

# 2021 Summer Camp Guide



# Welcome Home!

We missed our campers last summer. We missed the campfires, the table chants, and the mischief. We missed the adventures, watching campers try something new, and hearing voices raised in song and laughter. We missed it all, and we're so excited to welcome everyone **home**.

This summer is going to be different, just as everything has been different. However, the magic of summer camp will still be here—the friends, the activities, the counselors—waiting for us.

Our summer camp programming has always been designed to build social and physical skills, strengthen confidence, and help campers find their voice. But this year, these things are more important than ever. Our program has been re-designed with safety in mind but also prioritizes building strong, in-person connections with others, feeling included as part of a group, and developing new, concrete skills.

We believe that camp, now more than ever, is a crucial part of the fabric of Girl Scouts. We believe that being outdoors, building social and emotional skills with others, and forging in-person friendships in ways that have been recently challenging will combat Zoom fatigue and give campers a newfound sense of self. We know there is no better place than Girl Scout camp.

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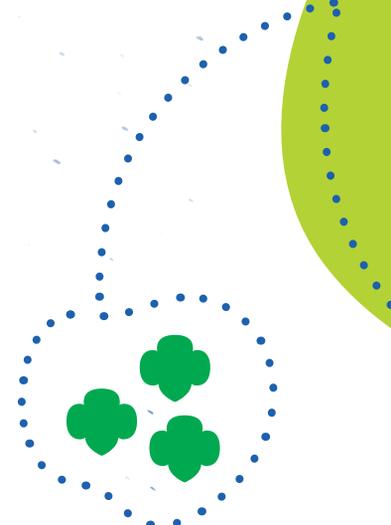
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# Important Dates

January 5	<b>Summer Camp Registration Open!</b>
January 21	<b>Holiday Discount Deadline*</b> <i>Receive up to \$90 off the price of one camp program</i>
January 29	<b>Intern Applications Due</b>
February 4	<b>Early Bird Discount Deadline*</b> <i>Receive up to \$65 off the price of one camp program</i>
March 11	<b>Military Discount Deadline*</b> <i>Receive up to \$100 off the price of one camp program</i>
April 28	<b>Last Day to Apply for Financial Assistance</b>
May 6	<b>All Payments Due</b>
May 14	<b>All Summer Camp Forms Due on CampDoc.com</b>

*\*Only one discount will be applied per camper per summer.  
For more information on available discounts, please see page 22.*

## Summer Camp Open House March 21, 1:00-4:00 p.m.

We are excited to welcome first-time campers and their families to Camp Holloway and Camp Sycamore Hills. This is your opportunity to meet your camp director and some staff, take a tour of camp, eat a s'more, and sample some camp activities. You're welcome to bring a picnic lunch or snacks, but please leave your pets at home. Registration is helpful, but not required. This is a drop-in event.

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### We know you have questions!

We're hosting informational webinars throughout the spring to answer questions, walk through all the changes this summer, and help troubleshoot registration. More webinars will be added in the coming months.

**Monday, January 4, 5:00 p.m.**

**Tuesday, January 12, 3:00 p.m.**

**Register via the Girl Scout calendar  
at [gsmidtn.org/calendar](https://gsmidtn.org/calendar)**

# COVID-19 Policies

The safety of our campers, staff, and volunteers is the highest priority for Girl Scouts of Middle Tennessee. Based on recommendations from the Centers for Disease Control and Prevention (CDC), Girl Scouts of the USA (GSUSA), and the American Camp Association (ACA), we have made changes to camp operations for summer 2021, the biggest of which are described below. Though this looks different than a typical summer, the feeling is the same. We're committed to keeping the camp experience as consistent and magical as possible.

The protocols listed below are designed to give families a general idea of camp operations this summer and are current at the time of the publication of this guide. The most up-to-date COVID-19 information can be found on our website at [gsmidtn.org/summer-camp-update](https://gsmidtn.org/summer-camp-update).

## Pods

Campers will be placed into small pods while at camp. Depending on age level, a pod might hold between 6 to 16 girls and will have their own dedicated counselors. This group will spend the week of camp together, sleep in the same cabin, have meals together, and do all activities together. Those not part of the pod will not be permitted inside of a pod's living space. Exceptions may be made if there is a medical need within the unit the Health Officer needs to attend to, or if additional staff are needed to assist campers and counselors. This allows us to limit exposure to smaller groups and account for reliable contact tracing.

## Outdoor vs. Indoor Activities

We will limit the amount of activities that are held inside, including meals. Activities will be held outdoors whenever possible. In the event that indoor activities are required (ie. inclement weather) every effort will be made for those activities to be held in a pod's unit. If either of these scenarios is not possible, masks must be worn by campers and staff.

## All Camp Activities

Large group activities where the entire population of camp is gathered in one place and intermingled will look different this summer. Traditional large group activities will be modified so that each pod can participate at the same time while socially distanced. For example, a campfire will have designated spots for each pod to sit which will be more than six feet away from any other pod. In addition, pods will focus on smaller activities within their own groups that they choose or design.

## Masks

Campers and staff will be required to wear masks when interacting with anyone who is not part of their pod and when indoors, with the exception of if they are in their own living space, are showering, or eating. Every effort will be made to keep these occurrences to a minimum. We suggest campers bring at least one mask per day, and bags to store used and clean masks.

## Quarantine

Coming to camp this summer is a commitment. For the safety of everyone involved, we're asking you to partner with us by limiting your camper's and your family's contacts for two weeks prior to your camp session. This means not organizing play dates or traveling with those outside of your immediate household.

Most camp staff will arrive at camp at least two weeks prior to the beginning of camp and will train using the pod model described above.

## Screening

Prior to arriving at camp, each camper will be required to complete daily screening through CampDoc. This screening will ask you to take your camper's temperature, monitor for symptoms, and report if any person in your immediate household has been exposed to COVID-19. Health Officers will follow-up with campers who report symptoms, a fever, or exposure.

Once you have arrived, everyone in the vehicle with the camper will undergo a temperature screening. If anyone in the vehicle is found to have a temperature of 100.4 or higher, showing symptoms of COVID-19, or answering "yes" to any questions on the screening questionnaire, the camper will be unable to attend camp that week.

Campers and staff will be screened for fever and other symptoms daily. Any person with symptoms will be isolated until they can leave camp.

## Testing

Camp staff will be tested weekly for COVID-19. We also will test staff if they show symptoms of COVID-19 while on property. Families are asked to test their camper for COVID-19 if they show symptoms while at camp or after they return home, and to report these results back to camp for the purposes of contact tracing.

## Check-In and Check-Out

Both check-in and check-out processes will be drive-through. Campers will receive a health check near their vehicle and families will not be permitted inside camper living spaces. Camp staff will assist campers in transporting luggage to their cabins, setting up their beds, and other first day duties. Medication and mail can be dropped off as part of the drive-through process.

