

# Together Time: Blind Maze

Can you navigate your family through a maze when they can't see?



## WHAT WILL I NEED?

- Blindfold
- Random objects
- Easily movable furniture, boxes, etc.

## WHERE SHOULD I GO?

This is designed as an inside activity but can be adjusted to head outside.

## PARENTS CORNER

We encourage adults to keep an eye on this activity and/or to have a few people not blindfolded involved if possible.

# INSTRUCTIONS

In one room, set up some easy obstacles, such as a pillow to step over. Remember to clean up everything you set up afterwards.

One person will close their eyes or use a blindfold to cover their eyes.

Using your words only, guide your partner through the room. You want your partner to be safe and avoid all furniture and obstacles.

After they make it to the other side, have them open their eyes and see the objects they avoided.

Switch roles! Have your partner change the obstacles while you close your eyes.

After they use their words to guide you through the room, talk about what was helpful and what was confusing.



# Silhouette Painting D, B, Jr

Grab your favorite small toy and head outside for this fun art project!

## WHAT WILL I NEED?

- White Paper or canvas
- Pencil
- Paint
- Paintbrushes
- Toy of choice



## WHERE SHOULD I GO?

Head outside on a sunny day. Make sure that you have a long shadow.

## PARENTS CORNER

This activity is best done when the sun is rising or setting.

# INSTRUCTIONS

Grab a favorite toy, such as a plastic animal, and your painting supplies and head outside.

Place your paper onto a table or solid surface. Place your toy at one end of the paper to create a shadow. (Use multiple toys for a scene.)

Trace around your toy to create an outline.

Paint your new portrait.



# Silhouette Painting: C, S, Amb.

Create your own masterpiece.

## WHAT WILL I NEED?

- White Paper or Canvas
- Paintbrushes
- Paint
- Pencils to trace or freehand



## WHERE SHOULD I GO?

This is an inside craft.  
Find a table or flat craft space.

## PARENTS CORNER

Girls may want to print off a template for their project.

# INSTRUCTIONS

This project is to be creative with backgrounds and silhouettes.

On a separate piece of paper (or directly on your painting), freehand an outline of something you enjoy. Your topic could be an animal, plant, mermaid, item, or whatever comes to mind. If you do not want to freehand, print out a template to trace.

Lay your template over your painting and trace around it.

Fill in the silhouette with black paint or any other bold color.

Paint a scene around your silhouette, or create an abstract background.

Let it dry and then hang your masterpiece up!



# a-MAZE-ing

Design your own puzzling maze! Build it with household materials.

## WHAT WILL I NEED?

- A Marble
- Cardboard boxes
- Glue
- Recycled Materials
- Scissors



## WHERE SHOULD I GO?

This is an inside activity. Search around the house for recycled materials.

## PARENTS CORNER

This activity can be adapted for all ages.

# INSTRUCTIONS

- 1) Gather recycled materials, glue, scissors, and a marble.
  - 2) Cut a cereal box in half up the sides (makes 2 shallow boxes) or find a shoebox or pizza box lid. This will be your base for a maze.
  - 3) Use recycled materials (popsicle sticks, straws, empty tp rolls, cut pieces of cardboard, etc) to form a maze pattern inside of your cardboard box.
  - 4) Test out your design.
- 
- 1) After testing, would you make any changes?
    - a) Would you expand your maze?
      - i) See the next page for extra ideas.





## INSTRUCTIONS (continued)

Additional Thoughts and Ideas:

\*Make multiple mazes with a hole cut in two different ends. Align an “exit hole” with an “entrance” and tape together for multiple levels.

\*Close your eyes and listen to a family member give you directions to guide the marble through the maze from start to end. Take turns.

\*Use a lego board and leggos for a maze that can be changed over and over again.

\* Use a pom-pom instead of a marble. Grab a straw and carefully blow the pom-pom through your new maze.

\*Use only your left hand and ask another family member to join you with only their right hand. Together, guide the marble through the maze.



# Kapers! Escape Room Edition

You only have 30 minutes to escape the timer. Can you clean in time?



## WHAT WILL I NEED?

- Cleaning supplies
- Divided tasks/areas

## WHERE SHOULD I GO?

This is a quick inside activity. However, it can be adapted for outside kapers too.

## PARENTS CORNER

This is a very adjustable game that you can play with the whole family (to get the whole house cleaned).



# INSTRUCTIONS

First think of a fun reward if you escape the timer. Maybe a movie night sounds fun, or earning a day without kaper time. Pick a reward that sounds fun and exciting for you.

