

# GIRL SCOUT DAISY

## Meeting Planner

A **Girl Scout Daisy** (Grades K-1) is a fun loving energetic girl looking for an adventure around every corner. By joining a troop she will make new friends, earn Daisy badges called petals, practice money management skills in the cookie program, experience nature by participating in outdoor programs, and help others through community service.



### About Girl Scouts of Middle Tennessee

Girl Scouts of Middle Tennessee is the premier leadership organization for all girls to have the opportunity to pursue greatness, mold sustainable change in their communities, and actively transform the world around them now and for future generations. We are honored and humbled that you have chosen to create family memories and girl experiences with us. Even more, we are excited to watch the path you and your girls take through Girl Scouting.

# HOW DO I PLAN A TROOP MEETING?

## ***Most important – your meetings should be fun!***

Girls come to Girl Scouts to learn how to be leaders, make decisions, and have fun in the activities they choose. When deciding what to do at a meeting, remember the parts of a meeting and allow time to accomplish the goal of each meeting. Be sure to have a start-up activity for girls to do while waiting for others to arrive.

### **1 Start Up (5 minutes)**

Plan activities for girls as they arrive at the meeting so they have something to do until the meeting begins. It could be as simple as coloring pages, journaling or talking with each other. *Check out the resource tab “Games and Songs” in your green binder for ideas!*

### **2 Opening (5-10 minutes)**

Each troop decides how to open their meeting – most begin with the Girl Scout Promise and Law, a simple flag ceremony, song, game, story, or other activity designed by the girls.

### **3 Activities (30-45 minutes)**

Utilize our Girl's Guide to Girl Scouting and/or the meeting plans found on CouncilALIGNMENT. Activities are already designed to fit easily into this part of your meeting as you help your troop earn badges and complete Journeys.

### **4 Clean Up (5 minutes)**

Girl Scouts should always leave a place cleaner than they found it!

### **5 Closing (5-10 minutes)**

Just like the opening, each troop can decide how to close – song, game, story, or friendship circle.



*To make a friendship circle and pass a friendship squeeze, stand with the girls in a circle and cross your right arm over your left, then link hands with the Girls Scout standing beside you. To pass a friendship squeeze determine who will start the squeeze. This person should silently think a happy thought for the girl next to her and gently squeeze her hand. That girl will do the same and squeeze the next girl's hand until the squeeze has gone all the way around the circle. Once the squeeze returns to the start, the Girl Scouts lift their arms up and twist until they are facing out. The circle breaks and the meeting concludes.*

### **6 Business (5 minutes)**

Collect dues, make announcements, or plan an upcoming event or trip while parents/guardians are present – this gives you a chance to keep families informed.



### Snack Chat

While enjoying snack, here are some things for girls to talk about:

- What are some things you are excited about in joining Girl Scouts?
- What was your favorite activity we did today? Why?
- What are some activities you'd like to do in Girl Scouts this year?
- Can anyone remember and say everyone's names from the name game we played earlier?
- Can anyone remember and recite the Girl Scout Promise?

### Field Trip Ideas:

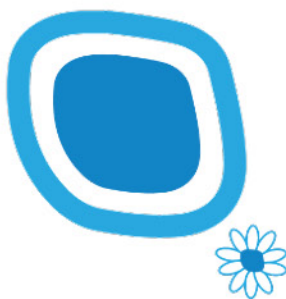
- Go to Girl Scouts of Middle Tennessee Council and learn all about Girl Scout history. Learn all about the history of Middle Tennessee Girl Scouts on a fun, interactive museum tour! Contact [CRobinson@gsmidtn.org](mailto:CRobinson@gsmidtn.org) for more details.
- Go to one of our 3 camps to learn more about Girl Scouts: Camp Sycamore Hills, Camp Holloway, Camp Piedmont.

### Service Project:

Become sister pen pals with a L.E.A.D. or Troop 6000 Girl Scout troop! Reach out to your regional executive for more information.

### Program Guide:

- Ladybug Picnic: February 29, 2020
- Daisy Adventure Day: August 15, 2020



# DAISY

## Promise Center

When earning the **Promise Center**, girls will learn about Girl Scout traditions, *Petals*, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.