## Meals

We will limit the number of people in the dining hall at one time. To accommodate this, meals might be eaten in shifts, in a pod's living space, or outdoors. Some meals may be cooked by each pod either in their unit or over a campfire.

## Programming

To assist families in planning their summers and to allow for more flexibility, we're excited to announce the creation of Classic Camp! Instead of choosing a specific program, choose the dates that work for you! All of our Classic Camp weeks will include all of your favorite camp activities (and some new ones) and are designed for every girl to try as many new things as possible. Classic Camp weeks will include activities such as art, canoeing (Camp Sycamore Hills), CORCLs, creek exploring, high challenge, hiking, rock climbing, swimming, and tree climbing. Though we might be able to accommodate some non-riding sessions at Camp Sycamore Hills, this is schedule dependent and not guaranteed. Campers interested in horse programming should plan on registering for a specialty horse program (see pages 14-17).

## Camper's Choice/Pod Choice

To allow for limited exposure and reliable contact tracing, Camper's Choice will take place as part of the pod and be called Pod Choice. Instead of each camper individually choosing activities for their free time blocks, pods will work together to choose those activities. Camp staff will work with campers in each pod to ensure that each person is able to try activities they would like.

## Cleaning and Sanitizing Facilities

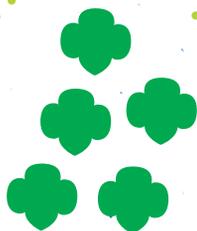
In addition to our already robust cleaning program, we will add additional cleaning steps. Cabins, indoor facilities (bathrooms, classrooms, activity spaces), and buses will be sanitized several times per day. Campers will also be required to wash their hands or use hand sanitizer between activities.

Activities which require campers to use the same materials will either be modified to use single-use items or will have a process in place to sanitize items between each use.

## Day Camp at Camp Holloway

Though many of our protocols are designed specifically for residential camp, they will also be implemented for day campers. Check-in and check-out procedures will be drive-through only and campers will be screened for COVID-19 symptoms daily, as will staff. Day camp staff might not reside on camp but will be screened each day when they arrive at work. Any staff with a fever or symptoms will not be permitted to work that day and will be assessed for testing by the Health Officer.

To operate within our current protocol, neither aftercare nor overnight experiences are available this summer.



# Camp by Age Level

There's always something new to explore and learn at Camp Holloway and Camp Sycamore Hills. Each age level will have program elements that help them grow and continue their experience with camp magic.

## **Daisy** (Grades K-1)

Girl Scout Daisies shine with excitement as they explore nature, learn about rich Girl Scout traditions, develop leadership skills, and embark on new and lasting friendships at summer camp. Day Camp at Camp Holloway and Me & Mine programs (see pages 12 and 13) offer excellent opportunities to try camp for the first time.

## **Brownie** (Grades 2-3)

At summer camp, Girl Scout Brownies realize the power they possess in simply being themselves and the potential they have to make a difference in the world. Summer camp helps them bond with their peers, work towards badges, develop teamwork skills, and truly integrate into the camp community. Brownies are welcome for week-long overnight camp, Day Camp at Camp Holloway, and Me & Mine programs.



## **Junior** (Grades 4-5)

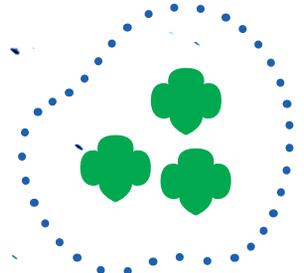
Girl Scout Juniors are lively and assertive at summer camp! They learn to plan strategically and craft their camp experience with endless opportunities to become the best version of themselves, build their skillset, and bask in our outdoor oases. Juniors can participate in week-long overnight camp, Day Camp at Camp Holloway, and Me & Mine programs.

## **Cadette** (Grades 6-8)

Girl Scout Cadettes are passionate, determined, and want their voices to be heard. Summer camp provides a safe space where they're free to be themselves and have more control over their camp experience. They take on a more active role in planning camp activities and prepare for the leadership opportunities that await them. Week-long overnight camps are perfect for Cadettes to continue to assert their independence and build confidence in their decision-making skills.

## **Senior and Ambassador** (Grades 9-12)

We encourage Girl Scout Seniors and Ambassadors to emerge as leaders in the camp community. They mentor younger campers, gain valuable experiences through leadership programming, and find a safe-haven in a busy world with many demands. Summer camp also provides opportunities for them to get away from it all and reconnect as a camper. Week-long overnight camps as campers, CITs, or Interns are available for Seniors and Ambassadors. For more information on Counselors-In-Training (CITs) and Intern programs, please see page 18.



# Summer Snapshot

**d** Daisy (Grades K-1)

**b** Brownie (2-3)

**j** Junior (4-5)

**c** Cadette (6-8)

**s** Senior (9-10)

**a** Ambassador (11-12)

Day Camp at Camp Holloway is offered each week within the themes described below for Daisies, Brownies, and Juniors. Please see page 12 for more information about Day Camp at Camp Holloway.

## May 30-June 4

### Camp Holloway

CIT I **s a**

Girl Scout Olympian **d b j c s a**

### Camp Sycamore Hills

Bippity Boppity Camp **b j c s a**

Ropes and Reins **b**

Going English **c s a**

## June 6-11

### Camp Holloway

Moonlight Adventures **d b j c s a**

### Camp Sycamore Hills

Finding Your Oasis **b j c s a**

Ready Set Ride **j**

Been There, Jumped That! **c s a**

## June 13-18

### Camp Holloway

Goblet of Campfire **d b j c s a**

### Camp Sycamore Hills

Time Warp **b j c s a**

Beginning English **j**

CIT II **a**

Spirit of the West **c s a**

## June 20-25

### Camp Holloway

Ready Camper One **d b j c s a**

### Camp Sycamore Hills

Primal Survival **b j c s a**

Ropes and Reins **b**

Going English **c s a**

## June 27-July 2

### Camp Holloway

Goblet of Campfire **d b j c s a**

### Camp Sycamore Hills

Girl Scout Olympian **b j c s a**

Ready Set Ride **j**

Intro to Jumping **c s a**

## July 11-16

### Camp Holloway

Moonlight Adventures **d b j c s a**

### Camp Sycamore Hills

Bippity, Boppity Camp! **b j c s a**

Boots and Saddles **j**

Saddle Up **c s a**

## July 18-23

### Camp Holloway

Finding Your Oasis **d b j c s a**

### Camp Sycamore Hills

Primal Survival **b j c s a**

Beginning English **j**

Intro to Jumping **c s a**

## July 25-27

### Camp Holloway

Me and Mine **d b j**

### Camp Sycamore Hills

Me and Mine **d b j**

# Classic Camp

**Girl Scout Fee:** \$395 (Cabin), \$380 (Platform Tent or Screened Cabin)

**Non-Girl Scout Fee:** \$420 (Cabin), \$405 (Platform Tent or Screened Cabin)

Summer 2021 is going to be a little bit different and a whole lot of fun! We're excited to announce a new camp concept called Classic Camp. Each week campers will experience activities with their pods which might include archery, art, rock climbing, swimming, and many other traditional camp activities. You might get into mischief, decide on a movie night, or have an ice cream party! Classic Camp includes everything you love about coming to camp!

