ON My 10000 Cirl Scouts of Middle Tennessee • Fall 2020

Horses, Hay, and Hot Chocolate pg. 10 girl scouts of middle tennessee

on my honor a control publication of the control of On My Honor is a quarterly publication of

Nashville Shop

4522 Granny White Pike

Email: NashvilleShop@gsmidtn.org

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Girl Scouts of Middle Tennessee.

Marti Hood

and Volunteer Services

Want to be included in On My Honor?

- All submissions must include:
- · Clear, good quality photo (No text or Photoshop effects, please.)
- · Troop number
- · City or county where troop is based
- · Short blurb describing the photo

We do not guarantee that all photos or other submissions, such as articles, will be used. Photos and stories can also be submitted through our Facebook, Instagram, and Twitter pages.

Submissions should be sent to CommunicationsDept@gsmidtn.org.

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 Whether it's entrepreneurship or equine opportunities, we have a program for you!
- Join Girl Scouts TODAY!

 Register for Girl Scouts of Middle Tennessee online at www.gsmidtn.org/join!



Cover: Daisies from Troop 1489 participated in a socially distant bridging ceremony.

Left: Troop 1489 celebrates the 100th anniversary of women's suffrage by visiting local murals marking the occasion.

Cabin Hours

To make an appointment, email Tracy Coleman.

Girl Scouts of Middle Tennessee Shop

4522 Granny White Pike, Nashville, TN 37204 Phone: (615) 460-0222 | Email: NashvilleShop@gsmidtn.org

COVID-19 Update: All GSMIDTN facilities and offices are closed to anyone outside of staff, including The Cabin (at the time of print). Any retail needs may be served through an appointment or phone and email orders, and shipping charges will be waived.

Stay connected! Sign up for the Girl Scout Connection! To receive our weekly newsletter, visit gsmidtn.org/subscribe.

NEW Badges for Every Grade Level!

Stay tuned to our Cabin album on Facebook to learn more about the badges you can earn!

AUTOMOTIVE

(Daisy, Brownie, and Junior)











STEM CAREER

(Brownie, Junior, and Cadette)

ENTREPRENEUR

(Daisy, Brownie, Junior, Cadette, Senior, and Ambassador)









CIVIC ENGAGEMENT

(Daisy, Brownie, Junior, Cadette, Senior, and Ambassador)

C WID-19 Memory Page

First Name:		Troop Number:
Girl Scout Grade Level:		Date:
During the Coronavirus Safe Attended virtual school Attended a virtual trool Attended council virtual Participated in a virtual Made a virtual craft with Watched a whole TV skill Baked homemade breating Dyed my hair Made sidewalk chalk at Put a stuffed animal in Dropped off a surprise Went on walks outside Stayed 6 feet away from Wore a mask when lease	p meeting al programming I talent show th my troop now ad rt my window to someone	Smidtin S
How did you communicate with your troop?		What do you look forward to doing when your troop can gather again?
What did your troop have to cancel?	What fun things your troop do?	What have you learned most from this experience?

We want to include your page in the COVID-19 Memory Book to be housed in GSMIDTN's Resource Library! Mail yours to Girl Scouts of Middle Tennessee · Attn: Volunteer Resources · 4522 Granny White Pike · Nashville, TN 37204

Troop Scrapbook



Troop 63 celebrated bridging with creative social distancing style!



Cadette Troop 1562 spent some time building a walkway for the teachers and staff at Holloway High School this summer!



Jayla from Troop 1489

worked on some outdoor adventure badges and patches by spending time in nature.



built a fort to get ready for our Virtual Camporee!

Troop 1101 participated in a local encouragement parade to show love for a local nursing care facility.





Sophia from Troop 1177

cooked up a batch of cocoa rice krispie treats and delivered them to Fire Station 6 in Murfreesboro.

Share your Story! Tag your posts with #GSMIDTN!



