on my honor

Girl Scouts of Middle Tennessee • Summer 2020

Girl Scout Highest Awards

pg. 8

girl scouts
of middle tennessee

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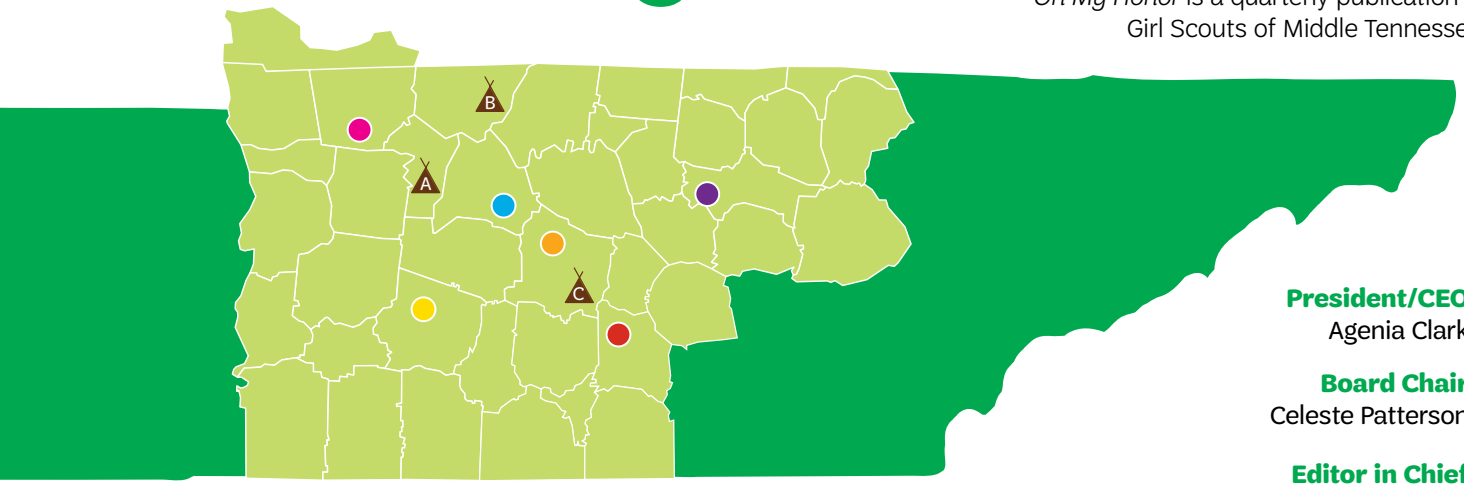
On My Honor is a quarterly publication of Girl Scouts of Middle Tennessee.



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Clarksville, TN 37040
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Cookeville, TN 38506
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Want to be included in On My Honor?

All submissions must include:

- Clear, good quality photo (*No text or Photoshop effects, please.)*
- Troop number
- City or county where troop is based
- Short blurb describing the photo

We do not guarantee that all photos or other submissions, such as articles, will be used. Photos and stories can also be submitted through our Facebook, Instagram, and Twitter pages.

Submissions should be sent to **CommunicationsDept@gsmidtn.org**.

girl scouts of middle tennessee

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Register for Girl Scouts of Middle Tennessee online at **www.gsmidtn.org/join**!

Cover: Girls from Troop 41 share Girl Scout Cookies with Commander Kay Lokey and the Midtown Hills Police Precinct following the GSMIDTN Stand for Solidarity on June 8.

Credit: Alexandra Cole

CABIN TALK

Girl Scouts of Middle Tennessee Shop
4522 Granny White Pike, Nashville, TN 37204
Phone: (615) 460-0222 | **Email:** NashvilleShop@gsmidtn.org

Cabin Hours

Summer hours run from June 1 - July 31, 2020.

Monday	**8:30 a.m. – 4:15 p.m.**
Tuesday	**8:30 a.m. – 4:15 p.m.**
Wednesday	**8:30 a.m. – 4:15 p.m.**
Thursday	**8:30 a.m. – 4:15 p.m.**
Friday	**8:30 a.m. – 4:15 p.m.**
Saturday	**CLOSED**
Sunday	**CLOSED**

SAVE THE DATE

The Cabin's Annual Inventory Clearance Sale

August 15, 2020
8 a.m. - 3 p.m.

Don't miss out on special reduced prices for certain merchandise! This is your time to shop till you drop.

Back To Troop 10% Discount

August 1 – September 19, 2020

10% off select uniform items including vests, sashes, troop numbers, and council ID patches

Email NashvilleShop@gsmidtn.org to place your order and to have it ready for pickup.

Save the Date! Leadership Enrichment Day

September 19, 2020 · 10 a.m. - 2 p.m.

GSUSA has announced new badges will be released this summer!
Stay tuned to our newsletter for updates.
To receive our weekly newsletter, visit gsmidtn.org/subscribe.

COVID-19 Update: *All GSMIDTN facilities and offices are closed to anyone outside of staff, including The Cabin (at the time of print). Any retail needs will be served through phone and email orders, and shipping charges will be waived.*

Come see our new Explore shirts!
All camp and property locations are featured in different colors and are available in child and adult sizes!

COVID-19 Memory Page

First Name: _____ Troop Number: _____

Girl Scout Grade Level: _____ Date: _____

During the Coronavirus Safer at Home Order, I...

- ☐ Attended virtual school
- ☐ Attended a virtual troop meeting
- ☐ Attended council virtual programming
- ☐ Participated in a virtual talent show
- ☐ Made a virtual craft with my troop
- ☐ Watched a whole TV show
- ☐ Baked homemade bread
- ☐ Dyed my hair
- ☐ Made sidewalk chalk art
- ☐ Put a stuffed animal in my window
- ☐ Dropped off a surprise to someone
- ☐ Went on walks outside
- ☐ Stayed 6 feet away from people
- ☐ Wore a mask when leaving my house

How did you communicate with your troop?

What do you look forward to doing when your troop can gather again?

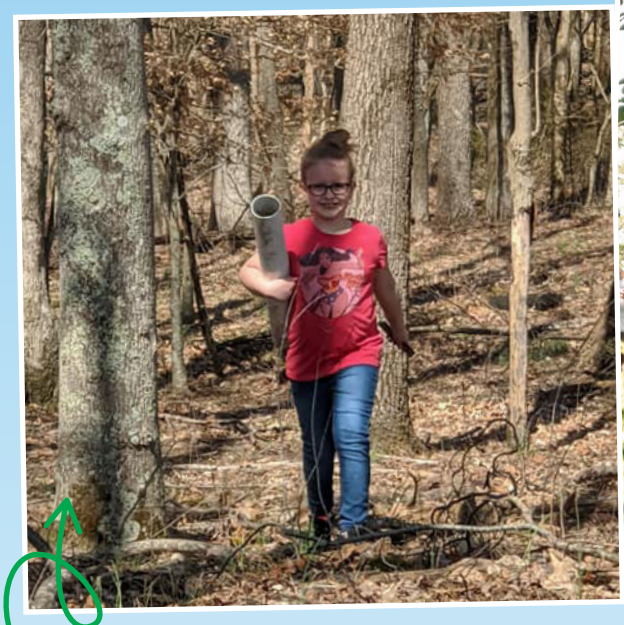
What did your troop have to cancel?