### Activity Girl Scout Traditions + Daisy Flower Friends Time

Materials Needed: Daisy Girl's Guide to Girl Scouting (pages 6-7, 12)

1. Read Juliette Gordon Low's short story "How Girl Scouts Got Started" from page 12 in the Daisy Girl's Guide to Girl Scouting. After reading, tell the girls that they'll now learn the Girl Scout Promise.
2. Say: "This is how Girl Scouts treats one another and everyone else. At every meeting, we'll recite the Girl Scout Promise."
3. Talk about how it's tradition to do the Girl Scout Sign (holding up the right hand in three fingers with no gaps) when reciting the Girl Scout Promise. The three fingers represent the three parts of the promise.
4. Demonstrate the Girl Scout Sign and ask the girls to try it. While holding the Girl Scout Sign, read the lines of the promise one at a time, asking the girls to repeat and line back to you.

*The Girl Scout Promise*

*On my honor, I will try:*

*To serve God\* and my country,*

*To help people at all times,*

*And to live by the Girl Scout Law.*

5. After practicing a couple times, try saying the entire promise together as a group while holding the Girl Scout Sign. Be sure to do this slowly so the girls can easily follow. One at a time, ask the girls to share with the group what the promise means to them, or one thing they can do to live the promise.
6. Tell the girls the last line of the promise refers to the Girl Scout Law, which they will be learning about throughout the year through their 'Daisy Flower Friends'. Their pictures are located on page 6-7 of the Daisy Girl's Guide to Girl Scouting. Explain that each flower friend teaches us one line of the Girl Scout Law, and we will learn about a new flower friend each meeting.

NOTE: \*When making the Girl Scout promise, individuals may substitute wording appropriate to their own spiritual beliefs for the word "God."

### **Snack Chat:**

While enjoying snack, here are some things for girls to discuss:

- Have you ever told a lie? What happened?
- Why is it important to follow the rules when you play a game?
- How would you feel if you and your friend were each given a bowl of ice cream, but your friend received two scoops and you received one? What if you were the one to get more?

Alternate Idea: Start snack by serving the girls varying amounts (with them all receiving the same amount in the end.) See if any of the girls notice. Use it as the discussion starter. This also helps girls practice advocating for themselves and for others.

### **Field Trip Ideas:**

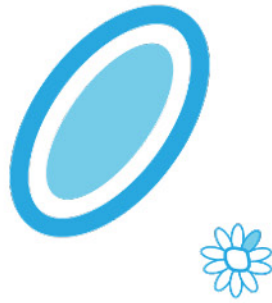
- Go to a local sporting event and discuss the rules of the game and good sportsmanship.
- Visit a local police station to learn what it means to be an honest and fair, law-abiding citizen.
- Go to a local pizza parlor and remember to be fair when sharing the pie.

### **Program Guide:**

- Belmont Bruins Women's Basketball Girl Scout Day - January 2020
- Girl Scout Day at Nashville Soccer Club - July 2020

### **Service Project:**

Host a Bingo Night at an assisted living home or create cards for meal delivery



# **DAISY**

## **Honest & Fair Petal**

*When earning the **Honest & Fair Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.*

### **Activity: Musical Chairs**

Materials Needed: Chairs (one per girl), music, music playing device

1. Tell the girls that they will be playing the game Musical Chairs.
2. Have the girls discuss/determine the rules of the game.
  - How do you play?
  - When is someone out?
  - How can we be sure to play fair?
3. Play the game by setting the chairs up in a circle, facing outwards. There should be one less chair than there are girls. Play the music while girls walk around the circle of chairs. Stop the music after 15 seconds (or whenever you determine it should be stopped) and the girls should each sit in a chair. One girl will be out. Remove another chair and play again until there are only two girls and one chair. The girl who sits in the chair at the end is the winner.
4. Have girls play the game, making sure they follow the rules.

NOTE: Other games may be used as a substitute. For smaller groups, try "Daisy Says" a.k.a. "Simon Says." It would be fair for each girl to get a turn to be "Daisy" and each participant should be honest about their actions if Daisy didn't say to do it!

### **Activity: Honest and Fair Hunt**

Hide plastic eggs, candies, or other small items. Hide enough so that each girl can find five items. Once they have found their five, they should help their friends find five items. The game continues until everyone has found five things.

