade Level: Junior

Campers will enjoy the world of horses with daily riding and barn lessons! Campers will explore information about various horse breeds and play games at the barn, plus participate in other camp activities when not participating in equestrian programming. Choose between Western and English Riding style for this camp program.

English Boot Camp

June 5 – 10; June 26 – July 1

Grade Levels: Cadette, Senior, Ambassador

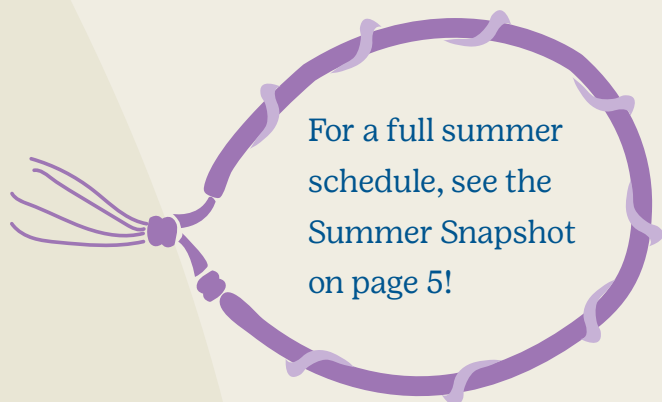
Campers will improve their English riding skills while also exploring how horses live and survive in our world. More advanced riders will learn the basics of jumping and/or continue their education over fences! Only approved riders will be able to jump over fences, and all riding activities will be at the discretion of the equestrian instructor. *Depending on skill level, your camper may not learn to jump but will participate in skill building activities that work towards advancing their English riding skills.*

Western Adventures

June 12 – 17; July 10 – 15

Grade Levels: Cadette, Senior and Ambassador

Campers will take Western riding to the next level with riding that focuses on trail education, lessons inside our arena, and daily ground lessons. Advanced riders who are comfortable at faster gaits and hold a proficiency in horsemanship skills will work towards riding outside the arena, mounted archery and more! Only approved riders will be allowed to work on archery, and more advanced skills in the saddle. Participation in any riding activity is at the discretion of the equestrian instructor. *Depending on skill level, your camper may not learn archery from horseback but will participate in skill building activities that work towards advancing their Western riding skills.*



Equestrian Manager Approved Riding Programs

For Advanced Riders. Prerequisites and a possible riding test are required to participate in these programs.

Campers registering for these programs should be able to walk, trot, and canter unfamiliar horses. An explanation of previous riding instruction, videos of the rider walking/trotting/cantering, a phone interview with the equestrian staff, and contact information from your camper's lesson instructor will be required before registration is completed. All registrations must have approval from the Manager of Equestrian Programs.

Take the Reins

July 5-8

Grade Levels: Junior, Cadette, Senior and Ambassador

For experienced riders considering taking their horsemanship to the next level! This camp session is designed to help improve campers' show skills and give them tips for success. Campers will have daily riding and ground lessons at the barn and will ride inside and outside our arenas (weather permitting). Take the Reins campers have the barn all to themselves this week and will enjoy lesson-like instruction. Riders will have the opportunity to pick which style of riding they wish to advance. *This camp program gives priority to Camp Sycamore Hills show students until April 1, 2022. After this date campers from other riding facilities will be considered.* All riding activities are subject to the discretion of equestrian instructors.

The maximum discount available for Take the Reins is \$65.