What fun things did your troop do?

What have you learned most from this experience?

We want to include your page in the COVID-19 Memory Book to be housed in GSMIDTN's Resource Library!
Mail yours to **Girl Scouts of Middle Tennessee · Attn: Volunteer Resources · 4522 Granny White Pike · Nashville, TN 37204**

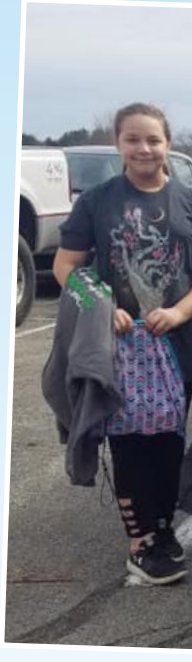
Troop Scrapbook



Troop 100 from Putnam County helped clean up some of the tornado debris.

More than **150 Girl Scouts** gathered on the front lawn of the Girl Scout Center and observed a moment of of solidarity against racism and injustice.

Troop 2836 donated Girl Scout Cookies to the Davidson County Sheriff's Office to say thank you to our first responders.



Troop 3002 made blankets to donate to tornado victims.

Share Your Story!

Tag your posts with **#GSMIDTN**!

Troop 1154 decorated donation bins and collected school supplies for displaced schools.

gsmidtn We want to send a Saturday Shout Out to all of our health care workers on the front lines! Although it's the weekend for many, these workers don't get a break, so we surprised them with our favorite treat. Thank you for keeping us healthy and safe! #GSMIDTN

Putnam County Girl Scouts

came up with the idea of "Busy Bags" – bags full of small toys and items to help occupy the children of families affected by the tornadoes.

Wilson County Girl Scouts

loved the Busy Bag idea so much that they decided to assemble Busy Bags too!

Bronze Awards

The Girl Scout Bronze Award is the highest award a Girl Scout Junior can achieve. Girls team up with others and use their special skills and interests to take action and make a difference in their communities. Girls in the following troops earned their Bronze Award this year.

Troop 7
Troop 65
Troop 107
Troop 128
Troop 164
Troop 169
Troop 173
Troop 175
Troop 182
Troop 193
Troop 216
Troop 259
Troop 321
Troop 354
Troop 362
Troop 444
Troop 446
Troop 514
Troop 535
Troop 540

Troop 585
Troop 609
Troop 649
Troop 670
Troop 677
Troop 682
Troop 715
Troop 840
Troop 879
Troop 1127
Troop 1195
Troop 1309
Troop 1388
Troop 1466
Troop 1496
Troop 1552
Troop 1658
Troop 1700
Troop 1724
Troop 1738

Troop 1765
Troop 1846
Troop 1848
Troop 1897
Troop 2036
Troop 2095
Troop 2123
Troop 2200
Troop 2340
Troop 2376
Troop 2390
Troop 2559
Troop 2562
Troop 2801
Troop 2878
Troop 2910
Troop 2921
Troop 3062
Troop 3086
Troop 3245

Silver Awards

The Girl Scout Silver Award is the highest award a Girl Scout Cadette can earn. Earning this award puts a Girl Scout among an exceptional group of girls who have used their knowledge and leadership skills to make a difference in the world.

Carissa Adams
Emily Alexander
Lizzie Anderson
Aryn Asch
Ella Atwood
Caitlyn Auberson
Audrey Aulino
Alycia Bailey
Maggie Bean
Callie Beard
Alice Beattie
Emily Bednar
Victoria Blalock
Sophia Blockley
Emma Boldin
Brianna Bounds
Abigail Brandrup
Olivia Bratcher
Avery Brawders
Logan Brownfield
Mary Cassie Cochran
Kenley Coleman
MaKaylyn Coleman
Alison Collings
Emilee Cooper
Emma Crockett
Grace Dalenberg

Sarah Daniels
Ashlyn Davidson
Olivia Davidson
Dianne Denton
Lily Dumler
Olivia Edwards
Jaycee Fisk
Audrey Flatt
Katelin Flemmons
Ava Foley
Mya Foley
Mersadies Fountain
Hannah Garner
Zoe Gibson
Rileigh Gifford
Alissa Glass
Megan Glewwe
Kaitlyn Goode
Lily Graves
Savannah Gurley
Abby Hagan
Ainsley Hall
Charity Harness
Annalena Harrelson
Alexandra Herlevic
Emma Howell
Annie Humphrey

Braelyn Johnson
Kari Belle King
Callie Kinslow
Kelsi Kirby
Annalise Knostman
Evee Knostman
Hamsini Konakalla
Emma Krause
Elanor Layman
Sydney Manning
Chloe McGee
Eboni Miller
Ella Miller
Jewel Molina
Emma Murphy
Samantha Myers
Mary Patricia Ord
Sydney Osbourn
Kelly Ann Ozier
Abigail Parker-Repsher
Ava Penn
Penelope Pennington
Natalie Pool
Sarah Porter
Stephanie Posey
MacKenzie Proctor-Bjorgo

Christa Rand
Laura Ratliff
Leila Raymer
Samantha Richardson
Hailey Rissler
Sophie Roberts
Lauren Ryan
Brylee Sanford
Cassie Scherer
Jayla Shivers
Kathleen Marie Smart
Brooke Spain
Madison Stewart
Erin Sullivan
Ellie Tackett
Kenlee Thompson
Lyterra Vaughn
Jahzara Veasey
Sophie Vergne
Mira Wadhawan
Rowan Walker
Norah Weaver
Camille Williams
Savannah Williams
Jenny Yang
Miya Yu
Laura Joy Zimmerman

Gold Awards

The Girl Scout Gold Award is the highest award a Girl Scout Senior or Ambassador can earn, a standard of excellence achieved by few. Completion of a Gold Award Project means a Girl Scout has left her mark on her community and her world that creates a lasting impact on the lives of others. Approximately one million Girl Scouts have earned the Gold Award or its equivalent since 1916.

Amelia Algood ·Troop 2525, Service Unit 172

Title of Project: Hope Church Kids Ministry Room
Troop Leader: Pam Broyles | Project Advisor: Stefann Pflueger
After observing that children at her church did not have a space to learn, grow, and play, Amelia worked to create a space they could call their own. After renovating an old office, Amelia created a curriculum that included Bible lessons, songs, and crafts that will be used by the church for years to come.

