

Volunteer Enrichment Day

April 10, 2021 • 10am-8pm • Camp Holloway

Registered Adult Girl Scouts: \$35

Non-registered Adults: \$45

Included in the fee...

- Sessions & Trainings (CPR Skills Test is an additional fee)
- Event t-shirt
- Event patch
- Lunch
- Dinner

Volunteer Enrichment Day provides an opportunity for volunteers to network, attend informative sessions, and have a fun day together at Camp Holloway!

Sessions will be led by GSMIDTN staff and trainers. A Sign Up Genius will be sent to participants approximately 2 weeks prior to the event to choose sessions.

This in-person adult only day only event will adhere to social distancing and safety protocols. Wearing a mask is required during the event.

Contact VolunteerResources@gsmidtn.org with any questions.

Register today on CouncilAlignMENT!
Registration closes on March 21.

Volunteer Enrichment Day 2021 – Session Descriptions

Participants will register for sessions via a Sign Up Genius link that will be emailed prior to the event.

Traveling with Girls - Thinking of traveling with your troop? Do you think your girls are ready? We'll discuss these topics and everything in between:

- Knowing when your girls are ready for travel
- Ins and outs of planning and getting the girls involved with decision-making
- Road Trip Do's and Don'ts
- How busy should you keep girls during your trip?

Mental Health Matters - According to the 2018-2019 National Survey of Children's Health, 1 out of 4 children and adolescents ages 3-17 in Tennessee are diagnosed with at least one disorder affecting their mental health. This session will focus on the impact of the COVID-19 pandemic, important topics that many girls are facing, incorporating mindfulness, and tips on how to handle a mental health crisis.

Glass Etching - Learn how to do fun glass etching for any age of Girl Scout. This is an easy craft idea that can be done almost anywhere.

How to Season and Care for a Dutch Oven - Dutch ovens are a versatile tool for outdoor cooking. In this session, you'll learn how to get your Dutch oven ready to use and how to keep it in great shape!

How to Deal with Parental Involvement - Engaged and interested parents can help a Girl Scout troop succeed. We'll discuss strategies to encourage healthy parental involvement in your troop...how to get help when you need it while promoting a girl-led troop where girls learn independence.

Leading Older Girls - Wondering how to keep older girls interested and participating? This session is for you as we will talk about activities, resources, and ideas to keep girls active.

Leading Younger Girls - Younger girls are full of excitement for troop experiences! This session will cover ways to engage your Daisies, Brownies, and Juniors while making great memories together.

Creature Comforts while Tent Camping - Do you love the outdoors, but aren't sure about "roughing it" in a tent? Learn ways to make tent camping a comfortable experience.

SWAPS - Special Whatchamacallits Affectionately Pinned Somewhere. SWAPS are a long time GS tradition. They are mementos from an event, activity or trip. Learn the tradition and get some fun ideas!

Low Cost Craft - Low cost crafts for all age levels are highly desired by leaders! In this session, you'll turn an inexpensive picture frame and some paint into a fun craft for the whole troop.

Songs and Skits - Girls Scouts have long enjoyed songs and skits as entertainment at camp, events, and troop meetings. Join this session to brush up on your performance skills and to learn songs and skits to take back to your troop.

Camping Skills 1 - This class prepares leaders to camp with their troop for a day in the outdoors or an overnight in a building with a fully equipped kitchen. Participants will learn knife safety, beginning

cooking, and fire building. After completing this course, you will be able to camp in any GSMIDTN fully equipped cabins or like properties.

Camping Skills 2 - This class prepares leaders to camp in cabins without kitchens, screened cabins, platform tents or a tent camping site with bathroom facilities, water & a pavilion. You'll learn outdoor cooking techniques, tent care, & camp tools. CS1 must be completed before taking this course. After completion, you'll be able to camp in any GSMIDTN cabins, tent units, pitch tents, or similar units.

CPR Part 2 - Skills Test (additional fee) - This is the 2nd part of a two part series to earn First Aid/CPR/AED certification. You will be emailed a link to complete CPR Part 1 – Online Classwork prior to the event. Participants who complete Parts 1 & 2 will be certified for First Aid/CPR/AED valid for two years.

Bronze, Silver, Gold Training - Are you interested in learning more about Bronze, Silver, and Gold Awards? Learn how our award process works, get good tips and tricks, and figure out the next steps for your Girl Scouts!

Older Girl Trainings - There are lots of opportunities for our older girls to enhance their leadership skills. This session will decode the initials and explain how your girls can become a PA, CIT, LiA, or VIT.

Destinations - Did you know that you Girl Scouts can travel the world together? Attend this session to learn more about the incredible travel opportunities that Girl Scouts have! This includes troop travel, council sponsored travel trips, and travel programs through GSUSA.

On The Trail - First, Leave No Trace: In this 30 minute workshop you will learn the Seven Principles of Leave No Trace that provide an easily understood framework of minimum impact practices for anyone visiting the outdoors. Second, Hiking in Middle TN: Get ready for an adventure as we discover great outdoor locations in Middle TN to visit and hike.

Product Programs - Girls will have so much fun with the fall product and cookie program themes, events, and rally activities that they won't even notice the life skills they are learning and practicing.

Building Summer Camp Community in Your Troop - Many of our girls (and adults!) have fond memories of summer camp, and remember the friendships and community they experienced there. But how do you build these intentional, lasting relationships in your troop? This session will focus on strategies, games, and activities that troop leaders can use with their girls to create (or build upon) understanding, mutual respect, and the ability to work towards common goals.

WAGGGS and the 5 World Centers - Did you know that the World Association of Girl Guides and Girl Scouts (WAGGGS) has five world centers that Girl Scouts can visit? You'll learn about the adventures your troop can have at Our Chalet, Pax Lodge, Our Cabana, Sangam and Kusafiri! Not ready to travel for a while (thanks, COVID!)? The world centers also have many virtual programs to choose from this year.

Juliette & Josephine: Daisy & Jo - Juliette Low and Josephine Holloway, together again! Come learn how these two remarkable women connected and how they made a difference, and take home some fun facts and activities to share with your girls.