Vaqueras Training

Camp Sycamore Hills

July 24 - 26

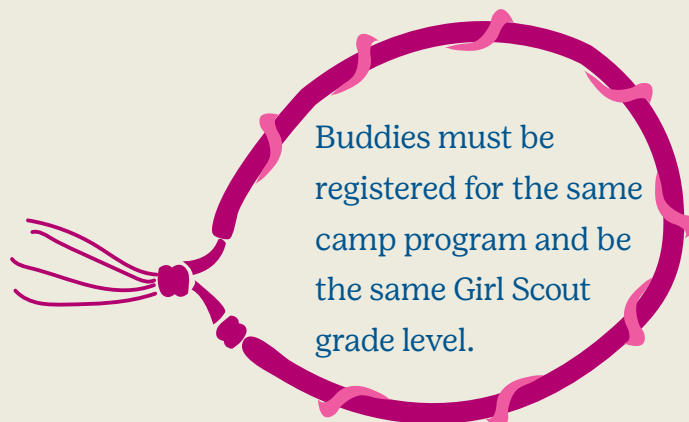
Grade Level: Cadette, Senior, Ambassador

This camp program trains you to be a Vaquera! Vaqueras prepare horses and assist participants at the barn for various programs during the school year. Vaqueras will receive either a riding or ground lesson each time they volunteer. Once training is completed, Vaqueras earn service hours during the school year, which earn them the opportunity to participate in events such as fun days at the barn, going on trail rides, and more! This training program is primarily non-riding.

Prerequisite: Campers must be registered Girl Scouts to participate in this program. Must be 12 years or older AND entering at least 7th grade to apply.

Girl Scout Fee: \$250

The maximum discount available for Vaqueras Training is \$65.



Buddies must be registered for the same camp program and be the same Girl Scout grade level.

Counselors-in-Training

Girl Scout Fee: \$625

Counselor in Training (CIT)

Camp Holloway

June 5 - 17

Camp Sycamore Hills

July 10 - 22

The Counselor in Training (CIT) program is for campers ready for leadership and responsibility at camp. Training in problem-solving, conflict resolution, and group management methods will help them to be the best CIT they can be! This is a two-week program – CITs will stay the weekend between camp weeks and enjoy CIT-only activities while camp is quiet!

Prerequisite: Campers must be registered Girl Scouts to participate in this program.

Counselor in Training II (CIT II)

Camp Sycamore Hills

June 12 - 24

The Counselor in Training II (CIT II) program is for CITs who are excited to take the next step in camp program leadership. Campers will start with a brief refresher course on camp counseling techniques, then progress into program training, planning, and support. CIT IIs will rotate between adventure, aquatics, archery, and art program areas, then implement what they've learned by planning activities for younger campers. This is a two-week program – CIT IIs will stay the weekend between camp weeks and enjoy CIT II-only activities while camp is quiet. ***It is required that Program Interns have earned their CIT II award (with the exception of Vaqueras).***

Prerequisites: Campers must have completed CIT in a previous summer and be registered Girl Scouts to participate in this program.



Staff Opportunities

Being a camp counselor is the hardest job you will ever love.

You wake up every day in the summer to form amazing friendships, build concrete skills, and do daring and adventurous things. You care for campers and use your training to build courage, confidence, and character in the next generation of young women. You model healthy relationships. You teach them how to expand their comfort zones. We're hiring staff who want to make a meaningful contribution to our camp community and to create summer camp magic for our campers, all while building your resume and getting paid. If this describes you, see below for more information and to apply!

Benefits

- Get paid to play! - salaries start at \$420/week
- Live and work in the beautiful outdoors
- Meals and housing provided for most positions
- Strong relationship-building opportunities
- Leadership and growth opportunities
- Diverse certification opportunities
- Internship hours (if applicable)

Responsibilities

- Provide quality programming
- Uphold Girl Scouts core values
- Maintain health and wellbeing of campers

Interested in Applying?

Visit our website at gsmidtn.org/summer-camp, or find us on social media @gsmidtn

You can also contact us at

CampHolloway@gsmidtn.org or
CDirector@gsmidtn.org

Under 18?

Become a camp intern!

Camp Internship

There is no better way to get hands-on job experience than by interning at Camp Holloway and Camp Sycamore Hills! Both camps are hiring interns to assist with camp duties, including, kitchen work, office tasks, and media and programs support. Applicants must be 15 years old prior to beginning their internship. Summer Vaqueras (Camp Sycamore Hills Only) must complete Level 3 Vaqueras Training prior to applying.

