

# Together Time: Memorable Moments

Create a memory box filled with pictures and stories.



## WHAT WILL I NEED?

- Box or Large Jar
- Photos
- Magazines or paper to draw on
- Pens and Pencils

## WHERE SHOULD I GO?

Find a clear table or other crafting space.

## PARENTS CORNER

Campers may want to use photos that you do not yet have copies of.

  
girl scouts  
of middle tennessee

# INSTRUCTIONS

- 1) Find a box or large jar that you can fill and decorate.
- 2) Think of a theme for the box. Perhaps for an event, another person, yourself, or a time frame.
- 3) Collect photos that remind you of your theme. Be sure to ask permission before using real pictures in case there are no other copies.
  - \* You can also cut out magazine images, print clip art, or draw your own portraits.
- 4) On the back of each image, write something that explains what the image reminds you of.
- 5) Decorate your box! Be creative.
- 6) Display or gift your box.



# Friendship Bracelets: Diagonal

Learn the basics of making bracelets and some fun variations!



## WHAT WILL I NEED?

- String (up to 4 colors)
- Scissors

## WHERE SHOULD I GO?

Find a quiet seated space to learn.

## PARENTS CORNER

Warning. Your home may soon be filled with bits of string and bracelets!

If campers use tape, the tape may take paint off of surfaces.

  
girl scouts  
of middle tennessee

## INSTRUCTIONS (continued)

Diagonal Technique:

\* Cut as many strings as you want (video has 6).

1. Gather all of your strings, and tie an overhand knot at the top, using all of your strings.

2. Fasten your knot to a clipboard, binder clip, or tape to a table or wall.

3. Start by using the farthest left string to wrap around the others, one at a time. After you use the 4 knot on one string, move to its neighbor string and repeat.

4. After you have used one color all the way across from left to right, SWAP colors.

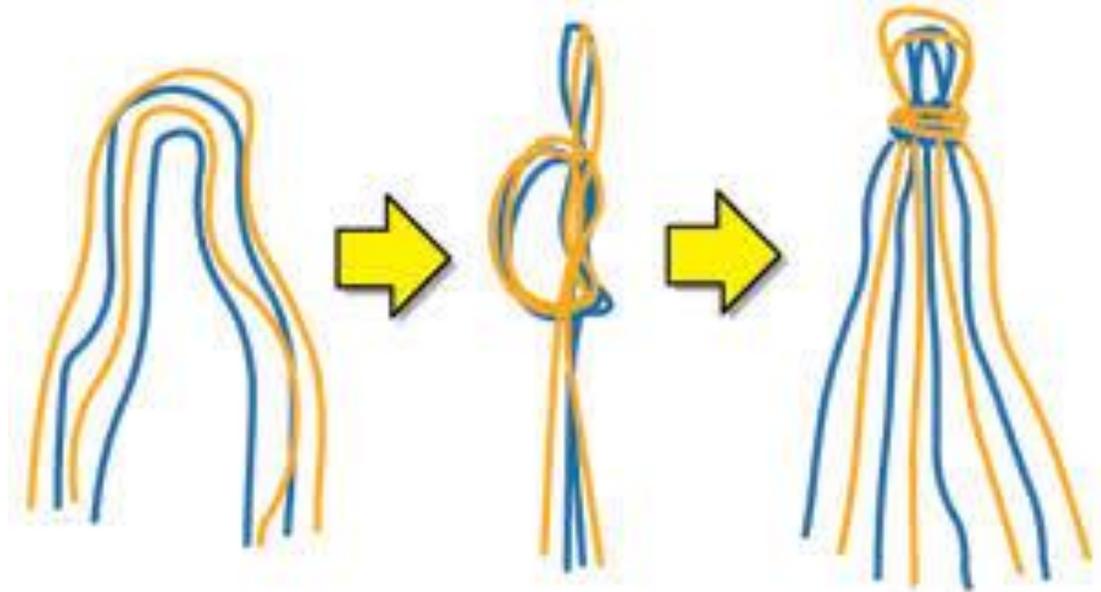
5. When finished gather all of your strings and tying an overhand knot using all of the strings together.

