



## **Adult Adventure/Volunteer Enrichment Day**

September 26, 2020  
Camp Sycamore Hills

This year Adult Adventure Weekend (AAW) and Volunteer Enrichment Weekend (VEW) are combined into one big event! You will experience the best of both events as you participate in adventures, learn at workshops, swap ideas, enjoy time with other volunteers, and more!

**Date:** September 26, 2020

**Location:** Camp Sycamore Hills

**Price:** \$45 registered adults/\$65 non-registered adults

- T-shirt
- Lodging
- Food (Saturday lunch and dinner)
- Workshops and activities
- Fun & Memories

Last day to register is September 4, 2020. Last day to cancel is September 4, 2020.

**Register today on CouncilAlignMENT!**

## Details

This is a fun day at camp just for adults! Each year GSMIDTN hosts 2 big events to provide enrichment opportunities for our adult volunteers. At Adult Adventure Weekend (AAW), adults get to experience what camp has to offer! Volunteer Enrichment Weekend (VEW) is a conference style event that covers topics interesting to adult volunteers. Due to our current circumstances, this event will now be day only.

## Tentative Schedule

Saturday – September 26, 2020

- 8:30 am-9:00 am Check in
- 9:00 am-9:00 pm Sessions, Lunch, Dinner
- 9:00 pm Camp Fire

## Registration Process, Deadline, and Payments

- Log in to CouncilAlignMENT to register and pay
- Choose your workshops
- Registration closes on September 4, 2020
- To qualify for a refund, you must cancel your registration on CouncilAlignMENT on or before September 4, 2020
- In the event that you can not attend, substitution attendees are welcome, but must be made by September 16, 2020. Please email [volunteerresources@gsmidtn.org](mailto:volunteerresources@gsmidtn.org) with any substitutions.

## COVID Precautions...

- Masks are required at all times (except while eating)
- Temperatures will be checked upon arrival. Must be 100.3 or below to stay. Please stay home if you are sick or have been exposed to someone who is sick. We are happy to refund you under these circumstances!
- Participants are expected to maintain a physical distance of 6 feet from others
- Sessions will be held in small groups of approximately 10-15 people
- Lunch and dinner are provided and will be individually packaged
- Supplies will not be shared between participants
- No lodging is available at Camp Sycamore Hills
- Gathering in large groups will be avoided. (We won't all be gathered at once in the Red Barn like usual.)

## Event T-Shirts

- T-shirts are included in the price
- T-shirts are preorder only and not available for purchase at the event
- You will receive t-shirts at check in

## Lodging

- Lodging at Camp Sycamore Hill is not available

## Horse Activity

- 2 non riding horse experiences will be available (no riding programs for this event)

## Workshop Selections

- You will create your own schedule!

- A link for SignUp Genius will be sent to participants on August 28. Through this link, participants will choose their sessions. Make sure to take note of times that you choose so that you don't double book yourself! The SignUp Genius link will remain active for session selection until September 6.
- We reserve the right to cancel workshops that do not meet minimum registration requirements
- We reserve the right to SUBSTITUTE IF COURSES ARE FULL OR CANCELLED
- Your schedule may be somewhat different from what you originally requested if we need to make adjustments
- You will receive your personalized workshop schedule when you check in

### **Trainings Available**

- Camping Skills 1 & 2 are available and do not cost extra. Camping Skills 1 will run from 9am-12pm and Camping Skills 2 will run from 1pm-4pm. Take note of those times if you also choose to attend additional sessions.
- CPR Training is available for an additional fee of \$25 (you may also use your troop's free training credit if not already used for the 2020 year). This training will occur in 2 parts. The first part is online classwork that you complete on your own prior to the event (a link will be sent to you on September 8). The second part is an in-person Skills Test taken during the event on September 26. The Skills Test takes approximately 1 hour. Make sure that you select CPR Skills Test as one of your session options.
- Archery Training is not available. (The Archery session as an adventure choice is still available.)

### **SWAPS – “Special Whatchamacallits Affectionately Pinned Somewhere”**

SWAPS are small crafts that Girl Scouts trade with other Scouts. The idea of SWAPS started at the original National Roundup Conferences. At that time, a SWAP was a little remembrance that one Girl Scout gave to another. SWAPS may be simple or complex, cheap or expensive – whatever the maker desires. SWAPS are usually only an inch or two in size and have a safety pin to attach to something. Feel free to exchange SWAPS during the weekend at your own pace. There will be approximately 120 people in attendance.