Kaelan Asch · Troop 1700, Service Unit 172

Title of Project: Making Music Fun
Troop Leader: Karen Feamster | Project Advisor: Mandy McCall
After observing Service Unit 172's Day Camp had become bored with their music program due to neglect and outdated songs, Kaelan decided to step in! She took action by meeting with music teachers and learning about different music curriculums. Then, Kaelan created an educational book that included new songs, movements, and instruments, designed posters for the new songs, and shared the materials with Girl Scout camps.

Callie Battenfield · Troop 1934, Service Unit 177

Title of Project: Westview Nature Station
Troop Leader: Anna Amey | Project Advisor: Connie Miller
Callie created a library to house books and guides on the flora and fauna of Middle Tennessee with the intent to provide entertainment for the elderly residents of her neighborhood. Callie planted flowers and also created a nature scavenger hunt to differentiate her project from a Little Library.

Makayla Beard · Troop 539, Service Unit 51

Title of Project: Reading is for Me!
Troop Leader: Paulette Allen | Project Advisor: Penny Payne
For her Gold Award Take Action Project, Makayla created a 200+ book library for Bethlehem Centers of Nashville and the Learning Academy to ensure that children living below the poverty level would have easy access to books. She hosted a donation drive asking for donations of 200 books and received over 400, with an additional 100 books to guarantee a fresh rotation of books. She installed two new bookshelves, painted and decorated the space, and designed a sitting area for reading. Makayla's service unit has pledged to maintain the library.

Hadley Brown · Troop 2382, Service Unit 205

Title of Project: Saving the World, One Straw at a Time
Troop Leader: Corinne Davidson | Project Advisor: Clint Parker
Hadley decided to focus on how small, seemingly insignificant changes can have a huge effect on the environment for her Gold Award Take Action Project. To address the issue of global pollution, Hadley developed an educational program that she shared at various events which included an educational game, a social media campaign, a website, and blog posts. Hadley used her platform in pageants to further spread the word about her Gold Award Take Action Project and how we can all make a difference.

Ashley Broyles · Troop 2525, Service Unit 172

Title of Project: History Hunt
Troop Leader: Pam Broyles | Project Advisor: Sharon Brasher
To address the lack in knowledge of and interest in historical landmarks and signs in her home town, Ashley created both a drivable and walkable "History Hunt." She achieved this goal by locating historical markers, taking photos, marking their locations, and creating a pamphlet filled with hints in a scavenger hunt format. Once completed, participants take the completed pamphlet to the Visitors Center for a prize. Ashley partnered with organizations in her community, like the Heritage Foundation, to continue her project.

Gabrielle Cunningham-Rush · Troop 539, Service Unit 51

Title of Project: Mariposa Mansion and Pollinators Paradise
Troop Leader: Paulette Allen | Project Advisor: John Cassidy
For her Gold Award Take Action Project, Gabrielle planted a garden and in conjunction with her garden, she made an educational resource book that detailed all of the plants and where they could be found in the garden. The book also featured animals, fun facts, and information on pollinators. To ensure sustainability, Gabrielle designed her garden with a bioswale, designed to concentrate and carry storm water runoff while removing debris and pollution.

Hunter Dawn Davis · Troop 1944, Service Unit 201

Title of Project: All for One and One for All – Hygiene Shelf and Food Pantry
Troop Leader: Dayelle Troyer | Project Advisor: Tera Mooneyham
The "All for One and One for All" Hygiene Shelf and Food Pantry was designed to help students who may not have hygiene essentials available to them. Hunter made her project available to any student at her high school and word has spread through seminars and pamphlets.

Clara Eck · Troop 1322, Service Unit 202

Title of Project: Turning the Tides Towards a Healthier Ocean
Troop Leader: Jennifer Eck | Project Advisor: Edward Rowse
Clara made learning trunks for local schools that informed students on the importance of recycling and the negative effects that plastic pollution has on our planet. She spread word of her project through speaking with teachers and staff on how to use the trunks and creating flyers. Clara included lesson plans and forms that may be copied and used for years to come.

Gillian Flatt · Troop 316, Service Unit 52

Title of Project: Partnering with Parents
Troop Leader: Melissa Flatt | Project Advisor: Brandy King
Gillian's Gold Award Take Action Project is a multi-step project consisting of building a structure to hold sets of learning packets appropriate for infants through four years of age. The aim is to address the need for increased communication and learning opportunities between parents and young children. The packets contain an individual educational activity that includes target skills, a set of instructions, and all materials necessary to complete that activity. She provided Edgehill Early Learning Center with digital copies of all the projects and they will continue to promote it alongside a website she created.

Gabrielle Floyd · Troop 510, Service Unit 173

Title of Project: Bright Day Bins
Troop Leader: Vickie Olexy | Project Advisor: Janice Davis
For her Gold Award Take Action Project, Gabrielle addressed the issue of loneliness in the elderly. She created Bright Day Bins, which are bins filled with thoughtful gifts, activities, and cards to brighten someone's day. These bins were then distributed to those in assisted living facilities and nursing homes. Gabrielle held two awareness sessions, educating the public on the effects of loneliness and the correlation between happiness and health and made flyers that were sent around the country to other Girl Scouts. These efforts combined with her social media campaign and her church's involvement ensured her project will be continued.

Erica Friedman · Troop 316, Service Unit 52

Title of Project: Planting a STEM
Troop Leader: Melissa Flatt | Project Advisor: Erin Rothwell
For her Gold Award Take Action Project, Erica created 188 science experiment kits and a manual to reproduce them for Vanderbilt patients in the Children's Hospital to ensure the children had opportunities to explore STEM (Science, Technology, Engineering, and Math). Each kit provides all of the materials required for the given experiment and can be performed at the patient's bedside. The manual itself includes a list of the supplies, detailed instructions, a synopsis of what patients should learn after each experiment, and a website with instructional videos.

Meryl Godwin · Troop 1685, Service Unit 172

Title of Project: Environmental Impact of Native Plants and Rain Gardens
Troop Leader: Courtney Ashburn | Project Advisor: Jim Mahurin
In an effort to reduce the amount of pesticides that flow into our sewer system and drinking water and to create a healthier environment with more wildlife diversity, Meryl built a native plant rain garden. This rain garden will filter out harmful pollutants from water runoff that flows off a church parking lot. Meryl also educated preschoolers and spread awareness to the community about the importance of native plants and our environment.