Interns may work at camp for one or two weeks as part of the intern program and may request whichever weeks work for them throughout the summer, but specific weeks are not guaranteed. An application and interview are required for all interns. Three references are required for first-time interns. Returning interns submit two references. Applications are due to the camp director by Thursday, January 27, 2022. They can be submitted online at gsmidtn.org/summer-camp or emailed (see below for contact information).

Contact:

Camp Holloway
CampHolloway@gsmidtn.org

Camp Sycamore Hills
CDirector@gsmidtn.org

About Our Camps

Camp Holloway

Founded by Josephine Holloway in 1952 and steeped in history, Camp Holloway offers various day and residential camp sessions for girls of all ages. Located on 76 wooded acres in Millersville, featured activities include archery, art, cooking, CORCLs, Guerney's Cabin Escape Room, hiking, rappelling, rock climbing, slingshots, swimming, swing-by-choice, and tree climbing. Camp Holloway has platform tents and cabins, with bathrooms located inside or near all sleeping units. Camp Holloway provides outdoor experiences and amazing adventure *for every girl.*



Camp Sycamore Hills

Camp Sycamore Hills, established in 1958, is situated on 742 acres of land divided by Sycamore Creek in Ashland City. Girls can experience crossing the swinging bridge, hiking the Happy Birdsong Trail, riding horses in the equestrian arena, and sliding down the famous Red Barn slide. Activities include art, archery, canoeing, CORCLs, gaga ball, high adventure, horses, outdoor skills, swimming, tree climbing, zip line, and more! Camp Sycamore Hills has cabins and screened cabins, with bathrooms located in or near all sleeping units. Our campers agree Camp Sycamore Hills is truly *a place to be me.*



Camp Housing

Campers have a variety of housing options at Camp Holloway and Camp Sycamore Hills. Due to housing logistics, specific housing cannot be requested by campers, but families will be notified of their camper's unit approximately one week prior to their camp program. If your camper needs specific accommodations, please contact the camp director.

Cabin

A cabin is a climate-controlled building that sleeps 16-36 girls, depending on location. Some cabins include bathrooms and kitchens within the building, while others have bathrooms nearby. Staff members sleep in the same building (but in separate rooms) as campers.



Platform Tent

Camp Holloway only

A platform tent is a semi-permanent structure with a wooden floor and heavy canvas roof and sides. Each tent holds up to four cots. Tents are arranged in groups to form a living unit. The sides can be rolled up to allow a cross breeze, and each tent has a screen built into the structure. A bathhouse with showers and flushing toilets is located close to platform tent units. Staff members sleep in a separate tent located near the camper sleeping area.



Screened Cabin

Camp Sycamore Hills only

Screened cabins are smaller structures located together in a living unit. Each screened cabin has four to six beds inside. These cabins have electricity and fans but are not climate controlled, and bathrooms are located nearby. Staff members sleep in a separate cabin located near the camper sleeping area.



Registration and Policies

We are excited for you to register for summer camp!

Registrations can be made via CouncilAlignMENT (gsmidtn.org/CouncilAlignMENT) or via a paper form found on our website (gsmidtn.org/summer-camp).

Please be aware that if your camper is currently a Girl Scout, has been a Girl Scout in the past, or has attended camp in the past, it is likely that you have a CouncilAlignMENT profile and/or login. For help accessing your account, please contact the council office.

To view available camp weeks and to register through CouncilAlignMENT, you will need to log in or create an account. You are not required to register as a Girl Scout to attend summer camp. Please contact our registrar or a camp director to assist with online registration if your camper is not a Girl Scout (contact information can be found on page 2).

Registration Deadlines

To attend summer camp, registration must be received at least three weeks prior to the start of the requested camp program. However, please be mindful that many popular camp weeks develop waiting lists early in the year. Our programs are first come, first served.