Each week of Classic Camp will have a theme. Some themes are unique to Camp Holloway or Camp Sycamore Hills, and others will be held at both camps on different weeks. Refer to page 8 for a complete summer schedule.

Most ages can attend any of the weeks listed! See pages 10-11 for more information.



Most ages can attend any of the weeks listed!



## **Bippity, Boppity Camp!**

**May 30–June 4; July 11–16**  
**Camp Sycamore Hills**

Our favorite princesses will help campers get in touch with their inner queen by building confidence and having adventures! Each pod will create their own castle name and crest. Then, they will learn to fly through the air like Tinkerbell, be one with the water like Moana, shoot arrows as skillfully as Merida, and much more. Bring a favorite outfit and show it off at the end-of-the-week ball!

## **Finding Your Oasis**

**June 6–11**  
**Camp Sycamore Hills**

**July 18–23**  
**Camp Holloway**

Yoga, facials, adventures, and more! Adventures and self-care are what's in store for this week. Campers can relax by the pool, create easy do-it-yourself spa products, and lounge in the hammock village in addition to other traditional camp activities. Camp Holloway and Camp Sycamore Hills are waiting for campers to experience relaxation in our own wooded retreats.

## **Girl Scout Olympians**

**May 30–June 4**  
**Camp Holloway**

**June 27–July 2**  
**Camp Sycamore Hills**

It's an Olympic year and our completes (camp athletes) are ready to compete! Camper's will make a flag with their country (pod) and march in our opening ceremony! Then, they will spend the week experiencing camp activities with an Olympic twist! Did you know that kayaking and rock climbing are Olympic events for Tokyo 2021? We will end our week with a camp-wide Camptathlon, where campers will complete ten fun-filled activities with a camp twist!

## **Goblet of Campfire**

**June 13-18; June 27–July 2**  
**Camp Holloway**

Campers have been summoned to attend this magical week at Camp Holloway. Each pod will create their own unique Hogwarts house and crest to compete in a camp-wide tournament. Points can be earned by participating in Quidditch, potion-making, wand-building, and flying (swing by choice), and at Muggle activities such as archery. Campers should be ready to join the magic and raise their wands!

## Moonlight Adventures

June 6–11; July 11–16

### Camp Holloway

Camp is magical at night. Fairy lights, a full moon in the sky, and glow sticks at the pool – it's all at Camp Holloway this summer. Campers will stay up for late-night adventure activities, s'mores under the stars, and sneaky mischief trips for ice cream! Campers will sleep late in the mornings and enjoy brunch with their pod before participating in traditional daylight camp activities.

## Primal Survival

June 20–25; July 18–23

### Camp Sycamore Hills

Lace up those hiking boots, dust off the binoculars, grab a water bottle, and get ready for an adventure-filled week! Campers will discover and experience the wonders of nature as they learn about camp wildlife and challenge themselves with exciting camp activities. Campers will round out the week by spending a night under the stars with their pod.

## Ready Camper One

June 20–25

### Camp Holloway

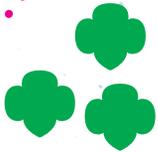
This year has been the year of creativity and summer camp is no exception – come to Camp Holloway where camp magic will bring our favorite board games to life! Imagine life-sized checkers and a camp-wide game of Clue. Campers and their pod will also try out our new sling shot range, make game night snacks, and be among the first to try and escape from the Guerney's Cabin Escape Room!

## Time Warp

June 13–18

### Camp Sycamore Hills

Let's go backwards through time! Each day campers will explore exciting adventures in different time periods. Campers will travel to the Renaissance to defend their pods against invaders, take a flower hike through the 60s, wear neon and dance the night away during the 80s, and rediscover the charm of the wild west. Join us as we explore the craziness of time travel!



See page 8 for a complete summer schedule.

# Day Camp at Camp Holloway

**Girl Scout Fee:** \$225

**Non-Girl Scout Fee:** \$250

**Transportation Fee:** \$75

Day camp is the place to learn something new, have adventures, and make new friends! All day campers will craft, swim, hike, and participate in themed activities. First-time campers begin building confidence and agency away from home, while returning campers help new campers experience camp magic.

This is a council-sponsored day camp run at Camp Holloway. Lunch and snacks are provided each day.

For more information about locally-run summer fun day and twilight camps, please visit [gsmidtn.org/day-camp](http://gsmidtn.org/day-camp).

**Day Camp Themes and Schedule:** Day Camp at Camp Holloway will follow the general schedule and themes for camp found on page 8. Day campers will have similar activities as those on main camp. For Moonlight Adventures, we'll focus on space, the stars, and have a "camp out" in the middle of the day! All day campers will swim each day, experience adventure activities, arts and crafts, and other traditional camp offerings.

**COVID-19:** COVID-19 precautions will be in place for Day Camp at Camp Holloway and will be similar to those used for residential campers. Please see page 4 for more information about our COVID-19 protocols.

**Location:** Camp Holloway is located in Millersville, Tennessee, about 30 minutes north of Nashville.

**Camp Holloway Drop-off and Pick-up:** Day camp begins at 8:30 AM each morning. Drop-off is from 8-8:30 AM. Camp ends at 4:00 PM, and campers may be picked up at Camp Holloway between 4-4:30 PM. Both check-in and check-out are drive-through experiences. Adults and non-campers are not permitted to exit their vehicle.

**Bus Transportation (\$75):** We offer transportation for Day Camp at Camp Holloway from the Nashville Service Center in Green Hills. The buses will pick-up between 7:30-8 AM each morning and return between 5-5:30 PM each night. All campers must be picked up from the bus stop no later than 6:00 PM. Each bus will form their own pod at day camp. Masks are required while on the bus.

**Discount:** *The maximum discount for Day Camp is \$65. Please see pages 3 and 23 for more information about discounts.*



Day Camp will follow the schedule and themes on page 8.



