

Mission: Mask Making

Learn how to sew masks and where you can donate them!



What will I need?

- Two 10"x6" rectangles of cotton fabric
- Two 6" pieces of elastic (or rubber bands, string, cloth strips, or hair ties)
- Needle and thread (or bobby pin)
- Scissors
- Sewing machine

Where should I go?

When using the sewing machine make sure it is on a stable table and an area with good light.

Parents corner

This method requires a sewing machine and might need some parental assistance.


girl scouts
of middle tennessee

What do I already know?

- Why is it important to make home made masks?
- Where is it important to wear a mask?
- What are some of the heroes (essential workers) jobs in your community?
- What is are some of the guidelines the state of Tennessee has put about for your safety during this time?



INSTRUCTIONS

- Step 1: Cut out two 10-by-6-inch rectangles of cotton fabric. Use tightly woven cotton, such as quilting fabric or cotton sheets. T-shirt fabric will work in a pinch. Stack the two rectangles; you will sew the mask as if it was a single piece of fabric.
- Step 2: Fold over the long sides $\frac{1}{4}$ inch and hem. Then fold the double layer of fabric over $\frac{1}{2}$ inch along the short sides and stitch down.
- Step 3: Run a 6-inch length of $\frac{1}{8}$ -inch wide elastic through the wider hem on each side of the mask. These will be the ear loops. Use a large needle or a bobby pin to thread it through. Tie the ends tight.
- Don't have elastic? Use hair ties or elastic head bands. If you only have string, you can make the ties longer and tie the mask behind your head.



INSTRUCTIONS (continued)

- Step 4: Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the mask on the elastic and adjust so the mask fits your face. Then securely stitch the elastic in place to keep it from slipping.
- There are many different ways and methods to make masks. YouTube is a great resource for how to and helpful videos for your mask making mission!



What did I learn?

What organization/s in your area did you donate your mask to?

What are some other ways you can give back to your community during this time?



GREAT JOB

WANT TO SHARE YOUR GREAT WORK?

Have your parents upload all of your fabulous work to their Facebook or Instagram Pages and tag @GSMIDTN so all of your Girl Scout sisters can see too!