### **Activity: Remember the Lie**

Hold up a picture of an object and make up a lie about it. For example, you can hold up a picture of a boat and say, "This is a sock." Pass it to the next person. They have to repeat what you said and add a new lie. For example: "This is a sock and it flies." Continue until someone accidentally tells the truth or forgets a lie. Play the game again — this time telling the truth. Which is easier to remember?

### Snack Time Discussion

- How does it feel when someone is friendly?
- How does it feel when someone is unfriendly?
- What are some things you can do to make people feel welcomed and included?
- What do you do to help at home? At school? In Girl Scouts?
- Why is it important to help others?

### Field Trip Ideas:

Take part in a local service opportunity, such as cleaning up a park or serving a meal at a shelter.

### Program Guide:

Ponies and Pals - recurring dates from October 2019 - August 2020

### Service Project:

- Volunteer with Abe's Garden (or another assisted living home) with a chaperone. Create snack, play games or create a simple craft. Reach out to [KMassey@abesgarden.org](mailto:KMassey@abesgarden.org) for more information
- Volunteer with Hearth of Franklin. Plant flowers, play games, take a walk with residents. Reach out to [Ksuad.franklin@thehearthhllc.net](mailto:Ksuad.franklin@thehearthhllc.net) for more information.



# DAISY

## Friendly & Helpful Petal

*When earning the **Friendly & Helpful Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.*

### Activity: Create a Kaper Chart

A "kaper chart" is a Girl Scout tradition for dividing up troop responsibilities. A kaper is a job or chore that must be done. A kaper chart indicates all the jobs available and who is responsible for each one. A "Do It" and "Did It" can with names on popsicle sticks works well as a beginning way to allot duties. Using a kaper system right from the start will help with the long-term group behavior management of a troop.

### Things to think about

Kaper groups allow leaders to mix girls in different ways. Typically, groups would stay together for a few times and then are mixed up again.

Sometimes girls are rotated more often to give them an opportunity to meet lots of different girls and avoid cliques. Make sure girls have time to finish their kaper before starting exciting group activities— you do not want anyone to miss part of the event because she is completing her kaper. Don't forget...You can have kaper charts for adults too!

Suggested Kapers for Individuals:

- Opening Snack Promise and Law leader
- Bring and pass out snack
- Flag holder or ceremony caller
- Business
- Clean Up
- Take attendance
- Stack chairs and wipe tables
- Collect dues
- Clean up after snack
- Collect paperwork (permission slips)
- Closing
- Hand out craft supplies
- Friendship circle
- Choose a game
- Choose a song
- Lead an activity

### Snack Chat:

While enjoying snack, have each girl share with the group one thing that she is going to do at home or at school to show others that she is considerate and caring. Ideas include:

- Telling a friend why she likes her.
- Being nicer to a brother or sister.
- Sharing her toys with a friend or sibling.
- Listening to someone without interrupting.
- Asking a friend/sibling what game they want to play and then playing it.

Have each girl make a promise to the other girls in her group identifying how she will be considerate and caring. The girls in the group are now Promise Pals.

If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

### Field Trip Ideas:

Visit a local youth theater group and see how they use body language, facial expressions, and voices to express feelings. Volunteer at a local charitable organization together.

### Service Project:

Make a "Share a Care" jar. Reuse old jars or buy containers. Let the girls decorate with stickers.

Everyday the girls can share a care by pulling a slip of paper out of the jar and performing the task.

For Examples: smile, tell your mom you love her, say thank you the lunch aids at school, make a card and send it to the local firehouse.



# DAISY

## Considerate & Caring Petal

*When earning the **Considerate & Caring Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.*

### Activity: Listen Up!

Materials Needed: Small objects or tokens, such as coins, pencils, or scraps of paper; bandanna or other item to use as blindfolds

1. Listening is another important part of being a good friend. A good listener is an active listener. She's someone who shows that she really cares about what people are saying. She does this by giving her full attention to the speaker, not interrupting, and asking good questions. Try this activity to engage girls in active listening.
2. Partner girls up and give each pair a small token or object.
3. Instruct one girl in each pair to close her eyes or put on a bandanna with the help of her partner or an adult. This girl will be the listener.
4. The other girl will be the talker. Once the listeners have closed their eyes or are blindfolded, the talkers should place their small tokens somewhere in the room. They shouldn't be hidden in tricky spots, but should be a bit out of the way. Tell the talkers they should remember where they placed their tokens.
5. Once the tokens have been placed, it is the talker's job to lead her partner to the hidden token by giving verbal instructions.
6. Once the tokens have been found, have girls switch roles and repeat.
7. After the activity is complete, discuss the role that listening played in this activity.
  - Why was listening so important?
  - How were you a good listener?
  - Was it hard to be an active listener?
  - What might make it easier to be an even better listener?
  - When you're having a real conversation with someone, what are some things you can do to show you're really listening and care about what he or she is saying?