# Me & Mine

July 25-27

Camp Holloway and Camp Sycamore Hills

Girl Scout Fee: \$225

Non-Girl Scout Fee: \$250

Additional Child: \$120

An adult female relative will join their camper in exploring Camp Holloway or Camp Sycamore Hills. Together they will swim, craft, visit the horses (Camp Sycamore Hills only), and experience an age-appropriate adventure activity. Meet new friends in the assigned bunk and get a taste of camp life with an adult buddy.

All campers must be accompanied by a female adult at least 18 years of age.

The cost for this program is for one adult and one child. ***The maximum discount for this program is \$65.*** When registering an additional child, you must first have an adult and child registered for Me & Mine. There is no discount available for any additional child(ren) registered.



# Equestrian Programs

## at Camp Sycamore Hills

**Girl Scout Fee:** \$460

**Non-Girl Scout Fee:** \$485

Hay, don't forget the horses! With more than 40 horses and an enthusiastic staff, campers can register for a week-long equestrian program focused on improving horsemanship skills. Equestrian programs include progressive riding instruction, games, and barn lessons. Whether they're new to horses or an experienced rider, we have equestrian programs designed for everyone! Campers in equestrian programs will also participate in a variety of other camp activities during their week.

Campers who are not registered for an equestrian program will not take part in riding programming.

To help you select the best program for your camper, please read over the types of programs we offer below. Remember, every camper progresses at their own rate. While some campers have the opportunity to take lessons throughout the year, others depend on their summer camp experiences to hone their skills. It is our goal to offer a variety of horse programs that provide safe, fun, and instructional experiences for all skill levels. Please note that we do have weight and physical limitations associated with our equestrian programming. Please see page 26 for more information.



## English vs. Western Riding Styles

We offer two differing styles of riding instruction at Camp Sycamore Hills: English and Western. One is not more difficult to learn than the other because being proficient in either takes time, dedication, and practice. However, below are the primary differences that you can compare before choosing the type of seat for your camper to learn.

**English riding style** was developed specifically to allow the horse freedom of movement for jumping, running or moving quickly across rugged country. The saddle is smaller and lighter than the Western saddle. English saddles have no saddle horn and have closer contact with the horse's back with regards to the seat and are designed to avoid interfering with the horse's movement while providing a secure seat for the rider. These saddles can be used for jumping, dressage, and equitation.

**Western riding style** developed according to the needs of cowboys who worked with cattle from horseback. The Western saddle is larger than the English and distributes weight more evenly over the horse's back to counterbalance the weight of a roped cow. Western saddles have a deeper seat and a horn in the front. They are best for long hours of riding over rough terrain and can also be used for speed games, horsemanship, and roping.

## Introductory Riding Programs

Whether your camper is a first-time rider or recently discovered a passion for horses through another program, these introductory programs teach beginning horsemanship skills. Through four riding lessons focused on the fundamentals, campers learn correct riding position, and how to control a horse at the walk and trot. In addition, they will experience four ground lessons. *There are no pre-requisites to register for these programs.*

### Ropes and Reins

May 30-June 4; June 20-25

Join us at the barn to learn basic riding skills, how to groom, play games with the horses, and so much more! Campers will also enjoy other traditional camp activities. *Girls must be entering third grade to register for this program.*

**Age Level:** Brownie (must be entering 3rd grade)

### Beginning English

June 13-18; July 18-23

Learn basic English riding skills in addition to learning to lead a horse, tie a quick release knot, and more! Campers will also participate in a variety of other camp activities.

**Age Level:** Junior

### Ready, Set, Ride!

June 6-11; June 27-July 2

Learn basic riding skills with four riding lessons and daily ground lessons. Campers will learn about grooming, the different colors horses can be, and so much more! Campers will enjoy classic camp activities during their stay at camp.

**Age Level:** Junior

### Saddle Up

July 11-16

Saddle up with Girl Scouts and participate in four Western riding lessons. Enjoy ground lessons at the barn including identifying different horse breeds, various saddle styles, and more! Campers will explore and experience classic camp activities when not at the horse barn.

**Age Level:** Cadette, Senior, and Ambassador



## Skill Builder Riding Programs

*Pre-requisites are required for these programs.* Campers who have completed basic instruction through our introductory riding programs or other lessons may register for these programs. Because campers ride in groups with similar experience within the program, campers may enjoy participating more than once as they build competency from previous programs, summers, or outside lessons. Campers participate in eight riding lessons as well as additional ground lessons during the week. The minimum requirement to register for these programs is completion of an introductory riding program at Camp Sycamore Hills or equivalent experience.

### Boots and Saddles

July 11-16

Enjoy eight Western riding lessons along with daily barn lessons. Campers will explore information about various horse breeds and play games while at the barn. Campers will enjoy other camp activities when not participating in equestrian programming.

**Age Level:** Junior

### Going English I and II

May 30-June 4; June 20-25

Campers will improve their English riding skills while also exploring how horses live and survive in our world. Campers will enjoy eight riding lessons during the week in addition to a variety of traditional camp activities.

**Age Level:** Cadette, Senior, and Ambassador



## Preparatory Riding Programs

*Pre-requisites are required for these programs.* Campers registering for a preparatory riding program should be comfortable at the walk and trot on a variety of horses.

Intro to Jumping I and II requires completion of Going English I and II, Ride Sycamore, or equivalent English experience. If your camper does not take regular English riding lessons during the school year, it is recommended that she participate at least twice in Going English I and II before registering for Intro to Jumping sessions. Participating in Intro to Jumping multiple times will also be beneficial for campers who do not take lessons during the school year.

### Intro to Jumping

June 27-July 2; July 18-23

Enjoy eight riding lessons during the week! Campers will have daily English lessons and ground lessons that will teach campers the basics of jumping, while still enjoying other traditional camp activities.

**Age Level:** Cadette, Senior, and Ambassador





## Equestrian Manager Approved Riding Programs

*Pre-requisites and a possible riding test are required for these programs. Campers registering for these programs should be able to walk, trot, and canter unfamiliar horses. An explanation of previous riding instruction and experience will be required before registration is completed. Been There, Jumped That! is for campers that are actively taking jumping lessons and will require a reference from a current jumping instructor/trainer. Contact information for a camper's current instructor will be required during the registration process. All registrations must have equestrian manager approval.*

### Been There, Jumped That!

June 6-11

Is your experienced rider considering taking their horsemanship to the next level? This camp session is designed to help improve a rider's hunt seat skills and give them tips for success. Campers will enjoy jumping lessons, flat lessons, and field riding while also enjoying other camp activities.

**Age Level:** Cadette, Senior, and Ambassador

### Spirit of the West

June 13-18

Take Western riding to the next level with eight riding lessons that focus on trail rides, riding lessons inside our arena, and daily ground lessons! Campers will still enjoy classic camp activities when not at the horse barn.