If you plan to take advantage of a discount, you must register by 11:59 PM on the date of the discount deadline. You may submit registrations on CouncilAlignMENT or send a paper registration form by mail or email (must be received by the deadline). *Please be sure you have access to your CouncilAlignMENT account at least one week prior to any discount deadlines. This is a high-volume time, and we cannot guarantee assistance in time for the deadline on these dates.*

Payment Deadline:

All payments are due by May 19, 2022. After this date, if there is a waiting list for your registered program and your balance is not paid, you will lose your space to a camper on the waiting list.

Discounts

We are pleased to offer Holiday, Early Bird, and Military Discounts. Discounts are available to everyone registering for camp, *but only one discount may be applied per camper, per summer. See page 2 for discount deadlines.*

The Military Discount is offered to campers who have a parent/guardian serving active duty in the United States military. To use this discount, please contact the council registrar or a camp director before March 10, 2022. You must submit proof of duty status (usually military orders). Do not send a copy of a military ID.

Cancellations and Refunds:

Your deposit is refundable only if you cancel your registration prior to May 19, 2022, or you are unable to be placed from the waiting list. After this date, no refunds of deposits or other monies paid will be given, except in the following circumstances: not being placed off the waiting list for your chosen week of camp, absence due to a camper's illness or injury, exposure to COVID-19 within two weeks of your camp program, or the death or serious illness of an immediate family member prior to the start of camp. A physician's statement must be provided in the case of camper's illness or injury. Campers who leave camp early due to illness or other reasons will not receive a refund unless they must leave due to COVID-19 exposure while at camp.

A written request for a refund due to illness or injury prior to camp must be sent to the camp director. For contact information, please see page 2.

Financial Assistance

Partial financial assistance is available to registered members of Girl Scouts of Middle Tennessee and is limited to one camp program per camper, per summer. Campers applying for financial assistance must be registered Girl Scouts by January 4, 2022.

All requests are due by May 12, 2022. To apply, please register, pay your \$100 deposit, and send the completed financial assistance form to the e-mail address or fax listed on the form. Applications can also be mailed to the GSMIDTN office at:

Mail: Girl Scouts of Middle Tennessee

Attn: Camp Registrar

4522 Granny White Pike

Nashville, TN 37204

All financial assistance is confidential. Please check your CouncilAlignMENT "Payment History" tab and shopping cart for confirmation of financial assistance. All accounts should be updated within three weeks of your application.

Once you have received your notice of assistance, full payment is due by May 19, 2022, or you risk losing your camp registration, financial assistance, and deposit.

Waiting Lists

Some programs are in high demand and will fill early in the year. If your camper is placed on a waiting list, you have several options:

1. **Remain on the waiting list for an available space.** Camp directors check waiting lists weekly and make adjustments depending on available space. Occasionally spaces open quickly, but sometimes they will not open at all. You may remain on the waiting list for as long as you'd like, or you may request a transfer or a refund at any time.
2. **Transfer to a different camp week with availability.** Simply contact the camp director to make this change.
3. **Request a refund.** Contact the camp director to cancel your program and request a refund.

If you join the waiting list of two or more programs and then receive placement in one, you must cancel any additional programs within 10 days of receiving your placement notice in CouncilAlignMENT. Failure to do so will result in forfeiting your deposit in any additional programs that your camper is placed in.

Transfers

If you would like to transfer your camp registration to a different week, please contact the registrar or a camp director (contact information can be found on page 2). If your camper is transferred to a different program, all money paid will be applied to the new program. Discounts will also transfer to the new program based on registration date and program type.

Frequently Asked Questions

How can I register for camp?

We encourage all camper families to register for camp on CouncilAlignMENT. More detailed registration instructions can be found on page 23 and on our website at gsmidtn.org/summer-camp.

Can I receive more than one discount?

Each camper may receive only one discount per summer. Discounts apply to all campers, whether or not they are registered Girl Scouts. Available discounts include the Holiday Discount (\$90), Early Bird Registration Discount (\$65), and Military Discount (\$100).

Where can I find a packing list?