Girl Scouts of Middle Tennessee

Girls develop decision-making skills as they learn to identify obstacles, analyze situations, and solve problems that consider the well-being of themselves and others. As this year continues into unprecedented territory, girls will be stretched to make decisions based on both personal safety and societal standards. This may be a new experience for younger girls but one that plays a role in their independence and growth. To help, we've gathered a handful of activities for girls to practice making their own decisions in a safe, fun environment that can be adapted for in-person or virtual settings. Read more on our blog! #GSMIDTN



Check out our recent posts on social and emotion learning at gsmidtn.org/blog.



Rylie from Troop 1505 climbed 178 steps to complete the Lighthouse Challenge in Tybee Island, GA during some family travels.





STORIES FROM a Stellar Seller

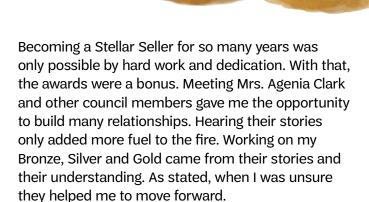
by Marti Hood

Throughout my years in Girl Scouts I have encountered some of the most influential people. Kind, knowledgeable, and strong are just a few words to explain their personalities. When at a stand-still they helped me to back up and see the bigger picture. Gaining their wisdom helped me in sales and to achieve my Gold Award. Without them, I would not have been as successful as I was.

Now girls, being a Girl Scout is hard work. Working on Journeys, selling cookies, planning camp-outs, and even working on your Gold Award takes a lot of effort. It's even harder if you have other activities in your life. Nevertheless, it's not impossible. But where are my manners? My name is Marti Hood and this my wisdom to you.

I started Girl Scouts in Kindergarten and stayed until I graduated this year. I've been a Stellar Seller for about the past ten years but have sold for a total of thirteen. That's a lot of cookies and fall products, and it was not a cake walk! Playing basketball and having school activities on top of being a Girl Scout almost seemed too much. However, the support I gained helped me to stay strong and keep moving. By selling, there were certain people who would only buy from me and would help by sending others my way. This allowed me to reach my goals and help fellow troop members reach theirs.





I accomplished my final season of fall products and cookies this year. Also in that time, I completed the highest award for girls... the Gold Award. Now that I have finished this chapter of my life, it's time I give back to upcoming girls. So, here are some words of wisdom:

- Keep a smile on your face and treat others the way you want to be treated
- 2 Talk to customers. You never know who they are or what they can do for you.
- 3 When at a stand-still, ask for help.
- 4 Stay strong and have a goal.
- JUST HAVE FUN!!!!

Being a Girl Scout for thirteen years was amazing! All the people I met and the opportunities I had will stay with me forever. The memories I made will never be forgotten. A huge THANK YOU goes out to everyone who was by my side! In conclusion, I leave you with two of my favorite sayings, "She believed she could so she did," and "Take pride in how far you have come. Have faith in how far you can go." Good luck, girls. I know you can accomplish anything you set your mind to!



Top: Marti with Agenia Clark, President & CEO **Bottom:** Marti with Tracy Tudder, Product Programs Manager

HORSES, HAY, AND HOT CHOCOLATE

by Carol "Tex" Coats

Being part of Girl Scouts of Middle Tennessee has been an amazing experience. When I started my journey as the Equestrian Manager in 2005, little did I know where the twists and turns of this new career would take me. I soon learned that my passion was encouraging young people to be the best they could be, and experiences with horses were perfect for just that. Helping girls grow into confident young women who are empowered to change the world through experiences with horses is truly the career I was called to do.

There have, of course, been struggles along the way; yet for every challenge, there have been encouraging successes. Feeding and caring for a herd of more than 40 horses, as well as delivering an equestrian program, was done with a handful of stalls and lots of hitching rails until 2010 when the beautiful equestrian center was finished, complete with a 42-stall barn, classroom space, and an office. The goal, however, was not more or better facilities, but better ways to serve and engage girls. With more efficient space, the equestrian program continued to grow, providing troop experiences like arena and trail rides, grooming activities, and horsemanship workshops. Horse programs like Vaqueras (our older girl volunteer program), summer camp, and lessons, gave girls the opportunities to truly advance their equestrian skills, but more importantly, to build self-confidence. One of my favorite comments from the parent of a middle school girl was that her daughter had gone from being bullied at school to making friends and loving school, all because she had decided if she could tell a 1,000 pound horse what to do, she could certainly stand up for herself among her classmates.