**Age Level:** Cadette, Senior, and Ambassador

# Leadership Opportunities

**Girl Scout Fee:** \$575 (fee is for both training week and Apprentice week)

Summer Camp is a great place to challenge yourself, learn, and grow! Step into a new role this summer with one of our leadership opportunities!

## Counselor in Training (CIT)

**May 30–June 4**  
**Camp Holloway**

The Counselor in Training (CIT) program is for campers ready for leadership and responsibility at camp. Training in problem-solving skills, conflict resolution, and group management methods will help them to be the best CIT they can be! Once they've completed the training week, campers may choose a week to be a Camp Apprentice. Though training will take place at Camp Holloway, CITs can choose a Camp Apprentice week at either Camp Holloway or Camp Sycamore Hills. Campers must successfully complete all requirements of CIT I before attending their Camp Apprentice week, and apprentices require camp director approval. Please register for CIT I and Camp Apprentice weeks separately. Both weeks are included in the first week's fee.

**Prerequisites:** Campers must be registered Girl Scouts to participate in this program and complete their CIT award.

**Age Level:** Senior and Ambassador

## Counselor in Training II (CIT II)

**June 13–18**  
**Camp Sycamore Hills**

The Counselor in Training II (CIT II) program is for CITs who are excited to take the next step in camp program leadership. Campers will start with a brief refresher course on camp counseling techniques, then progress into program training, planning, and support. CIT IIs will float between adventure, aquatics, archery, and art program areas and will implement what they've learned by planning activities for younger campers. Once they've completed the training week, campers may choose a week to be a Program Apprentice. Though training will take place at Camp Sycamore Hills, CIT IIs can choose a Program Apprentice week at either Camp Holloway or Camp Sycamore Hills. Campers must successfully complete all requirements of CIT II before attending the Program Apprentice week, and apprentices require camp director approval. Please register for your CIT II and Program Apprentice weeks separately. Both weeks are included in the first week's fee. **In summer 2022, CIT II will become a requirement for a Program Intern position (with the exception of Vaqueras).**

**Prerequisite:** Campers must have completed CIT I in a previous summer and be registered Girl Scouts to participate in this program and complete their CIT II award.

**Age Level:** Ambassador



## Interns

There is no better way to get hands-on job experience than by interning at Camp Holloway and Camp Sycamore Hills! Both camps are hiring interns to assist with camp duties including office tasks, media, and programs support. Applicants must be 15 years of age prior to beginning their intern weeks. Summer Vaqueras (Camp Sycamore Hills Only) must complete Level 3 Vaqueras Training.

Interns may work at camp for one or two weeks as part of the intern program and may request whichever weeks work for them throughout the summer but specific weeks are not guaranteed. An application, interview, and three references are required for first-time interns. Returning interns must fill out an application and submit two references.

### Office

Sort mail, run trading post, deliver surveys, assist at check-in and check-out, deliver supplies

### Program

Assist with harnesses, organize water games, be responsible for the care of equipment at program areas, and demonstrate safety with bows, helmets, etc.

### Vaqueras

Assist with preparing horses, keeping the barn and arenas clean, and help participants with riding and non-riding activities. **You must be a Level 3 Vaquera and 15 years of age to be a Vaqueras Intern.**

### Media

Take, organize, and upload pictures

## How to Apply

**The deadline to apply is January 29, 2021.**

All forms can be found online at: [gsmidtn.org/summer-camp](http://gsmidtn.org/summer-camp)

Applications may be submitted online at [gsmidtn.org/summer-camp](http://gsmidtn.org/summer-camp) or via e-mail or fax:

Camp Holloway:

(615) 460-0212

[CampHolloway@gsmidtn.org](mailto:CampHolloway@gsmidtn.org)

Camp Sycamore Hills:

(615) 460-0239

[CDirector@gsmidtn.org](mailto:CDirector@gsmidtn.org)

Submit applications by mail to:

Camp Holloway Director OR Camp Sycamore Hills Director

4522 Granny White Pike

Nashville, TN 37204

Interview dates and format will be released at a later time.



# About our Camps

Founded by Josephine Holloway in 1952 and steeped in history, Camp Holloway offers various day and residential camp sessions for girls of all ages. Located on 76 wooded acres, featured activities include archery, art, cooking, CORCLs, hiking, rappelling, rock climbing, slingshots, swimming, swing-by-choice, and tree climbing. Camp Holloway has platform tents and cabins, with bathrooms located inside or near all sleeping units. Come check out the new Groves Cabin! Camp Holloway provides outdoor experiences and amazing adventure for *every girl*.



Camp Sycamore Hills, established in 1958, is situated on 742 acres of land divided by Sycamore Creek. Girls may experience crossing the swinging bridge, hiking the Happy Birdsong trail, riding horses at the barn, and sliding down the Red Barn slide. Activities include canoeing, CORCLs, gaga ball, high adventure, horses, outdoor skills, and swimming in our aquatics center. Camp Sycamore Hills has cabins and screened cabins, with bathrooms located in or near all sleeping units. Our campers agree Camp Sycamore Hills is truly *a place to be me*.



# Camp Accommodations

Campers have a variety of housing options at Camp Holloway and Camp Sycamore Hills. The description of each housing option can be found below.

## Cabin

A cabin is a climate-controlled building that sleeps 16-36 girls depending on location. Due to COVID-19 protocols, the number of campers per cabin will be limited to 8-16 girls (depending on age and program) with approximately 4 feet between beds as recommended by the ACA. Some cabins include bathrooms and kitchens within the building, while others have bathrooms nearby. Staff members sleep in the same building (but in separate rooms) as campers.



## Platform Tent

### Camp Holloway only

A platform tent is a semi-permanent structure with a wooden floor and heavy canvas roof and sides. Each tent holds up to four cots. Tents are arranged in groups to form a living unit. The sides can be rolled up to allow a cross breeze and each tent has a screen built into the structure. A bathhouse with showers and flushing toilets is located close to platform tent units. Staff members sleep in a separate tent located near the camper sleeping area.

## Screened Cabin

### Camp Sycamore Hills only

Screened cabins are smaller structures located together in a living unit. Each screened cabin has 4-6 beds inside. These cabins have electricity and fans but are not climate controlled, and bathrooms are located nearby. Staff members sleep in a separate cabin located near the camper sleeping area.



# Registration and Policies

We are excited for you to register for summer camp! Registrations can be made via CouncilAlignMENT ([gsmidtn.org/CouncilAlignMENT](http://gsmidtn.org/CouncilAlignMENT)) or via a paper form found on our website ([gsmidtn.org/summer-camp](http://gsmidtn.org/summer-camp)).

To view available camp weeks and to register through CouncilAlignMENT, you will need to login or create an account. You are not required to register as a Girl Scout to attend summer camp. Please contact our registrar or a camp director to assist with online registration if your camper is not a Girl Scout (contact information can be found on page 2).