*NOTE: If girls are blindfolded, make sure they are in a safe space (i.e. have them seated while the talker is hiding the object.)*



## Snack Chat and Promise Pals

1. While enjoying snack, have each girl share with the group one thing that she is going to do at home or at school to show others that she is courageous and strong. Ideas include:
  - Talking to someone new at school
  - Trying a new activity
  - Sticking up for someone who is not being treated nicely
  - Inviting a new friend over to play
  - Reminding other kids to play fair if they are not doing so
2. Have each girl make a promise to the other girls in her group identifying how she will be courageous and strong. The girls in the group are now Promise Pals.
3. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

### Field Trip Ideas:

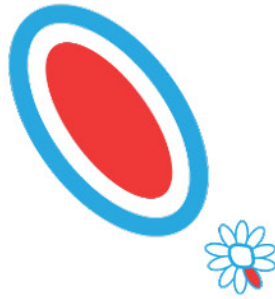
- Visit your local fire station or police department and meet some everyday heroes
- Visit a place girls haven't discovered yet and try out a new activity
- Walk in a local parade

### Program Guide:

- Walk in the Nashville Christmas Parade - December 7, 2019
- Daisy Adventure Day - August 15, 2020

### Service Project:

Volunteer with Open Table Nashville to serve dinner at their resource shelter. Email: [Volunteer@OpenTableNashville.org](mailto:Volunteer@OpenTableNashville.org)



# DAISY

## Courageous & Strong Petal

*When earning the **Courageous & Strong Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.*

### Activity: Courage Crowns

Materials Needed: Paper (cut into strips), tape, scissors, writing and coloring utensils, (optional) stickers or other decorative items

Prep Needed: Cut a strip of paper for each girl that is long enough to wrap around her head.

1. Let girls know that they don't have to be superheroes to be courageous and strong. Ask each girl to think of one or two things she has done that are courageous. Remember, being courageous can be as simple as trying something new. It can be voicing her opinion even if it's different from her friend's, or sticking up for a friend on the playground.
2. Have an adult write these things down on each girl's strip of paper, then allow girls to decorate the strip with crayons, markers, or any other decorative items you have.
3. After everyone is finished, tape the ends of the strip together and have the girls wear their Courage Crowns. If time allows, go around the circle and have each girl announce her courageous action.

### Game: How courageous are you?

Prep before meeting: To prepare for the meeting, you will need a storage container (margarine tub will do) for each girl and a brown lunch bag to put each one in. Before the meeting, fill one storage container for each girl with the same food: wet spaghetti, jello, pudding, yogurt, whipped cream or anything you can think of that would feel slimy. Place these containers in brown bags and do not let the girls see what is inside!

Have them put their hand in the container-if they are courageous enough!

Discuss how they felt before and after the activity, especially when they found out it was only cold spaghetti! Reveal to them what they touched at the end.

### Snack Chat

While enjoying snack, here are some things for girls to discuss:

- What do you do at home to show you are responsible?
- How do words hurt? How do words make you feel better?
- How do you feel when you keep a promise?
- What could you do to show others that you are responsible?

### Field Trip Ideas:

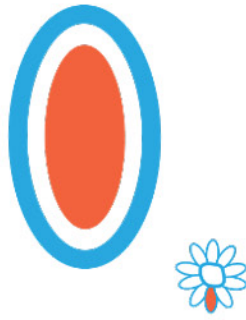
- Visit a local library and talk about the responsibility of checking out books.
- Clean up trash around your meeting area.

### Program Guide:

- Nocturnal Navigators: April 4, 2020
- Polar Express: December 14 and 15, 2020

### Service Project:

Host a donation drive for something of need such as cold weather gloves for the homeless or pet supplies for an animal shelter.