A packing list can be found on the back inside cover of this brochure. Packing lists are also available on our website at gsmidtn.org/summer-camp and are sent out in parent packets.

Will the information packet be mailed to me?

All information packets will be emailed to you through a link sent to the email you provide during registration. They are also available at gsmidtn.org/summer-camp. You may request an information packet be mailed to you by contacting the registrar at EConwell@gsmidtn.org.

When can I check-in or check-out my camper?

Campers will receive a specific check-in window approximately one week prior to camp. When you arrive campers will undergo a health check, temperature screening, and head check.

Camp Holloway

- Check-in:
Sunday 3 PM – 5 PM, Tuesday, 12 PM – 2 PM
- Check-out: Friday 1 PM – 3 PM
- Please see page 11 for information on Day Camp at Camp Holloway

Camp Sycamore

- Check in:
Sunday 1 PM - 3 PM; Tuesday 11 AM – 12 PM
- Check out: Friday 1 PM – 3 PM

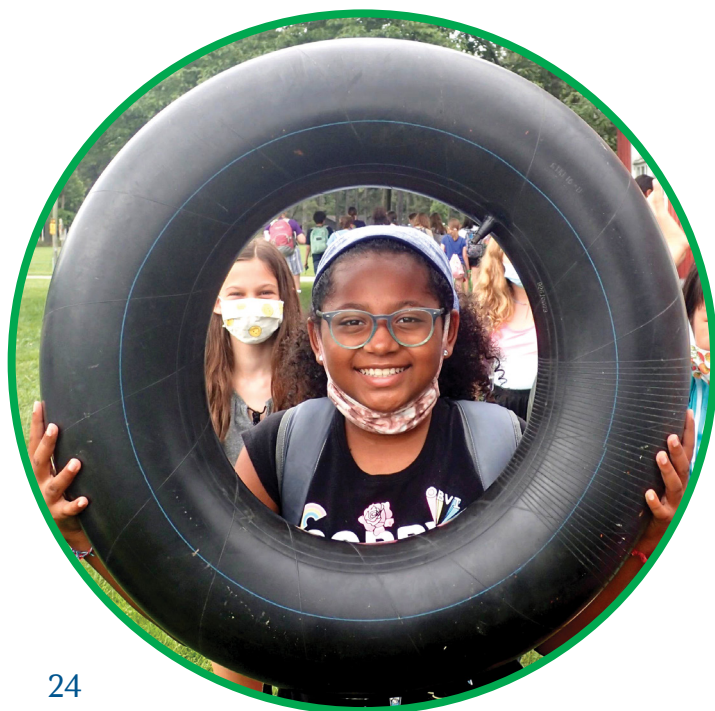
If you need to pick up your camper earlier than the times listed, please contact the camp director no later than your camper's check-in time.

What is the food like at camp?

Child-friendly meals and snacks are provided for campers, and we review our menus annually to reflect the feedback we receive from campers and their families. If a camper does not like what is being served at any given meal, we do provide alternate options, and campers are always allowed to ask for additional servings or snacks if they are hungry.

What if my camper has dietary needs?

We make every effort to meet dietary needs that are religiously based, common dietary practices in the home (for example: vegetarian or gluten free), or those documented by a doctor. Dietary needs, including allergies, **MUST** be documented on the Health History Form in Camp Doc. Some diets may require you to provide supplemental food for your camper. **Please contact your camp director at least two weeks prior to your camper's arrival to discuss dietary arrangements.**





What if my camper has medical or other needs?

Both Camp Holloway and Camp Sycamore Hills have health officers on staff to attend to campers' medical needs. The majority of staff at both camps, including the Health Officers, are certified in First Aid and CPR. Both camps have a local doctor that advises treatment plans. Every effort is made to serve a large range of campers and to make accommodations for campers' needs. Please understand that Girl Scouts of Middle Tennessee serves the general population, and we are not equipped or staffed to provide care for campers who need one-on-one assistance. For more information to decide if camp is right for your camper, please see page 25.

Can my camper bring her cell phone?