\* Picture will be on another page.

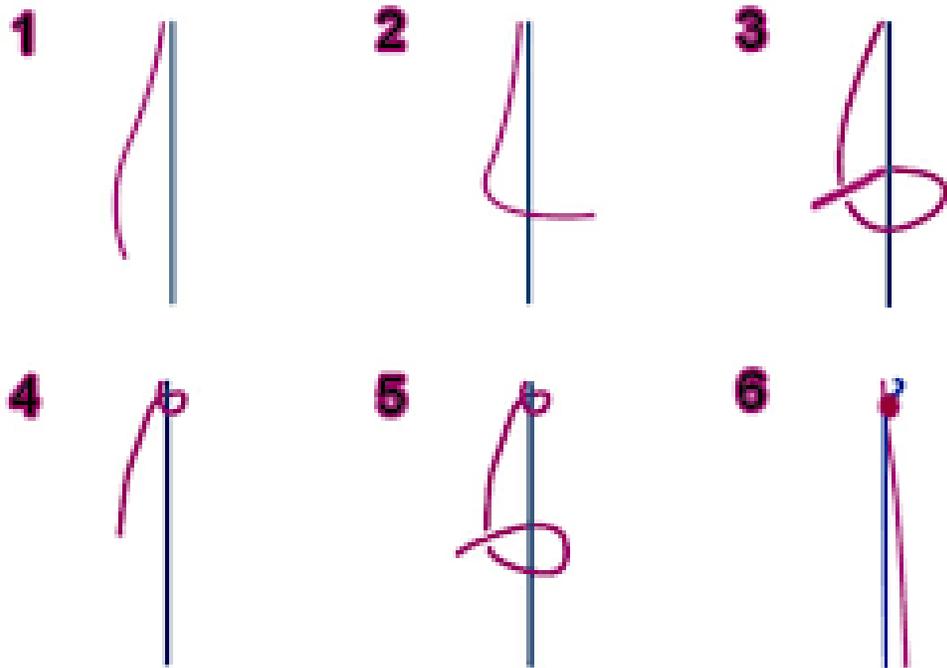


# INSTRUCTIONS (continued)

## How to Start Your Bracelet (V-Pattern)



## Spiral Bracelet Technique



# INSTRUCTIONS (continued)

V Pattern Example



Diagonal Example:



# Kapers: Minute to "Clean" It

How fast can you clean?



## WHAT WILL I NEED?

- Cleaning Supplies
- List of Tasks

## WHERE SHOULD I GO?

This is designed as an inside kaper, but you can change it to include outside kapers too.

## PARENTS CORNER

# INSTRUCTIONS

You only have 60 seconds. Can you clean in time?

Use the tasks provided or brainstorm together to create your own list. Can you beat the timer? Better get your supplies out and ready. Time flies!

Challenge yourself to beat your goal for each task, or challenge each other as a family. Who will finish first? Each task has a 60 second timer. Good luck!

- How many door knobs can be cleaned?
- Match as many socks as possible.
- How many clothes can you fold or hang up?
- Unload the dishwasher without breaking dishes.
- Sweep as much dirt off of the floor as possible.
- Make your bed completely

What 60 second kapers can you add?



# Snack: Sandwich Roll-ups

Roll into the kitchen to roll out these tasty snacks for everyone!

## WHAT WILL I NEED?

- Bread or tortilla
- Sandwich spread
- Optional:  
lunchmeat
- Sliced cheese
- Thin Veggie Sticks



## WHERE SHOULD I GO?

Head to the kitchen to make today's snack!

## PARENTS CORNER

Veggie sticks can be sliced and stored ahead of time for convenience.  
Filling can be easily swapped.

  
**girl scouts**  
of middle tennessee

# WHAT DO I ALREADY KNOW?

1) What is your favorite sandwich?

2) How many servings of veggies should you eat every day?

3) What are some rules to follow to stay clean and healthy when preparing food? (Hint: wash hands)



# INSTRUCTIONS

Fillings can be easily swapped for dietary differences, preferences, or allergen avoidance.

