



COVID-19: Resuming In-Person Troop Meetings Considerations + Recommendations

The health and safety of all Girl Scouts and Girl Scout families is our top priority. As a troop leader, Girl Scouts of Middle Tennessee is asking that you take the following recommendations into consideration as you plan for in-person troop meetings to resume. Please know, that we are here to help in any way we can. **If you have questions or concerns, please reach out to your Regional Executive for further assistance.**

In addition, we strongly suggest that you share these guidelines with your Girl Scouts and Girl Scout families prior to resuming in-person meetings. If you feel your troop is unable to take proper safety measures at this time, you may want to consider continuing virtual meetings.

Things to Consider:

- How large is your troop? Smaller groups of 10 or less are easier to maintain.
- What is the age of your troop? Younger ages might struggle to adhere to these guidelines and may require additional volunteer support.
- Do you have any girls with underlying health issues such as asthma, diabetes, or other health concerns?
- Do your planned activities discourage shared items and materials?
- Does your meeting space have space for breakout sessions? Do you have enough adult volunteers to split into small-groups and maintain social distancing?
- Have you checked with the parents in your troop? Are they comfortable and ready for in-person meetings to resume?

In-Person Meeting Recommendations:

- Troop meetings should be limited to 60-90 minutes and the number of guests at meetings should be minimal.
- Consider meeting outdoors if the weather allows or in an area that provides adequate ventilation with space for social distancing.
- Ask that all Girl Scouts and volunteers wear a mask that properly covers their mouth and nose. *Use this as an opportunity to teach girls about proper face coverings.*
- If necessary, clean and disinfect the meeting area before and after meetings
- If hand washing facilities are not available, provide hand sanitizer with at least 60% alcohol.
- Try to provide physical guides, such as signs and tape on floors to ensure girls and adults remain at least six feet apart. Marking paint also works well if meeting outdoors.
- When possible, close or limit activity in shared spaces such as restrooms.
- If providing snack, ask that girls bring their own or provide individually wrapped items.