### **Refunds**

You must cancel your registration on CouncilAlignMENT on or before **September 4, 2020** in order to receive a refund. **Please note that failure to attend the event does not qualify you for a refund.**

## AAW/VEW 2020 Workshops

**Creating a Balloon Arch** - Balloon arches are a great addition to just about any party or event. They look impressive and complex, but they are actually quite simple and inexpensive to make. You and your troop will have a blast making these.

**Man Enough to be a Girl Scout** – Dads have a place in Girl Scouts, too! In this session, you will learn ways that dads can contribute and be included in the troop experience.

**Cybersecurity** – In the age of technology, cybersecurity is an important and ongoing topic. This session will cover cybersecurity topics relevant to the Girl Scout experience.

**SWAPS** – Special Whatchamacallits Affectionately Pinned Somewhere. SWAPS are a long time GS tradition. They are mementos from an event, activity or trip. They should be personal. Learn the tradition and get some great, fun ideas!

**No Sew Project** – Don't know how to sew? No problem! Learn fun no sew projects that don't require any needles or thread!

**Camporee Planning & Budgeting** – Want to plan a Camporee, but you don't know where to start? In this session, you'll learn the basics of Camporee planning and budgeting your way to a memorable weekend with your girls!

**Burn Out/Dealing with Difficult People** - Feeling uninspired, burnt out, and tired of difficult people? Learn how to overcome the “leader blues” and how to get that love of Girl Scouting back! Bring home your new found inspiration and fun relaxation craft to energize your troop.

**Getting Your Troop to Girl-led** – Every Girl Scout troop is unique, but we all have one thing in common; the experience is about the girls. So many aspects of Girl Scouting build upon skills and concepts learned as the girls grow— badge work, camping, awards. Troop leadership can follow a similar path, ultimately empowering the girls as they become the troop leaders, allowing you to be their mentor. It's an amazing journey that is fun to be a part of. Come and learn some tips on how to help that transition to a Girl Led Troop.

**Leatherworking** – Do your girls like working with their hands? Learn how to use leather to create unique items that you can do with your girls.

**Product Programs**– Girls will have so much fun with the fall product and cookie program themes, events, and rally activities that they won't even notice the life skills they are learning and practicing.

**STEAM** – Science, Technology, Engineering, Art, and Math! Girl Scouts love to learn about these topics in fun and hands on way. Get a taste of what the girls will be able to experience in Council's STEAM programming.

**Higher Awards Info** – Are your girls interested in earning a Bronze, Silver, or Gold Award? Learn all the details you need to get them started.

**Level Specific Networking and Conversation** – Trade ideas and chat with other volunteers who are in the same level as you.

**Walking Tour of Camp Sycamore Hills** – Camp Sycamore Hills covers 742 acres and has been the source of wonderful memories for thousands of girls and volunteers over the last 62 years! Enjoy touring the grounds and checking out the different cabin units.

**Travel Destinations** - Look out world here we come! Yes, Girl Scouts can see the world with other Girl Scouts and Girl Guides! Learn how to plan and fund a trip, connect with other girls who are headed to the same destination, and bring home your experiences to share with your family and friends.

**Preserving Troop Memories** – Your time in Girl Scouts will create precious memories. Learn ways to preserve these memories in fun and crafty ways.

**Engaging Girls of All Abilities** - Did you know our founder, Juliette Gordon Low, had a disability? Come learn strategies on how to create a more inclusive troop environment and adapt activities to meet every girl's needs. Common diagnoses such as Autism Spectrum Disorder, Attention Deficit/Hyperactivity Disorder (ADHD), intellectual disabilities, physical disabilities, vision impairments, and hearing impairments will be introduced.

**Team Building Horse Program** (non-riding) - Our Team Building Horse Program is a small group program where participants work together to encourage a horse to follow directions without speaking to each other or touching the horse. This is a fun, but also educational, way to learn about body language and how we come off to each other.

**Loving & Grooming Horse Program** (non-riding) - This one-hour non-riding program includes a tour of the barn, learning general safety around horses and ponies, and hands-on experience with grooming.

**Adventures & Campivities** (To view descriptions, go to <https://gsmidtn.org/programs/outdoor-adventure/>)

Archery

Games & Initiatives

Kayak

Obstacle Course

Rappelling

Rock Climbing

Tree Climbing

Campfire Cooking: Basics

Canvas Creations

Creek Explorers

Knife Safety

Knot-So-Fast

Letterboxing

Night Hike

Screen Printing

Tie Dye

Wood Craft