- 1) Lay out a tortilla or use a rolling pin to flatten out a piece of bread. (removing crust is optional)
- 2) Spread condiment over one side.
- 3) Next make a layer of meat and then cheese.
  - a) Leave  $\frac{1}{4}$  to  $\frac{1}{2}$  inch on one end with no filling to roll “sushi” completely.
- 4) Place a couple thin veggie sticks at the bottom of the bread/tortilla.
- 5) Tightly roll your sandwich up from the bottom.
- 6) Make sure the veggies are snug inside of the roll.
- 7) Slice and enjoy!



# INSTRUCTIONS (continued)

## Fun Variations:

- Nut Butter and Jelly
- Use ½ cheese stick instead of slices
- Try different types of veggies
  - Spinach, carrot, cucumber, red bell pepper
- Dip your slices in ranch or other salad dressing
  - Spread dressing on the bread instead
- Use nut butter, thin apple slice, and cinnamon for a sweeter option
- Use canned chicken or tuna
- Warm it in the microwave
- Grill it in a skillet
- Make it vegetarian



# Game Time 4/14

Try out these two fast paced challenges. Race against your own score or challenger!



## WHAT WILL I NEED?

- 7 pencils per person (unsharpened)
- Several Dice
- Wide craft sticks

## WHERE SHOULD I GO?

Find a table either inside or outside for these games.

## PARENTS CORNER

# INSTRUCTIONS

## Pencil Flip!

- For this game each player should have 7 pencils.
- Lay 3 pencils separately on a table and then two pairs, all next to each other.
- Begin by placing the first pencil on the back on your hand (near your knuckles).
- Toss the pencil into the air and grab it before it falls.
- If successful, add the next pencil in the line. Now you are placing two pencils on your hand.
- If successful, add the next single pencil. Then add the first pair, and finally the last pair.
- First person finished wins, or challenge your record time!

Later on, you can add more levels of pencils to make this more challenging.



# INSTRUCTIONS (continued)

## Getting Dicey

- For this challenge, each player will be timed and needs their own wide craft stick or something similar. The number of dice, as well as distance between the dice, can be changed based on age level.
- Set up the challenge by spacing dice out around the edge of a table.
- Place one end of the craft stick between your teeth and hold steady.
- Start the timer.
- Grab the first die and place it on your craft stick.
- Without dropping your die, move to the next and carefully add it on top of the first die.
- Continue moving on and stacking dice on top until you are either out of time or out of dice.
- If you drop your dice, pick them up and restart at the last successful stack point.

*Be creative in ways to make it fun and challenging.*



# Moose Song

There was a moose  
He liked to drink a lot of juice  
There was a moose  
He like to drink a lot of juice

Chorus:  
Singin' o-way-o way-o  
Way-o way-o way-o way-o  
Way-o way-o  
Way-o way-o way-o way-o

The moose's name was Fred  
He liked to drink his juice in bed  
The moose's name was Fred  
He liked to drink his juice in bed  
Chorus

He drank his juice with care  
But he got it in his hair  
He drank his juice with care  
But he got it in his hair  
Chorus

This is the end of the song  
and were glad you sang along  
This is the end of the song  
and were glad you sang along.  
Chorus

# Magic

When I was young I thought the stars were made for wishing on  
And every hole deep in a tree must hide a leprechaun  
Old houses all had secret rooms if one could find the key  
I do believe in magic, I believe.

Chorus

*Magic is the sun that makes a rainbow out of rain  
Magic keeps the dream alive to try and try again  
Magic is the love that stays when good friends have to leave  
I do believe in magic, I believe.*

As I grew up, the grown ups said, one day I'd wake to find  
That magic was a childish game I'd have to leave behind  
Like clothes that would no longer fit and toys that I'd ignore  
I'd not believe in magic any more.

Chorus

But now that I have grown I've found, much to my surprise  
That magic didn't disappear, it took a new disguise  
A child, a friend, a smile, a song, the courage to stand tall  
I still believe in Magic, after all

Chorus

**GREAT JOB**

## **WANT TO SHARE YOUR GREAT WORK?**

Have your parents upload all of your fabulous work to their Facebook or Instagram Pages and tag @GSMIDTN so all of your Girl Scout sisters can see too!