Having been very shy as a girl and young adult, I have also come to appreciate the role horse activities play in helping girls overcome fears that can keep girls from meeting their full potential. Whether it is getting on a big horse, learning to teach other girls, or mastering a new skill, horses are a means to the end of expanding one's horizons. When we have something we are passionate about we often step out of our comfort zone and overcome what holds us back. For many girls, horses are that passion. Some of our shiest girls have become veterinarians, teachers, engineers, entrepreneurs, and more, in part because of the confidence they gained from the Girl Scouts of Middle Tennessee equestrian program.

I have learned many things from the girls, adult volunteers, and staff I have encountered in my time with Girl Scouts of Middle Tennessee. To this day, when I put out hay or see horses eating it in the winter, I smile because years ago, after explaining to a group of girls how eating hay helps horses generate their own heat from inside their bodies, one Brownie said thoughtfully, "So hay is like hot chocolate for horses." It warms my heart, just like hay and hot chocolate, to think of all the amazing people I have encountered in my 15 years with Girl Scouts of Middle Tennessee.

Tex is one of the most amazing women I have ever gotten the privilege to know. I have known Tex for fourteen years and she has been a mentor, friend, and second mother to me. Her knowledge in the equestrian field is nothing short of amazing, and she shows us all what hard work can accomplish if you want something bad enough! Working with Tex as her Assistant Manager has been a dream come true, and I have cherished every day I get to learn from her. She is one of the hardest, kindest, and most understanding people you will ever meet. Camp Sycamore Hills is what it is today thanks to Tex!

Tex we will miss you, but we are excited for you in your new adventure into retirement!

Ashley "Abu" • Manager of Equestrian Programs

I met Tex when I was a camper at summer camp and was inspired by a simple conversation with her to join the volunteer Vaqueras program. Tex created the program to give girls the opportunity to learn about horses while being able to help others at the same time. That program is still going strong over 15 years later!

More than how to lead a horse or how to ride, Tex has taught and exemplified life lessons since the day we met. She has always worked tirelessly and with a smile on her face to better the experiences of girls and counselors in our council and at our camp.

Tex, there are more memories and emotions than what can be put on paper. We will miss you, but are excited for your next chapter in life.

Kathryn "Copper" • Equestrian Specialist







Though we couldn't spend time at Camp Holloway and Camp Sycamore Hills, girls across Middle Tennessee still had amazing experiences with our Adventures Anywhere programming this summer.















Want to keep the fun going? Introducing Kick-Start Kits! To learn more and register, visit gsmidtn.org/kickstart-kits.

UPCOMING PROGRAMS

COVID-19 Update: At the time of publication, we are moving forward with these programs as scheduled. All programs are subject to change or cancellation in an effort to keep our girls, families, and staff safe. In the event of a cancellation by council, all registrants will receive a full refund. Please visit **gsmidtn.org/calendar** for the most up-to-date program information.

November

Cadette Journey Weekend: Media 💂



Date: November 13-15, 2020



Explore media and find out how to reshape negative media messages into more positive ones. Spend this fun weekend working to complete the Journey and get started on your Take Action Project. You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM Location: Camp Sycamore Hills

Staff: Elizabeth Homco Min: 25 Max: 60

Girl Scout Fee: \$60 Adult Girl Scout Fee: \$25

Junior Journey Weekend: aMuse 💂



Date: November 13-15, 2020



Juniors are amused by the people around them. What are they like, how do they do that, why do they do what they do? This weekend the girls will try on different hats representing the different roles that women play. Girls will be inspired by the discovery of so many possibilities! You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM Location: Camp Sycamore Hills

Staff: Lanny Brown Min: 50 Max: 100

Girl Scout Fee: \$60 Adult Girl Scout Fee: \$25

Icon Key:



Equestrian Focused



Works toward a **Badge or Award**



Teen Mentor Training

Senior Journey Day: Mission Sisterhood 💂

Date: November 13-15, 2020



A smorgasbord of sisterhood awaits you this weekend. Explore the diversity of friendship and sisterhood through visual, performing, and culinary arts. Some pre and post work is required to complete awards, including completing the Take Action Project. You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM

Location: Camp Holloway Staff: Alison Peters Min: 20 Max: 40

Girl Scout Fee: \$60 Adult Girl Scout Fee: \$25

Ambassador Journey Day: Bliss 💂



Date: November 13-15, 2020



Creativity counts when it comes to confidence. Build confidence in your dreams by exploring the world of music, installation art, fashion design, drawing, and street art. Some pre and post work is required to complete awards, including completing the Take Action Project. You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM

Location: Camp Holloway Staff: Alison Peters Min: 20 Max: 40

Girl Scout Fee: \$60 Adult Girl Scout Fee: \$25

Program Aide Core Training 4



Date: November 21, 2020



Hey Cadettes! Did you enjoy earning your Leadership in Action? Want to learn more skills to help younger Girl Scouts? Program Aides are those Cadettes who are committed to helping out a troop, service unit, or council program. So come build your leadership skills in this first step towards your Program Aide

Time: 1 PM - 4 PM

Location: Montgomery County Staff: Elizabeth Homco

Min: 5 Max: 20 Girl Scout Fee: \$30

December

Polar Express

Date: December 12 & 13, 2020







Take a trolley ride on the Polar Express in your favorite PJs! Visit Santa's Workshop and build a toy to take home, then see Saint Nick and enjoy holiday treats by the fire. We will be holding a warm clothing drive to benefit those in need. If you're able, please bring socks, mittens, gloves, hats, or scarves to donate. Please sign up for the specific session time that you would like to attend.

Siblings may attend but must be registered in CouncilAlianMENT prior to the program. Adults may not be able to ride the trolley if space is limited. This is not a drop-in event.

Dates & Times:

Saturday, December 12: 11:30 AM - 1 PM, 12 - 1:30 PM, 12:30 - 2 PM, 1 - 2:30 PM, 2 - 3:30 PM, 2:30 - 4 PM, 3 - 4:30 PM, 3:30 - 5 PM

Sunday, December 13: 12 - 1:30 PM, 1 - 2:30 PM, 1:30 - 3 PM, 2 - 3:30 PM, 2:30 - 4 PM

Location: Camp Sycamore Hills

Staff: Lanny Brown Min: 10 Max: 25

Girl Scout Fee: \$30 Adult Girl Scout Fee: \$5

Polar Express: Night Time Spectacular

Date: December 12, 2020







Take a trolley ride on the Polar Express in your favorite PJs. Enjoy a spectacular light show around Camp Sycamore Hills while participating in a sing-a-long of your favorite Christmas carols. Visit Santa's Workshop and build a toy to take home, enjoy holiday treats by the fire, then listen to Saint Nick read your favorite Christmas book. We will be holding a warm clothing drive to benefit those in need. If you're able, please bring socks, mittens, gloves, hats, or scarves to donate. Please sign up for the specific session time that you would like to attend.

Siblings may attend but must be registered in CouncilAlignMENT prior to the program. Adults may not be able to ride the trolley if space is limited. This is not a drop-in event.

Times: 7 - 8:30 PM, 7:30 - 9 PM Location: Camp Sycamore Hills

Staff: Lanny Brown Min: 10 Max: 25

Girl Scout Fee: \$35 Adult Girl Scout Fee: \$5



January

Art Mayhem Date: January 9, 2021









Do you love to draw the world around you? Create masterpieces with hands-on crafts or even design your own jewelry? Join us for a day of fun learning from experienced artists about sketching with charcoal pencils, creating master pieces with acrylic paint, designing your own horse hair key chain and more! Girls will be able to pick and choose which art stations they would like to participate in. All art supplies are suppled and girls will be able to take home their creations.

Time: 1 PM - 4:30 PM

Location: Camp Sycamore Hills (Red Barn)

Staff: Ashley Myers Min: 20 Max: 60 Girl Scout Fee: \$35

Vaqueras Training 🔰 🍲





Date: January 16, 2021







Spread the joy of horseback riding with others! Vaqueras are trained to prepare horses and assist participants in the various horse programs offered at Camp Sycamore Hills. Vaqueras will also participate in a riding lesson on days they volunteer after training. Girls must be at least 12 years of age and in the seventh grade at the time of training. Adult volunteers are welcome too!