Katie Gripenstraw · Troop 882 , Service Unit 173

Title of Project: Down Syndrome Developmental Activities
Troop Leader: Teresa Moore | Project Advisor: Kate Harris
To address developmental delays at a Down Syndrome achievement center and local elementary school, Katie created activities promoting skills such as fine motor, sensory, numbers, and shapes. She created seven bins with 16 activities and nine examples of big group games. These fun and helpful activities will be sustained through the workshop that Katie hosted and an instructional video.

Isabelle Hamby · Troop 2864, Service Unit 152

Title of Project: Part of the Solution
Troop Leader: Lindsey Robertson | Project Advisor: Gwen Griffith and Jennifer Watson
Isabelle took action by spreading awareness about the effects of plastic pollution and individual action in her community after living in Sydney, Australia and seeing their environmental efforts juxtaposed against her hometown in Tennessee. Isabelle set up booths at local water festivals that included activities for both adults and kids. In addition to the booths, she created a website with virtual versions of the information presented at the events.

Marti Hood · Troop 137, Service Unit 183

Title of Project: Military Youth Recognition
Troop Leader: Beverly Hood | Project Advisor: Heather Abdon
To address the lack of recognition military families receive for their sacrifices and commitment, Marti took action by launching a statewide graduation cord program. The program will be sustained by the Tennessee National Guard and by the Youth Action Council of Tennessee. Though Marti's efforts, over 60 students were recognized at 30 schools across Tennessee and she is currently working with the Tennessee Board of Education to expand her project further.

Sydney Ellen Lashbrook · Troop 2864, Service Unit 152

Title of Project: Uncovering History
Troop Leader: Lindsay Robertson | Project Advisor: Frank Caperton
Sydney Ellen and her team cleared plants, scrubbed head stones, and researched families to uncover the history of a cemetery near her home. By organizing a team and developing a relationship with the historical society in her county, Sydney Ellen was able to develop her passion for history further and spread that passion to her community. Sydney Ellen's project will be continued through the creation of her website documenting the project, a video, and a brochure.

Rachel LaTourette · Troop 2525, Service Unit 172

Title of Project: Safe Dog Parks at County Animal Center
Troop Leader: Pam Broyles | Project Advisor: Debbie Sims
Rachel's Gold Award Take Action Project addressed the issue of not having a safe and secure outdoor environment for potential dog adopters, dog adoptees, and current dog owners in her community. She completed this by stabilizing and replacing broken boards and power washing, sanding, and painting the wood and rubber at the three dog parks. Rachel's project will be sustained by the Williamson County Animal Center Volunteers.

Lily Molina · Troop 510, Service Unit 173

Title of Project: For the Love of Books!
Troop Leader: Vickie Tate-Olexy | Project Advisor: Jennifer Walton and Lisa Morris
For her Gold Award Take Action Project, Lily built a Book Nook for Edmondson Elementary to address the declining rates of pleasure reading in younger children due to screen usage. A third grade Brownie troop will restock the books and ensure the nook stays in good shape. Lily also implemented a Reading Buddies program, where older students assist younger students with reading. The Reading Buddie program will also participate in "read outs" which is where students will select books to read to each other outside! Lily shared her project through a table at the Back to School Fair and a video that will be shown to the Edmondson teachers each year.

Shelby O'Neil · Troop 1708, Service Unit 178

Title of Project: Coding for Kids
Troop Leader: Robyn Helper | Project Advisor: Swann Pruitt
To address the lack of women in coding, Shelby hosted a simple and fun coding class series for kids at a local elementary school and taught an employee so that the program could be continued. In addition to the in person series, Shelby also created an easy to follow YouTube channel with videos educating people on beginner projects and provided each student with a pamphlet with resources if they wanted to continue their coding journey.

Sydnee Pendergraff · Troop 2163, Service Unit 142

Title of Project: Theater Room Goes Green
Troop Leader: Greg Gressel | Project Advisor: Coleen Saunders
For her Gold Award Take Action Project, Sydnee worked to build men's dressing rooms out of eco-friendly and repurposed materials such as cubicles for privacy walls for a theater's green room. She hoped to educate her community on the mission of reduce, reuse, recycle, repurpose though the creation of a social media campaign.

Lillian Phillips · Troop 704, Service Unit 173

Title of Project: Improving Literacy for Inner City Kids
Troop Leader: Carolyn Neiman | Project Advisor: Collin Spindle
Lillian focused on the cycle of poverty and ways to break it for her Gold Award Take Action Project by working to improve interest in reading and learning in underserved areas. She worked on this goal by making the library at Preston Taylor Ministries more kid-friendly as well as sorting and creating a color coding system for the books. She then sent Preston Taylor Ministries and other school organizations a detailed list of instructions for their next library project to create a bigger impact. The library will be maintained by the children at Preston Taylor Ministries.

Ava Ploeckelman · Troop 779, Service Unit 80

Title of Project: Safe Prescription Drug Practices
Troop Leader: Kate Smith | Project Advisor: Jason Bluemlein
Ava discovered a lack of information on safe prescription drug practices. Her goal was to spread information about prescription drug abuse that is proactive, inform people on safe practices, and fill the gaps in the current awareness campaign. She researched how to use prescription drugs safely and created a list of drug take back programs in her city. To spread the information, Ava created a media campaign including a flyer, articles for local news sites, and a radio PSA. By Ava providing people with actionable tips for preventing opioid abuse, her project will be continued long into the future.

Elise Russ · Troop 539, Service Unit 51

Title of Project: Plaque Attack
Troop Leader: Paulette Allen | Project Advisor: Dr. Tara McDuffey
For her Gold Award Take Action Project, Elise conducted presentations for various audience sizes and age levels on the importance of good oral hygiene. In her presentations, Elise was able to offer dental office tours, informational flyers, and provide fun activities. In an effort to increase the impact of her project, Elise also created dental care packages for the homeless and a website so the information can continue to be shared.

Neha Saggi · Troop 316, Service Unit 52

Title of Project: LeadHERship
Troop Leader: Melissa Flatt | Project Advisor: Katie Greenebaum
For her Gold Award Take Action Project, Neha addressed America's female leadership gap by creating and holding the first in a series of nationwide LeadHERship conferences. The conferences focus on education, safe discussion, and action. So far, there are four confirmed LeadHERship conferences scheduled in three states and Neha's school will host a conference annually using the materials and resources created by Neha.

Kira Scott · Troop 882, Service Unit 173

Title of Project: Makerspace Classroom
Troop Leader: Teresa Moore | Project Advisor: Leslie Kruse
Kira worked to inspire students to become more involved in science and engineering by creating a makerspace STEM (Science, Technology, Engineering, and Math) classroom in an underserved school. Makerspaces provide hands-on, creative ways to encourage students to design, experiment, build, and invent as they engage in science, engineering, and tinkering. Kira created lesson plans to complement her makerspace classroom and created a website to share the process.

