

Friends of Girl Scouts of Middle Tennessee,

As we embark on the 2019-2020 Girl Scout year, we are excited to once again provide exceptional program opportunities and experiences to girls throughout Middle Tennessee. This year's program offerings will continue to encourage girls to explore new ideas and engage in unique activities.

At Girl Scouts of Middle Tennessee, our four main focus areas include STEAM, Outdoors, Life Skills, and Entrepreneurship. Girls can learn about wellness in Happy Healthy Me, understand genetics during Designing Your Dream Horse, and investigate the planets with Space Investigators. We are also excited to bring back several of our most popular program options including Titan Up, a collaboration with our hometown Tennessee Titans, Girl Scout Day on the Hill, and Journey weekends to help your Girl Scout take a step towards earning her highest award.

I am especially excited that, in October, Girl Scouts of Middle Tennessee will host Statewide Camporee at our very own Camp Sycamore Hills. We will welcome girls and volunteers from across the state to explore the outdoors and connect with their Tennessee Girl Scout sisters.

Every year I look forward to what Girl Scouts of Middle Tennessee can accomplish. With your service and dedication, we can help girls define their path toward a bright future and become leaders in their communities.

Thank you for your commitment to building girls of courage, confidence, and character who make the world a better place.

Yours in Girl Scouts,

Agenia Clark President & CEO Each year the Girl Scouts of Middle Tennessee program team strives to deliver an exciting, engaging, and well-rounded offering of programs that provide each girl with an opportunity to learn and grow. Each of these opportunities have been carefully created and organized to highlight at least one of our four main focus areas:

STEAM (Science, Technology, Engineering, Art, and Mathematics)

Exploring each of these concepts in fun and innovative ways through our Girl Innovator Series

Outdoors

Getting girls back in touch with nature with outdoor sports and activities, camping, and equestrian experiences

Life Skills

Preparing Girl Scouts for a healthy future by supporting their physical, social, and emotional health

Entrepreneurship

Engaging future leaders through business planning, inventing, marketing, career preparedness, and problem solving

As we look forward to a time when every Girl Scout has a role in shaping a brighter tomorrow, we hope that the programs offered in this guide help empower each girl to **Be You – Be the Future!**

Your program team is here to help! Please do not hesitate to contact us with any questions, concerns, or feedback.

Lanny Brown

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Carol Coats

Equestrian (Horse) Manager CCoats@gsmidtn.org Phone/Fax: (615) 947-3214

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LReichstein@gsmidtn.org Phone/Fax: (615) 460-0212

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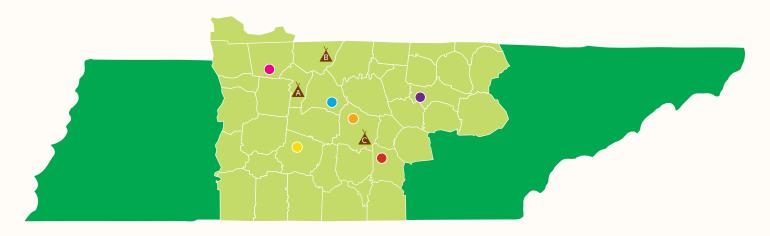
Jen Vaughn

Equestrian (Horse) Team JVaughn@gsmidtn.org Phone/Fax: (615) 792-6551

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Service Centers



- Nashville Service Center 4522 Granny White Pike Nashville, TN 37204
 Tel: (615) 383-0490
 Email: Info@gsmidtn.org
- Oclarksville Service Center 331 A4 Union Street Clarksville, TN 37040 Tel: (931) 648-1060
- Oclumbia Service Center
 1129 Trotwood Avenue, Suite 11
 Columbia, TN 38401
 Tel: (931) 490-8660

Nashville Shop

4522 Granny White Pike Nashville, TN 37204 **Tel:** (615) 460-0222

Email: NashvilleShop@gsmidtn.org

Cookeville Service Center

1435 South Jefferson Avenue, Suite D Cookeville, TN 38506 Tel: (931) 526-4925

Manchester Service Center
 506 Hillsboro Boulevard, Suite 103
 Manchester, TN 37355
 Tel: (615) 460-0256

Murfreesboro Service Center

2690 Memorial Boulevard, Suite C1 Murfreesboro, TN 37129 Tel: (615) 890-2451

A. Camp Sycamore Hills, Ashland City B. Camp Holloway, Millersville C. Camp Piedmont, Readyville



The Cabin

The Cabin at Girl Scouts of Middle Tennessee is the one-stop shop for your volunteer and troop needs. In addition to a full line of uniforms and troop items, we carry many gift-giving and volunteer-based products.

While in The Cabin, you can reserve packaged programs, schedule a training, purchase your troop badges, or pay for programs, trainings, and property reservations. Our friendly staff is knowledgeable and helpful and we are here to make your Girl Scout experience seamless and enjoyable!

While you are in The Cabin, check out our Council's Own patches. These can only be found at Girl Scouts of Middle Tennessee and are designed to enhance your troop experience. Guidelines for these patches can be found on our website, <code>gsmidtn.org/councils-own-resources</code>.

Additionally, you can schedule one-on-one help sessions with Sue Tims, Director of Customer Enrichment/Engagement. These can be done in person or over the phone. To make an appointment, contact Sue at STims@gsmidtn.org or (615) 460-0235.

When you purchase items from Girl Scouts of Middle Tennessee's retail shop, the money stays in our council area. This provides a way to give back to the Middle Tennessee girl experience.

We look forward to meeting you and helping with your troop and Girl Scout needs. Feel free to contact us with any questions at NashvilleShop@gsmidtn.org or (615) 460-0222.

Your Customer Engagement Team

Sue Tims

Director of Customer Enrichment/Engagement STims@gsmidtn.org Phone/Fax: (615) 460-0235

Poppy Lee

Volunteer Relations Manager PLee@gsmidtn.org Phone/Fax: (615) 460-0255

Kelly Van Vleet

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Angela Jones

Customer Engagement Specialist Phone/Fax: (615) 460-0222



PROGRAM REGISTRATION INSTRUCTIONS

Explore the many opportunities Girl Scouts of Middle Tennessee has to offer! Council programs, scheduled on a particular date for specific grade levels, are planned and facilitated by your Girl Scouts of Middle Tennessee program team, and registration is taken through CouncilAlignMENT. If you do not have a CouncilAlignMENT account, contact your Regional Executive.

STEP 1: Decide on a program that inspires you!

STEP 2: Register

Log into CouncilAlignMENT by visiting **gsmidtn.org/ councilalignment**. If you experience any difficulty (i.e. forgotten password), refer to the FAQs section of this guide (page 39).

- From the CouncilAlignMENT homepage, click on "View Calendar" in the "Available Activities" bar.
- 2. Events for your troop or child's program level will appear on the calendar in different colors. View the key at the top left of the calendar for color explanation (status of program).
- 3. After you have clicked on your event, you will choose register 'girl(s)' or 'troop.' If you are registering several girls from a troop, select "Troop." If you are registering your girl(s) as an individual participant, select "Girl(s)."
- 4. The next screen asks for specific information about those who will be attending, including both girl(s) and adult(s). At this time you may only add girls and adults with CouncilAlignMENT profiles.
- For programs that indicate friends and family, please fill out the additional question in the registration section. You do not need to count any registered Girl Scouts, so long as they have been selected above.

Please set NoReply@councilalignment.com as a "safe sender" to avoid accidental delivery to junk or spam folders.

Registration for each program closes three weeks prior to the event. Many programs fill to capacity quickly due to popularity so you are encouraged to register as early as possible. Unless otherwise stated, programs do not include food/beverage, and adults are required to attend with Girl Scouts. Please make other arrangements for "tag-alongs."

STEP 3: Payment

Once you have registered and the program has met its minimum, CouncilAlignMENT will send you an invoice by email and populate in the online shopping cart. You will have 10 days from the date you receive the payment communications to pay the balance. All balances are due prior to the program. Unpaid balances must be resolved before you are allowed to register for another activity.

STEP 4: Before Your Program

You will receive communications at least one week prior to the event with all information you will need. Confirmation letters include; directions, packing list, overview of the event, forms to complete, and more. If your troop's registration was received after the event was filled, you will be put on a waiting list and will receive notification if space becomes available.

Communication about Programs

To ensure that you receive the most complete and current information about the programs you are registered for, please select "**Email**" as your contact/notification preference.

For clarification concerning any program, please reach out to the program manager listed under each description or to our council registrar:

Eva Conwell
Council Registrar
(615) 460-0254
EConwell@gsmidtn.org

Cancellation

Events run rain or shine. The program managers for each program will contact you if a program is postponed, rescheduled, or cancelled due to inclement weather. Please use your best judgment when traveling with girls. Traveling in extreme weather is not advised.

All cancellation requests must be received in writing via email or mail no later than three (3) weeks prior to the program. Cancellation requests must be made in writing and sent to the program's designated staff or to the council registrar. Payment is expected unless you cancel. Unpaid registrations do not count as notice of cancellation and full payment is expected. If GSMIDTN cancels the event for any reason, a refund will be issued based on program expenses.

Refunds

All refund requests must be made no later than two (2) weeks after the program. Requests must be made in writing and sent via email or mail to the staff member listed for the program. Refunds are not issued for individuals or troops who choose not to attend a program. Full payment is required unless a written cancellation request is received three (3) weeks prior to the event. Refunds for illness or emergencies will be considered on request. No exceptions can be made for programs listed as non-refundable.



PHYSICAL RESTRICTIONS

Girl Scouts of Middle Tennessee proudly offers a wide variety of activities with the goal of providing meaningful and enriching experiences in areas that girls enjoy. While we strive to ensure that our programs are inclusive and that all girls have access to meaningful activities and experiences, some activities have inherent restrictions. In an effort to balance the demand for challenging activities with the safety and well-being of our girls and adult volunteers, we offer the following programs and activities with restrictions as listed below.

If you have questions or concerns regarding a girl participating based on these restrictions or would like additional information on the basis of these restrictions, please contact the program manager listed below. We realize these restrictions can lead to sensitive conversations and welcome the opportunity to speak in advance of the event to discuss options and potential solutions.

Horse Programs

To protect the health and safety of our horses and participants, the maximum weight limit for participants in Girl Scouts of Middle Tennessee horse riding programs is 200 lbs. Current research shows that horses should carry no more than 20% of their weight. Our limit is based on the size of our horses, weight of our equipment, and the type of activities we provide. As a Certified Horsemanship Association (CHA) accredited site, we have established this policy in accordance with their safety protocols and recommendations. If your group is participating in a workshop or program that includes ground activities, participants not eligible to ride can still participate in the ground portion (fees can be adjusted accordingly with prior notification).

Adventure Activities

Several of the activities offered at our facilities utilize specialized equipment. This equipment is designed with the safety of the participant in mind and has manufacturers recommended limitations to minimize the risk of injury to the participant. In order to ensure that all participants are able to utilize equipment safely, the following weight limits must be strictly enforced:

High Challenge, Rappelling, Tree Climbing 250 lbs

Zip line, Flying Squirrel, Swing By Choice 250 lbs

Corcls® 225 lbs

In addition to these weight limits, supplied harnesses and equipment must fit properly and securely. Fit will be evaluated by the instructor/facilitator on site.

Watercraft

All participants utilizing watercraft (canoes, kayaks, funoes, and Corcls) on council properties are required to wear Coast Guard approved Personal Flotation Devices (PFDs) at all times. Usage of watercraft is dependent on proper fit of supplied PFDs and will be evaluated by the instructor/facilitator on site.

Carol Coats

Equestrian (Horse) Manager CCoats@gsmidtn.org Phone/Fax: (615) 947-3214

Adventure Specialist

ProgramDept@gsmidtn.org Phone/Fax: (615) 460-0213

PROGRAMS

Council programs are an opportunity for your troop or Individually Registered Girl Scout to experience what Girl Scouts has to offer! We have programs to help complete Journeys, earn badges, learn life skills, and have some fun with science. Explore the opportunities in these pages!













Ambassador (11-12)

October

Statewide Camporee

Date: October 11-13, 2019













Girl Scouts Heart of the South, Girl Scouts of the Southern Appalachians, and Girl Scouts of Middle Tennessee are invited to Camp Sycamore Hills to celebrate the traditions of Girl Scouts. We will have a day event Saturday for Girl Scout Daisies and Brownies and an overnight event for Juniors, Cadettes, Seniors, and Ambassadors. There will be activities for everyone and a whole lot of fun! Each troop will choose five activities, receive dinner on Saturday evening, and take home a patch. Please observe girl to adult Safety Activity Checkpoint ratios. For more details, visit gsmidtn.org/StatewideCamporee.

