

ON MY honor

Quarterly Magazine · Summer 2019



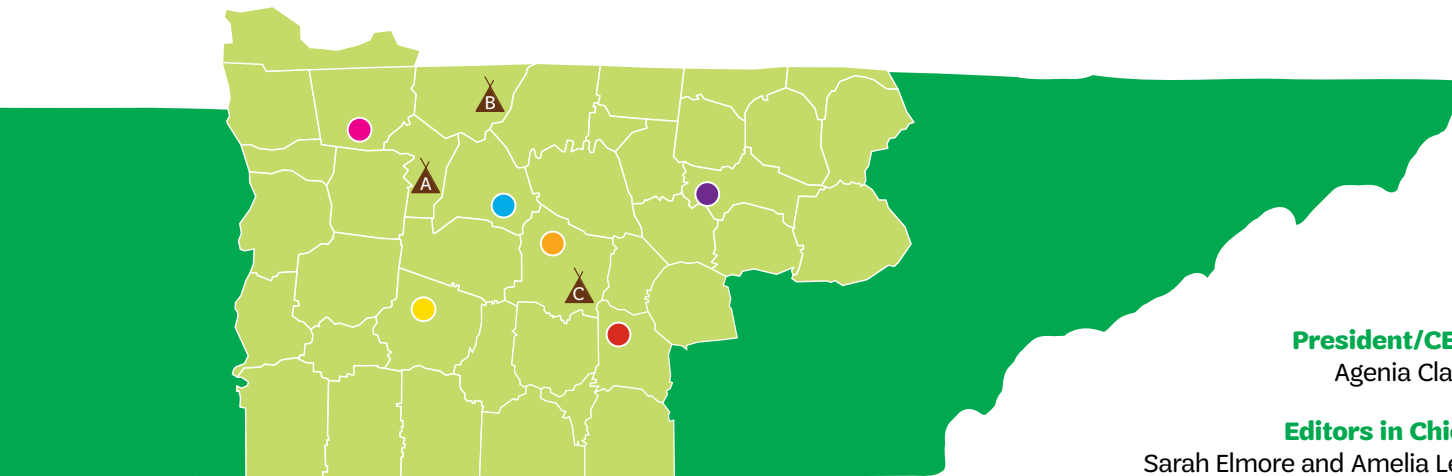
Gold Award Through the Years

pg. 10

ON MY honor

Summer 2019

On My Honor is a quarterly publication of Girl Scouts of Middle Tennessee.



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Submissions for content should be sent to OnMyHonor@gsmidtn.org.

All submissions must include:

- Clear, good quality photo (*No text or Photoshop effects, please.*)
- Troop number
- City or county where troop is based
- Short blurb describing the photo

We do not guarantee that all photos or other submissions, such as articles, will be used. Photos and stories can also be submitted through our Facebook, Instagram, and Twitter pages.



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Be YOU. Be the Future.

Register for Girl Scouts of Middle Tennessee online at www.gsmidtn.org/join!



Cover: Vivian Corey earned the Girl Scout Gold Award for her project The Physics of Dance.

Photo Credit: Vivian Corey

CABIN TALK

Girl Scouts of Middle Tennessee Shop

4522 Granny White Pike, Nashville, TN 37204

Phone: (615) 460-0222 | Email: NashvilleShop@gsmidtn.org

Cabin Hours:

Starting August 3, we are open the first and third Saturday of each month.

Monday	8:30 a.m. – 4:15 p.m.
Tuesday	8:30 a.m. – 4:15 p.m.
Wednesday	8:30 a.m. – 4:15 p.m.
Thursday	8:30 a.m. – 4:15 p.m.
Friday	8:30 a.m. – 4:15 p.m.
Saturday	10:00 a.m. – 2:00 p.m.

SAVE THE DATE

The Cabin's Annual Inventory Clearance Sale

August 17, 2019

8 a.m. – 3 p.m.

Don't miss out on special reduced prices for certain merchandise! This is your time to shop till you drop.

Back To Troop 10% Discount

August 1 – September 21, 2019

*10% off select uniform items
including vests, sashes, troop numbers,
and council ID patches*

Stop by the Cabin or email your
order to NashvilleShop@gsmidtn.org
to have it ready for pickup.

Save the Date! Leadership Enrichment Day

September 21, 2019 · 10 a.m. – 2 p.m.

Please mark your calendars!
The Cabin will be closed on
September 30, 2019
for our annual inventory.

GSUSA has announced new badges will be released this fall!

Stay tuned to our newsletter for updates.

To receive our weekly newsletter,
visit gsmidtn.org/subscribe.



Come see our new Music City shirts!