Please be aware that if your camper is currently a Girl Scout, has been a Girl Scout in the past, or has attended camp in the past, it is likely that you have a CouncilAlignMENT profile and/or login. For help accessing your account, please contact the council office.

## How to Find Available Camp Programs

On your home page, look for the first blue bar which says, "Hello [Your Name]." Under the bar there will be several buttons. Click the "Register for Camp" button.

You can use the search feature at the top of the page to narrow the search by camp property (Camp Holloway or Camp Sycamore Hills), program dates, or name of the program. Weeks of Classic Camp at Camp Holloway and Camp Sycamore Hills will be listed by the theme name under each camp (see all themes on page 8-11). Equestrian programs will be listed by their names under Camp Sycamore Hills (see all equestrian programs on page 14).

You will only see camp sessions available for your camper based on the grade she is entering into for the fall of 2021. If you have an account but your camper is not currently a registered Girl Scout, you will not see available camp programs. Please contact the registrar or camp directors for assistance.

## Making Payments

1. To find your current balance, click on your shopping cart and select "Camp."
2. Enter payment information and the amount that you wish to make and click update.
3. Enter credit card information into the required fields.
4. Click "Continue."
5. The page will ask if you're sure you'd like to charge your card in the amount listed above. Click "Authorize." **Note: All summer camp fees are due May 6, 2021.**

## Registering for a Week at Camp

1. Choose the girl you are registering for camp.
2. Select your chosen week (the status of the program will display next to it).
3. Fill out the required information on the registration form.
4. Enter your camper's chosen buddy, if applicable. *Please note, we honor ONE buddy request per camper.*
5. Select your contact preference (you may choose as many as you'd like, but you must choose one):
  - a. **Email:** You will receive email communications prior to your camp program including placement status, billing and payment information, and an information packet. This email is sent to the chosen responsible adult's primary email in CouncilAlignMENT. *We highly recommend choosing email as one of your contact methods to ensure you receive all communications*
  - b. **Text:** You will receive communication reminders about the status of your camp program and payment status. Text messages are sent to the mobile number of the chosen responsible adult.
6. Choose an existing emergency contact or enter information for a new emergency contact. Please note: you will be asked to fill out this information again in Camp Doc closer to your camper's camp week.
7. Click "Continue" to move to the payment page.

### Initial Payment:

1. You will see the total of all camp fees and discounts.
2. **You must pay at least a \$100 deposit per camper per week to secure your spot.**
3. Click the "Update" button.
4. Enter credit card information into the fields on the bottom half of the page.
5. Click "Continue."
6. The page will ask if you're sure you'd like to charge your card in the amount listed above. Click "Authorize."

**Congratulations!** You're registered for camp! Please print your confirmation page for your records. You will receive a confirmation via your chosen communication method informing you if you have been placed in the camp session or on the waiting list. You will also be able to see your registered sessions under "Camp History" in your profile.

## Making Changes to your “Existing Camp Registration”

If you would like to cancel your camp program, please do so in CouncilAlignMENT or by contacting a camp director before May 6, 2021 in order to receive a full refund.

To change your camp week, please contact our council registrar or a camp director. They will switch your programs and move your deposit and discount to your new program.

## Financial Assistance

Partial financial assistance is available to registered members of Girl Scouts of Middle Tennessee and is limited to one camp program per camper per summer. Campers applying for financial assistance must be registered Girl Scouts by January 5, 2021.

All requests are due by April 29, 2021. To apply, please register, pay your \$100 deposit, and send a completed financial assistance form to:

Mail: Girl Scouts of Middle Tennessee  
Attn: Camp Registrar  
4522 Granny White Pike  
Nashville, TN 37204  
Fax: (615) 460-0238  
Email: CampForms@gsmidtn.org

All financial assistance is confidential. Please check your CouncilAlignMENT “Payment” tab and shopping cart for confirmation of financial assistance. All accounts should be updated within 3 weeks of your application.

Once you have received your award letter, full payment is due by May 6, 2021, or you risk losing your camp registration, financial assistance, and deposit.

## Cancellations and Refunds

Your deposit is refundable only if you cancel your registration prior to May 6, 2021, or you are unable to be placed from the waiting list. After this date, no refunds of deposits or other monies paid will be given except in the following circumstances: not being placed off the waiting list for your chosen week of camp, absence due to a camper’s illness or injury, exposure to COVID-19 within two weeks of your camp program, or the death or serious illness of an immediate family member prior to the start of camp. A physician’s statement must be provided in the case of camper’s illness or injury. Campers who leave camp early due to illness or other reasons will not receive a refund unless they must leave due to COVID-19 exposure while at camp.

A written request for a refund due to illness or injury prior to camp must be sent to the camp director. For contact information, please see page 2.

## Waiting Lists

Some programs are in high demand and will fill early in the year. If your camper is placed on a waiting list, you have several options:

**Remain on the waiting list for an available space.** Camp directors check waiting lists weekly and make adjustments as needed dependent on housing. Occasionally spaces open quickly, and sometimes they will not open at all. You may remain on the waiting list for as long as you’d like, or you may request a transfer or a refund at any time.

**Transfer to a different camp week with availability.** Simply contact the camp director to make this change.

**Request a refund.** Contact the camp director to cancel your program and request a refund.

If you join the waiting list to hold spots in two or more programs, you must cancel any additional programs within 10 days of receiving the placement notice from CouncilAlignMENT. Failure to do so will result in forfeiting your deposit in any additional programs that your camper is placed in.

## Transfers

If you would like to transfer your camp registration to a different week, please contact the registrar or a camp director (contact information can be found on page 2). If your camper is transferred to a different program, most of the time all monies paid and discounts received will also be applied to the new program.

## Discounts

We are pleased to offer Holiday, Early Bird, and Military Discounts. Discounts are available to everyone registering for camp, *but only one discount may be applied per camper per summer. See page 3 for discount deadlines.*

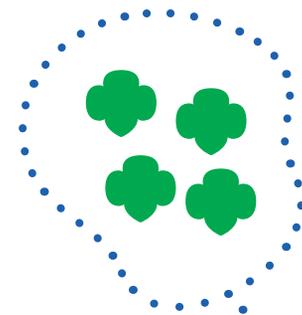
The Military Discount is offered to campers who have a parent/guardian serving active duty in the United States military. To use this discount, please contact the council registrar or a camp director before March 9, 2021. You must submit proof of duty status (usually military orders). Do not send a copy of a military ID.

## Registration Deadline

In order to attend summer camp, registrations must be received at least two weeks prior to the start of the requested camp program. However, many popular camp weeks develop waiting lists early in the year and our programs are first come, first served.