Time: Friday 5 PM - Sunday 10 AM Location: Camp Sycamore Hills

Staff: Lauren Reichstein/Christina Bradley

Min: 150 Max: 600

Girl Scout Fee: \$65 Non-Registered Girl Fee: \$70 Adult Fee: \$35 Non-Registered Adult Fee: \$45



Girl Scouts Titan Up!

Date: October 26, 2019

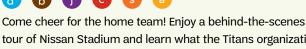












tour of Nissan Stadium and learn what the Titans organization does to keep the team running. You will meet Titans Staff and visit the field, T-Rac's lair, and the press box! This event includes the tour and the ticket to the game on the following Sunday against the Tampa Bay Buccaneers! This event is open to Girl Scouts and their families.

Time: 1 - 3:30 PM

Location: Nissan Stadium Staff: Lauren Reichstein Min: 50 Max: 300 All Participant Fee: \$30

Registration: gsmidtn.org/titan-up (ticket fees may apply)

Smart Kids: Safe Kids

Date: October 26, 2019





Your Girl Scouts think they're ready to stay home alone, but are they? Safe Kids will teach girls how to take that next step to independence while giving parents peace of mind. Topics include responsibilities while staying home alone, simple first aid, how to navigate the internet, fire safety, and what to do around aggressive dogs. We'll also discuss the truth behind "stranger danger." This program is non-refundable. Non-registered girls will be unable to attend this program.

Time: 1:45 - 5 PM

Location: Nashville Service Center

Staff: Lauren Reichstein Min: 12 Max: 25 Girl Scout Fee: \$30

November

Smart Kids: Polite Kids

Date: November 3, 2019





Be the best you can be by participating in this program! Smart Kids: Polite Kids teaches you everything you need to know about etiquette and the perks of being polite. Juniors who attend this program will work toward the Social Butterfly badge. All participants will receive a workbook, fun patch, and certificate. This program is non-refundable. Non-registered girls will be unable to attend this program.

Time: 1:15 - 4 PM

Location: Nashville Service Center

Staff: Lauren Reichstein

Min: 12 Max: 25 Girl Scout Fee: \$28

Ambassador Journey Weekend: Justice

Date: November 8-10, 2019



Soar towards Justice! Once you believe change is possible, earning the Sage Award is only a few steps away. Take a stand at this one of a kind Journey Weekend with your fellow Girl Scout Ambassadors and work on protecting the environment. Some pre and post work is required to complete awards, including completing the Take Action Project. You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM

Location: Camp Holloway Staff: Christina Bradley Min: 20 Max: 40

Girl Scout Fee: \$60 Non-Registered Girl Fee: \$65 Adult Fee: \$25 Non-Registered Adult Fee: \$30

Cadette Journey Weekend: Breathe

Date: November 8-10, 2019



A wind farm, an environmental scientist, and experiments using wind teach girls about the air we breathe. Spend this fun weekend working to complete the Journey and get started on your Take Action Project. Some pre and post work is required to complete awards, including completing the Take Action Project. You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM – Sunday 10 AM **Location**: Camp Sycamore Hills

Staff: Alice LaBour Min: 25 Max: 60

Girl Scout Fee: \$60 Non-Registered Girl Fee: \$65 Adult Fee: \$25 Non-Registered Adult Fee: \$30

Junior Journey Weekend: Get Moving

Date: November 8-10, 2019



What is energy? Energy is everywhere: in lights, fireworks, and Juniors! This weekend girls will learn about energy – what it is and how we can harness it to help our planet as Girl Scouts. Not only will you discover energy in nature and science, you will also build leadership skills. Some pre and post work is required to complete awards, including completing the Take Action Project. You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM Location: Camp Sycamore Hills

Staff: Lauren Reichstein Min: 50 Max: 100

Girl Scout Fee: \$60 Non-Registered Girl Fee: \$65 Adult Fee: \$25 Non-Registered Adult Fee: \$30

Senior Journey Weekend: Sow What?

Date: November 8-10, 2019

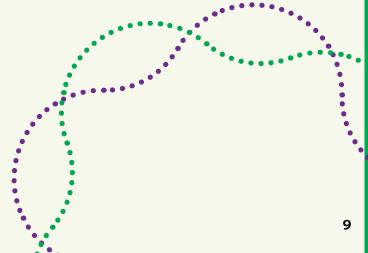


What's your food network? We'll go beyond the TV channel and directly into your impact on our planet. Work together towards your Harvest Award and have a blast at this one of a kind Journey Weekend. Some pre and post work is required to complete awards, including completing the Take Action Project. You will receive a \$2 discount toward your Journey Award in the Cabin. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Friday 7 PM - Sunday 10 AM

Location: Camp Holloway Staff: Christina Bradley Min: 20 Max: 40

Girl Scout Fee: \$60 Non-Registered Girl Fee: \$65 Adult Fee: \$25 Non-Registered Adult Fee: \$30



December

Walk in the Nashville Christmas Parade

Date: December 7, 2019











Walk in the Nashville Christmas Parade with Girl Scouts! Bring your signs and banners, wear festive outfits, and spread some holiday cheer during the parade!

Time: TBA

Location: Downtown Nashville

Staff: Alice LaBour Min: 25 Max: 300

Girl Scout Fee: \$5 Non-Registered Girl Fee: \$10

Smart Kids: Babysitting 101

Date: December 7, 2019





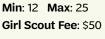


Babysitting 101 is an interactive program that trains aspiring babysitters in topics such as starting your business, understanding the likes and dislikes of children, equipping yourself with fun ideas, and recognizing common problems babysitters face. This is α comprehensive babysitting training course for fifth grade Juniors, Cadettes, and Seniors. This program is non-refundable. Nonregistered girls will be unable to attend this program.

Time: 9:45 AM - 2 PM

Location: Nashville Service Center

Staff: Lauren Reichstein



Polar Express

Date: December 14 & 15, 2019







Take a trolley ride on the Polar Express in your favorite PJs! Visit Santa's Workshop and build a toy to take home, then see Saint Nick and enjoy holiday treats by the fire. We will be holding a warm clothing drive to benefit those in need. If you're able, please bring socks, mittens, gloves, hats, or scarves to donate. Please sign up for the specific session time that you would like to attend.

Siblings may attend but must be registered in CouncilAlianMENT prior to the program. Adults may not be able to ride the trolley if space is limited. This is not a drop-in event.

Dates & Times:

December 14:

12 - 1:30 PM, 12:30 - 2 PM, 1 - 2:30 PM, 2 - 3:30 PM, 2:30 - 4 PM, 3 - 4:30 PM, 3:30 - 5 PM, 4 - 5:30 PM

December 15:

12 - 1:30 PM, 1 - 2:30 PM, 1:30 - 3 PM, 2 - 3:30 PM, 2:30 - 4 PM

Location: Camp Sycamore Hills

Staff: Christina Bradley

Min: 10 Max: 25 per time block

Girl Scout Fee: \$30 Non-Registered Girl Fee: \$35 **Adult Girl Scout Fee: \$5** Non-Registered Adult Fee: \$10



January

Badge Blast: Performance and Story Telling Badges

Date: January 11, 2020









Discover and work towards completing Performance and Story Telling badges. Badges include Brownie: Dancer and My Family Story; Junior: Musician and Entertainment Technology; Cadette: Public Speaker and Screenwriter; Senior: Troupe Performer and Novelist.

Time: 10 AM - 3 PM Location: TBA Staff: Alice LaBour Min: 75 Max: 125

Girl Scout Fee: \$15 Non-Registered Girl Fee: \$20

Art Mayhem

Date: January 25, 2020









Do you love to draw the world around you, create masterpieces with hands-on crafts, or design your own jewelry? Join us for a day of fun learning from experienced artists about sketching with charcoal pencils, creating masterpieces with acrylic paint, designing your own horse hair key chain, and more! Girls will be able to pick and choose which art stations they would like to participate in. All art materials are provided and girls will be able to take home their creations. This is a non-riding program.

Time: 1 - 4:30 PM

Location: Camp Sycamore Hills

Staff: Ashley Myers Min: 20 Max: 40

Girl Scout Fee: \$30 Non-Registered Girl Fee: \$35

Belmont Bruins Women's Basketball Girl Scout Day

Date: January 2020











Join the Belmont Bruins for a behind the scenes look at all things basketball! You will tour the athletic facilities with Belmont athletes and get fans pumped for the game when you greet the team and create spirit posters. Cost includes ticket to Women's Basketball game and a special Girl Scout patch. Date will be announced once team schedule is set.

Time: TBA

Location: Belmont University Staff: Christina Bradley

Min: 25 Max: 75

Girl Scout Fee: \$10 Non-Registered Girl Fee: \$12



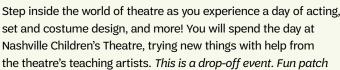
February

A Taste of Theatre

Date: February 9, 2020







included. This is a non-refundable program.

Time: 11 AM - 4 PM

Location: Nashville Children's Theatre

Staff: Alice LaBour Min: 50 Max: 75

Girl Scout Fee: \$60 Non-Registered Girl Fee: \$65

A Taste of Theatre (Older Girl)

Date: February 9, 2020







Take a deeper dive into the world of theatre as you spend the day at Nashville Children's Theatre. You will spend your time acting, trying stage makeup techniques, stage combat, and more! *This is a drop-off event. Fun patch included. This is a non-refundable program.*

Time: 11 AM - 4 PM

Location: Nashville Children's Theatre

Staff: Alice LaBour Min: 10 Max: 25

Girl Scout Fee: \$60 Non-Registered Girl Fee: \$65



Designing Your Dream Horse

Date: February 15, 2020







Do you love the science of genetics? Learn the ins and outs of how genetic materials are pieced together to create the perfect masterpiece! Join us for a day of fun by learning about the science behind the horses at Camp Sycamore Hills. Working in stations, girls will learn about Punnett squares, visit the horses in the barn, piece together their dream horse, and more! *This is a non-riding program*.

Time: 1 - 4 PM

Location: Camp Sycamore Hills

Staff: Carol Coats, Ashley Myers, Jen Vaughn

Min: 12 Max: 32

Girl Scout Fee: \$25 Non-Registered Girl Fee: \$30

Nashville Opera

Date: February 22, 2020







Join us for an exclusive Girl Scout showing at the Nashville Opera that's fun for the whole family! While you may be able to catch *Little Red's Most Unusual Day* at other locations around Nashville, it won't be with your Girl Scout friends or include our exclusive patch!

Time: 10 AM

Location: Noah Liff Opera Center

Staff: Sam Keeney **Min**: 25 **Max**: 200

Girl Scout Fee: \$5 Non-Registered Girl Fee: \$5

Adult Fee: \$2

Ladybug Picnic

Date: February 29, 2020





Dress in your best red and black ladybug outfits and get ready for a yummy picnic! Learn about Tennessee's state insect as you make a ladybug craft, play games, and go in search of our buggy friends. Daisies will work toward their Daisy Flower Garden Journey, and Brownies will work toward their Bugs badge. *Picnic lunch and fun patch included*.

Time: 10 AM - 3 PM

Location: Camp Sycamore Hills **Staff**: Lauren Reichstein

Min: 50 Max: 200

Girl Scout Fee: \$20 Non-Registered Girl Fee: \$25
Adult Fee: \$5 Non-Registered Adult Fee: \$10

March

Global Guardians

Date: March 7-8, 2020





Who's endangered and why? Become heroes of the globe, learning the different reasons many species and habitats are endangered and why caring for animals at the Zoo is important to the survival of species in the wild. Experience the nighttime side of the Zoo as we explore cause and effect, human impact, and what we can do to help our planet! Non-Registered Girl Scouts will not be able to attend this program. Please observe girl to adult Safety Activity Checkpoint ratios. This is a non-refundable program.

Time: Saturday 6 PM - Sunday 9 AM

Location: Nashville Zoo Staff: Alice LaBour Min: 25 Max: 50

Adult Fee: \$60 Girl Scout Fee: \$50

Daisy & Brownie Journey Day

Date: March 14, 2020





Daisies, come on a road trip to Camp Holloway and meet your flower friends. Explore the great outdoors as you work toward the It's Your Planet - Love It Journey.

Brownies, get ready to dive in and learn about the substance that makes our Earth unique, water!

