

JUNIOR: PLAYING THE PAST

Hey Girl Scout! Dream up a character: a girl or woman who lived in another time period. Maybe a poodle-skirt-wearing Girl Scout from the 1950s, a Wild West cowgirl, a medieval duchess, or a Japanese princess from long ago? You can be someone who really existed or a historical woman from your imagination. Give yourself a new name and get ready to live history!

Step 1: Decide who you are

1. Start by picking a time period and do a little research. Find out what girls did and what they liked.
2. Once you have picked your character write a diary from her perspective about your daily life.

Supplies:

1. Computer with internet
2. Pen
3. Paper

Step 2: Create a costume

1. Now it's time to create a costume that matches your character's lifestyle and time period.
2. Does some research for inspiration; see what kind of clothes and accessories girls in your characters time period wore.
3. Pretend you are a fashion designer and make some fun accessories from your character's time period. This could be a hat, necklace or even a shield!

Supplies:

1. Computer with internet access
2. Materials to make an accessory

Step 3: Experience daily life

1. Immerse yourself in your character's time period. Think about what her lifestyle would have been like, and live it out. Spend a day seeing the world through your character's eyes.
2. Do some research and find a recipe of a typical dish from that time period.
3. Add the recipe to your characters diary!
4. With an adults help make the dish for your family and friends.

Supplies:

1. Computer with internet
2. Pen
3. Paper
4. Cooking supplies and ingredients

Step 4: Have some old-fashioned fun

1. Draw a picture from your characters point of view. It can be of her house, her favorite place to go or an animal she loves.

Supplies:

1. Colored Pencil/markers
2. Paper

Step 5: Become your character

1. Now, act as your character. Wear your costume and tell your family and friends all about your character and her time period.
2. Share the food you made with your family!

Supplies:

1. Your characters costume
2. The dish you made in Step 3