*They come in three colors and
are available in child and adult sizes!*

A	J	C	A	D	E	T	T	E	I	H	W	T	K	M
W	J	G	U	P	T	P	J	U	N	I	O	R	G	G
A	O	T	W	M	I	R	U	X	R	G	R	O	C	O
R	U	I	A	H	Q	O	B	O	W	H	Y	O	D	L
D	R	A	M	E	E	J	X	S	G	E	E	P	T	D
S	N	C	B	R	Y	E	Y	E	U	S	T	S	A	G
T	E	O	A	F	U	C	I	N	Q	T	T	I	K	I
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A	C	U	A	B	G	E	F	R	V	A	Y	E	C	S
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U	V	Y	U	Z	B	C	F	S	I	S	Q	E	N	T
Q	O	L	E	E	Y	E	G	P	E	H	F	M	Y	Z

GOLD
SILVER
BRONZE
JOURNEY
TAKE ACTION
SERVICE

JUNIOR
CADETTE
SENIOR
AMBASSADOR
COMMUNITY
PROJECT

AWARDS
GIRL SCOUT
TROOP
HIGHEST AWARD
SUSTAINABLE
IMPACT

Troop Scrapbook



Girl Scouts in **Troop 1603** love making the world a better place! They planted tomatoes and carnations at West Park Community Center.



Girls in **Troop 444** created washcloth bunnies to be delivered to Meals on Wheels recipients and help brighten their day!

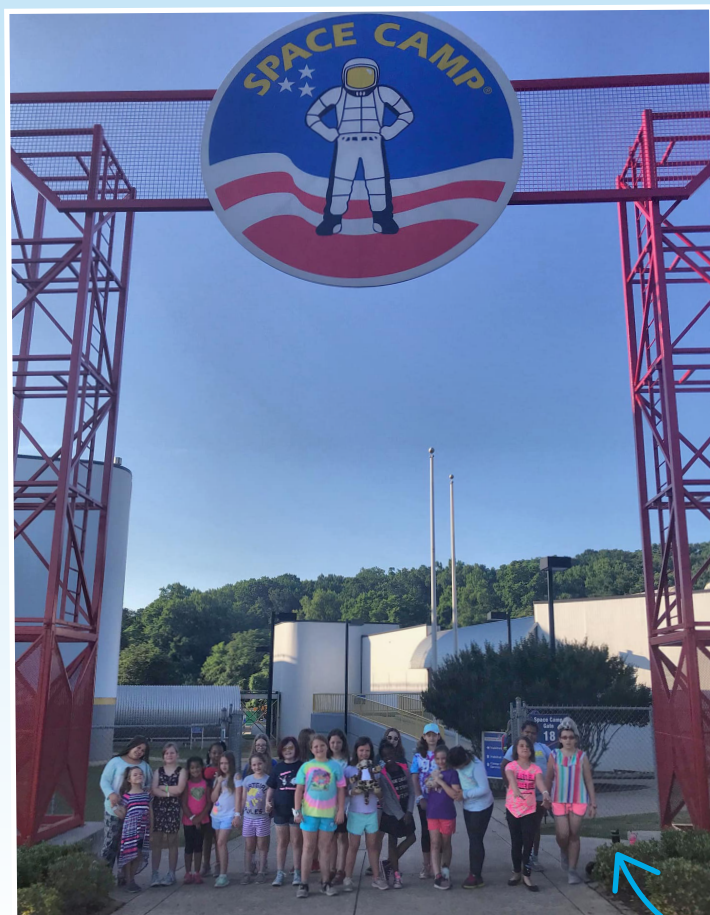
Girls in **Troop 6011** worked on the tie-dye fun patch!



Troop 2445 completed their Outdoor Journey and enjoyed camping at Henry Horton State Park.



Service Unit 200 partnered with Sports Village in Lebanon for their annual Color Run! Girls ran a mile while the leaders covered them with colored powder.



NEW! Featured Shout-Outs Online

On Social Media

Tag your posts with **#GSMIDTN!**

A Mighty Girl

April 24 at 5:15 PM · 🌐

Like as Your Page

"Josephine Holloway worked to ensure African American girls could be a part of Girl Scouts. After graduating from Fisk University Holloway began working with girls at the Bethlehem Center in Nashville, Tennessee. While working at this center Holloway was able to bring Girl Scout inspired activities to more than 300 girls. She even had the opportunity to attend a training by Juliette Gordon Low. Then when Holloway's oldest daughter turned six, in 1933, she applied to start a ...
[See More](#)



👍👍👍 6.6K

117 Comments 2,004 Shares

Girls from **Troop 1610** used their cookie earnings to spend the night at Space Camp and earn Space Science badges!

