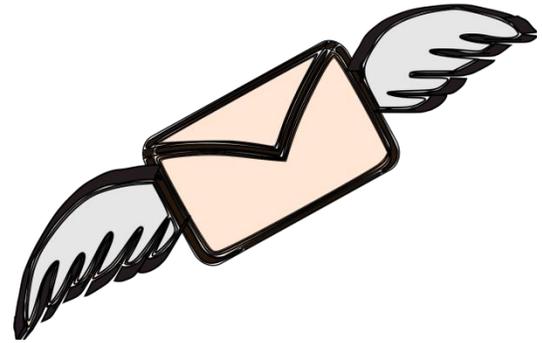


# Together Time 3/26

This morning we will find out about our families similarities and write sweet messages (we introduced this as part of mischief on 3/24).



## WHAT WILL I NEED?

- Paper
- Pencils or pens
- Jars or cups
- Decorations for Jar

## WHERE SHOULD I GO?

Activity 1 will need an open space to move around.

Activity 2 will be at a table or writing space.

## PARENTS CORNER

Children may need to look up the work "affirmation." They then will be ready to contribute uplifting notes.

## WHAT DO I ALREADY KNOW?

1. How well do you know what you and your family have in common?
2. What does your family think is your best characteristic?
3. What do you like most about your family members



# INSTRUCTIONS

## **Activity 1: All of My Family Who....**

Start out in a circle with one of you in the center. The person in the middle of the circle will share one true thing about themselves by saying "All my family members who...(true statement)." If this statement is true for others in the circle, they will leave their spot to replace someone else who moves. Whoever is left without a space get to be in the middle next and share! Repeat for as long as you want.



# INSTRUCTIONS (continued)

## Activity 2: Affirmation Fold-Ups

\* Each family member will need a jar, cup, paperbag, container, etc.

1. Decorate your container with craft supplies you have at home (or surprise someone with a jar made for them). Make sure jars are labeled.
2. As the jars are drying, cut up strips of paper and get out pencils.
3. Write positive notes or characteristics that you notice in your family and place them into piles for each jar.

After jars are done, read through your notes and keep them in the jar to read when you need a happy note.

Place in a common space in the home with extra blank pieces of paper. Add sweet notes anytime you think of something.



## WHAT DID I LEARN?

1. What was one thing that you had in common with someone that you found surprising?

2. What note in your jar made you feel good? Why?

3. What note made someone else happy?



# Friendship Bracelets

Learn the basics of making bracelets and some fun variations!



## WHAT WILL I NEED?

- String (up to 4 colors)
- Scissors
- Masking or scotch tape (optional – makes it easier)

## WHERE SHOULD I GO?

Find a quiet seated space to learn.

## PARENTS CORNER

Warning. Your home may soon be filled with bits of string and bracelets!

If campers use tape, the tape may take paint off of surfaces.

  
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# INSTRUCTIONS

## Friendship Bracelets Intro

### **Braid Technique:**

1. Pick 3 colors of string.
2. Gather all of your strings, and tie an overhand knot at the top, using all of your strings.
3. Fasten your knot to a clipboard, binder clip, or tape to a table or wall.
4. Divide your three strings into straight lines.
5. Using the braiding technique from the video (just like how to braid hair). Start moving hair from the outside over the inside strand.
6. Take the other outside string and cross it over the inside string.
7. Repeat by alternating back and forth until you have made your bracelet long enough.
8. To finish your bracelet, use another overhand knot with all of your strings (just like at the start).



# Nature Time

Discover the beauty of nature and art through leaves.

## WHAT WILL I NEED?

- White copy paper
- Unwrapped Crayons
- Collected Leaves



## WHERE SHOULD I GO?

This activity starts outside, then will end at a crafty outside space or table inside.

## PARENTS CORNER

This activity requires campers to collect leaves from outside. Leaves can be collected ahead of time if rain is predicted.

## WHAT DO I ALREADY KNOW?

1. What do I know about leaves?
2. What helps the leaf outline show up on your paper so well?
3. What plants currently live in my area?
4. What plants are native to my state/county?



# INSTRUCTIONS

## Leaf Rubbing Collage

*Leaves can be collected ahead of time. They must be entirely dry for this activity.*

1. Place 1 leaf at a time under a sheet of copy paper.
2. Take an unwrapped crayon and rub the crayon onto the paper above the leaf.
3. Switch colors and change leaves when desired.