# DAISY

## Responsible for What I Say & Do Petal

When earning the **Responsible for What I Say & Do Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.

### Activity: Word Power

1. Ask girls to stand up or jump if the word or phrase you say is helpful and makes them feel good and to sit or crouch down if the words are hurtful and make them feel bad. Use the words below and/or additional words of your own.

You're my friend

I don't like you

Please

Thank you

Get away

I'm sorry

You're not my friend

2. Asks girls how it felt to hear the helpful words and how it felt to hear the hurtful words. Talk about how words can be powerful and why it is important to pay attention to what you say and how you say it.

### Activity: Chores Charades

Have girls play charades by acting out different things they can do at school or at home to help others and show they are responsible. Use the ideas below to get started. Girls might come up with ideas of their own as well.

Brush your teeth

Make your bed

Carry your backpack

Set the table

Pick up toys

Wash your face

Walk the dog

Get dressed

2. When a girl is ready to act out an action, whisper it into her ear. Make sure she knows what the action means.
3. Ask the girl who guesses the action correctly be the next person to act. Make sure each girl gets a turn.



### **Snack Chat:**

While enjoying snack, here are some things for girls to discuss:

- What are some ways to respect yourself?
- What are ways to show respect?
- Who can you show respect to?
- Why is respect important?

### **Field Trip Ideas:**

- Visit a local doctor's or dentist's office to learn about taking care of one's body.
- Have girls write thank you notes for parents, teachers, police officers, firefighters, or other important people in their lives, and deliver the notes to show appreciation for everything that they do.

### **Program Guide:**

Happy Healthy Me - March 2020

### **Service Project:**

Prepare wish list items or bake cookies for Ronald McDonald House. Email [Kirra@rmhcnashville.com](mailto:Kirra@rmhcnashville.com)



# **DAISY**

## **Respect Myself & Others Petal**

When earning the **Respect Myself & Others Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.

### **Activity: Girl Scout Traditions**

1. Explain that Girl Scouts has traditions—things that Girl Scouts have done for many years—that show respect, including:  
*"Girl Scout Quiet Sign: When everyone is talking and it's time to be quiet, someone raises her right hand and stops talking. As others see her hand in the air, they raise their right hands and stop talking, too."*  
Girl Scout Handshake: Girls shake with their left hands and make the Girl Scout sign with their right hands.
2. Practice using the Girl Scout Quiet Sign and Girl Scout Handshake. When girls practice the Girl Scout handshake, have them introduce themselves to one another.
3. Ask girls how these Girl Scout traditions help them show respect for others.

### **Activity: Promise Pals**

1. Split girls into small groups of two to four girls.
2. Have each girl share with her group one thing that she is going to do at home or at school to show respect for herself and others. Ideas include:

Brushing your teeth every morning and night  
Using good manners at the table  
Listening to friends and what they have to say  
Making healthy choices:  
Eating a good breakfast  
Choosing healthy snacks  
Getting exercise everyday

3. Have each girl make a promise to the other girls in her group identifying how she will respect herself and others. The girls in the group are now Promise Pals.

4. If possible, have the groups check in with each other at another meeting to see if they kept their promises

### Snack Chat

While enjoying snack, here are some things for girls to discuss:  
Who is the person you respect the most?

How do you show that person you respect them?

How does it make you feel when someone with authority asks you to do something?

What could you do to show others that you are respectful?

Have you ever been disrespectful to someone with authority? What happened?

### Field Trip Ideas:

Visit a local firehouse or police station to explore why police officers and firefighters have authority and deserve respect.  
Visit the school principal or a teacher.

### Service Project:

Visit a local American Legion hall.  
Ask if they will put you in touch with a veteran willing to teach the girls about respecting the flag.

### Program Guide:

Ladybug Picnic - February 29, 2020



# DAISY

## Respect Authority Petal

*When earning the **Respect Authority Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.*

### Activity: Who has authority?

Materials Needed: (Optional) Clothing or props to use that represent authority figures, such as a ruler, books, police petal, fireman's hat, neck tie, men's and women's clothing, robes, hats, glasses, etc.