Margaret Smith · Troop 779, Service Unit 80

Title of Project: The Book Mobile – A Vehicle for Literacy
Troop Leader: Kate Smith | Project Advisor: Martha Hendricks
After learning about Tennessee's low literacy levels in children entering the fourth grade, Margaret took action by creating a Book Mobile and providing books to children through the Summer Food Service Program. Through her program, Margaret distributed books to the Summer Food Service Program which helped children between the ages of 6 and 8 to increase reading proficiency and desire to read. With the help of her local library, she hopes to continue the collaboration between the Summer Food Service Program and libraries in her community.

Chloe Wakham · Troop 2864, Service Unit 152

Title of Project: Oaklands Mansion Backpack Program
Troop Leader: Lindsey Robertson | Project Advisor: Mary Beth Nevills
Growing up as a history buff, Chloe always enjoyed opportunities to learn about the past in a fun and engaging environment. For her Gold Award Take Action Project, Chloe designed a backpack program at Oaklands Mansion. Bags were filled with historical themed crafts, games, and worksheets for kids aged 3-13. Chloe provided Oaklands Mansion with extras of the supplies, and they have pledged to continue her project.

Amanda Weiss · Troop 1474, Service Unit 174

Title of Project: When Wildlife Meets Williamson
Troop Leader: Elizabeth Winkler | Project Advisor: Gina Brawley
Amanda's Gold Award Take Action Project hoped to address the ways in which people interact with wildlife. Her main goal was to spread the message that wildlife is to be observed. Amanda fulfilled this goal by doing a series of presentations at parks and schools where she discussed what to do if you encounter wildlife. To ensure sustainability Amanda distributed postcards with additional information.

Ryleigh Welsh · Troop 779, Service Unit 80

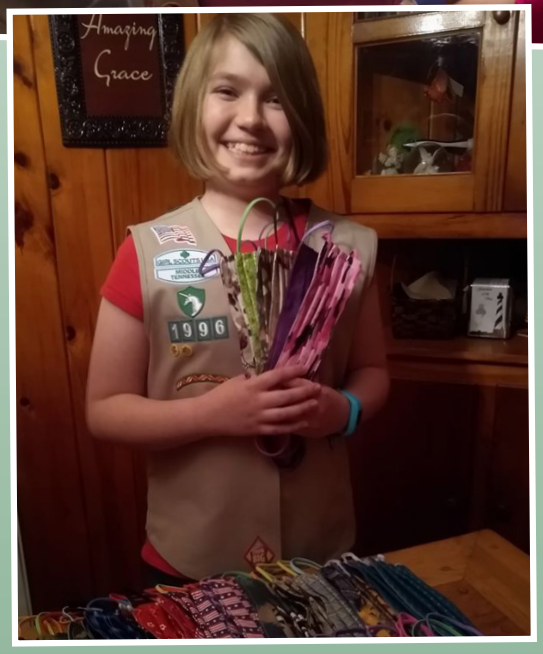
Title of Project: Ingredients for Hope
Troop Leader: Kate Smith | Project Advisor: Tabitha Tackett
Ryleigh worked to reduce the negative perception related to domestic violence victims and provide them with kitchen kits to help reduce the costs of starting over. Ryleigh educated her community on domestic violence statistics and reasons victims return to abuse. Sustainability is achieved through the implementation of a social media campaign, education, and the creation of a how to guide for future campaigns. Through her efforts Ryleigh was able to provide 10 kitchen kits including a cookbook, made by Ryleigh, and other resources for victims.

Brittany Brooke Williams · Troop 2326, Service Unit 142

Title of Project: Fountain Flowers
Troop Leader: Kathy Damewood | Project Advisor: Robert Gilliam
For her Gold Award Take Action Project, Brooke refurbished a fountain in her town square that had fallen into disrepair and made it a working show piece of the courthouse lawn for the community. For sustainability, Brooke reached out to her local newspaper to let them know of her project and made a YouTube video documenting her project progress along with educational tidbits. Finally, the maintenance department will be ensuring the fountain stays in good condition and the plants and grass are well maintained.

gsmidtn

Virtual Girl Scouts of Middle Tennessee



COVID-19: Resuming In-Person Troop Meetings
Considerations and Recommendations

The health and safety of all Girl Scouts and Girl Scout families is our top priority. Troop leaders, Girl Scouts of Middle Tennessee is asking that you take the following recommendations into consideration as you plan for in-person troop meetings to resume. Please know, that we are here to help in any way we can. **If you have questions or concerns, please reach out to your Regional Executive for further assistance.**

In addition, we strongly suggest that you share these guidelines with your Girl Scouts and Girl Scout families prior to resuming in-person meetings. If you feel your troop is unable to take proper safety measures at this time, you may want to consider continuing virtual meetings.

Things to Consider:

- How large is your troop? Smaller groups of 10 or less are easier to maintain.
- What is the age of your troop? Younger ages might struggle to adhere to expanded health and safety protocol and may require additional volunteer support.
- Do you have any girls with underlying health issues such as asthma, diabetes, or other health concerns?
- Do your planned activities discourage shared items and materials?
- Does your meeting space have space for breakout sessions? Do you have enough adult volunteers to split into small-groups and maintain social distancing?
- Have you checked with the parents in your troop? Are they comfortable and ready for in-person meetings to resume?

In-Person Meeting Recommendations:

- Troop meetings should be limited to 60-90 minutes and the number of guests at meetings should be minimal.
- Consider meeting outdoors if the weather allows or in an area that provides adequate ventilation with space for social distancing.
- Ask that all Girl Scouts and volunteers wear a mask that properly covers their mouth and nose. Use this as an opportunity to teach girls about proper face coverings.
- If necessary, clean and disinfect the meeting area before and after meetings
- If hand washing facilities are not available, provide hand sanitizer with at least 60% alcohol.
- Try to provide physical guides, such as signs and tape on floors to ensure girls and adults remain at least six feet apart. Marking paint also works well if meeting outdoors.
- When possible, close or limit activity in shared spaces such as restrooms.
- If providing snack, ask that girls bring their own or provide individually wrapped items.

UPCOMING PROGRAMS

COVID 19 Update: At the time of print, we are moving forward with these programs as scheduled. All programs are subject to change or cancellation in an effort to keep our girls, families, and staff safe. In the event of a cancellation by council, all registrants will receive a full refund. Please visit **gsmidtn.org/calendar** for the most up-to-date program information.

August

Teen Adventure Weekend

Dates: August 14-16, 2020

You've asked and we've answered – here's a weekend at camp just for you! Choose your own adventure, hang out with other Girl Scouts your age, and enjoy time around a campfire. Will you hit a bullseye at archery or make it to the bottom of the zip line? During this weekend you'll be able to pick from a number of activities! Can't commit to the whole weekend? We get it! Come out Saturday and enjoy an action-packed day.