### How this works:

The veins and strong cell walls in the leaf provide support to the leaf. When you put paper on top and shade over it, you can discover the fine details of that leaf. Veins help transport water through the leaf. Later you can compare it to online images to try and determine what type of tree it came from.  
*(Get parent permission before searching online.)*



## INSTRUCTIONS (continued)

### Leaf Rubbing Plus Watercolor Paint

- When shading, use a WHITE crayon only.
- Using watercolor, use your favorite colors to paint over the entire page.
  - The wax from the white crayon will resist the water (color) from the paint giving reverse images.
  - You will end up with a colorful background surrounding white leaf outlines.



## INSTRUCTIONS (continued)

### Identify Your Landscape

Take a walk around your yard, neighborhood, or park with your adult (be sure to stay 6 feet away from others). Look at all of the plants that are around you and your home.

Some trees and flowers are preparing to bloom already!

Take pictures on your hike around.

- Sketch your landscape when you get home.
  - What do you remember most?
- Ask a parent if you can research the state tree and flower.
  - Did you see any?
- Arborists, horticulturalists, Park Service rangers, and other professional careers use a Dichotomous Key to help identify trees that they do not recognize.



# Kapers: Sanitation Station

Let's stay healthy and keep our spaces clean. Find where germs are and wipe them out!



## WHAT WILL I NEED?

- Paper and Pencils
- Cleaning Supplies
- Flour or Glitter (optional - adult's choice)

## WHERE SHOULD I GO?

This is an inside activity.

## PARENTS CORNER

Campers will be helping clean areas they brainstorm. Please help set out appropriate cleaners and monitor this short activity.

  
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*There's More!*

## WHAT DO I ALREADY KNOW?

- 1) What do I know about how germs spread?
- 2) What spaces in my home collect alot of germs?
- 3) How can I prevent germs from spreading?
- 4) How can I stay safe when using chemicals?



# INSTRUCTIONS

## Wipe the Germs Out

1. Let's think about where germs come from and how they spread.
2. On a piece of paper, write down at least 3 places germs come from and 3 ways they are spread.
3. Germs like to group up in places that we touch a lot or do not clean often. List 5 or more places that should be wiped down. (Decorate your list and stick it to the fridge after wiping off the door)
4. Grab a cleaning wipe and clean these areas you thought of.

Try to keep these places clean every day,



# INSTRUCTIONS (continued)

## The Germ Spread

1. Have an adult put some baking flour or glitter on one of your hands.
2. Pretend that you just got home from school for 15 minutes. What all do you touch and hold?

Notice the trail of "germs" (flour/glitter) you leave behind. Do germs touch your face or your phone?

3. Wash your hands thoroughly with soap and warm water. Then go clean up your germ path.



## WHAT DID I LEARN?

1. How can you leave a cleaner, less germ-y path at home?
2. What spots in your home or school might need to be cleaned the most?



# Banana Sushi

Snack Time! This is a healthy snack that is tasty and fun to make.

## WHAT WILL I NEED?

- Bananas
- Spread of choice
- Toppings
- Tortilla Optional
- Utensils

More ideas on spreads and toppings ahead!



## WHERE SHOULD I GO?

Head to the kitchen with your adult, or their permission.

## PARENTS CORNER

This snack can be made with minimal help based on girl's age. Supervision for young campers with knives. Any allergen can be substituted.

## WHAT DO I ALREADY KNOW?

1. What are 3 or more things to remember when staying safe in the kitchen?
2. How many servings of fruit should you have per day? How many servings of protein?
3. What is one knife safety rule?
4. What should you do if you think someone is choking?



# INSTRUCTIONS

## **Banana Sushi: Wrapped version**

1. Lay a tortilla on your plate and smear a layer of your choice of one or two spreads on this side.
2. Place peeled banana on one edge and roll.
3. Slice banana roll into bite sized pieces.
4. Arrange on plate and top pieces with final toppings.

## **Banana Sushi: Coated version**

1. Slice your banana into small bite sized pieces.
2. Dip slices into spread of choice.
3. Roll dipped bananas in toppings that will stick.
4. Arrange on plate and add final toppings.