If you plan to take advantage of a discount, you must register by 11:59 PM on the date of the discount deadline. You may submit registrations on CouncilAlignMENT or send in (mail or email) a paper registration form (must be received by the deadline). *Please be sure you have access to your CouncilAlignMENT account at least one week prior to any discount deadlines. This is a high-volume time, and we cannot guarantee assistance in time for the deadline on these dates.*

# Frequently Asked Questions



## How can I register for camp?

You can register through CouncilAlignMENT. Please make sure to check your CouncilAlignMENT profile/login or create one if you do not have one. If you have challenges with CouncilAlignMENT, you may register via email, mail, or fax. All information regarding registration can be found on page 22.

## I don't see any of the programs from last year.

### Why did the camp offerings change so much?

We prioritize camper safety in all of our program offerings. Due to the protocols required by COVID-19, we have changed our offerings to allow families to have more flexibility and plan their summers more easily. All campers will experience classic camp activities (weather, age-level, and camp facilities permitting) such as arts and crafts, campfires, canoeing, cooking, CORCLs, high challenge, horse programming (very limited, non-riding), nature and hiking, rock climbing, swimming in the pool or splashing in the creek daily, and tree climbing.

## Can I receive more than one discount?

Each camper may receive only one discount per summer. Discounts apply to all campers whether or not they are registered Girl Scouts. Available discounts include the Holiday Discount (\$90), Early Bird Discount (\$65), or the military discount (\$100).

**If you plan to register prior to the holiday discount deadline please allow for more time for assistance as this is a high-volume time. Please note our offices are closed December 24, 2020-January 3, 2021, and will re-open on January 4, 2021 at 8:30 AM.** All information regarding registration can be found on page 22.

## Where can I find a packing list?

A packing list can be found on the back inside cover of this guide. Packing lists for specific programs can be found on our website at [gsmidtn.org/summer-camp](http://gsmidtn.org/summer-camp) and can also be found in our Parent/Guardian Information Guides.

## Will the information packet be mailed to me?

All information packets will be emailed to you through a link sent to the email you provide during registration. They are also available at [gsmidtn.org/summer-camp](http://gsmidtn.org/summer-camp). You may request an information packet be mailed to you by contacting the registrar at [EConwell@gsmidtn.org](mailto:EConwell@gsmidtn.org).

## When can I check-in or check-out my camper?

Check-in and check-out protocols have changed. Two weeks prior to your camp week, you will receive a check-in window from the camp director. Check-in windows will be assigned by pod and living units. You will receive more specific details prior to arrival. Please plan to arrive some time within the following windows:

### Camp Holloway

Check-in: Sunday 1 PM – 6 PM

Check-out: Friday 1 PM – 4 PM

*Please see page 12 for check-in information for Day Camp at Camp Holloway.*

### Camp Sycamore Hills

Check-in: Sunday 1 PM – 6 PM

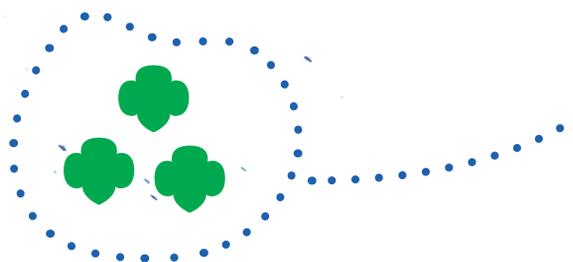
Check-out: Friday 1 PM – 4 PM

## What is the food like at camp?

Child-friendly meals and snacks are provided for campers, and we review our menus annually to reflect the feedback we receive from campers and their families. If a camper does not like what is being served at any given meal, we do provide alternate options and campers are always allowed to ask for additional helpings or snacks if they are hungry. Though COVID-19 restrictions limit the use of breakfast and salad bars, we are committed to providing a range of options for each meal as well as fresh fruits and vegetables as much as possible.

## What if my camper has dietary needs?

We make every effort to meet dietary needs which are religiously-based, common dietary practices in the home, or those required due to a medical need or allergies. Dietary needs, including allergies, **MUST** be documented on the Health History Form in the Summer Camp Forms Packet. Some diets may require you to provide supplemental food for your camper, and we encourage campers with dietary needs to bring their favorite brands. **Please contact your camp director at least two weeks prior to your camper's arrival to discuss dietary arrangements.**



## What if my camper has medical or other needs?

Both Camp Holloway and Camp Sycamore Hills have health officers on staff to attend to campers' medical needs. The majority of staff at both camps, including the health officers, are certified in First Aid and CPR. Both camps have a local doctor that advises treatment plans. Every effort is made to serve a large range of campers and to make accommodations for campers' needs. Please understand that Girl Scouts of Middle Tennessee serves the general population, and we are not equipped or staffed to provide care for campers who need one-on-one assistance. To get more information on if camp is right for your child please see page 26.

## Can my camper bring her cell phone?

Cell phones and any other electronic devices are not permitted at camp. We want campers to fully experience their camp programs and engage directly with other campers and staff. Camp is a time to build confidence in being away from home and learn to problem solve in unfamiliar environments. In addition, cell phones are expensive, camp can get dirty and wet and items get lost easily. If you or your camper feel they need a cell phone to spend the night away, we encourage you to register for Day Camp or Me & Mine programs. Cell phones discovered after check-in will be confiscated and stored in the camp office for the rest of the week. We are not responsible for lost or stolen items at camp. *This applies to campers at all levels, including CIT I, CIT II, Camp Apprentices, and Program Apprentices.*

## Do I have to be a Girl Scout to come to Girl Scout camp?

Not at all! All girls are welcome to attend summer camp! Campers who are not Girl Scouts will be charged a Non-Girl Scout Fee for each program. Please note, this fee does not include registration as a Girl Scout. Girls who are not registered as Girl Scouts will be unable to see available camps in CouncilALIGNMENT. Please contact a registrar or camp director for assistance.

## Will my camper work on Journeys or Badges while at camp?

Most weeks of Classic Camp will earn parts of several different badges. More specific badge information can be found after March 1 on our website at [gsmidtn.org/summer-camp](http://gsmidtn.org/summer-camp).

## Can my camper choose a buddy?

Absolutely! Girls planning to attend with a camp buddy must register for the same week and program as their buddy. We will make every effort to honor ONE buddy request. Why just one? Due to the limits in cabin capacity and our desire to foster an inclusive environment, we want to avoid a situation that leaves one girl out. Camp is a great place to make new friends and try new activities.

## Does my camper have to wear a mask?

Yes, when participating in facilitated activities and interacting with people outside of their pods, campers and staff are required to wear a mask. When campers are in their pods with no other additional staff or in their own living unit, they will not be required to wear a mask. We recommend you pack at least one mask per day, and both clean and dirty bags for campers to store their masks.