Time: 10 AM - 2 PM Location: Camp Holloway Staff: Sam Keeney

Min: 25 Max: 50

Girl Scout Fee: \$20 Non-Registered Girl Fee: \$25



Core Camp: Junior

Date: March 14-15, 2020



Are you a first time camping troop wanting a little help? Core Camp: Junior, a one-night camping event for Junior troops, is the program you are looking for! Troops will participate in activities like games, camp skills, and more. This event is led by older girl troops who have been trained to guide new camping troops through this adventure. Kapers such as flag ceremonies, Girl Scout's Own ceremonies, cleaning, and campsite care will be shared by attending troops. You will prepare your own meals over the campfire. All food and supplies are provided for lunch, dinner, and breakfast. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Saturday 10 AM - Sunday 10 AM Location: Camp Sycamore Hills

Staff: TBA Min: 25 Max: 50

Girl Scout Day on the Hill

Date: March 17, 2020









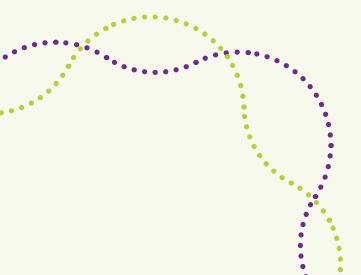
Have you ever wondered about what happens in the Tennessee State Legislature? Be part of a vote, tour the Capitol Building, meet your State Representatives, and more! You will also connect with a variety of speakers about the ways Girl Scouts can engage in politics and the role Tennessee has played in women's history. Lunch included.

Time: 10 AM- 3 PM

Location: Tennessee State Capitol

Staff: Alice LaBour Min: 100 Max: 300

Girl Scout Fee: \$15 Non-Registered Girl Fee: \$20





Date: March 21, 2020











We're partnering with area nonprofits, parks, and service centers throughout our 39 counties for a day of giving back to our communities. This is an opportunity to show the impact Girl Scouts can have in a single day!

Time: All day

Location: Your Community

Staff: Sam Keeney

Summer Camp Open House

Date: March 29, 2020













What better way to learn more about summer camp than at Camp Open House? Come meet the camp director and some of our summer staff, take a tour, eat a s'more, and participate in select camp activities. Registration is helpful but is not required. This is a drop-in event.

Time: 1 - 4 PM

Location: Camp Holloway Staff: Lauren Reichstein Location: Camp Sycamore Hills

Staff: Christina Bradley Min: 15 Max: 100

Girl Scout Fee: \$0 Non-Registered Girl Fee: \$0

Happy Healthy Me

Date: March 2020













Spend an afternoon with health, wellness, fitness, and nutrition experts and have FUN! You will unplug, practice mindfulness, and learn stress-busting skills and healthy living tips. Learn to care for your whole self and raise self-care awareness in others.

Time: 10 AM - 4 PM

Location: Davidson County Staff: Lauren Reichstein Min: 50 Max: 200

Girl Scout Fee: TBA Non-Registered Girl Fee: TBA

Mad Science

Date: March 2020





Explore the wonders of science with female scientists from the Phi Rho Engineering sorority at Vanderbilt University. Build contraptions, concoct a chemistry experiment, and more!

Time: 10 AM - 2 PM

Location: Vanderbilt University

Staff: Sam Keeney Min: 25 Max: 50

Girl Scout Fee: \$15 Non-Registered Girl Fee: \$20



April

Nocturnal Navigators

Date: April 4, 2020



As the sun sets, many creatures of the night come alive! Plunge into darkness and discover a whole new world of nocturnal animals. Join us on our journey in learning about their special adaptations, habitats, and their role in the ecosystem. Please observe girl to adult Safety Activity Checkpoint ratios. This is a non-refundable program. Nonregistered girls will be unable to attend this program.

Time: 6 - 9 PM

Location: Nashville Zoo Staff: Alice LaBour Min: 25 Max: 50 Girl Scout Fee: \$25 Adult Fee: \$25

Brownie Fairy Myst

Date: April 4, 2020



Spend the day as a fairy with your very own wings! You will discover the colorful, magical land of fairy secrets, games, knots, and braids. Brownies will create magical fairy crafts during this all day event. Pack a lunch for a great adventure! Fun patch included.

Time: 10 AM - 3 PM Location: TBA

Staff: Christina Bradley Min: 50 Max: 100

Girl Scout Fee: \$20 Non-Registered Girl Fee: \$25

Core Camp: Brownie

Date: April 10-11, 2020



Are you a first time camping troop and want a little help? Core Camp: Brownies is the one-night camping event you are looking for! Attending troops will participate in activities like games, songs, and crafts. This event is led by older girl troops who have been trained to guide new camping troops through this adventure. Kapers such as flag ceremonies, Girl Scout's Own ceremonies, cleaning, and campsite care will be shared by attending troops. You will prepare your own meals over the campfire. All food and supplies are provided for lunch, dinner, and breakfast. Please observe girl to adult Safety Activity Checkpoint ratios.

Location: Camp Holloway

Time: Saturday 10 AM - Sunday 10 AM

Staff: TBA Min: 25 Max: 50

Non-Registered Girl Fee: \$45 Girl Scout Fee: \$40 Adult Fee: \$15 Non-Registered Adult Fee: \$20

Rise Up

Date: April 25, 2020







Curious about the next steps in your education? How will you navigate the rise from elementary to middle school, or middle school to high school? We'll help you work on skills to meet the challenges of a higher grade so you can excel both personally and academically.

Time: 10 AM - 2 PM Location: TBA Staff: Sam Keeney Min: 50 Max: 100

Girl Scout Fee: \$20 Non-Registered Girl Fee: \$25

May

Smart Kids: Babysitting 101

Date: May 30, 2020





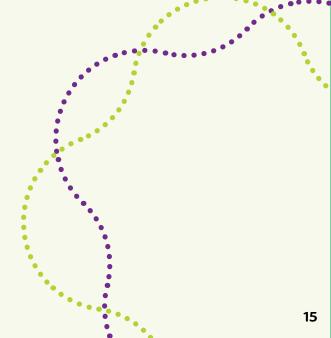


Babysitting 101 is an interactive program that trains aspiring babysitters in topics such as starting your business, understanding the likes and dislikes of children, equipping yourself with fun ideas, and recognizing common problems babysitters face. This is a comprehensive babysitting training course for fifth grade Juniors, Cadettes, and Seniors. This program is non-refundable. Non-registered girls will be unable to attend this program.

Time: 9:45 AM - 2 PM

Location: Nashville Service Center

Staff: Lauren Reichstein Min: 12 Max: 25 Girl Scout Fee: \$50



June

Outdoor Fun in the Sun Day

Date: June 17, 2020











Get outside with Girl Scouts! Spend the day having fun at Nashville Shores and exploring activities from organizations like the Metro Health Department and the Red Cross. Admission to Nashville Shores with catered lunch included.

Time: 9 AM - 2 PM Location: Nashville Shores

Staff: Alice LaBour Min: 100 Max: 400

Girl Scout Fee: \$40 Non-Registered Girl Fee: \$45 Adult Fee: \$40 Non-Registered Adult Fee: \$45



July

Girl U: College Road Trip

Dates: July 12-16, 2020





Rising 10 - 12 grade Girl Scouts are invited to load the charter bus and head off on a college tour where we'll visit colleges like MTSU and University of Memphis.

Staff: Sam Keeney Min: 25 Max: 45

Girl Scout Fee: \$75 until May 1, \$100 until June 1, \$150 after June 1

Badge Blast: Financial Literacy

Date: July 25, 2020













Discover and work towards completing a Financial Literacy badge. You will work toward completing the Daisy: Money Counts; Brownie: Money Manager; Junior: Savvy Shopper; Cadette: Budgeting; Senior: Financing My Future; Ambassador: On My Own.

Time: 1 PM - 4 PM

Location: Nashville Service Center

Staff: Alice LaBour

Minimum: 50 Maximum: 100

Girl Fee: \$7 Non-Registered Girl Fee: \$10

Girl Scout Day at Nashville Soccer Club

Date: July 2020



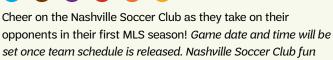








patch included. This is a non-refundable program.



Location: Nissan Stadium Staff: Alice LaBour

Min: 25 Max: 200

Girl Scout Fee: \$20 Non-Registered Girl Fee: \$25 Adult Fee: \$20 Non-Registered Adult Fee: \$25

August

Teen Adventure Weekend

Date: August 14-16, 2020







You've asked and we've answered - here's a weekend at camp just for you! Choose your own adventure, hang out with other Girl Scouts your age, and enjoy time around a campfire. Will you hit a bullseye at archery or make it to the bottom of the zip line? During this weekend you'll be able to pick from a number of activities! Can't commit to the whole weekend? We get it! Come out Saturday and enjoy an action-packed day.

Time: Friday 7 PM - Sunday 10 AM Location: Camp Sycamore Hills

Staff: Sam Keeney Min: 25 Max: 100

Girl Scout Fee: \$45 Girl Scout Day Fee: \$25

Non-Registered Girl Fee: \$50 Non-Registered Girl Day Fee: \$30

Daisy Adventure Day

Date: August 15, 2020



Do you have the guts to cross the swinging bridge, hunt for a secret treasure, or hit a bullseye? Try all of these adventures and more during Daisy Adventure Day. Remember to bring your lunch and a water bottle!

Time: 10 AM - 3 PM

Location: Camp Sycamore Hills

Staff: Christina Bradley Min: 50 Max: 100 Girl Scout Fee: \$10

Non-Registered Girl Fee: \$15

Brownie First Nighter

Date: August 29-30, 2020



Come spend the night at camp with your fellow Brownies! Experience outdoor fun as you craft, explore nature, learn fire safety, and enjoy delicious s'mores. Lunch, dinner, and breakfast are included, as well as fun patch. Please observe girl to adult Safety Activity Checkpoint ratios.

Time: Saturday 10 AM - Sunday 10 AM

Location: Camp Holloway Staff: Lauren Reichstein Min: 50 Max: 135

Girl Scout Fee: \$35 Non-Registered Girl Fee: \$40 Adult Girl Scout Fee: \$15 Adult Non-Registered Fee: \$20

September

Space Investigators

Date: September 12-13, 2020













To infinity and beyond! Girl scouts explore space, investigate the planets, get a close encounter with the moon, and hear stories about the stars while snacking on some Moon Pies. All levels will work towards their Space Science badges.

Time: Saturday 7 PM - Sunday 10 AM

Location: Pickett State Park Staff: Christina Bradley Min: 50 Max: 135

Girl Scout Fee: \$20 Non-Registered Girl Fee: \$25

Core Camp: Brownie

Date: September 19-20, 2020



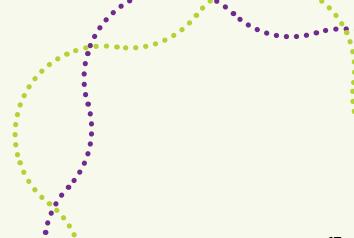
Are you a first time camping troop and want a little help? Core Camp: Brownies is the one-night camping event you are looking for! Attending troops will participate in activities like games, songs, and crafts. This event is led by older girl troops who have been trained to guide new camping troops through this adventure. Kapers such as flag ceremonies, Girl Scout's Own, cleaning, and campsite care will be shared by attending troops. You will prepare your own meals over the campfire. All food and supplies are provided for lunch, dinner, and breakfast. Please observe girl to adult Safety Activity Checkpoint ratios.

Location: Camp Piedmont

Time: Saturday 10 AM - Sunday 10 AM

Staff: TBA Min: 25 Max: 50

Girl Scout Fee: \$40 Non-Registered Girl Fee: \$45 Adult Fee: \$15 Non-Registered Adult Fee: \$20



GIRL INNOVATOR

It's time to get your hands dirty and bring out your inner mad scientist! We'll make slime, build robots out of Legos, and learn about chemical reactions. We have everything you need to bring out your inner innovator (aka awesomeness)! All this can be brought to you at a Girl Scouts of Middle Tennessee property, we can travel to your meetings, or you can check out materials for a DIY event. Let's get innovating!

Girl Innovator Programs are available during most weekends and some weekdays throughout the year. Programs can be held at any of our camps and Nashville Service Center, as well as travel programs that come to you for a troop meeting or service unit event. For more information regarding Girl Innovator Programs, contact Sam Keeney at SKeeney@gsmidtn.org or (615) 460-0227. See page 20 for registration instructions.

There is a minimum/maximum participant requirement. These requirements are adhered to strictly in order to ensure cost-effectiveness and safety. However, we will make every effort to meet your needs.