Divide rooms or tasks between members of your family, and set a timer. The length of time can vary based on the difficulty of each room and age level.

Start the timer and begin cleaning! You only have a little bit of time to finish!



# Nightfury Eggs

This sweet treat looks like dark dragon eggs!



## WHAT WILL I NEED?


- Non-stick cooking spray
- 1 pack of Oreos
- 1 bag of Marshmallows
- ½ stick of butter
- Bowl
- Cookie Sheet

## WHERE SHOULD I GO?

Wash your hands and head to the kitchen to create this tasty snack!

## PARENTS CORNER

This does not require the oven, stove top, or knives.

  
**girl scouts**  
of middle tennessee

# INSTRUCTIONS

- 1) Place a package of Oreos into a large ziploc bag and crush cookies into pieces.
- 2) Spray a large microwave safe bowl with cooking oil.
- 3) Empty a bag of marshmallows into the bowl and add ½ stick of butter.
- 4) Place the bowl into the microwave and cook for 30 seconds. Stir, and repeat step 4.
- 5) Combine the melted Marshmallows and cookie crumbs.
- 6) Form mixture into cookie balls.
- 7) Leave to firm up. Enjoy them later



# Ninjas in Training

Are you wanting to challenge your reflexes? Are you ready to take the leap?

## WHAT WILL I NEED?

- Yarn/String for laser beams
- Tape/Board/Rope
- Small balls
- Disposable Cups
- Golf ball, plastic egg or similar item
- Extra Training Tools You Discover




## WHERE SHOULD I GO?

Ninja's can complete courses in any environment. This is part of ninja training.

## PARENTS CORNER

Upon successful completion of training, your camper may become more stealthy... Beware. Your home is now a training ground.

  
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## WHAT DO I ALREADY KNOW?

1. What do the terms “stealthy” and “dexterity” mean?
2. How do you feel about your balance and your dexterity?
3. Do you know what “Challenge By Choice” means to Girl Scouts of Middle Tennessee?

*(Hint: we discussed this Week 1 of Virtual Camp)*



# INSTRUCTIONS

## Design Your Ninja Test

Below are some ideas when creating your ninja test. Be creative and adapt your own ideas to your home and resources.

- Using either string or yarn, weave lines back and forth through a hallway or above the floor to step through nimbly.
- Use a board or a line of tape to make a narrow passage to practice balance.
- Using the small balls, knock over “threats” of disposable stacks cups or empty boxes.
- Crawl beneath a rope
- Break a (card)board in half.
- Have a signature stance or move.
- Jump along many spaces to cross the room.





## INSTRUCTIONS (continued)

So you passed your first Ninja Test?

Can you pass these increased difficulties?

What added skill can you create a challenge for?

- Balance a plastic egg or ball in a spoon during your Ninja course.
- Have one eye blindfolded.
- Tie bells or noisy objects to ropes and “laser beams” to alert you that you’ve touch one.
- Complete it as fast as possible.
- Complete it as quietly as possible.
- Only have one foot on the ground at a time.

Share your Ultimate Ninja ideas, performance, or results!



## WHAT DID I LEARN?

1. In what ways did you surprise yourself?

2. What will you remember from this challenge?



# *Little Red Wagon*

You can't ride in my little red wagon,  
The backseat's broken and the axle's draggin'...  
Chug, Chug...

Second verse, same as the first,  
A little bit louder and a little bit worse.

Repeat as many times as desired getting louder and louder! For a twist, you can do quieter, silent version, etc.

## *Camp Holloway Moon Song*

### *I see the moon*

I see the moon, And the moon sees me.  
The moon sees somebody, I'd like to see.  
So God bless the moon, and God bless me,  
And God bless the somebody I'd like to see.  
So, Run along home, and jump into bed,  
Say your prayers don't cover your head.  
The very same thing, I say unto you,  
You'll dream of me I'll have sweet dreams of you.

### *Green Trees*

Green Trees around us, blue skies above,  
Friends all around us, in a world filled with love.  
Taps softly sounding, hearts beating true,  
As girl scouts say, good night to you.

### *Taps*

Day is done, gone the sun,  
From the lakes, from the hills from the sky,  
All is done, safely rest, God is night.

### *Ember*

In each living glowing ember,  
There are friendships to remember,  
As we sing one like goodnight.....Goodnight...

**GREAT JOB**

**WANT TO SHARE YOUR GREAT  
WORK?**

***Have your parents upload all of your fabulous work to their Facebook or Instagram Pages and tag @GSMIDTN so all of your Girl Scout sisters can see too!***