1. Talk to the girls about what it means to be someone with authority and why they should be respected for their knowledge.
2. Ask the girls to give examples of people with authority in their homes, schools, places of worship, or communities.
3. Ask the girls how others respect people with authority.
4. Optional: Have girls dress up like someone they think of as an authority figure. For extra fun, girls can pretend to be in their new roles for the remainder of the meeting! Examples: teachers, principals, police officers, firefighters, nurses, doctors, parents, troop leaders, judges, CEOs, job supervisors and babysitters.

*NOTE: We define authority as someone with the power to make decisions, tell people what to do, and enforce rules.*

### Activity: Thank you!

Materials Needed: Note cards or blank "thank you" cards; writing or coloring utensils; stickers

• Gather materials and supplies

1. Split girls into small groups of two to four or have girls work individually.
2. Ask the girls to think of someone or a group of people in their communities who has authority and whom they respect, like police officers or teachers.
3. Have each girl make a promise to the other girls in her group identifying how she will respect authority. The girls in the group are now Promise Pals.
4. Have the girls write and decorate the thank you notes or cards to the people they have identified as authority figures to thank them for everything they do. They should also tell them of their promises to respect authority.

### Snack Chat

While enjoying snack, here are some things for girls to talk about:

- In the story we read, we learned about a natural resource that we conserve. Can you think of other resources we use? How can we use less of them?
- Does anyone know of an item that can't be recycled and has to go in the trash? Can you think of a way to reuse it rather than throwing it away?
- Does everyone have a recycling bin at home?

### Field Trip Ideas:

- Visit your local recycling center or compost center
- Visit a local or state park and talk to the rangers or other park staff about how they use resources wisely.

### Service Project:

- Volunteer at your local park or partner with Friends of Warner Parks. Contact [Paul.Fowler@Nashville.Gov](mailto:Paul.Fowler@Nashville.Gov) or [Steve.Ward@TN.gov](mailto:Steve.Ward@TN.gov)
- Learn about the environment and help support events in your community

### Program Guide:

Belmont Bruins Women's Basketball Girl Scout Day -  
January 2020



# DAISY

## Use Resources Wisely Petal

*When earning the **Use Resources Wisely Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.*

### Activity: Recycling Challenge

**Materials Needed:** Various recyclable materials (paper, plastic bottles, glass bottles, aluminum cans, etc.) and small recycling bins or recyclables sorter (small trash cans, cardboard boxes, paper grocery bags, etc.)

**Prep Needed:**

- Spread recyclables around the floor of the meeting room.
1. Explain to the girls that a great way to use resources wisely is to recycle items. When you put items in a recycling bin, they are broken down and used to make new items. While they are sometimes recycled into the same kind of item, they may be made into something completely different.
  2. Explain that your meeting space has been “polluted” and it’s up to the girls to clean it up. Split the girls into two teams and line up on opposite sides of the room.
  3. The teams will compete in a relay race to clean the meeting space. To start, a girl from each team will go pick up one piece of trash and put it in the correct recycling bin. She will then go back to her team and the next girl will go until all the trash is cleaned up. After all the items are picked up, go through all the types of recyclables, and make sure they are in the correct container. If they aren’t, have the girls decide as a group where they should go.

### Badge Connection: Girls will learn how to use resources wisely

1. Split girls into small groups of two to four girls.
2. Have each girl share with her group one thing that she is going to do at home or at school use resources wisely, such as:
  - Recycle items rather than throwing them away
  - Make a craft or gift out of clean “garbage”
  - Use less of a natural resource, like wood, energy, or water
3. Have each girl make a promise to the other girls in her group identifying how she will use resources wisely. The girls in the group are now Promise Pals.
4. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.



### Snack Chat

While enjoying snack, here are some things for girls to talk about.

- How have you seen others make the world a better place?
- What are things you can do to make the world a better place?
- How will it make you feel to make the world a better place?

### Field Trip Ideas:

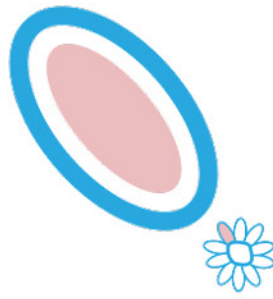
- Visit a recycling center to see where all the recycled items go.
- Visit a local animal shelter or a food shelf to learn about how your troop can help them make the world a better place.

