

BROWNIE: MAKING FRIENDS

Hey Girl Scout! Are you shy or quiet, or you just need more friends in your life? This is the badge for you. Find out how to make new friends, keep old friends, and be the best Brownie friend you can be. When you have earned this badge, you'll know how to be a good friend.

Step 1: Make friendly introductions.

1. Making a new friend can be as simple as introducing yourself. It is nice to share something about you when you introduce yourself, or one something about a friend when you are introducing them.
2. Ask your parents to introduce you to one of their adult friends. Tell that person something about yourself, and ask something about them.

Supplies:

1. None

Step 2: Show friends you care.

1. Good friends remind one another of what makes them special and help each other feel better when something goes wrong.
2. Write a name poem of a friend's name. Write their name vertically down a piece of paper. Then beginning with each letter of the friend's name, write something nice about that friend. This could be something they do well, or one of the reasons you like being their friend.

Supplies:

1. Paper
2. Pencils

Step 3: Share favorite activities.

1. A great way to show a friend you care is to pay special attention to what is important to them. Just because you are friends does not mean you like the same things.
2. Try a game or activity that's new to both of you. With a friend, find something new you'd both like to do, and try it out together. We all learn in different ways, so ask for their help when you need it and offer yours when they need it.

Supplies:

1. Items you need for activity.

Step 4: Learn how to disagree.

1. Disagreement is when you don't feel the same way as a friend. It is okay to feel different. You can still be friends! The important thing is to be a good friend while you disagree.
2. Find kind words. Words can hurt, so it is important to use nice ones when you disagree. With your Brownie friends, make a list of words that make you feel good. Practice using the words to say kind things.

Supplies:

1. Paper
2. Pencils

Step 5: Practice friendship.

1. Now it is time to practice your friend skills. First make a list of the top three things you have discovered that make someone a great friend.
2. Then sit at a different table or area at lunch, or sit with a different group at recess. You might bring an old friend with you and make new friends together.
3. Or invite another Brownie group to an activity. What about a tea party, a journey field trip, or a meeting with games?