Time: 8 AM - 3 PM

Location: Camp Sycamore Hills

Staff: Ashley Myers Min: 6 Max: 30

Girl Scout Fee: \$25 Adult Girl Scout Fee: \$25

Thin Mint Sprint

Date: January 23, 2021











Come join us for the 1st Annual Thin Mint Sprint 5k! Register to run, jog, or walk in either the 5K or the 1 mile Fun Run! Girl Scouts will receive a fun patch. Stick around after your run or walk and enjoy Girl Scout Cookies and hot chocolate. This event is open to the public so bring your friends! More information about registration and volunteer opportunities will be coming soon.

Time: 8:30 AM - 11 AM

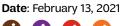
Location: Camp Sycamore Hills

Staff: Alison Peters Min: 100 Max: 300

Girl Scout Fee: \$25 Adult Girl Scout Fee: \$25

February

Performance & Story Telling Badge Blast 💂











Discover and work towards completing Performance and Story Telling badges. Badges include Brownie: Dancer and My Family Story, Junior: Musician and Entertainment Technology, Cadette: Public Speaker and Screenwriter, Senior: Troupe Performer and Novelist.

Time: 10 AM - 2 PM

Location: Camp Sycamore Hills

Staff: Alice LaBour Min: 75 Max: 100 Girl Scout Fee: \$10

Southern Equine Expo















If you love horses, visit this expo and see all the ways to be involved with horses. Event attendees will enjoy educational seminars, hands-on demonstrations, clinics presented by national known horsemen, and lots of shopping! Past demonstrations have included horse soccer, pirate wars. cowboy-mounted shooting, the Smoky Mountain Trail Challenge, drill teams, breed demos, colt starting challenge, and jump offs! This is a non-riding program.

Time: 9 AM - 6:30 PM Location: TN Miller Coliseum

Staff: Jen Vaughn Min: 10 Max: 150

Girl Scout Fee: \$10 Adult Girl Scout Fee: \$9

Brownie First Nighter

Date: February 27-28, 2021



Girl Scout camp is a special place - you'll always remember your first camping trip! Come spend the night at camp with your fellow Brownies! Experience outdoor fun as you craft, explore nature, learn fire safety, and enjoy delicious campfire treats. Lunch, dinner, and breakfast are included, as well as fun patch. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Saturday 10 AM - Sunday 10 AM Location: Camp Sycamore Hills

Staff: Lauren Reichstein Min: 50 Max: 100

Girl Scout Fee: \$35 Adult Girl Scout Fee: \$15

March **Girls With Grit**

Date: March 6, 2021











Have you ever wondered what it is like to be a firefighter, police officer, or paramedic? Join us for this day full of adventurous activities and career exploration. Meet local EMS, Fire and Law Enforcement members, and learn first-hand what it is like to be a first responder. Courage, Confidence, Character-it's possible!

Time: 10 AM - 3 PM

Location: Cheatham County

Staff: Sara Cassese Min: 50 Max: 200 Girl Scout Fee: \$25

Program Aide Core Training 🍎 Date: March 7, 2021





Hey Cadettes! Did you enjoy earning your Leadership in Action? Want to learn more skills to help younger Girl Scouts? Program Aides are those Cadettes who are committed to helping out a troop, service unit, or council program. So come build your leadership skills in this first step towards your Program Aide Award!

Time: 1 PM - 4 PM

Location: Nashville Service Center

Staff: Elizabeth Homco Min: 5 Max: 20 Girl Scout Fee: \$30



Me & Mine

Date: March 13-14, 2021









Come home to Camp Holloway and bring your favorite adult with you! You will do some camp activities, take a dip in the pool and make some crafts to take a piece of Camp Holloway and your Me & Mine memories home with you!