### Program Guide:

- Girl Scouts Give Back - March 21, 2020
- Outdoor Fun in the Sun Day - June 17, 2020

### Service Project:

- Volunteer with Hospitality House by helping with daily needs or preparing for holidays. Contact Robin Morris:  
[morris@hhhnashville.org](mailto:morris@hhhnashville.org)
- Volunteer with your local United Way to find ongoing volunteer opportunities



# DAISY

## Make the World a Better Place Petal

When earning the **Make the World a Better Place Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.

### Activity

1. Take a walk around your meeting site or a nearby park. Give girls gloves to protect their hands and trash bags for garbage. Ask them to pick up any trash they see and move any rocks that are on the sidewalk or grass back into the landscaped area (note: remind them to not touch sharp or heavy objects). If there are weeds in the flowers, show the girls how to pull them without hurting the other landscaping or plants.

*Variation: If you cannot go outside, walk around the inside of the building, and have the girls put things back in their place or pick up trash left around. (As the leader, you could go around and make things messy so the girls get the full effect of helping to clean up.)*

2. Once back inside, ask the girls about the cleanup.
  - Have you ever done a cleanup like that before?
  - How did it feel to clean up?
  - When you are at school and see trash around the halls or outside, what should you do?

### Activity

Materials Needed: Plain bagels (one half for each girl); whipped cream cheese or creamy peanut butter; string or yarn to hang bagels; birdseed; paper plates (one for each girl); aluminum foil; plastic knife (one for each girl); permanent marker

1. Give each girl half a bagel, a paper plate, a plastic knife, and string. Have each girl put the string through the bagel and tie it on. Be sure it is knotted a few times. (Depending on your girls' skill levels, you may want to do this ahead of time for them.)
2. Have the girls spread the cream cheese or peanut butter on the bagel. Sprinkle it with birdseed and then wrap it up in aluminum foil.
3. Write each girls name on the foil with the permanent marker.
4. Have the girls bring their bagels home to hang on a tree, or you can ask if they can be tied to trees at the facility where you meet. Watch and see if the birds come and eat!

*NOTE: If you don't want to use bagels for this activity, you can also substitute pine cones.*

### Snack Chat and Promise Pals

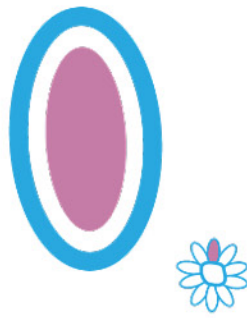
1. While enjoying snack as a large group, have each girl share with the group one thing that she is going to do at home or at school to show others that she is a sister to every Girl Scout. Ideas include:
  - Make up a cool handshake with a friend, and then teach it to other girls who want to learn it.
  - Teach a friend how to do an activity you like to do. Ask her to teach you one of her favorite activities in return.
  - Make a special card or handmade gift for a friend. Include what makes them special.
  - Invite someone new over to play.
2. Have each girl make a promise to the other girls in her group identifying how she will be a sister to every Girl Scout. The girls in the group are now Promise Pals.
3. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

### Field Trip Ideas:

- Visit a library or cultural museum to learn more about other countries.
- See a play or movie that centers on the theme and values of sisterhood.

### Service Project

- Pick up trash whenever she sees it
- Plant flowers in the community



# DAISY

## Be a Sister to Every Girl Scout Petal

*When earning the **Be a Sister to Every Girl Scout Petal**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.*

### Activity

1. Tell the girls to stand near each other in the center of the room.
2. Tell the girls that once you yell, “MINGLE!” to place their palms together in front of their chest and “snake” through the group while chanting, “mingle-mingle-mingle...” continuously as they weave through each other. Allow the girls to mix and mingle for 5-10 seconds.
3. Yell, “STOP!” and tell the girls to find and link arms with girls who have things in common with them by calling one of the categories below, or others you choose.
4. Tell the girls that when they’re trying to find their partner or group, they should ask the other girls one at a time, rather than yelling out to the entire group at once.
5. Once girls have found their partner or group, have each girl or group announce to the larger group what their answer was. After each group has answered, start the game again by yelling “mingle!” and start over with a new category. To involve the girls, ask them to think of new categories to keep the game moving.