*Some restrictions or prerequisites apply. Read the program description for information.









Daisy (Grades K-1) Brownie (2-3) Dunior (4-5) Cadette (6-8) Senior (9-10)





Ambassador (11-12)

Bristle Bots







What is a robot anyway? We will explore new definitions of what makes a robot, brainstorm what our dream robot is capable of, and build a Bristle Bot as we try to figure out the answer to what makes some of our electronic devices robots. This activity meets the requirements for Cadette, Senior, and Ambassador Designing Robots badges.

Duration: 1 hour Min: 8 Max: 16 Girl Fee: \$10

Car Design











Curious about cars or just need help earning a Mechanical Engineering badge? This activity is for you! We will build and decorate our own boxcars, then race them on different surfaces to see how far and fast they go. For Juniors and up we will even try to make them air powered! This activity meets the requirements for the Daisy Model Car, Brownie Race Car, and Junior Balloon Car Design Challenge badges.

Duration: 1 hour Min: 8 Max: 16 Girl Fee: \$7

Lego Robotics









Enjoy building things out of Lego bricks? Ever wish those things could move or make sounds? We have robotic Lego kits that let you create lions that stand up and roar, alligators that snap their jaws shut when they sense movement, and self-propelled tops. This activity can be a short two hour program or extended to be able to make multiple creatures. Lego Robotics can also help girls work towards the Brownie Programming Robots and Designing Robots badges, and Junior Designing Robots badge.

Duration: 1 hour Min: 8 Max: 16 Girl Fee: \$10

Marble Maze









Team up and see if you can make the world's SLOWEST maze for a marble to run through using the materials provided. We will talk about techniques to slow down the marble and have fun competing and comparing ideas in this fun event. This activity can also help Brownies work towards the Leap Bot Design Challenge by using the same principles.

Duration: 1 hour Min: 8 Max: 40 Girl Fee: \$7



Marshmallow Shooter

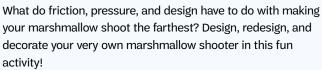












Duration: 1 hour Min: 8 Max: 15 Girl Fee: \$8

Mission Eggpossible











Your mission, if you and your team choose to accept it, is to construct a safety pod for a raw egg. Your materials are tape and straws, and you must create a pod that will help your egg survive crash landings from various heights!

Duration: 1 hour Min: 8 Max: 24 Girl Fee: \$7

Ozobots













Do an obstacle course with your robot friend and have it spin in circles or walk backwards! Get an introduction to robots and speaking their language (code) with our Ozobot friends. This activity can help girls work towards the Daisy What Robots Do and How Robots Move badges, and Brownie Programming Robots badges.

Duration: 1 hour Min: 8 Max: 24 Girl Fee: \$10

Slime











Know the difference between a chemical and physical change? What about what happens when certain colors are mixed together? Or do you just like playing with ooey gooey things? Take this slime workshop to learn all of the above and take home your very own bag of slime.

Duration: 1 hour Min: 8 Max: 24 Girl Fee: \$7

Spaghetti Towers













You and your team will see which group can build the tallest structure out of uncooked spaghetti noodles and marshmallows. Discuss what shapes are strongest and determine the best use of your materials. For the younger girls, we will talk about shapes that can be made out of straight lines and practice building 3D structures.

Duration: 1 hour Min: 8 Max: 15 Girl Fee: \$7

Squishy Circuits











Do you know how circuits work? Can electricity pass through our bodies? What about our shoes? Learn the basics of circuitry by playing with Christmas lights, motors, LEDs, and wires made out of dough.

Duration: 1.5 hours Min: 8 Max: 25 Girl Fee: \$7

GIRL INNOVATOR REGISTRATION

TO MAKE REQUESTS:

For a Girl Scout Camp

STEP 1: Submit your day use or overnight property request through CouncilAlignMENT, you'll also be able to select what Girl Innovator (or Adventure, Camptivity, or Horse) program(s) your group would like to do! If you have any questions concerning particular dates please call us and we'll check any availability first and offer our suggestions.

STEP 2: Scheduling your activities

Once the request has been approved, you'll hear from the programs team in the form of a confirmation and invoice if payment is still due. Please note that submissions are requests and these requests are subject to approval. Requests may be submitted 90 days prior to the event date, but no later than one month (30 days) before the program date requested.

STEP 3: Payment

All program fees will populate in your CouncilAlignMENT cart and payment is required no later than one month (30 days) before the date requested. If paying by check please make checks payable to Girl Scouts of Middle Tennessee and write the program date and name of the camp you will be attending in the memo line.

For Self-Led or Off-Site Girl Innovator Programs

STEP 1: Reserve any space you may need.

STEP 2: Fill out the online Girl Innovators request form at **gsmidtn.org/Girl-Innovator**.

Requests may be summited 90 days prior to the event, but no later than one month prior to the pick-up date requested. Requests received within 30 days may not be accommodated.

STEP 3: Confirmation

The program manager will send a confirmation of receipt, and then follow up with a schedule within one month of the program.

STEP 4: Payment

All program fees are due with your request form. Please make checks payable to Girl Scouts of Middle Tennessee and write the program date and location on the memo line of the check.

Program fees are non-refundable 30 days prior to the date of your program.

The minimum and maximum number of participants listed in the program description always applies. If your group is larger than the maximum per program, the group may be split into two or more sessions. If your group is smaller, you can pay for the minimum to run the program.

REFUND/CANCELLATION POLICY

Any changes to your requested program numbers must be made 30 days prior to the date of your program; otherwise you are responsible for paying for the number on your request form. Schedule changes and refund requests must be in writing (mail, email, or fax) 30 days prior to the program. Program fees will be fully refunded in the event of cancelation by the Girl Innovator team. There are no refunds if the program still runs and you choose not to participate.

FORMS

Those participating in Girl Innovators only need the standard permission form for activities. On the day of their event facilitators will review but not collect this form. Leaders must notify facilitators of any health concerns or conditions.

SPECIAL NEEDS

Please let us know if you have a girl with special needs. We make every reasonable effort to include all girls in our programs, but we must know ahead of time about any disabilities or special needs in order to staff our programs appropriately.



EQUESTRIAN (HORSE)

Experience the magic of more than 40 Girl Scout horses at the Camp Sycamore Hills Equestrian Center. Try something new, improve your horsemanship, or practice team building with horses. With the help of the Equestrian Team, you can start or continue your adventures with horses! Equestrian (Horse) Programs are offered year-round, during the week and on weekends. Make your reservations through CouncilAlignMENT. See page 6 for registration instructions.

Horse Program Contacts:

Carol Coats Equestrian (Horse) Manager CCoats@gsmidtn.org Phone/Fax: (615) 947-3214

Ashley Myers Equestrian (Horse) Team AMyers@gsmidtn.org Phone/Fax: (615) 792-6551

Jen Vaughn Equestrian (Horse) Team JVaughn@gsmidtn.org Phone/Fax: (615) 792-6551



Daisy (Grades K-1) Brownie (2-3) Junior (4-5) Cadette (6-8) Senior (9-10) Ambassador (11-12)











Ponies & Pals

2019 Dates: October 27, November 3, November 10 2020 Dates: March 15, April 5, April 19, April 26, August 16







Each participant brings mom, dad, or an adult friend to spend time with the horses at Camp Sycamore Hills. Meet horses in the barn, groom ponies, and try a leadline ride with your favorite adult leading your horse in the arena. This program is especially for Girl Scout Daisies and Brownies. Be sure to register for the specific date and time you would like to attend.

Times: 12 - 1:30 PM, 1 - 2:30 PM, 2 - 3:30 PM,

3 - 4:30 PM, 4 - 5:30 PM

Location: Camp Sycamore Hills

Staff: Ashley Myers Min: 12 Max: 24

Girl Scout Fee: \$15 Non-Registered Girl Fee: \$15

Southern Equine Expo

Date: February 22, 2020













If you love horses, visit this expo and see all the avenues to be involved with horses. Event attendees will enjoy educational seminars, hands-on demonstrations, clinics presented by nationally known horsemen, and lots of shopping! Past demonstrations have included horse soccer, pirate wars, cowboy-mounted shooting, the Smoky Mountain Trail Challenge, drill teams, breed demos, colt starting challenge, and jump offs! This is a non-riding program.

Time: 9 AM - 7 PM

Location: Tennessee Miller Coliseum

Staff: Jen Vaughn Min: 10 Max: 150

Girl Scout Fee: \$10 Non-Registered Girl Fee: \$10



How to Build a Unicorn

Date: March 28, 2020





History is full of stories about mythical horses. Star in your own fantastic tale as you create your own unicorn horn, learn to shoot arrows like a centaur, and ride the hornless unicorns! Bring your lunch and join the fun.

Time: 9 AM - 4 PM

Location: Camp Sycamore Hills

Staff: Ashley Myers Min: 30 Max: 80

Girl Scout Fee: \$35 Non-Registered Girl Fee: \$40

Going Medieval

Date: April 11, 2020







Hear ye, hear ye! Join us for a day of fun and adventure as we travel back into medieval times. You can try your hand at mounted archery, brush up on your sword skills, design a catapult, and maybe even find a dragon egg. Pack your lunch for this adventure.

Time: 9 AM - 5:30 PM

Location: Camp Sycamore Hills

Staff: Jen Vaughn Min: 30 Max: 60

Girl Scout Fee: \$40 Non-Registered Girl Fee: \$45

Arena Ride











Grades: 3-12

Instruction is based on the experience level of the group. Lesson may be tailored to the interests of the group but will begin with the basics and focus on progressive riding skills. Girl Scout Brownies (3rd grade) will earn the Riding Round Up badge. This session includes helmet and boot fittings, horse assignments, and lesson.

Available: Most weekends of the school year;

may be requested on weekdays

Duration: 1.5 hours Min: 6 Max: 12 **Girl Fee: \$18**

Adult Fee: \$18 (if participating)

Trail Ride







Learn the basics and receive instruction on how to make the most of your trail ride. Length of the trail ride depends on skill level demonstrated during basic instruction. The session includes helmet and boot fittings, horse assignments, and instructions. In the case of inclement weather or unsafe trail conditions, alternate arena activities will be substituted.

Available: Most weekends of the school year;

may be requested on weekdays

Duration: 1.5 hours Min: 6 Max: 12 Girl Fee: \$18

Adult Fee: \$18 (if participating)

Horse Day Camps











Grades: 3 - 12

Bring your group for a day with the horses! This day-long program includes riding lessons, games on horseback, and learning how to get a horse ready to ride. Participants will bring a sack lunch, drinks, and snacks for the day. Adults are not required to stay but are welcome.

Available: Weekdays (inquire for availability)

Duration: 9 AM - 4 PM Min: 6 Max: 12

Girl Fee: \$50

Adult Fee: \$50 (if participating)

Horse Smarts Team Building













Horse Smarts is a team building program that enhances leadership and communication skills by observing and interacting with horses. All activities are non-riding and do not require any previous experience with horses.

Available: Most weekends of the school year;

may be requested on weekdays

Duration: 3 hours. Min: 6 Max: 20 Girl Fee: \$20

Adult Fee: \$20 (if participating)





Horseback Riding Lessons











Lessons include both Western and English riding. Students are grouped with no more than four students per class of similar skill and experience. For more information, contact Carol Coats.

Available: Year round; generally on weekdays

Duration: 1 hour Min: 1 Max: 4 Girl Fee: \$30

Adult Fee: \$30 (if participating)

Horsemanship Badge Workshop









We offer age-appropriate workshops that can be adapted to the experience of the group! These workshops include riding and non-riding components. During workshops girls can earn one of these council sponsored horse badges:

JUNIORS

Hands on Horses Horse Sampler Horseback Riding (GSUSA)

CADETTES

Discovery: Horses Trail Rider

SENIORS

Exploring Equines Horse Smart Leadership

Available: Most weekends of the school year;

may be requested on weekdays

Duration: 3 hours. Min: 6 Max: 24 Girl Fee: \$30

Adult Fee: \$30 (if participating)

Loving and Grooming







This one-hour non-riding program includes a tour of the barn, general safety around horses and ponies, and hands on experience with grooming. Girl Scout Brownies will earn the Loving and Grooming Badge.

Available: Most weekends of the school year;

may be requested on weekdays

Duration: 1 hour Min: 6 Max: 20 Girl Fee: \$8

Pony Ready





This one-hour non-riding program allows participants to advance their grooming skills and learn to lead a horse or pony. Girl Scout Brownies will earn the Pony Ready badge.