Time: Saturday 10 AM - Sunday 10 AM

Location: Camp Holloway Staff: Alison Peters Min: 50 Max: 100

Girl Scout Fee: \$60 Adult Girl Scout Fee: \$25

How to Build a Unicorn 🚺



Date: March 13, 2021





History is full of stories about mythical horses. Star in your own fantastic tale as you create your own unicorn horn, learn to shoot arrows like a centaur, and ride the hornless unicorns! Bring your lunch and join the fun. (Part 2 of the Sycamore Fairy Tale Adventurers).

Time: 9 AM - 4 PM

Location: Camp Sycamore Hills (Riverview & Red Barn)

Staff: Ashley Myers Min: 30 Max: 80 Girl Scout Fee: \$35

Ponies and Pals U



Dates: March 14, March 21, April 11, and April 18







Each participant brings mom, dad or an adult friend to spend time with the horses at Camp Sycamore Hills. Meet horses in the barn, groom ponies and try a leadline ride with your favorite adult leading your horse in the arena. This program is especially for Daisy and Brownie Girl Scouts but older girls are welcome, too!

Times: 12 - 1:30 PM, 1 - 2:30 PM, 2 - 3:30 PM, 3 - 4:30 PM,

4 - 5:30 PM

Location: Camp Sycamore Hills (Riverview)

Staff: Jen Vaughn Min: 12 Max: 24 Girl Scout Fee: \$15

Reconnect

Date: March 20-21, 2021











We missed you last summer, and we know you missed us too! Come to Camp Holloway and Camp Sycamore Hills for a fun summer camp reunion to get ready for summer 2021! Meet new friends, bring old ones, and participate in some of the camp activities you missed including adventure, art, and of course, campfires. This weekend is all about re-connecting with your camp home. To attend this event, you have to have been registered for summer camp 2020 or have attended GSMIDTN summer camp in the past. Adults are not required to attend, but volunteers are welcome to help meet Safety Activity Checkpoints Ratios and act as counselors.

Time: Saturday 10 AM - Sunday 11 AM

Location: Camp Holloway and Camp Sycamore Hills

Staff: Lauren Reichstein Min: 50 Max: 100 Girl Scout Fee: \$50

Summer Camp Open House

Date: March 21, 2021











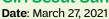
Summer is coming, and we are excited to welcome YOU to Camp Holloway and Camp Sycamore Hills. There is no better way to make your first summer great than to come to Open House where you'll meet your camp director, take a tour, eat a s'more and sample a few camp activities. This is designed for first-time campers to help make the transition to camp easier. Families are welcome to attend, but please leave your pets at home. Registration is helpful, but not required. This is a drop-in event.

Time: 1 PM - 4 PM

Location: Camp Holloway and Camp Sycamore Hills

Staff: Lauren Reichstein Min: 10 Max: 100

Girl Scout Summit











Are you ready for a day of Girl Scout fun? Join us for our Girl Scout Summit! This convention-style program will include opportunities like Badge Blast programs, Journey activities, Older Girl trainings, college readiness programs, panels of influential women in the community, information and training sessions for adult volunteers, and countless chances to connect with other Girl Scouts. You will have the opportunity to choose your activities before the day of the program. Program fee includes lunch and a special fun patch.

Time: 10 AM - 3 PM

Location: Davidson County TBA

Staff: Alice LaBour Min: 100 Max: 400

Girl Scout Fee: \$20 Adult Girl Scout Fee: \$10

April

Brownie Journey Day 💂



Date: April 10, 2021



On this Journey, Brownies learn about girls around the world and how stories can give them ideas for helping others, whether in their own communities or in other countries. You will earn parts of the It's Your Story - Tell It Journey through, games, songs, murals, and more! Please bring your own lunch. You will receive a \$2 discount toward your Journey Awards in the GSMIDTN Cabin.

Time: 10 AM - 3 PM

Location: Davidson County TBA Staff: Lauren Reichstein Min: 50 Max: 100

Girl Scout Fee: \$25

Daisy Journey Day 💂



Date: April 10, 2021



Work toward most of the Daisy It's Your Story-Tell It! Journey. Spend the day learning how to care for animals and how this is similar to taking care of yourself. Connect with local organizations, earn the Birdbath award and work towards the Red Robin award. Please bring a lunch and snacks to this event. You will receive a \$2 discount toward your Journey Awards in the GSMIDTN Cabin.