Bronze Awards



The Girl Scout Bronze Award is the highest award a Girl Scout Junior can achieve. Girls team up with others and use their special skills and interests to take action and make a difference in their communities. Girls in the following troops earned their Bronze Award this year.

Troop 10
Troop 27
Troop 77
Troop 100
Troop 110
Troop 122
Troop 137
Troop 148
Troop 162
Troop 169
Troop 194
Troop 214
Troop 250
Troop 304
Troop 540
Troop 552
Troop 583
Troop 588
Troop 649
Troop 782
Troop 885

Troop 960
Troop 1006
Troop 1060
Troop 1067
Troop 1108
Troop 1201
Troop 1229
Troop 1237
Troop 1257
Troop 1273
Troop 1322
Troop 1347
Troop 1418
Troop 1443
Troop 1607
Troop 1620
Troop 1692
Troop 1700
Troop 1726
Troop 1933
Troop 1958
Troop 2110

Troop 2123
Troop 2188
Troop 2200
Troop 2293
Troop 2312
Troop 2489
Troop 2541
Troop 2555
Troop 2559
Troop 2562
Troop 2577
Troop 2705
Troop 2726
Troop 2737
Troop 2914
Troop 2915
Troop 3012
Troop 3053
Troop 3086
Troop 3165
Troop 5051



Silver Awards



The Girl Scout Silver Award is the highest award a Girl Scout Cadette can earn. Earning this award puts a Girl Scout among an exceptional group of girls who have used their knowledge and leadership skills to make a difference in the world.

Avery Abruzzo	Cassidy Dye	Caroline Lauterbach	Darrah Ramsey
Caylee Allen	Anna Eason	Selena Leimer	Amelia Reddy
Julia Alley	Rachael Ferguson	Kylie London	Caitlin Reeves
Ellie Ashby	Sally Anne Gaither	Emily Lucas	Zoe Rogers
Isabelle Bailey	Katherine Gassaway	Annabelle Marlin	Cameron Sanchez
Lilly Bartleson	Savanah Gill	Rylee Marshbanks	Megan Kay Shinn
Katherine Beatty	Reghan Grimes	Makayla Martin	Isabella Smith
Sarah Broderick	Emma Hancock	Madison Maupin	Rachel Smith
Hailey Brown	Olivia Hanes	Madeleine McDaniel	Genna Smith
Jayven Brown	Kassi Haney	Madison McGrath	Megan Smith
Sophie Bruff	Mikayla Harris	Ella McGugin	Mary Stark
Kylie Bush	Nina Hartlage	Hannah McIntosh	Francee Tabor
Sara Byrd	Leah Hayes	Hilde Medovich	Daisy Emma Leigh Taylor
Emily Cashen	Destini Henderson	Madelyn Mickiewicz	Natalie Thierauf
Olivia Cass	Rebekah Hitchcock	Abigail Miller	Isabella Tune
Alaina Chandler	Savannah Horner	Kyla Moseley	Sajal Usry
Sarah Cline	Abigail Hurston	Audrey Nell	Kara Ussery
Natalie Combs	Min Xi Huskey	Jeanne Olivier	Layla Walker
Edith Corey	Codi Hyde	Sedrie Orantes	Chloe Ward
Lillian Cotey	Sydney Jackson	Jasmine Palmer	Jordan West
Abigail Coutts	Tanaa Jones	Lesley Parrotta	Sophia Williams
Zoe Cripps	Jasmine Jordan-Lake	Alyssa Patel	Ansley Wilson
Laura Crispell	Dehlia Kazee	Katie Patterson	Breyannah Wilson
Sylvia Davis	Anna Kihlberg	Ashley Patton	Ava Winters
Chelsey Dawson	Ashia Kij	Kathryn Pendergrass	Maddie Wood
Gretchen Dedman	Elizabeth Kilpatrick	Sophi Pierce	Meredith Woolson
Avalon Diller	Leah Kimbro	Alexa Powers	Jenna Wright
Sarah Donegan	Perry Frances Kleinlein	Kayla Powers	Ella Wyckoff
Amaya Dryden	Emily Lattanzi	Zoe Pritchett	Lia Zidkyahu

Gold Awards



The Girl Scout Gold Award is the highest award a Girl Scout Senior or Ambassador can earn, a standard of excellence achieved by few. Completion of a Gold Award Project means a Girl Scout has left her mark on her community and her world that creates a lasting impact on the lives of others. Approximately one million Girl Scouts have earned the Gold Award or its equivalent since 1916.



1916-1918 Golden Eagle of Merit

As the original highest award for Girl Scouts, the Golden Eagle of Merit was created to recognize girls who make a difference.



1938-1940 First Class Patch

Before a Girl Scout could be awarded First Class rank, she had to choose a field of concentration and be of service.