### Craft: Girl Scout Sisterhood Wreath

Materials Needed: Pre-traced image of a person on construction paper, coloring utensils, scissors, yarn, googly eyes, stickers, and other decorative items

1. Have the girls cut out and decorate an image of herself with any of the decorative materials provided. She can use her favorite colors, draw her favorite things, or make it as accurate as possible (hair color, eye color, etc.).
2. Have girls share their creations and then connect them all together with glue, staples, or string to form a chain or a circle, representing the Girl Scout Sisterhood across the world.



# DAISY

## Money Counts Leaf

*When earning the **Money Counts Leaf**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.*

Steps to earning this leaf:

1. Understand different kinds of coins
2. Learn more about paper money
3. Find out the cost of fun

### **Activity: Treasure Hunt**

Materials Needed: Assortment of coins and/or dollar bills; \$1 and \$5 fake bill templates; timer

Prep Needed:

1. You can use Monopoly money and/or another set of fake or play coins and bills
1. Tell the girls that there's money hidden around the room and their job is to search for the most money they can find in five minutes.
2. After five minutes, ask the girls to come back together and begin sorting the coins and bills they've found into different groups.
3. Have the girls present what they found to the group. Ask one girl to volunteer to explain how she sorted her coins.
4. Ask the girls to sort their coins by color. Continue to sort using different categories (such as big vs. small, the direction the heads on the coins face, smooth vs. bumpy edges, etc.).
5. At the end of the activity, review each coin by name (quarter, dime, penny, etc.).

### **Activity: Play Exchange Tag**

All players sit or stand in a circle.

"It" calls out the name of two players who must exchange seats "It" tries to tag one of them before she reaches a seat. The person who is tagged becomes the new "It."

1. Ask the girls to list things they do that cost money, such as going to a movie or eating at a restaurant.
2. Now ask the girls to each think of one thing they like to do that costs money. Have each girl draw her "cost activity" on a sheet of paper.
3. Have each girl share her drawing and activity with the group.
4. Now challenge girls to think of activities they like to do that don't cost money, such as playing at the park or going to the library.
5. Ask girls to brainstorm activities they would like to do as a troop that cost money and activities that are free. For activities that cost money, help girls understand how much those activities would cost to do together.
6. Optional: Have girls pick one activity from each list that they can do together as a troop this year.

### **Field Trip Ideas:**

Visit a local bank to learn about money

### **Program Guide:**

Badge Blast: Financial Literacy –  
July 25, 2020



### Snack Chat:

- What is your favorite Girl Scout Cookie?
- Can you name each of the Girl Scout Cookies?
- Who will you sell Girl Scout Cookies to?

### Field Trip Ideas:

- Visit a cookie booth run by an older troop.
- Attend a local Cookie Rally within your Service Unit



# DAISY

## Count It Up Leaf

*When earning the **Count It Up Leaf**, girls will learn about Girl Scout traditions, Petals, the Law, and Promise. Sample activities, snack time discussion, and field trip ideas are below.*

\*Recommended month: December

### Steps to earning this leaf:

1. Find out what cookies cost
2. Learn about different kinds of cookies
3. Set troop cookie program goals

Materials Needed: Small boxes (such as cookie boxes or shoe boxes), play money

1. Tell the girls the cost of one box of Girl Scout Cookies. (Check with your troop cookie manager or the council for the current rate.)
2. Have girls set up their own make-believe cookie booths using the small boxes as pretend boxes of cookies.
3. Girls will take turns “purchasing” and “selling” boxes of cookies to each other using the play money.
4. Have girls use different combinations of coins and bills to purchase a box of cookies. Once they master their initial sales, have them try putting money together to purchase two boxes of cookies.

### NOTES:

- This activity can be challenging for kindergarten Daisies. You might have to provide a lot of assistance to younger girls who are still learning basic addition and currency.
- You can also create a poster that includes cookie to dollar ratios (ex. 1 box = \$3.50, 2 boxes \$7, etc.)
- For younger girls, you can focus more on the practice of selling cookies or customer service instead of focusing on money. For example, if a customer asks how much a box of cookies costs, the girls know to respond “\$5.” Girls can also practice how to respond if someone says no to their sales pitch. They can roleplay answering different customer questions. Work with the girls to remember to thank customers whether they purchase cookies or not.
- Practice answering customers’ questions with a partner. Provide girls and parents with Girl Scout Cookie Program materials and set troop goals with the girls and their parents.