Time: 10 AM - 3 PM

Location: Davidson County TBA

Staff: Lauren Reichstein Min: 50 Max: 100 Girl Scout Fee: \$25

Going Medieval 🚺 Date: April 10, 2021



c's a





Hear ye, hear ye! Join us for a day of fun and adventure as we travel back into medieval times. You can try your hand at mounted archery, brush up on your sword skills, design a catapult, and maybe even find a dragon egg. Pack your lunch for this adventure. (Part 3 of the Sycamore Fairy Tale Adventurers).

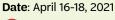
Time: 9 AM - 4 PM

Location: Camp Sycamore Hills (Riverview & Red Barn)

Staff: Jen Vaughn Min: 20 Max: 60 Girl Scout Fee: \$40

Cadette Journey Weekend: MEdia 💂







Explore media and find out how to reshape negative media messages into more positive ones. Spend this fun weekend working to complete the Journey and get started on your Take Action Project. You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM Location: Camp Sycamore Hills

Staff: Elizabeth Homco Min: 30 Max: 60

Girl Scout Fee: \$60 Adult Girl Scout Fee: \$25

Junior Journey Weekend: aMuse 💂



Date: April 16-18, 2021



Juniors are amused by the people around them. What are they like, how do they do that, why do they do what they do? This weekend the girls will try on different hats representing the different roles that women play. Girls will be inspired by the discovery of so many possibilities! You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM Location: Camp Sycamore Hills

Staff: Alice LaBour Min: 30 Max: 60

Girl Scout Fee: \$60 Adult Girl Scout Fee: \$25



View our full events listing at gsmidtn.org/calendar.

There's a reason the **Girl Scout Cookie Program*** is a celebrated tradition. It's an amazing opportunity for girls to grow as a team and build lifelong skills!

The largest girl-led entrepreneurial program in the world also offers an incredible opportunity for volunteers to see firsthand how girls grow, learn, and come into their own. We provide the resources you can use to guide girls in discovering talents, new strengths, and developing the entrepreneurial mindset that will serve them far beyond cookie season. We can do this together... **We've got this!**

We've Got THIS!

THANKS FOR ALL YOU DO FOR GIRLS!

Mark Your Calendars!

Virtual Service Unit Cookie Coordinator Training: October 31, 2020

Cookie Pre-Orders Begin: December 10, 2020

Cookies Delivered to Service Units and Troops: January 29-30, 2021

Cookie Booth Sales: January 31 – March 1, 2021

February 20, 2021: Small Business Day

February 19-21, 2021: National Girl Scout Walk-About Weekend



Don't Forget!





Tracy Tudder

Product Programs Manager TTudder@gsmidtn.org

Kathleen Roder

Product Programs Assistant KRoder@gsmidtn.org

ADULT TRAININGS & ENRICHMENT

Adult Trainings are required to make a property reservation on CouncilAlignMENT and consist of tips to make your camping experience a great one!

Camping Skills 1 & 2

Camping Skills 1 & 2 prepares leaders to camp or travel with their girls.

October 11 · Camp Holloway November 14 · Camp Piedmont December 12 · Camp Holloway

Virtual Highest Awards Trainings

JAM Sessions are grade-level trainings. These trainings cover information on Girl Scout Journeys, girl awards, troop management, and making Girl Scouts a fun, meaningful experience for both girl members and adults who lead them.

January 11 · Nashville Service Center 9:00 a.m. - Noon | Daisy, Brownie, Junior 1:00 - 4:00 p.m. | Cadette, Senior, Ambassador

First Aid/CPR/AED Training

October 17 · November 21 · December 5
January 9 · February 13 · March 20
Nashville Service Center

Red Cross First Aid/CPR/AED is designed for those who have never taken a full certification course or who have an expired certification.

Troops must have someone certified in First Aid/CPR/AED on camping trips and when traveling.

Commercial Kitchen Training

Commercial Kitchen is designed to teach proper use, cleaning, and maintenance of equipment at our camps.

Troops must have someone certified in Commercial Kitchen Training when serving 50 or more participants.