Available: Most weekends of the school year;

may be requested on weekdays

Duration: 1 hour Min: 6 Max: 10 Girl Fee: \$10



TEEN MENTOR

Congratulations, you have reached the Cadette level and beyond! Take the next steps in your Girl Scout leadership by earning your Leadership in Action (LiA), Counselor in Training (CIT), Core Camp, Program Aide (PA), Vaqueras, Volunteer in Training (VIT), or Girl Scout Highest Awards. These trainings equip you to assist adult volunteers, lead programs, and become role models to younger Girl Scouts.

Teen Mentor trainings are registered through CouncilAlignMENT. Confirmations and information may be sent to the girls CouncilAlignMENT profile email. For questions, contact Sam Keeney at SKeeney@gsmidtn.org or (615) 460-0227.





Senior (9-10)



Ambassador (11-12)



Volunteer

Counselor in Training (CIT) Training: Summer Fun Camp





Are you ready to take your Summer Fun Day or Twilight Camp experience to the next level? Get trained as a Counselor in Training! Girls interested in participating as a Camp Holloway or Camp Sycamore Hills CIT will take a different resident camp training.

Dates and Locations:

March 22, 2020 Nashville Service Center – City Center May 16, 2020 Nashville Service Center – City Center

Time: 10 AM - 2:30 PM Staff: Sam Keeney Min: 5 Max: 15

Core Camp Training









Does your troop love to camp? Are your girls ready to share that love with others? During this training you will learn techniques to teach other girls and troops how to camp outdoors! After completing Core Camp Training, you can lead a troop camping weekend for any of our Core Camp: Brownies or Core Camp: Juniors dates as an additional fundraiser for your troop. Skills you will gain include budgeting, program planning, event communication, and updating your outdoor expertise!

Dates and Locations:

January 25-26, 2020 Camp Holloway

August 22-23, 2020 Camp Sycamore Hills

Time: Saturday 10 AM - Sunday 11:30 AM

Staff: TBA
Min: 15 Max: 50

Girl Scout Fee: \$35 Non-Registered Girl Fee: \$40 Adult Girl Scout Fee: \$15 Non-Registered Adult Fee: \$20





Leadership in Action (LiA) Workshop



Interested in earning the first part of you Program Aide Award? Join us for a Leadership in Action workshop where you'll work with council staff to help create the activities It's Your Planet – Love It! Journey Day: Daisies & Brownies on March 14. *Girls must participate in both days to earn award. If you are unable to attend the training, reserve the Leadership in Action bins from Volunteer Resources!*

Dates and Locations:

February 22, 2020 Nashville Service Center - City Center

March 14, 2020 Camp Holloway

Time: 10 AM - 1 PM Staff: Sam Keeney Min: 6 Max: 20 Girl Scout Fee: \$5

Program Aide Core*



Hey Cadettes! Did you enjoy earning your Leadership in Action Pin? Want to learn more skills to help younger Girl Scouts? Program Aides are those Cadettes who are committed to helping out a troop, service unit, or council program. So come build your leadership skills in this first step towards your Program Aide Award!

Dates and Locations:

October 20, 2019 Putnam County

November 23, 2019 Nashville Service Center - City Center

March 7, 2020 Clarksville
April 19, 2020 Maury County
May 9, 2020 Williamson County

Time: 10 AM - 2 PM Staff: Sam Keeney Min: 6 Max: 15 Girl Scout Fee: \$30

*Are your Cadettes only interested in helping out at a Summer Fun or Twilight camp? We'll be rolling out Day Camp Aide facilitator bins after the new year so you can train them on your own!

Red Cross Babysitting





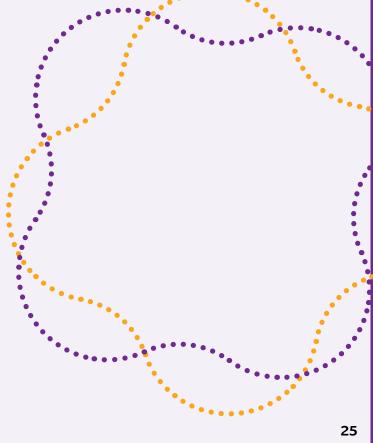


Earn your Red Cross Babysitting certification while learning child and infant First Aid & CPR and practical childcare skills including diapering and feeding. Girls will leave with a pocket emergency guide, babysitter's book, and CD with additional resources to help them in their babysitting business.

Date: January 10-12, 2020 **Location**: Camp Holloway

Time: 7 PM - 11 AM Staff: Sam Keeney Min: 8 Max: 15

Girl Scout Fee: \$70 Non-Registered Girl Fee: \$80 Adult Girl Scout Fee: \$15 Non-Registered Adult Fee: \$15



Silver and Gold Award Training Workshops







Girls, leaders, advisors, and parents are invited to learn about the process for earning Girl Scouts Highest Awards and gain leadership skills to create a sustainable Take Action Projects that meets a need in their community.

Dates and Locations:

November 2, 2019 Davidson County
December 7, 2019 Williamson County
January 11, 2020 Coffee County
February 8, 2020 Rutherford County
March 28, 2020 Putnam County
May 9, 2020 Wilson County

June 6, 2020 Nashville Service Center – City Center

August 15, 2020 Montgomery County

Time:

Silver Award Training 10:30 AM – 12 PM

Gold Award Training 1 – 3 PM

Staff: Poppy Lee Min: 5 Max: 50

Girl Scout Fee: \$5 Adult Fee: \$5



Teen Advisory Committee





Are you ready to take your Girl Scout experience to the next level? Help guide the movement of Girl Scouts by applying to be a Teen Advisory Committee member! This exclusive group of Girl Scout Seniors and Ambassadors get together monthly to challenge each other and try new things.

The committee will have the unique experience of working directly with council staff and implement their own project to benefit the council.

Time Commitment

Joining this committee is a six month commitment. The committee will meet once a month from November 2019-May 2020, and exact meeting dates will be determined by the committee members. You will need to attend at least four of the scheduled meetings and one volunteer opportunity.

Applications Due: October 16, 2019 **First Meeting**: November 23, 2019

Vaqueras Training









Spread the joy of horseback riding with others. Vaqueras are trained to prepare horses and assist participants in the various horse programs offered at Camp Sycamore Hills. Vaqueras will also participate in a riding lesson on days they volunteer after training. Girls must be at least 12 years of age and in the seventh grade at the time of training. Adult volunteers are welcome too!

Dates: January 18, 2020 and August 15, 2020

Location: Camp Sycamore Hills

Time: 8 AM - 5 PM
Staff: Ashley Myers
Min: 12 Max: 36
Girl Scout Fee: \$25
Adult Girl Scout Fee: \$20

Volunteer in Training (VIT) Training





Ready for your next challenge? Work towards your Volunteer in Training Pin by attending this training. You will get an overview on the skills needed to help a troop of younger girls achieve a badge, work on a Take Action Project, earn a Journey Award, or complete their Bronze or Silver Award.

Date: January 4, 2020

Location: Nashville Service Center - Entrepreneur Center

Time: 10 AM - 2 PM Staff: Sam Keeney Min: 4 Max: 15 Girl Scout Fee: \$25

ADULT TRAINING AND VOLUNTEER RESOURCES

New for 2019-2020! Girl Scouts of Middle Tennessee is pleased to offer Camping Skills 1, Camping Skills 2, and First Aid/CPR training free of charge to one adult in every troop! Your dedication is truly exceptional, and we want to provide all the learning and skill-building opportunities we can to help you navigate your journey as a Girl Scout leader. For more details, contact Kelly Van Vleet at KVanVleet@gsmidtn.org.

HOW TO REGISTER FOR TRAINING

Please set NoReply@councilalignment.com as a "safe sender" to avoid accidental delivery to junk or spam folders.

Registration for training closes 21 days (three weeks) prior to an event.

STEP 1: Decide on the training to attend. STEP 2: Register for the training.

- 1. Log into CouncilAlignMENT.
- 2. Go to "Home Page."
- Select "View Calendar" under the "Available Activities" bar. Navigate the calendar to the desired month and click on the training activity.
- In the "Adult Information" bar, review information and click on the red X next to "Include in registration?" The red X will change to a green check mark.
- 5. Answer "Activity Questions" if applicable.
- 6. Mark contact preferences then click "Save".
- 7. Payment bar shows if it is a prepaid event or you are registering within 15 days of the event. If this is a pre-paid event, you will be prompted to complete the payment process. If not, you will receive a bill. Payments will show up in the cart of the responsible adult.

After completing registration and once the activity has met its minimum, a communication for the activity and payment status will be sent. You will have 10 days from the date you receive the payment communications to pay the balance. All balances are due prior to the activity. Unpaid balances must be resolved before you are allowed to register for another activity.

STEP 3: Payment

Once you have registered and the training has met its minimum, CouncilAlignMENT will populate an item in the individual's cart. All training fees are due 15 days prior to training and may be paid online. Payment is not accepted at training events.

STEP 4: Before the Training

Emails will be sent at least one week prior to the event with all information needed. If registration was received after the event was filled, the individual will be placed on a waiting list and will receive notification if space becomes available.

Communication about Trainings

For clarification concerning trainings, contact Kelly Van Vleet at KVanVleet@gsmidtn.org. Please avoid responding to NoReply@councilalignment.com.

Adult Adventure/VEW Weekend

Adult Adventure Weekend and Volunteer Enrichment Weekend (VEW) are joined together this year for a fun experience! Adult volunteers will be able to try everything camp has to offer along with informative conference style workshops. Be on the lookout for more details!

Date: September 25-27, 2020 **Location**: Camp Sycamore Hills

Staff: Kelly Van Vleet Min: 60 Max: 200

Fee: TBA Time: TBA

Adult Archery Training

Does your Summer Fun Camp want to offer archery to the girls? Attend archery training to learn the skills needed to run your own sessions of archery. This training is available to volunteers and summer fun day camp directors. This training will enable you to run Girl Scouts of Middle Tennessee archery programming. This is not a certification course.

Date: April 26, 2020 **Time**: 10 AM - 3 PM

Location: Camp Sycamore Hills

Staff: TBA Min: 10 Max: 20 Fee: \$30

Adult Camptivities Training

Camptivities are fun and crafty activities that we offer at camp. Come learn the basics of tie-dye, screen printing, and canvas creations. This training is available to all adult volunteers and parents.

Date: January 12, 2020 **Time**: 10 AM - 3 PM

Location: Camp Sycamore Hills

Staff: TBA Fee: \$30

Camping Skills 1

This class prepares leaders to camp with their girls and take the troop for a day in the outdoors, or an overnight in a building with a fully equipped kitchen, stove, refrigerator, electricity, and running water. Participants have a hands-on opportunity to learn knife safety, beginning cooking, and fire building. It is designed to be taken after completing three online courses (Camp Information and Procedures, Camp Prep, and Camp Ready). After completion of this course, you will be able to camp at Girl Scouts of Middle Tennessee fully equipped cabins or like units.

Dates & Locations

November 23, 2019 Camp Holloway
December 14, 2019 Camp Holloway
January 25, 2020 Camp Sycamore Hills
February 15, 2020 Camp Sycamore Hills
March 14, 2020 Camp Holloway

April 11, 2020 Camp Piedmont

May 16, 2020 TBA

August 29, 2020 Camp Holloway

Time: 9 AM - 12 PM Staff: Kelly Van Vleet Min: 15 Max: 40

Fee: \$10 Non-Registered Fee: \$15

Camping Skills 2

This class prepares leaders for camping in cabins without kitchens, screened cabins, platform tents, or a designated tent camping site with bathroom facilities, water, and a pavilion. In the course, you will learn a variety of outdoor cooking techniques. You will also learn tent care, pitching tents, and camp tools. Camping Skills 1 must be completed before taking this course. After completion of this course, you will be able to camp in any Girl Scouts of Middle Tennessee cabins, tent units, pitch tents, or camp in similar facilities.

Dates & Locations

November 23, 2019

December 14, 2019

January 25, 2020

February 15, 2020

March 14, 2020

April 11, 2020

Camp Holloway

Camp Sycamore Hills

Camp Holloway

Camp Holloway

Camp Piedmont

May 16, 2020 TBA

August 29, 2020 Camp Holloway

Time: 1 - 4 PM Staff: Kelly Van Vleet Min: 15 Max: 40

Fee: \$20 Non-Registered Fee: \$25

Camping Skills 3

This overnight training prepares leaders to camp with girls in a primitive setting. You will learn and practice skills while primitive camping. Primitive camping is camping in a remote location or a site where you provide everything for yourself. Sites may be without electricity, running water, bathroom facilities, and often times without cell service. Camping Skills 1 and 2 must be completed before taking this course. After completion of this course, you are able to tent camp in remote areas without amenities as well as any Girl Scouts of Middle Tennessee cabins or tent units.