## What steps are being taken to protect against COVID-19?

We take the health and safety of our campers, staff, and volunteers seriously. Per recommendations of several organizations, we will screen campers, test staff weekly, operate in a cohort system, enhance our cleaning protocols, and limit indoor activities. For more information on our COVID-19 protocols, please see page 4.

## What is the protocol if someone tests positive for COVID-19 or has suspected symptoms?

If symptoms or a positive test is confirmed and the camper or staff member is not present at camp, they will be asked to remain off property for two weeks and/or after testing negative for COVID-19. If the person is at camp, they will be immediately isolated/quarantined and sent home. In addition, we will notify the Health Department of the county in which the camp is located. If your camper is in a pod or has come in contact with someone who has tested positive, you will also be notified.

## What is the refund policy for this summer?

Full refunds will be issued until May 6, 2021 for any reason. After this date, refunds will only be issued due to illness of camper, exposure to COVID-19 or a positive test within two weeks of the camper's camp date, or a family or other emergency. Please contact your camp director to request a refund in writing. See page 22 for more details regarding our cancellation policies.



# Physical Needs and Restrictions

Girl Scouts of Middle Tennessee serves the general population and are not equipped or staffed to provide care for campers to who need one-on-one assistance.

Is camp right for ME? We want to make sure every girl can be successful at camp; in order to ensure this make sure your camper can do the following.

- Be fully independent in regards to hygiene
  - Brush their teeth
  - Comb their hair
  - Shower
  - Use the bathroom unassisted
  - Get dressed unassisted
- Sleep in a room with other people or fall asleep without assistance (Our cabins and tents all hold multiple people; there is no situation in which a child will have their own room)
- Follow a structured schedule
- Follow verbal directions
- Understand and follow camp rules and expectations
- Be able to verbalize if she needs assistance, is hungry, is hurt, etc.
- Be able to reasonably and age-appropriately self-regulate social and emotional needs
- Be understanding of safety of other campers
- Be able and willing to wear a mask with age appropriate reminders
- Be able to wash and sanitize hands unassisted

## Physical Needs

If your camper has physical restrictions and/or uses a wheelchair, crutches, braces, or similar assistive technology, please contact our camp directors so we can plan the best possible experience. Many programs may be modified to meet the specific needs of our campers.

## Physical Restrictions

Girl Scouts of Middle Tennessee proudly offers a wide variety of activities with the goal of providing enriching experiences in areas that girls enjoy. While we strive to ensure our programs are inclusive and all girls have access to meaningful activities and experiences, some activities have inherent restrictions. In an effort to balance the demand for challenging activities and the safety and well being of girls, staff, and animals, we offer the following programs and activities with restrictions as listed below.

### Equestrian Programs

To protect the health and safety of our horses and participants, the maximum weight limit for participants in Girl Scouts of Middle Tennessee riding programs is 200 pounds. Our limit is based on the size of our horses, weight of our equipment, and the type of activities we provide. Current research shows that horses should carry no more than 20% of their weight. As a Certified Horsemanship Association (CHA) accredited site, we have established this policy in accordance with their safety protocols and recommendations. Campers who cannot ride due to this restriction will still participate in the ground portion of their program.

## Adventure Activities

Several of the activities offered at our facilities utilize specialized equipment. This equipment is designed with the safety of the participant in mind and has manufacturers-recommended limitations to minimize the risk of injury to the participant. To ensure all participants are able to utilize equipment safely, the following weight limits must be strictly enforced:

- High Challenge, Rappelling, Tree Climbing 250 lbs.
- Zip line, Flying Squirrel, Swing By Choice 250 lbs.
- CORCLs® 225 lbs.

In addition to these weight limits, supplied harnesses and equipment must fit properly and securely. Fit will be evaluated by the instructor/facilitator on site.

## Watercraft

All participants utilizing watercraft (including canoes, kayaks, and CORCLs) on council properties are required to wear Coast Guard approved Personal Flotation Devices (PFDs) at all times. Usage of watercraft is dependent on proper fit of supplied PFDs and will be evaluated by the instructor/facilitator on site.

If you have questions or concerns regarding a camper participating based on these restrictions or would like additional information on the basis of these restrictions, please contact a camp director (contact information can be found on page 2). We realize these restrictions may lead to sensitive conversations, and we welcome the opportunity to speak in advance of your camp program to discuss options and potential solutions.

# Packing List

Please label all of your camper's belongings.

## Clothing For Each Day

- At least ONE mask per day, and both clean and dirty bags to store them in
- Shirts or t-shirts (1 per day + 2 extra)
- Shorts (knee-length for adventure activities)
- Pants for evenings (depending on weather forecast)
- Underwear (1 per day + 2 extra)
- Socks (1 pair per day + 2 extra)

## Other Items

- Pajamas
- Jacket or sweatshirt
- Raincoat or poncho
- Hat or visor
- Bandana
- Swimsuit (2 are recommended)
- Shower shoes
- Hiking boots and/or tennis shoes
- Sandals with back straps
- Old shoes that can get wet or water shoes
- Dress up clothes for your weekly theme!

## Toiletries

- Hairbrush
- Hair ties or rubber bands
- Towels and an extra pool towel
- Washcloths
- Toothbrush and toothpaste
- Shampoo
- Soap
- Feminine hygiene products
- Hand sanitizer
- Shower caddy or toiletry bag that drains well

## Bedding

- Drawstring bag for laundry
- Sleeping bag and/or blankets and sheets
- Pillow and pillowcase

## Daily Essentials

- Water bottle (at least 16 oz)
- Small backpack to carry daily items
- Flashlight
- Non-aerosol bug spray
- Sunscreen

## Optional

- Stuffed animal
- Camera (consider a disposable)
- Stationery with stamped and addressed envelopes
- Books or magazines

## Camp Sycamore Hills Equestrian Program

- Riding boots or closed toe leather shoes with smooth sole and at least a one-half inch heel (Campers may use boots from the horse barn, if desired)
- Sleeved shirts during riding time (t-shirts are fine and should be long enough to be tucked in)
- Long pants for riding time (i.e. jeans, cotton pants)
- Bandana

## Things To Leave At Home

- Cell phones
- Tablets (including Kindle and iPads)
- MP3 Players
- Laptops
- Any device that will connect to Wi-Fi or has data
- Food, candy, and drinks
- Weapons (including pocket knives)
- Drugs and alcohol
- Items of value (camp is not responsible for items that are lost and stolen at camp)

Printable packing list is available at [gsmidtn.org/summer-camp](http://gsmidtn.org/summer-camp)

4522 Granny White Pike  
Nashville, TN 37204  
[www.gsmidtn.org](http://www.gsmidtn.org)