## INSTRUCTIONS (continued)

Different Spread Options (can use more than 1)

*\*Make sure spread is melted or warm*

- Peanut, almond, cashew, or sun butter
- Nutella
- Melted Chocolate
- Almond Bark
- Room temperature cream cheese

Different Topping Options

- chopped nuts
- sliced fruit (berries are especially good)
- chocolate chips or sprinkles
- crushed candy
- cereal
- honey
- chocolate or caramel sauce
- shredded coconut
- powdered sugar

So many more options. Will you share your ideas?



# INSTRUCTIONS (continued)



# Fire Building: “A-Frame”

Ignite your desire to build a campfire at home! Camp counselor Peeves shows us how.

## WHAT WILL I NEED?

- Safe Fire Ring
- Bucket of water
- Sticks of different sizes for fire
- Match or lighter
- Dry Leaves, lint, other fire starter.



## WHERE SHOULD I GO?

This is an outside activity

## PARENTS CORNER

This activity involves fire and matches. Please help remind campers of fire safety. Be ready to roast hotdogs and s'mores!

  
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## WHAT DO I ALREADY KNOW?

1. What are some fire safety tips to remember?
2. What styles of fire building do you already know?
3. What should you always have before starting a fire?
4. How should you safely put out a fire?



# INSTRUCTIONS

## Safety Tips to Remember:

- Have long hair pulled back, and no loose or dangling clothing (scarves, necklaces, ponchos...)
- Make sure to wear closed-toe shoes.
- Have a clean fire area with a fire ring around it.
- Always have a full bucket of water close by before you start your fire.

## Building your A-Frame

- Take logs or thick sticks and make a flat triangle or “A” shape in the fire ring.
- Place your fire starter in the center of the triangle.
- Then add dry leaves, pine needles, straw, or other small things to help the fire “catch” onto sticks.
- Add your kindling on top of that. (small twigs)
- Then add larger twigs and small sticks.
- Continue to add progressively larger sticks across your triangle shape.
- As the flame catches, add thick sticks until the fire is the right size.



## INSTRUCTIONS (continued)

How to extinguish your fire safely:

- Let flame die out as much as possible first.
- Sprinkle water over the fire continuously until you see no more red embers.
  - Pouring water can cause a rush of steam which can BURN someone's arms or face. Please be careful.
- Take your shovel and stir the coals and break up any large pieces of embers or sticks.
- Repeat sprinkling water and then stirring coals until there are no red embers visible or buried.
  - If there is steam or red embers, there is a chance that the fire will relight itself.
- The fire area should be fully soaked and no longer steaming when finished.



## WHAT DID I LEARN?

1. How do you build an A-Frame fire?
2. What did you learn about adding sticks to the fire? (In what order and how?)
3. What can you add when teaching others to teach fire safety?
4. What can you cook over this fire?



# *Princess Pat Lyrics*

The Princess Pat  
Lived in a tree,  
She sailed across,  
The seven seas,  
She sailed across,  
The Channel Two,  
And took with her,  
A Rigabamboo

## ***Chorus***

A rigabamboo?  
Now what is that?  
It's something made,  
By the Princess Pat,  
It's red and gold,  
And purple too,  
That's why it's called,  
A Rigabamboo.

Now Captain Jack,  
Had a mighty fine crew,  
He sailed across,  
The Channel Two,  
But his ship sank,  
And yours will too,  
If you don't take,  
A Rigabamboo

## Chorus

The Princess Pat,  
Saw captain Jack.  
She reeled him in,  
And got him back,  
She saved his life,  
And his crew too.  
And do you know how?  
A rigabamboo.

## Chorus

# *Swimming in the Swimming Pool*

Swimming, swimming,  
In the swimming pool  
When days are hot and days  
are cold,  
in the swimming pool.

Breast stroke, side stroke,  
Fancy diving too!  
Don't you wish that you had  
nothing else to do, but...

## **Instructions:**

Sing the entire song one time through with motions. Each subsequent time, hum one line while doing the motions, and sing the rest. Continue to hum additional lines until you're humming the entire song while doing motions. At the end, sing the song one more time all the way through!

**GREAT JOB**

## **WANT TO SHARE YOUR GREAT WORK?**

**Have your parents upload all of your fabulous work to their Facebook or Instagram Pages and tag @GSMIDTN so all of your Girl Scout sisters can see too!**



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