Date: TBA

Time: 10 AM Saturday - 10 AM Sunday

Staff: Kelly Van Vleet Min: 8 Max: 20

Fee: \$30 Non-Registered Fee: \$35

Commercial Kitchen

The primary purpose of this training is to become knowledgeable of the Tennessee Department of Health Food Service Establishment codes for serving healthy and appealing food. This training will teach proper use, cleaning, and maintenance of commercial kitchen equipment at Camp Holloway and Camp Sycamore Hills along with dining room procedure for large group facilitation. Food purchases, user responsibility regarding food purchases, and core provisions to be provided by the property will also be discussed. Commercial kitchen training is required if you plan to serve 50 or more participants.

Dates & Locations

November 23, 2019 Camp Holloway
December 14, 2019 Camp Holloway
February 15, 2020 Camp Sycamore Hills
April 18, 2020 Camp Holloway

August 9, 2020 Camp Sycamore Hills (3 PM)

Time: 10 AM - 2 PM Staff: Kelly Van Vleet Min: 8 Max: 20

Fee: \$15 Non-Registered Adult Fee: \$20

Fall Trainer Meeting

This meeting is designed especially for trainers and will include workshops to enhance your skills in facilitating trainings for both girls and adults. It is also an opportunity to network with volunteer trainers from throughout the council.

Date: August 15-16, 2020

Time: Friday 6 PM - Saturday 4 PM **Location**: Camp Sycamore Hills



Foundations Training

Foundations trainings is a day filled with fun games and leadership skill activity ideas. In this training, you learn how to facilitate team building games, handle group management, and conflict resolution.

Date: November 17, 2019 Time: 9 AM - 5 PM

Location: Nashville Service Center: City Center

Staff: TBA Min: 12 Max: 30

Fee: \$15

Highest Awards Training Workshop

This course is designed to help leaders guide girls along the way to earning the Highest Awards. It will include information about requirements for the awards, the impact on the community, and the Highest Awards Take Action Project.

Dates & Locations:

November 2, 2019 **Davidson County** December 7, 2019 Williamson County January 11, 2020 Coffee County February 8, 2020 **Rutherford County** March 28, 2020 **Putnam County** May 9, 2020 Wilson County

June 6, 2020 Nashville Service Center - City Center

August 15, 2020 **Montgomery County**

Time:

Gold

Bronze 9 - 10 AM

Silver 10:30 AM - 12 PM 1 - 3 PM

Staff: Poppy Lee Min: 10 Max: 30

Fee: \$5

Mid-Year Service Unit Manager Meeting

In this meeting you will receive membership, program, product programs updates, and state of the council information. This meeting also includes the Spring Registration Campaign details.

Date: January 25, 2020 Time: 9 AM - 2 PM

Location: Nashville Service Center - City Center

Staff: Kelly Van Vleet Min: 30 Max: 90

Red Cross Adult and Pediatric First Aid/CPR/AED

This course incorporates the latest science and teaches participants to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies, and how to respond to breathing and cardiac emergencies to help victims of any age. Participants who successfully complete this course will be certified for First Aid/CPR/AED valid for two years.

Dates & Locations:

October 5, 2019 Nashville Service Center October 19, 2019 Nashville Service Center

TBA November 2, 2019

November 16, 2019 Nashville Service Center

December 14, 2019 Camp Piedmont

Nashville Service Center January 4, 2020 January 18, 2020 Nashville Service Center Nashville Service Center February 15, 2020 March 7, 2020 Nashville Service Center March 21, 2020 Nashville Service Center April 4, 2020 Nashville Service Center

April 18, 2020 TBA TBA May 2, 2020 August 8, 2020 TBA September 12, 2020 **TBA**

Time: 9 AM - 4 PM Staff: Kelly Van Vleet Min: 12 Max: 30

Fee: \$25 Non-Registered Fee: \$50

Service Team Summit

This training is designed for the entire service unit team both new and returning. You will receive service team position information, GSMidTN, membership and program updates, and network with people in similar roles.

Date: June 20, 2020

Location: Davidson County

Time: 9 AM - 3 PM Staff: Kelly Van Vleet Min: 35 Max: 90



OUTDOOR ADVENTURE

It's time to put away your electronics, put on your hiking boots, and join us for adventures in the outdoors! We know it's hard to plan those one-of-a-kind adventures for your troop, so leave the heavy lifting to us and check out these wonderful options. Camp Holloway and Camp Sycamore Hills are open from mid-August until mid-May for Outdoor Adventure programming. Activities at Camp Piedmont and travel activities can be requested all year!

Activity requests can be submitted with your property reservation through CouncilAlignMENT (see page 38 for instructions). To experience all that we have to offer, check out the Outdoor Forms and Resources Page at gsmidtn.org/outdoor-adventure.

Contact the Adventure Specialist at (615) 460-0213 for more information about activities and requests.





Brownie (2-3)









Ambassador (11-12)

Adventure Blast









Let our facilitators help your girls ignite their troop spirit with a half-day adventure program that includes a team adventure experience and two high challenge opportunities. You choose two: Rock Climbing and Swing-by-Choice at Camp Holloway; High Challenge, Rock Climbing, Flying Squirrel*, and Zipline* at Camp Sycamore Hills. *We are unable to do both Zipline AND Flying Squirrel in the same session.

Available: March 1 - Mid-May | Mid-August - Mid-November

Duration: 3 hour session

Location: Camp Holloway and Camp Sycamore Hills

Min: 8 Max: 12

Girl Fee: \$30 Adult Fee: \$30

Archery









Aim for the target and learn the basics of archery including proper stance, how to hold the bow, and how to nock an arrow.

Available: Year-round **Duration: 1.5 hours**

Locations: All Camps and Travel

Min: 8 Max: 12

Girl Fee: \$10 Adult Fee: \$10 Travel Fee: \$13

Corcl®











What in the world is a Corcl? Splash around and paddle in this round boat. Use a kayak paddle to learn basic strokes to spin your Corcl, then scull and propel across the pool!

Available: May - Mid-September

Duration: 2 hours **Location**: Camp Holloway

Min: 6 Max: 10

Girl Fee: \$12 Adult Fee: \$12

Disc Golf







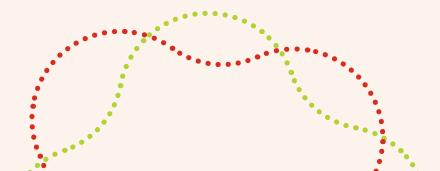




This is not your typical 18-hole round of golf. Instead of using golf clubs and golf balls, disc golf players use golf discs (similar to Frisbees) and aim for a basket made of chains. Players with the fewest number of throws win. Come play for competition or just for fun!

Available: Year-round

Locations: Camp Holloway and Camp Piedmont Fee: No charge and no facilitator needed. Equipment is available at the site. Contact site manager for equipment.





Flying Squirrel









This is a wonderful introductory activity to high challenge elements that involves participation of the entire group. The "flyer" begins on the ground and controls the height and speed as her team lifts her into the air.

Available: March 1 - Mid-May | Mid-August - Mid-November

Duration: 2 hours

Location: Camp Sycamore Hills

Min: 8 Max: 12

Girl Fee: \$20 Adult Fee: \$20

Games and Initiatives

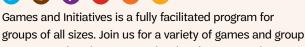












initiatives tailored to your age level and group needs. Games include ice-breakers, active games, and games that inspire "out of the box" thinking.

Available: Year-round **Duration: 1.5 hours**

Locations: All Camps and Travel

Min: 8 Max: 25

Girl Fee: \$5 Adult Fee: \$5 Travel Fee: \$8

High Challenge 1 & 2









The high challenge course consists of obstacles 30 feet in the air. Participants experience three elements that promote trust, improve communication skills, and reinforce self-confidence. Girls enjoy a sense of accomplishment as they scale to new heights!

Available: March 1 – Mid-May | Mid-August – Mid-November

Duration: 2 hours

Location: Camp Sycamore Hills

Min: 8 Max: 12

Girl Fee: \$20 Adult Fee: \$20

Kayaking









This activity, designed for participants with no previous or formal kayak instruction, includes dry land safety instruction and paddle time on the water.

Available: April 1 - Mid-May | Mid-August - Mid-November

Duration: 1 hour

Location: Camp Sycamore Hills

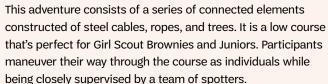
Min: 4 Max: 6

Girl Fee: \$12 Adult Fee: \$12

Obstacle Course







Available: March 1 - Mid-May | Mid-August - Mid-November

Duration: 1.5 hours

Location: Camp Holloway and Camp Sycamore Hills

Min: 6 Max: 12 Girl Fee: \$8

Rappelling









Take a step off the wild side as you explore new heights. Rappel down a rope using friction to safely control your rate of descent. Sites include a tower at Camp Holloway and rock face at Camp Sycamore Hills with 20, 30, and 40 foot options.

Available: March 1 - Mid-May | Mid-August - Mid-November

Duration: 2.5 hours

Locations: Camp Holloway and Camp Sycamore Hills

Min: 8 Max: 12

Girl Fee: \$20 Adult Fee: \$20



River Canoeing









Suit up with a Personal Flotation Device (PFD) and water shoes for this canoe program for participants with no previous or formal canoe experience. The session includes dry land safety instruction and paddle time on the water.

Available: April 1 - Mid-May | Mid-August - October 31st

Duration: 1.5 hours

Location: Camp Sycamore Hills

Min: 6 Max: 12

Girl Fee: \$8 Adult Fee: \$8

Rock Climbing









Challenge yourself to climb our rock walls! Camp Holloway has a 40 foot Promise Tower and Camp Sycamore Hills has a 26 foot wall. Both walls have simulated rock and hand holds.

Available: March 1 - Mid-May | Mid-August - Mid-November

Duration: 1.5 hours

Locations: Camp Holloway and Camp Sycamore Hills

Min: 8 Max: 12

Girl Fee: \$20 Adult Fee: \$20

Team Adventure









Team Adventure consists of a series of low outdoor elements designed to develop team building, problem solving, cooperation, and creativity and communication skills. Girls work in a team to solve a problem that is given by the facilitator at each element.

Available: March 1 - Mid-May | Mid-August - Mid-November

Duration: 2 hours

Locations: Camp Holloway and Camp Sycamore Hills

Min: 8 Max: 12 Girl Fee: \$8

Tree Climbing







Get a bird's eye view of camp by ascending into the canopy of our climbing tree. This self-belay system allows participants a safe and fun way to reach the highest branches. Ropes, harnesses, and helmets are used.

Available: March 1 - Mid-May | Mid-August - Mid-November

Duration: 1.5 - 2 hours

Locations: Camp Holloway and Camp Sycamore Hills

Min: 8 Max: 12

Girl Fee: \$20 Adult Fee: \$20

Swimming











Come cool off in one of the pools at Camp Holloway or Camp Sycamore Hills! Girl Scout approved lifeguards must be on duty when the pool is in use. Groups are responsible for providing one watcher for every ten participants.

Available: May, August, and September

Duration: 2 hours

Locations: Camp Holloway and Camp Sycamore Hills

Min: 15

Girl Fee: \$6 Adult Fee: \$6

Swing-By-Choice









Swing through the air like a superhero and experience the thrill and excitement of this high adventure program. The swing involves your entire troop and allows participants of all abilities access to a high adventure experience.

Available: March 1 - Mid-May | Mid-August - Mid-November

Duration: 2 hours Location: Camp Holloway

Min: 8 Max: 12

Girl Fee: \$20 Adult Fee: \$20

Wagon Ride



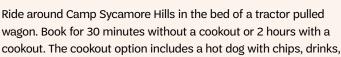




and s'mores for dessert.







Note: There is no hay in the wagon.

Available: March 1 - Mid-May | Mid-August - Mid-November

Duration: 30 minutes or 2 hours Location: Camp Sycamore Hills

Min: 10 Max: 15

No cookout - Girl Fee: \$3 Adult Fee: \$3 With cookout - Girl Fee: \$10 Adult Fee: \$10

CAMPTIVITIES

Camptivities are activities that happen at camp on a regular basis like tie dye, s'mores, knot tying, creek exploring, and more! These programs are camp staples, and we can't wait to share them with you. Most camptivities are offered throughout the year and some are offered as travel programs. For more details, visit gsmidtn.org/camptivities. See page 38 for registration instructions.