Time: Friday 7 PM – Sunday 10 AM
Location: Camp Sycamore Hills
Staff: Sara Cassese
Min: 25 **Max:** 100
Girl Scout Fee: $45 **Girl Scout Day Fee:** $25

Vaqueras Training

Date: August 15, 2020

Spread the joy of horseback riding with others. Vaqueras are trained to prepare horses and assist participants in the various horse programs offered at Camp Sycamore Hills. Vaqueras will also participate in a riding lesson on days they volunteer after training. *Girls must be at least 12 years of age and in the seventh grade at the time of training. Adult volunteers are welcome too!*

Time: 8 AM – 5 PM
Location: Camp Sycamore Hills
Staff: Ashley Myers
Min: 12 **Max:** 36
Girl Scout Fee: $25 **Adult Fee:** $20

Ponies & Pals

Date: August 16, October 11, November 1, and November 8, 2020

Each participant brings mom, dad, or an adult friend to spend time with the horses at Camp Sycamore Hills. Meet horses in the barn, groom ponies, and try a leadline ride with your favorite adult leading your horse in the arena. This program is especially for Girl Scout Daisies and Brownies. *Be sure to register for the specific date and time you would like to attend.*

Times: 12 – 1:30 PM, 1 – 2:30 PM, 2 – 3:30 PM, 3 – 4:30 PM, 4 – 5:30 PM
Location: Camp Sycamore Hills
Staff: Kathryn Poindexter
Min: 12 **Max:** 24
Girl Scout Fee: $15

Core Camp Training

Dates: August 22-23, 2020

Love to camp? Ready to share that love with others? Attend Core Camp Training, learn techniques to teach younger Girl Scout how to troop camp! After completing Core Camp Training you can lead a Core Camp: Brownie or Junior weekend. Training topics include program planning, budgeting, event communication, and updating your outdoor expertise!

Time: Saturday 10 AM – Sunday 11:30 AM
Location: Camp Holloway
Staff: Sara Cassese
Min: 15 **Max:** 50
Girl Scout Fee: $35 **Adult Fee:** $15

Brownie First Nighter

Date: August 29-30, 2020

Come spend the night at camp with your fellow Brownies! Experience outdoor fun as you craft, explore nature, learn fire safety, and enjoy delicious s'mores. *Lunch, dinner, and breakfast are included, as well as fun patch. Please observe girl to adult Safety Activity Checkpoint ratios.*

Time: Saturday 10 AM – Sunday 10 AM
Location: Camp Holloway
Staff: Lauren Reichstein
Min: 50 **Max:** 135
Girl Scout Fee: $35 **Adult Girl Scout Fee:** $15

Icon Key:

- Equestrian Focused
- Works toward a Badge or Award
- Teen Mentor Training

Equines Inside Out

Date: August 30, 2020

Peek inside our very own Camp Sycamore Hills giants. Make your own paint and use the Girl Scout horses as a living canvas to paint their musculoskeletal structures. Learn about how bones and muscles work together to create motion. It will be an exciting afternoon filled with anatomy and fun!

Time: 1 – 5 PM
Location: Camp Sycamore Hills
Staff: Jen Vaughn
Min: 12 **Max:** 32
Girl Scout Fee: $30

September

Girl Scouts Love State Parks

Date: September 13, 2020

Join Girl Scouts and Tennessee State Parks for a weekend of adventure, exploration, and fun! Families or troops can choose any state park to take part in this nation-wide program. Camp, plan a day hike, or join an organized activity to show support for these valuable resources in our own backyard! More information will be available on the Tennessee State Parks and GSMIDTN websites.

Time: 8 AM – 5 PM
Location: Any Tennessee State Park
Staff: Lauren Reichstein
Min: Varies by Park **Max**: Varies by Park
Girl Scout Fee: Free **Adult Girl Scout Fee**: Free

Core Camp: Brownie

Date: September 19-20, 2020

Are you a first time camping troop and want a little help? Core Camp: Brownies is the one-night camping event you are looking for! Attending troops will participate in activities like games, songs, and crafts. This event is led by older girl troops who have been trained to guide new camping troops through this adventure. Kapers such as flag ceremonies, Girl Scout's Own, cleaning, and campsite care will be shared by attending troops. You will prepare your own meals over the campfire. *All food and supplies are provided for lunch, dinner, and breakfast. Please observe girl to adult Safety Activity Checkpoint ratios.*

Location: Camp Piedmont
Time: Saturday 10 AM – Sunday 10 AM
Staff: Sara Cassese
Min: 25 **Max:** 50
Girl Scout Fee: $40 **Adult Fee:** $15

Space Investigators

Date: September 12, 2020

This program is part of our Girl Scouts Love State Parks program. Participants will have the opportunity to earn their Space Science badge and the exclusive Girl Scouts Love State Parks patch! If you are planning to camp overnight, you will be required to make your own arrangements.

Time: 7 PM – 10 APM
Location: Pickett State Park
Staff: Alice LaBour
Min: 50 **Max:** 135
Girl Scout Fee: $10

Core Camp: Junior

Date: September 26-27, 2020

Core Camp is an excellent opportunity for younger troops to learn the basics of troop camping from older Girl Scouts. In this one-night camping event troops will learn camp skills, outdoor cooking, and more while participating in games and other fun activities. This is a troop event, Leader(s) & co-leaders are welcome but please minimize the number of extra adults attending (within Safety activity checkpoints ratios) so we have more bunk space for girls.

Time: Saturday 10 AM – Sunday 10 AM
Location: Camp Holloway
Staff: Sara Cassese
Min: 25 **Max**: 35
Girl Scout Fee: $40 **Adult Girl Scout Fee**: $15

October

Animal and Naturalist Badge Blast

Date: October 10, 2020

Discover and work towards completing the Animal and Naturalist badges! Badges include: Brownie: Bugs and Pets; Junior: Flowers and Animal Habitats; Cadette: Trees and Animal Helpers; Senior: Sky and Voice for Animals.

Time: 10 AM – 3 PM
Location: Camp Holloway
Staff: Alison Peters
Min: 75 **Max**: 100
Girl Scout Fee: $15

Do Dads

Date: October 10-11, 2020

Singing, camping, wood shop creating, and s'mores making is right up a Girl Scout's alley, but do you know who else loves those activities too? Well dads do! Come experience the great outdoors with your dad, grandad, uncle, or adult brother while also getting to work on a camp service project! Please register for your preferred sleeping option.