Cell phones and any other electronic devices are not permitted at camp. We want campers to fully experience their camp programs and engage directly with other campers and staff. Camp is a time to build confidence in being away from home and learn to problem-solve in unfamiliar environments. In addition, cell phones are expensive, camp can get dirty and wet, and items get lost easily. If you or your camper feel they need a cell phone to spend the night away, we encourage you to register for Me and Mine or day camp programs. Cell phones discovered after check-in will be confiscated and stored in the camp office for the rest of the week. We are not responsible for lost or stolen items at camp. *This applies to campers at all levels, including CIT and CIT II.*

Do I have to be a Girl Scout to come to camp?

Not at all! All girls are welcome to attend summer camp! Campers who are not Girl Scouts will be charged a Non-Girl Scout Fee for each program. Please note, this fee does not include registration as a Girl Scout.

Will my camper work on Journeys or Badges while at camp?

More specific badge information can be found on our website at gsmidtn.org/summer-camp



Can my camper choose a buddy?

Absolutely! Campers planning to attend with a buddy must register for the same week and program as their buddy. They must also be in the same Girl Scout level. **Campers who are in different Girl Scout grade levels will not be housed in the same unit even if they are registered for the same program.**

We will make every effort to honor ONE buddy request. Why just one? Due to the limits in cabin capacity and our desire to foster an inclusive environment, we want to avoid a situation that leaves one girl out. Camp is a great place to make new friends and try new activities.

Does my camper have to wear a mask?

We are continually evaluating the need for masks in specific instances for summer 2022. The most up-to-date information on our COVID-19 guidelines can be found on our website at gsmidtn.org/summer-camp.

What is the refund policy for this summer?

Full refunds will be issued until May 19, 2022, for any reason. After this date, refunds will only be issued due to illness of camper, exposure to COVID-19 or a positive test within two weeks of the camper's camp date, or a family or other emergency. Please contact your camp director to request a refund in writing. See page 23 for more details regarding our cancellation policies.

Physical Needs and Restrictions

Girl Scouts of Middle Tennessee serves the general population, and we are not equipped or staffed to provide care for campers to who need one-on-one assistance.

We want everyone to be successful, and we find that campers have the best success if they can do the following:

- Be fully independent with hygiene (with reminders from staff):
 - Brush their teeth
 - Comb their hair
 - Shower and wash their hair
 - Use the bathroom unassisted
 - Get dressed unassisted
- Sleep in a room with other people and/or fall asleep without assistance. Our cabins and tents all hold multiple people; there is no situation in which a child will have their own room.
- Follow a structured schedule
- Follow verbal directions
- Understand and follow camp rules and expectations
- Be able to verbalize if she needs assistance, is hungry, is hurt, etc.
- Be able to reasonably and age-appropriately self-regulate social and emotional needs
- Be understanding of safety of other campers
- Be able and willing to wear a mask with age-appropriate reminders, if needed

Physical Needs

If your camper has physical restrictions and/or uses a wheelchair, crutches, braces, or similar assistive technology, please contact our camp directors so we can plan the best possible experience. Many programs may be modified to meet the specific needs of our campers.

Physical Restrictions

Girl Scouts of Middle Tennessee proudly offers a wide variety of activities with the goal of providing enriching experiences in areas that girls enjoy. While we strive to ensure our programs are inclusive and all girls have access to meaningful activities and experiences, some activities have inherent restrictions. In an effort to balance the demand for challenging activities and the safety and well-being of girls, staff, and animals, we offer the following programs and activities with restrictions as listed below.

Adventure Activities

Several of the activities offered at our facilities utilize specialized equipment. This equipment is designed with the safety of the participant in mind and has manufacturers'-recommended limitations to minimize the risk of injury to the participant. To ensure all participants are able to utilize equipment safely, the following weight limits must be strictly enforced:

- | | |
|--|----------|
| • High Challenge, Rappelling, Tree Climbing | 250 lbs. |
| • Zip line, Flying Squirrel, Swing By Choice | 250 lbs. |
| • CORCLs® | 225 lbs. |

In addition to these weight limits, supplied harnesses and equipment must fit properly and securely. Fit will be evaluated by counselors and instructors on site.