Campfire Cooking: Basics











Girls will learn how to build a campfire for cooking and fire safety by building their own miniature fire. Afterwards, they will put their skills to the test to create a delicious pie iron snack.

Available: March 1- Mid-November

Duration: 2 hours Location: All Camps Min: 8 Max: 12

Girl Fee: \$10 Adult Fee: \$10

Canvas Creations













Create your own DIY masterpiece. We provide an 8x10" canvas board, paints, glitter, ribbons, stickers, buttons, and much more. Enjoy exploring your artistic side and take home great ideas for your next masterpiece.

Available: Year-round **Duration: 1.5 hours**

Locations: All Camps and Travel

Min: 8 Max: 12



Creek Explorers











Ever wonder what lives under the rocks of a creek bed? Get your feet wet as we discover creek life.

Available: April 1 - October 31; weather dependent

Duration: 1 hour Locations: All Camps Min: 8 Max: 20

Girl Fee: \$5 Adult Fee: \$5

Knife Safety











Learn all the essential safety tips for handling a knife at camp and be better prepared for your next camping adventure. Practice your knife skills with a soap carving project.

Available: Year-round **Duration**: 1 hour

Locations: All Camps and Travel

Min: 6 Max: 12

Girl Fee: \$8 Adult Fee: \$8 Travel Fee: \$11



Knot-So-Fast











Knots for the knot challenged. Is that a granny knot? A facilitator will lead the group through basic knots. If you are not tied up in the end, the girls will know a couple of knots and why they are useful, and will make a knot craft.

Available: Year-round Duration: 1 hour

Locations: All Camps and Travel

Min: 6 Max: 12

Girl Fee: \$8 Adult Fee: \$8 Travel Fee: \$11

Letterboxing











Letterboxing is an intriguing outdoor "treasure hunt" activity. Participants will make small hand carved stamps then go out for the hunt. Clues are given for you to figure out where the other letterboxes on camp are located. Then you exchange your stamp print and the stamp in the letterbox.

Available: Year-round **Duration**: 1 hour

Locations: All Camps and Travel

Min: 8 Max: 12

Girl Fee: \$8 Adult Fee: \$8 Travel Fee: \$11

Night Hike













Have you ever been on a hike in the dark? Listen to the sounds of the night, see the stars and have a "sparkle party." Gain the confidence of exploring camp at night. Don't forget your flashlight!

Available: Year-round; weather dependent

Duration: 1 hour

Locations: All Camps and Travel

Min: 8 Max: 12

Girl Fee: \$5 Adult Fee: \$5 Travel Fee: \$7

Screen Printing











Girls will learn the basics of screen printing and make their mark on a T-shirt. One white T-shirt per participant is included.

Available: Year-round **Duration:** 1 hour

Locations: All Camps and Travel

Min: 8 Max: 12

Girl Fee: \$10 Adult Fee: \$10 Travel Fee: \$13

Songs and S'mores













Celebrate at camp with a s'mores sing-a-long. Your adventure facilitator will teach and sing camp songs with your group, while providing s'mores as well.

Available: Year-round Duration: 1 hour

Locations: All Camps and Travel

Min: 8 Max: 20

Girl Fee: \$7 Adult Fee: \$7 Travel Fee: \$9

Tie Dye













Don't leave camp without dyeing something! It is tradition to have Tie Dye at camp. Learn different techniques and choose colors to brighten your world. One white T-shirt per participant is included.

Available: Year-round **Duration:** 1 hour

Locations: All Camps and Travel

Min: 8 Max: 12

Girl Fee: \$10 Adult Fee: \$10 Travel Fee: \$13

Wood Craft













Join an age level appropriate woodworking program. Build a jewelry box, tool box, birdhouse, stool, or a woodpecker door knocker. Project is chosen by the facilitator.

Available: Year-round **Duration**: 1.5 hours

Location: Camp Sycamore Hills

Min: 8 Max: 12

Girl Fee: \$13 Adult Fee: \$13



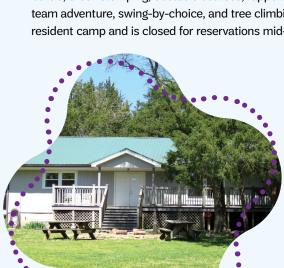
COUNCIL PROPERTIES

Camp Holloway

Site Manager: Meredith Hines

Contact Information: MHines@gsmidtn.org or (615) 947-3220

Founded by Josephine Holloway as the first camp for African American Girl Scouts in Middle Tennessee, Camp Holloway offers something for everyone. Girls can take part in a variety of Camptivities and Girl Innovator Programs or experience archery, Corcls, creek stomping, obstacle courses, rappelling tower, rock climbing, swimming, team adventure, swing-by-choice, and tree climbing. Camp Holloway hosts summer resident camp and is closed for reservations mid-May through mid-August.



Camp Piedmont

Site Manager: Paul Parker

Contact Information: PParker@gsmidtn.org or (615) 427-8740

Throughout acres of wooded trails, campers are always just minutes away from base camp at Camp Piedmont. The lodge boasts an activity room that is large enough to accommodate an entire troop. Campers can also use the 18-hole disc golf course as part of their activities. Activities include archery, team building, Camptivities, and Girl Innovator programs. Camp Piedmont is available for reservations year-round.

Camp Sycamore Hills

Site Manager: Dewayne Barnes

Contact Information: DBarnes@gsmidtn.org or (615) 495-3113

Camp Sycamore Hills is our largest camp property, offering many opportunities to take part in a variety of Camptivities and Girl Innovator Programs, as well as experience the great outdoors including archery, canoeing, cookouts, high challenge, horse programs, obstacle course, team adventure, tree climbing, and wagon rides. Camp Sycamore Hills hosts summer resident camp and is closed for reservations mid-May through mid-August.





Nashville Service Center - City Center

Site Contact: Marie Hutton

Contact Information: MHutton@gsmidtn.org or (615) 460-0210

The Nashville Service Center – City Center is a great place for you to hold your next troop meeting, spend a night in Nashville, or hold a special troop event. Activities include a variety of Camptivities and Girl Innovator Programs as well as archery and tree climbing.

Troop and Service Unit Property Reservations

Camp Holloway, Camp Piedmont, and Camp Sycamore Hills are each available for the reservation types below. All reservations for these properties are made through CouncilAlignMENT. Reservation type eligibility is dependent on the role you have in the troop or service unit. All individuals visiting these council properties must complete the liability waiver on CouncilAlignMENT.

Troop Camping 🕟 🕀 🙆 🛆









Troop camping is open for reservation by troops on the third weekend of each month. The fourth and fifth weekends of the month are also available for troop camping on a first-come firstserve basis. You may make reservations up to 90 days in advance. Each troop may reserve a maximum of two units per reservation. Reservations are limited to one active troop camping reservation at a time. You may make a second reservation as soon as you complete your final attendance for your first reservation.

Service Unit Camporees 🔝 🚹 🔼 🔨 and Service Unit Events











The first weekend of each month is reserved for service unit camporees. The fourth and fifth weekends are also available for service unit camporees on a first-come first-serve basis. You may make reservations up to 180 days in advance. Reservations are limited to one active service unit reservation at a time. You are eligible to make a second reservation as soon as the final attendance has been entered for your initial reservation. You must identify and select an adult who has completed the required trainings prior to making your reservation. Each unit must have an adult with the required trainings during your event. When cooking for service unit camporees, you will need to reserve the commercial kitchen. The kitchens in each unit are only designed to cook for the maximum capacity for each specific unit.

When making a service unit reservation, please know the estimated number of girls and adults planning to attend. Your service unit must be able to meet the girl minimums detailed below in order to register for a service unit camporee. If your service unit does not meet the minimums below, please submit your reservation as a troop camping reservation.

Camp Piedmont: 40 Participants Camp Holloway: 45 Participants Camp Sycamore Hills: 100 Participants

Day Use 🕟 🛟





All members are eligible to schedule day use reservation at our properties. You must make a day use reservation if you are requesting Outdoor Adventure, Camptivities, and Girl Innovator Programs, or Horse Programs (Camp Sycamore Hills only). You may make day use reservations 90 days in advance. You may not make consecutive day use reservations at the same camp. Day reservations are used to for groups of up to 20 people. If you have more than 20 people, please make an additional day use reservation.

Troop Meetings 🕟 🕀





All members are eligible to schedule troop meetings at our properties. All troop meeting reservations are completed through the Council Registrar. Submit your request including trained adult, property, unit, time block (Day AM, Day PM, or Day AM/PM) and number of girls and adults attending. You may make troop meeting reservations 90 days in advance. You may reserve multiple troop meeting reservations at camp.

Key for Required Trainings:

- Camp Ready, Camp Prep, and Camp Information & Procedures Online Trainings
- First Aid & CPR Training
- Camping Skills 1 for Cabins and/or Lodge
- Camping Skills 2 for Screened Cabins, Platform Tents, or pitch tents
- Commercial Kitchen Training (if cooking for large groups.)

Reservation Instructions:

- 1. Log into CouncilAlignMENT and select "Home."
- 2. Select "Property Reservations" then select "Make New Reservation."
- 3. If you have not already done so, please accept the Property Liability Waiver* for all persons visiting property or minors in your care.
- 4. Select the appropriate reservation type and the property you would like to visit.
- 5. Select the time block you would like to visit camp.

Day AM – Check-in 8 AM, check-out 3 PM (troop meetings, day use, & service unit events)

Day PM – Check-in 4 PM, check-out 11 PM (troop meetings, day use, & service unit events)

Day AM/PM - Check-in 8 AM, check-out 11 PM (troop meetings, day use, & service unit events)

Overnight – Check-in 3 PM *arrival day*, check-out 1 PM *departure day* (troop camping, service unit camporees)

- 6. Choose from the available dates and units in the calendar. All overnight or multi-night requests must select consecutive dates starting on your arrival date and ending on your departure date. For example, if you would like to spend the weekend on property you need to select Friday, Saturday, and Sunday. This reflects your arrival day as Friday and your departure day as Sunday.
- 7. Select "Reserve" at the bottom right of the page.
- 8. Select "Incomplete" below the "Attendance" header to add attendees. Day use and troop camping can only select girls and adults who have completed the Property Liability Waiver. Service unit camporees and events are asked to give a count of girls and adults attending.
- Select "Review" below the "Activities" header to choose from available Outdoor Adventure, Camptivities, Girl Innovator Programs, or Horse Programs (Camp Sycamore Hills only).
 Then add your participation totals and select "Save." See page 38 for more details.
- Select email and any other preferred communication methods and submit your reservation.
- 11. Click the red x beside the items you would like to pay for. The red x should turn into a green check mark. Then enter your credit card information below. To hold your reservation, the deposit must be paid or the reservation is not final.
- 12. Select "Continue" at the bottom right corner of the page.
- 13. Review your reservation and payment details, and select "Authorize Payment."

For more detailed instructions on how to reserve a property, please refer to the "Forms, Documents & Leader How-To's" section of CouncilAlignMENT.

ACTIVITY REQUESTS

Council Properties

Council Property Requests for Camp Holloway, Camp Piedmont, or Camp Sycamore Hills must be requested through CouncilAlignMENT. Please keep in mind these are *requests* and not *reservations*. Programs staff will review all requests and will contact you once it is determined that we can or cannot accommodate a request.

Activities include Outdoor Adventure, Camptivities, Girl Innovator Programs, and Horse Programs (Camp Sycamore Hills only).

- 1. Make property reservation. See page 36 for more details.
- Select "Review" below the "Activities Header" to choose from available Outdoor Adventure, Camptivities, Girl Innovator Programs, and Horse Programs (Camp Sycamore Hills only).
- 3. A list of programs specific to each property will show.
- Select the red x. It should it should turn to a green check mark for each activity you would like to request. Enter the number of girls and adults participating in each activity.
- 5. Click "Save."
- You will return to the "Confirm Reservation Screen." Select "Submit Reservation" to complete your activity request.

Cancellations

Cancellations are made through CouncilAlignMENT in the "Property Reservation" section. Cancellations must be made 30 days out for troop camping or 60 days out for service unit reservations. Any cancellations not made in advance will forfeit the total cost for the property and activity reservation.

