

## **CADETTE: PUBLIC SPEAKER**

Hey Girl Scout! They call it stage presence: the ability to be yourself and make a connection with people – even a crowd of people – and seem comfortable the entire time. And a great presenters' talent for conveying their points clearly and powerfully is useful everywhere, not just in politics or on the stage. Luckily, you don't have to be born with these skills; you can develop them. When you've earned this badge, you'll have found your inner performer and be unafraid to speak up.

### **Step 1: Get a feel for performing solo**

1. Here's your chance to try performing alone. You are going to choose a monologue or poem to practice for a few minutes, and then perform for people in your home.
2. With an adults help, find a monologue or poem online that you would like to perform. You can also use a monologue or long paragraph from one of your favorite books.
3. After practicing for a while, perform for the people in your home.

Supplies:

1. Monologue or poem

### **Step 2: Focus on body language**

1. Has a friend ever said, "I'm not mad at you," but you didn't believe them? It probably wasn't what they said, but how they said it. Words are only part of a performance – facial expressions and body movements are just as important. You will be playing charades with people in your home. Charades is a great game where you really have to focus on your body language.
2. Gather the people in your home and have them all write down names of people, songs, movies, and/or television shows on individual pieces of paper. Split up into teams and let each person take turns acting out different things.

Supplies:

1. Charades game

### **Step 3: Find your voice**

1. Get into more than the words – consider the emotion you're portraying, the inflection and tone, even the accent you might use. You are going to write a 1 minute story of your life and share it with the people in your home. The first time, you will read it however you like. The second time, you will use your tone of voice and inflection to make it into a drama. The third time, you will use your tone of voice and inflection to make it into a comedy.

Supplies:

1. Paper to write the story
2. Pen or pencil

### **Step 4: Choose or create a piece to perform**

1. Now that you're getting comfortable speaking, it's time to find something to say! You will be writing a speech about something you care about or believe in. You can pick any topic that is appropriate. This speech should take you about 2-3 minutes to read aloud.

Supplies:

1. Paper
2. Pen or pencil

**Step 5: Get onstage!**

1. Now that you have written your speech, it is time to share it with the people in your home!

Supplies:

1. Speech