Equestrian Programs

To protect the health and safety of our horses and participants, the maximum weight limit for participants in Girl Scouts of Middle Tennessee horseback riding programs is 200 pounds. Current research shows that horses should carry no more than 20% of their weight. Our limit is based on the size of our horses, weight of our equipment, and the type of activities we provide. As a Certified Horsemanship Association (CHA) accredited site, we have established this policy in accordance with their safety protocols and recommendations. If your camper is participating in a camp program that includes ground activities, participants not eligible to ride can still participate in the ground portion of the program.

Watercraft

All participants utilizing watercraft (including canoes, kayaks, and CORCLs) on council properties are required to wear Coast Guard approved Personal Flotation Devices (PFDs) at all times. Usage of watercraft is dependent on proper fit of supplied PFDs and will be evaluated by the instructor/facilitator on site.

If you have questions or concerns regarding a camper participating based on these restrictions or would like additional information on the basis of these restrictions, please contact a camp director (contact information can be found on page 2). We realize these restrictions may lead to sensitive conversations, and we welcome the opportunity to speak in advance of your camp program to discuss options and potential solutions.

Packing List

Please label all of your camper's belongings.

Clothing For Each Day

- ☐ Shirts or t-shirts (1 per day + 2 extra)
- ☐ Shorts
- ☐ Pants for evenings (depending on weather forecast)
- ☐ Underwear (1 per day + 2 extra)
- ☐ Socks (1 pair per day + 2 extra)
- ☐ At least ONE mask per day and bags to store them in (if required)

Other Items

- ☐ Pajamas
- ☐ Jacket or sweatshirt
- ☐ Raincoat or poncho
- ☐ Hat
- ☐ Bandana
- ☐ Swimsuit
- ☐ Shower shoes
- ☐ Hiking boots and/or tennis shoes
- ☐ Sandals with back straps
- ☐ Old shoes that can get wet or water shoes
- ☐ T-shirt to tie dye (packed at top of luggage)
- ☐ Mess kit (plate, cup, bowl, etc.) for outdoor cooking

Toiletries

- ☐ Hairbrush
- ☐ Hair ties
- ☐ Towels and an extra pool towel
- ☐ Washcloths
- ☐ Toothbrush and toothpaste
- ☐ Shampoo
- ☐ Soap
- ☐ Menstrual products
- ☐ Hand sanitizer
- ☐ Shower caddy or toiletry bag that drains well

Bedding

- ☐ Drawstring bag for laundry
- ☐ Sleeping bag and/or blankets and sheets
- ☐ Pillow and pillowcase

Daily Essentials

- ☐ Water bottle (at least 16 oz)
- ☐ Small backpack to carry daily items

Optional

- ☐ Stuffed animal
- ☐ Camera (consider a disposable)
- ☐ Stationery with stamped and addressed envelopes
- ☐ Books or magazines

Camp Sycamore Hills Equestrian Program

- ☐ Riding boots or closed-toe leather shoes with smooth sole and at least a one-half inch heel (campers may use boots from the horse barn, if desired)
- ☐ Sleeved shirts during riding time (t-shirts are fine and should be long enough to be tucked in)
- ☐ Long pants for riding time (i.e. jeans, cotton pants)
- ☐ Bandana

Things To Leave At Home

- ☐ Cell phones
- ☐ Tablets (including Kindle and iPads)
- ☐ MP3 Players
- ☐ Laptops
- ☐ Any device that will connect to Wi-Fi or has data
- ☐ Food, candy, and drinks
- ☐ Weapons (including pocket knives)
- ☐ Drugs and alcohol
- ☐ Items of value (camp is not responsible for items that are lost and stolen at camp)



4522 Granny White Pike
Nashville, TN 37204
www.gsmidtn.org