Refunds

Refunds are issued for cancellation 30 days prior to the reservation date for day use or troop camping and 60 days before a reservation for service unit camporees or events. Cancellations less than 30/60 days (respectively) before your reservation date, non-payments, or late payments will result in the forfeiture of your deposit, and your full site fee is required. Outdoor Activities, Camptivities, and Girl Innovator Programs will be fully refunded in the event the outdoor adventure team cancels activities due to inclement weather. There are no refunds if the program still runs and you choose not to participate. Equestrian (Horse) Programs run rain or shine and will be not be refunded.

Nashville Service Center or Off-site (Travel) Locations

To request an activity at the Nashville Service Center or at an off-site location of your choosing, please follow these steps:

- Book your location.
 Activity requests will not be considered unless a suitable location has been reserved.
- 2. Download the proper form.

 Outdoor Adventure, Camptivities, and Girl Innovator request forms can be found at gsmidtn.org/programs.
- 3. Submit your request.

 Submission instructions are included on the form.

Cancellations & Refunds

Any changes to your requested program numbers must be made 30 days prior to the date of your program or you are responsible for paying for the number of your original request. Schedule changes and refund requests must be in writing (mail, email, or fax) 30 days prior to the program. Any cancellations not made in advance will forfeit the total cost for the property and activity reservation. Outdoor Activities, Camptivities, and Girl Innovator Programs will be fully refunded in the event the Outdoor Adventure team cancels activities due to inclement weather. There are no refunds if the program still runs and you choose not to participate. Equestrian (Horse) Programs run rain or shine and will be not be refunded.

Forms

Those participating (including adults) in Outdoor Adventure or Horse Programs must bring a copy of the Outdoor Adventure Health/Permission Form signed by their parent or guardian on the day of their event. If a participant arrives without a completed form, she will not be allowed to participate. Those participating in Camptivities only need the standard permission form for activities. Leaders must notify facilitators of any health concerns or conditions. Troops/groups are responsible for providing their own first-aider and first aid kit. Troops/groups should also read the *Outdoor Program: Be Prepared* document included in the invoice/confirmation.

Special Accommodations

Please let us know if you have a girl with special needs. We make every effort to include all girls in our programs, but we must know ahead of time about any disabilities or special needs in order to staff our areas appropriately.

FREQUENTLY ASKED QUESTIONS

"I cannot find my login and password for CouncilAlignMENT" or "I am having trouble logging into my profile."

- · Check your spam folder for an email with your assigned username* and password from NoReply@councilalignment.com.
- If you cannot find this email
 - Go to gsmidtn.org/councilalignment
 - · Select "Forgot Password" and enter your email address
 - Go to email you received from NoReply@councilalignment.com
 - · Select "Please reset your password by clicking here."
 - Enter a new password (NOT the old password)
 - Select "Reset" to save
 - Now, go back to gsmidtn.org/councilalignment and click on "Forgot Username"
 - Enter your email address again, and your new CouncilAlignMENT password.
 - The username will be sent to your email address
 - Now you have your username and password and can log into CouncilAlignMENT.

If you are still having difficulty logging into CouncilAlignMENT, contact your regional executive.

"How can I change my username or password?"

For security reasons your username is different than your email and is assigned by the system so it cannot be changed. After logging in to CouncilAlignMENT, click on your username at the top right to change your password at any time. You may edit your email in the "Profile" tab.

"I registered as a new user and received a message that council needs to approve."

During the weekdays, you will receive an email within 24 hours from NoReply@councilalignment.com confirming you have been approved and able to log in with your username and password.

"When I log in, I can only see the 'Home' tab and everything else is blank."

If they are using a Chrome browser, follow directions below to clear the cache.

- Right click and choose the "Inspect" button.
- 2. Then, find the "Refresh" button at the top left of screen, right-click and choose "Empty cache and hard reload."
- 3. Log out and log back in.

"I have not received a confirmation or any information about what I have registered for."

To receive confirmations and the most complete information about anything you have registered for, please select "Email" as your notification option. You can select more than one if you wish!

"I've been removed from a program."

In the event a program has a waiting list, payments must be made within 10 days of receiving the invoice or the CouncilAlignMENT will automatically remove you from the program.

"I am a troop leader and cannot see my 'Troop Management' box."

- 1. Log into CouncilAlignMENT.
- 2. From your homepage click "View Profile"
- 3. From here, check that your required forms are filled out.
 - a. Select "Volunteer Form"
 - i. Fill it out if needed.
 - ii. If it is completed, check the status in the "Approved" section.
 - b. Select "Background Check History"
 - i. If there is "No Background Check History," visit app.verifiedvolunteers.com/candidates/ account/register.
 - ii. If your background check is filled out, confirm that it has been updated in the past 3 years.
- 4. In the event your forms are complete, contact your regional executive with your name and troop number.

"I would like to open a profile or document and not lose my place on CouncilAlignMENT."

Opening a file in a new tab is helpful when you're looking at forms and resources or programs! Instead of clicking on the item or document, right click and select "open in a new tab" OR press the "control" (ctrl) key on your keyboard and click the item or document you want to open.

"I have registered for a program and it no longer appears on my 'Available Activities' calendar.'

Once you have registered for a program, it will appear on the calendar in the "Registered Activities" portion of your home page rather than the "Available Activities" calendar. At any time you are in the calendar view, you may use the button at the top left corner of the calendar (next to the < > arrows) to toggle between available and registered activities.

"Where can I find more information about programs, activities, or properties, and how do I register for them?"

For troop leaders, the best resource is the "Forms, Documents & Troop Leader How-To's" in the "Troop Management" section of your CouncilAlignMENT homepage. For others, this information can also be found on our website gsmidtn.org/calendar.

"I've have been removed from my Property reservation."

- 1. You didn't pay your deposit; reservations are not considered complete without a paid deposit.
- 2. You have an unpaid balance.
 - a. Troop camping must be paid 30 days in advance.
 - b. Service unit camporees must be paid 60 days in advance.
 - c. Activity request changes must be paid at the time of request if it is within 30 days (for troop) or 60 days (for service unit) of the property reservation.

"I'm unable to make a property reservation." or "I have received an error."

For a more complete list of all issues that you may have with property reservations, please reference the "How to Make a Property Reservation" document in the "Forms, Documents, and Troop Leader How-To's" in the "Troop Management" section of your CouncilAlignMENT homepage.

The Fall Product and Cookie Programs are an amazing way for girls to learn five life skills: goal setting, money management, decision making, business ethics, and people skills.

2019 Fall Product Program

- · Girl Scouts ask friends and family (either online or in person) to purchase candy, nuts, and discounted magazine subscriptions.
- Troops earn start-up money for their programs and activities!





Service Unit Fall Product Coordinator Training: August 3, 2019 Magazine, Candy & Nuts Online Orders Begin: August 12, 2019 Candy & Nuts Paper Orders End: September 27, 2019 @ 10:00 PM CST Magazine, Candy & Nuts Online Orders End: October 29, 2019 @ 10:59 PM CST

2020 Cookie Program

- · Girl Scouts offer cookies to friends and family through order taking, door to door sales, and cookie booth sales.
- Troops earn funds to support end of the year activities, trips, council sponsored events, and awards for the girls.



Dates for Cookie Program Sale

Service Unit Cookie Coordinator Training: November 1 or 2, 2019

Direct Orders Begin: December 24, 2019 Booth Sales Start: February 2, 2020 Cookie Sales End: March 9, 2020

Girl Scouts of Middle Tennessee has participated with Fall Product and Girl Scout Cookie Programs to show our appreciation for men and women in uniform and to support other organizations. Customers are given the opportunity to purchase candy and cookies to donate to our Gift of Caring projects.

> During the 2018-2019 Product Programs our Girl Scout Troops donated 3,190 Fall Product items to HUGS for Our Soldiers 70,000+ packages of cookies to deployed service members 11,448 packages of cookies to other organizations

Packaged Programs

A packaged program is a tub or kit containing almost everything a leader needs in preparation for girls working on a badge or patch – instructions for games, craft projects, learning activities, simulations, and other program materials. All resource items are located at the Nashville Service Center. Items available for check-out include, but are not limited, to sports equipment, hula hoops, compasses, flags, flag poles and stands, ceremony logs, silk screens, portable bridge, resource books, song tapes, CDs, and DVDs. Available camping equipment includes two and four person tents, propane stoves, cast iron cookware, and more.

Requests must be received two weeks prior to pick-up date. All reserved items require a deposit, which is fully refundable if things are returned on time and in good condition. Multiple items or camping equipment can be more.

EQUIPMENT AND RESOURCE REFUNDABLE DEPOSITS:

Packaged Program Use Fee: \$5 per program

Leadership in Action (LiA) Packaged Program Use Fee: \$10 per program

Packaged Program Deposits: \$25 per program

Please submit two separate checks for packaged programs: one for use fee and one for deposit.

See the Resource Reservation form at gsmidtn.org/Troop-Forms for more details.

Contact Volunteer Resources at (615) 460-0255 or VolunteerResources@gsmidtn.org for more information, questions, and availability.

National Girl Scout Week · March 8-14, 2020

Sunday

Girl Scout Sunday



Reflect on what the **Girl Scout Promise** & Law mean to you.

Monday

Entrepreneur Day



Be your own boss! Visit a locally owned business.

Tuesday

Girl Scout
Birthday



Happy Birthday
Girl Scouts!
107 years and
going strong.

Wednesday

STEAM Day



Be a critical thinker and solve a problem.

Thursday

Throwback Thursday



Check out **The Golden Eaglet**silent movie
on YouTube.

Friday

Outdoor Adventure Day



Explore a
park near you,
go hiking or
participate in a
camptivity!

Saturday

Girl Scout Sabbath



Learn about faiths other than your own.

3 9 10 11 12 13 12

GIRL SCOUTS OF MIDDLE TENNESSEE FINANCIAL ASSISTANCE APPLICATION FOR COUNCIL-SPONSORED PROGRAMS

Financial assistance is available in limited amounts to Girl Scouts of Middle Tennessee girl members. ONLY REGISTERED GIRL SCOUTS ages 18 and under are eligible for financial assistance. All information is kept confidential. Please submit your request for assistance at least six weeks prior to the program in order for your request to be considered and assistance awarded.

GIRL INFORMATION				
Girl name:				Phone: ()
Date of birth:/	/ Current grade in school:	Parent/Gua	rdian Email address:	
Address:				
City:		_ State:	Zip:	County:
Troop number:	Service unit number: Tr	oop leader na	me:	
Grade level: Daisy	Brownie Junior	_ Cadette	Senior A	mbassador
PROGRAM INFORMATIOI	N			
Name of program:		Lo	cation:	Date:/
Fee for program: \$	Girl will earn/parent will contri	bute: \$	_ Amount of financi	al assistance requested: \$
FAMILY INFORMATION				
Total family income rang	ge:			
Below \$10,000	\$20,001 - \$30,000	\$-	40,001 - \$50,000	\$60,001 - \$75,000
\$10,001 - \$20,000	\$30,001 - \$40,000	\$	50,001 - \$60,000	More than \$75,000
Number of people residi Describe any special cire		: Age	al assistance:	at home:
	ON rdian: / Deadline to register for p		/ /	
Date sobtilitied/_		510gram:/	//	
Complete and return at Girl Scouts of Middle Ten	least six weeks prior to the progra	ams to:		
Attention: Program Depo	artment			
4522 Granny White Pike				
Nashville, TN 37204				
You will receive notificat	ion by email about the status of y	our request fo	r financial	
assistance. If no email a	ddress is provided we will notify yo	ou via mail.		
FOR OFFICE USE O	NLY			

Approved: ___ yes ___ no
Amt: \$ ____ Staff initials:_

Camp is Calling you to...

Be Inspired

Go on an Adventure

Reach New Heights

Be Amazing

Camp is calling all Girl Scouts in Middle Tennessee to share their ideas, activities, pictures, and camp stories.

The camp directors want to hear from you. Be a part of planning Summer Camp 2020 by sharing with them!



instagram.com/gsmidtn · facebook.com/gsmidtn · twitter.com/gsmidtn



We're calling you for Summer 2020!

Keep these dates in mind and reach out to the Camp Directors for questions.

Important Dates:

Camp Brochure Available Registration Opens

Holiday Discount

Early-Bird Discount

Military Discount

Summer Camp Open House

Mid-December!

December 18, 2019

January 21, 2020

February 3, 2020

March 9, 2020

March 29, 2020

Camp Holloway Director

Lauren Reichstein (615) 460-0212 LReichstein@gsmidtn.org

Camp Sycamore Hills Director

Christina Bradley (615) 460-0239 CBradley@gsmidtn.org





4522 Granny White Pike Nashville, TN 37204 www.gsmidtn.org