Sleeping Options:
Cabin - Girl Fee: $60; Adult Fee: $25
Screened Cabin - Girl Fee: $55; Adult Fee: $25
Pitched Tent - Girl Fee: $50; Adult Fee: $25

Time: Friday 7 PM – Sunday 10 AM
Location: Camp Sycamore Hills
Staff: Sara Cassese
Min: 30 **Max**: 84
Girl Scout Fee: $50-$60 **Adult Girl Scout Fee**: $25

Girl Scouts Titan Up!

Date: October 17, 2020

Are you ready for a Titans Weekend Experience? Enjoy a behind-the-scenes tour of Nissan Stadium, meet Titans Staff, visit T-Rac's lair, check out Titans gear and equipment and so much more. Come cheer on the Titans at the game the following Sunday against the Houston Texans. This event is open to Girl Scouts and their families.

Time: 1 PM – 3:30 PM
Location: Nissan Stadium, Nashville
Staff: Sara Cassese
Min: 50 **Max**: 750
Girl Scout Fee: $30 **Adult Girl Scout Fee**: $30

Fall into Girl Scouts

Date: October 24, 2020

What better way to kick-off your Girl Scout year than coming to Camp Sycamore Hills for a day of camp fun? Sample some camptivities, meet fellow Girl Scouts, make memories, and explore the many resources available to Girl Scouts. Limited adventure activities will be available for an additional fee. Lunch will be available for purchase, but you should plan to bring your own water and snacks. Please plan to carpool - parking at camp is limited.

Time: 9 AM – 4 PM
Location: Camp Sycamore Hills
Staff: Lauren Reichstein
Min: 25 **Max**: 500
Girl Scout Fee: $10

November

Cadette Journey Weekend: Media

Date: November 13-15, 2020

Explore media and find out how to reshape negative media messages into more positive ones. Spend this fun weekend working to complete the Journey and get started on your Take Action Project. You will receive a $2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM
Location: Camp Sycamore Hills
Staff: Elizabeth Homco
Min: 25 **Max**: 60
Girl Scout Fee: $60 **Adult Girl Scout Fee**: $25

Junior Journey Weekend: aMuse

Date: November 13-15, 2020

Juniors are amused by the people around them. What are they like, how do they do that, why do they do what they do? This weekend the girls will try on different hats representing the different roles that women play. Girls will be inspired by the discovery of so many possibilities! You will receive a $2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM – Sunday 10 AM
Location: Camp Sycamore Hills
Staff: Lanny Brown
Min: 50 **Max**: 100
Girl Scout Fee: $60 **Adult Girl Scout Fee**: $25

Senior Journey Weekend: Mission Sisterhood

Date: November 13-15, 2020

A smorgasbord of sisterhood awaits you this weekend. Explore the diversity of friendship and sisterhood through visual, performing, and culinary arts. Some pre and post work is required to complete awards, including completing the Take Action Project. You will receive a $2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM – Sunday 10 AM
Location: Camp Holloway
Staff: Alison Peters
Min: 20 **Max**: 40
Girl Scout Fee: $60 **Adult Girl Scout Fee**: $25

Ambassador Journey Weekend: Bliss

Date: November 13-15, 2020

Creativity counts when it comes to confidence. Build confidence in your dreams by exploring the world of music, installation art, fashion design, drawing, and street art. Some pre and post work is required to complete awards, including completing the Take Action Project. You will receive a $2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM – Sunday 10 AM
Location: Camp Holloway
Staff: Alison Peters
Min: 20 **Max**: 40
Girl Scout Fee: $60 **Adult Girl Scout Fee**: $25

Program Aide Core Training

Date: November 21, 2020

Hey Cadettes! Did you enjoy earning your Leadership in Action? Want to learn more skills to help younger Girl Scouts? Program Aides are those Cadettes who are committed to helping out a troop, service unit, or council program. So come build your leadership skills in this first step towards your Program Aide Award!

Time: 1 PM – 4 PM
Location: Montgomery County
Staff: Elizabeth Homco
Min: 5 **Max**: 20
Girl Scout Fee: $30

December

Nashville Christmas Parade

Date: December 5, 2020

Walk with fellow Girl Scouts in the Nashville Christmas Parade! Dress in your festive outfit, bring signs and banners, and enjoy some holiday cheer!

Time: TBA
Location: Downtown Nashville
Staff: Elizabeth Homco
Min: 25 **Max**: 300
Girl Scout Fee: $5

Polar Express

Date: December 12 & 13, 2020

Take a trolley ride on the Polar Express in your favorite PJs! Visit Santa's Workshop and build a toy to take home, then see Saint Nick and enjoy holiday treats by the fire. We will be holding a warm clothing drive to benefit those in need. If you're able, please bring socks, mittens, gloves, hats, or scarves to donate. Please sign up for the specific session time that you would like to attend.

Siblings may attend but must be registered in CouncilAlignMENT prior to the program. Adults may not be able to ride the trolley if space is limited. This is not a drop-in event.

Dates & Times:

Saturday, December 12: 11:30 AM – 1 PM, 12 – 1:30 PM, 12:30 – 2 PM, 1 – 2:30 PM, 2 – 3:30 PM, 2:30 – 4 PM, 3 – 4:30 PM, 3:30 – 5 PM

Sunday, December 13: 12 – 1:30 PM, 1 – 2:30 PM, 1:30 – 3 PM, 2 – 3:30 PM, 2:30 – 4 PM

Location: Camp Sycamore Hills
Staff: Lanny Brown
Min: 10 **Max**: 25
Girl Scout Fee: $30 **Adult Girl Scout Fee**: $5

Polar Express: Night Time Spectacular

Date: December 12, 2020

Take a trolley ride on the Polar Express in your favorite PJs. Enjoy a spectacular light show around Camp Sycamore Hills while participating in a sing-a-long of your favorite Christmas carols. Visit Santa's Workshop and build a toy to take home, enjoy holiday treats by the fire, then listen to Saint Nick read your favorite Christmas book. We will be holding a warm clothing drive to benefit those in need. If you're able, please bring socks, mittens, gloves, hats, or scarves to donate. Please sign up for the specific session time that you would like to attend.

Siblings may attend but must be registered in CouncilAlignMENT prior to the program. Adults may not be able to ride the trolley if space is limited. This is not a drop-in event.

Times: 7 – 8:30 PM, 7:30 – 9 PM
Location: Camp Sycamore Hills
Staff: Lanny Brown
Min: 10 **Max**: 25
Girl Scout Fee: $35 **Adult Girl Scout Fee**: $5

January

Art Mayhem

Date: January 9, 2021

Do you love to draw the world around you? Create masterpieces with hands-on crafts or even design your own jewelry? Join us for a day of fun learning from experienced artists about sketching with charcoal pencils, creating master pieces with acrylic paint, designing your own horse hair key chain and more! Girls will be able to pick and choose which art stations they would like to participate in. All art supplies are suppled and girls will be able to take home their creations.