October 25 · Camp Holloway

Girl Scouts of Middle Tennessee is pleased to offer Camping Skills 1, Camping Skills 2, and First Aid/CPR training free of charge to one adult in every troop!

For more details, contact Volunteer Resources at VolunteerResources@gsmidtn.org.

Virtual Jam Sessions for Every Level!

January 25, **2020** · *Nashville Service Center*

You'll hear updates from the membership, program, and product program teams, as well as spring registration and council information.

Don't miss this great event! Registration is open through CouncilAlignMENT.

WANT TO SEE EVERYTHING WE HAVE COMING UP?

View our online events calendar at gsmidtn.org/calendar.



LA ESQUINA EN ESPAÑOL THE SPANISH CORNER

Girl Scouts del Centro de Tennessee tiene una amplia variedad de oportunidades para conectarse con sus comunidades locales participando en las tradiciones de Girl Scouts que incluyen liderazgo, habilidades al aire libre, campar y servicio comunitario en un entorno lleno de amistad, aprendizaje y diversión. Las actividades van más allá de estas tradiciones y también se centran en la vida saludable, las artes, la educación financiera, la ciencia, la tecnología y el emprendimiento. Las Girl Scouts están comprometidas con la misión de hacer de sus comunidades y su mundo un lugar mejor.

¿CON QUÉ FRECUENCIA Y CUÁNDO SE REÚNEN LAS TROPAS?

La mayoría de las tropas de Girl Scouts se reúnen 1-2 veces al mes, el día y la hora depende de la tropa a la que su hija pertenece.

¿DÓNDE SE REÚNEN LAS TROPAS?

Por lo general, las tropas se reúnen en escuelas, casas, centros comunitarios, bibliotecas y iglesias.

¿QUÉ HACEN LAS NIÑAS EN LAS REUNIONES?

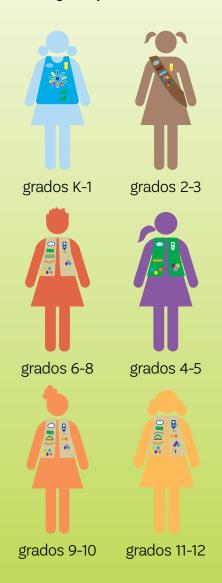
¡Durante las reuniones de tropa, las niñas aprenden habilidades de liderazgo y de amistad a través de nuestros programas de badges*! Tenemos una variedad de badges para que cada niña pueda explorar sus propios intereses.

¿QUIÉN DIRIGE LAS TROPAS DE LAS GIRL SCOUTS?

Voluntarios dedicados que a menudo son miembros de la familia o de la comunidad, a quienes les emociona ver el crecimiento personal de las niñas. Comuníquese con Girl Scouts of Middle Tennessee hoy para más información.

¿CUÁNTO CUESTA?

Las cuotas anuales de membresía son de \$25. En este momento, todas las niñas actuales, niñas nuevas y adultos recibirán un descuento en la inscripción, por lo cual el costo será de \$15! Los uniformes son opcionales y cuestan alrededor de \$30. Ofrecemos ayuda financiera.



If you would like to be involved in our Latino Outreach initiative or volunteer with one of our Latina troops, please contact Sofia Guerrero at SGuerrero@gsmidtn.org or (615) 460-0229. Volunteers are needed. Bilingual and non-bilingual volunteers are welcomed.

Si le gustaría participar en nuestra iniciativa de alcance Latino o ser voluntario con una de nuestras tropas latinas, comuníquese con Sofia Guerrero en SGuerrero-gsmidtn.org o (615) 460-0229. Se necesitan voluntarios. Voluntarios bilingües y no bilingües son bienvenidos.



4522 Granny White Pike Nashville, TN 37204 www.gsmidtn.org







Today's Girls

Tomorrow's Leaders

















Girls dress up for "Career Day" as part of GSMIDTN Virtual Girl Scouts programming.

Girl Scouts in Middle Tennessee have an extensive variety of opportunities to connect with their local communities by participating in Girl Scout traditions that include leadership, outdoor skills, camping, and community service in a setting filled with friendship, learning, and fun. Girl Scouts are committed to the mission of making their communities and their world a better place.