Time: 1 PM – 4:30 PM
Location: Camp Sycamore Hills (Red Barn)
Staff: Ashley Myers
Min: 20 **Max**: 60
Girl Scout Fee: $35

Vaquera Training

Date: January 16, 2021

Spread the joy of horseback riding with others! Vaqueras are trained to prepare horses and assist participants in the various horse programs offered at Camp Sycamore Hills. Vaqueras will also participate in a riding lesson on days they volunteer after training. Girls must be at least 12 years of age and in the seventh grade at the time of training. Adult volunteers are welcome too!

Time: 8 AM – 3 PM
Location: Camp Sycamore Hills
Staff: Ashley Myers
Min: 6 **Max**: 30
Girl Scout Fee: $25 **Adult Girl Scout Fee**: $25

Thin Mint Sprint

Date: January 23, 2021

Come join us for the 1st Annual Thin Mint Sprint 5k! Register to run, jog, or walk in either the 5K or the 1 mile Fun Run! Girl Scouts will receive a fun patch. Stick around after your run or walk and enjoy Girl Scout Cookies and hot chocolate. This event is open to the public so bring your friends! More information about registration and volunteer opportunities will be coming soon.

Time: 8:30 AM – 11 AM
Location: Camp Sycamore Hills
Staff: Alison Peters
Min: 100 **Max**: 300
Girl Scout Fee: $25 **Adult Girl Scout Fee**: $25

View our full events listing online at gsmidtn.org/calendar.

Bravely Be You!

2020 Fall Product Program

Magazine, Candy, & Nuts Online Orders Begin: August 11, 2020

Candy & Nuts Orders End: September 25, 2020

Candy & Nuts Delivered to Service Units: October 17, 2020

Magazine Online Orders End: October 31, 2020

Rewards Arrive to Service Units: November/December 2020

Host a Fall Product Rally!

Fall Product Rallies are a great way to start off your Girl Scout Year.

Troops earn **20%** from Fall Product sales that can be used for purchasing troop materials at the Cabin, attending a program, or going on an exciting adventure!

Tracy Tudder
Product Programs Manager
(615) 460-0202
TTudder@gsmidtn.org

Kathleen Roder
Product Programs Assistant
(615) 460-0209
KRoder@gsmidtn.org

ADULT TRAININGS & ENRICHMENT

Adult Trainings *are required to make a property reservation on CouncilAlignMENT and consist of tips to make your camping experience a great one!*

Camping Skills 1 & 2

Camping Skills 1 & 2 prepares leaders to camp or travel with their girls.

August 29 · *Camp Holloway*
October 11 · *Camp Holloway*
November 14 · *Camp Piedmont*
December 12 · *Camp Holloway*
January 24 · *Camp Sycamore Hills*

First Aid/CPR/AED Training

Red Cross First Aid/CPR/AED is designed for those who have never taken a full certification course or who have an expired certification. *Troops must have someone certified in First Aid/CPR/AED on camping trips and when traveling.*

September 12 · *Manchester County TBA*
October 17 · *Nashville Service Center*
November 21 · *Nashville Service Center*

Commercial Kitchen Training

Commercial Kitchen is designed to teach proper use, cleaning, and maintenance of equipment at our camps. *Troops must have someone certified in Commercial Kitchen Training when serving 50 or more participants.*

August 8 · *Camp Sycamore Hills*
October 25 · *Camp Holloway*

Girl Scouts of Middle Tennessee is pleased to offer Camping Skills 1, Camping Skills 2, and First Aid/CPR training free of charge to one adult in every troop!
For more details, contact Volunteer Resources at VolunteerResources@gsmidtn.org.

Adult Adventure/Volunteer Enrichment Weekend

September 25-27, 2020 · *Camp Sycamore Hills*

AAW and VEW are joined together this year for a fun experience! Adult volunteers will be able to try everything camp has to offer along with informative conference style workshops.
Stay tuned for more details and registration information coming soon!

WANT TO SEE EVERYTHING WE HAVE COMING UP?

View our online events calendar at gsmidtn.org/calendar.

LA ESQUINA EN ESPAÑOL
THE SPANISH CORNER

Reaching our Goals!

During this year's cookie season, the girls of Troop 6020 set a goal to sell 1,000 boxes of cookies as a troop. Each girl worked very hard with their individual sales, but it was during booth sales where they were able to make their goal a reality. As they prepared for booth sales, they wanted to established different roles for each girl so the cookie sale process would be easier for them and their customers. They asked themselves, "What makes a successful cookie booth sale?" As they identified those key parts, they took turns practicing with role play. Their preparations lead to a successful cookie season by not only reaching their goal but surpassing it – selling over 1,600 boxes of cookies!

¡Alcanzando Nuestras Metas!

Durante la temporada de galletas de este año, las niñas de la Tropa 6020 se fijaron la meta de vender 1,000 cajas de galletas como tropa. Cada niña trabajó muy duro con sus ventas individuales, pero fue durante las ventas de mesa donde fueron capaces de hacer realidad su objetivo. Mientras se preparaban para las ventas de mesa, querían establecer diferentes roles para que el proceso de ventas fuera más fácil para ellas y sus clientes. Se preguntaron: "¿Qué hace una venta de mesa exitosa?" Al identificar esas partes claves, se turnaron para practicar con juegos de rol. Su preparación las llevo a una temporada exitosa de galletas no sólo alcanzando su objetivo, sino superándolo, ¡vendiendo más de 1,600 cajas de galletas!

If you would like to be involved in our Latino Outreach initiative or volunteer with one of our Latina troops, please contact Sofia Guerrero at SGuerrero@gsmidtn.org or (615) 460-0229. Volunteers are needed. Bilingual and non-bilingual volunteers are welcomed.

Si le gustaría participar en nuestra iniciativa de alcance Latino o ser voluntario con una de nuestras tropas latinas, comuníquese con Sofia Guerrero en SGuerrero-gsmidtn.org o (615) 460-0229. Se necesitan voluntarios. Voluntarios bilingües y no bilingües son bienvenidos.

girl scouts
of middle tennessee

4522 Granny White Pike
Nashville, TN 37204
www.gsmidtn.org

Today's Girls *Tomorrow's Leaders*

Girls dress up for "Career Day" as part of GSMIDTN Virtual Girl Scouts programming.

Girl Scouts in Middle Tennessee have an extensive variety of opportunities to connect with their local communities by participating in Girl Scout traditions that include leadership, outdoor skills, camping, and community service in a setting filled with friendship, learning, and fun. Girl Scouts are committed to the mission of making their communities and their world a better place.

Register for ***Girl Scouts of Middle Tennessee*** online at **gsmidtn.org/join**!