1963-1980 First Class Pin

To achieve the First Class Pin meant a girl was an “all around” person and earned badges in six fields. Additional challenges were developed over the years.

1918-1938 Golden Eaglet

To earn the Golden Eaglet, girls had to achieve the rank of First Class and earn badges in 15 of 21 subjects.



1940-1963 Curved Bar

The Curved Bar required girls to achieve First Class rank and gain proficiency in a second area of expertise.



1980-Present Gold Award

The Girl Scout Gold Award was created in 1980 and has transformed to now include a Take Action Project with a suggested 80 hours of service.



Congratulations

GOLD AWARD GIRL SCOUTS



Ivy Adams · Troop 935, Service Unit 205

Title of Project: Healthy Living! With Ivy: Health, Fitness, and Nutrition Education

Troop Leader: Jenni Lock

Project Advisor: Diane Vann

To help combat climbing obesity rates and educate Tennesseans on healthy living, Ivy taught more than thirty hours of healthy living classes. These classes centered on proper nutrition, fitness, tobacco use prevention, and drug use prevention. Each location where the classes were taught received a complete lesson plan for the classes, detailed instructions, and a variety of activities and healthy cookbooks to ensure sustainability.



Sara Arney · Troop 1934, Service Unit 177

Title of Project: Dominica Salvation

Troop Leader: Anna Arney

Project Advisor: Charlie Norman

Sara addressed the need for supplies at low income churches. She created reusable biblical lessons for ages ranging from elementary to high school. Each lesson contains a copy of the story and five copies of laminated worksheets. Crayons were supplied to write on the laminated sheets and can be wiped clean after each use.



Tessa Bellante · Troop 2609, Service Unit 172

Title of Project: Live. Love. Cheer.

Troop Leader: Lori Bellante

Project Advisor: Lauren Lombardi

In order to combat the lack of participation in a sport that fosters confidence and leadership, Tessa hosted a cheerleading camp at St. Matthew School for 33 girls. Girls learned cheers, exercises, and stretches along with some basic stunts. She distributed a binder with the steps and procedures necessary to recreate the project.



Moniaka Bonds · Troop 539, Service Unit 51

Title of Project: Crosswalk Safety

Troop Leader: Paulette Allen

Project Advisor: Karen Johnson

Moniaka tackled the issue of a dangerous crosswalk at the Pin Hook Road and Murfreesboro Road intersection. After thorough research on the high number of incidences at Antioch intersections, Moniaka petitioned to have crosswalk warning signs placed and a Leading Pedestrian Interval (LPI) installed. LPIs enhance the visibility of pedestrians in the intersection and reinforce their right-of-way.



Kara Chittom · Troop 3035, Service Unit 205

Title of Project: Peer Comfort

Troop Leader: Brandi Russum

Project Advisor: Kristi Huffine

Kara's project addressed the issue of anxiety in adolescents. She spent her time sewing weighted blankets for the high school and two middle schools in her community. Kara also created a lesson plan and assembled a pamphlet to assist others struggling with anxiety disorders.



Brionna Cooper-McMillan · Troop 2116, Service Unit 151

Title of Project: Fire Instruction and Resource Education (F.I.R.E.)

Troop Leader: Andrea McKnight

Project Advisor: Vincent Rodriguez

Brionna was concerned about the lack of readily available resources regarding fire safety. She created F.I.R.E., a website with many useful resources that could otherwise be difficult for children and teachers to discover. The project is a collection of videos and websites designed by many people to maximize accessibility and efficiency.



Vivian Corey · Troop 1474, Service Unit 173

Title of Project: The Physics of Dance

Troop Leader: Elisabeth Winkler

Project Advisor: DeeGee Lester

Vivian encouraged audiences of all ages to explore physics, dance, and the numerous connections between the two. She created exploratory activities to demonstrate these connections and summarized the activities in her Physics of Dance book. Vivian distributed her book to several organizations and created a website detailing the workshops.



Madison Gentry · Troop 4040, Service Unit 128

Title of Project: Veterans Memorial Garden

Troop Leader: Karen Gentry

Project Advisor: Cathy Buckmaster

Madison's project provided a permanent landmark for the Vietnam Veterans Traveling Wall by creating a memorial garden and a place for reflection in memory of Vietnam Veterans. Madison also created the option of adding bricks to the walkway with veterans' names. Putnam County maintains the site and Madison reached out to other sites to inspire them to do something similar. Madison now serves in the U.S. Air Force.



Sarah Grace Gerlach · Troop 2419, Service Unit 162

Title of Project: Clean Clothes and Nurse Closet/Room

Troop Leader: Daryl Brindley

Project Advisor: Hannah Tomerlin

Sarah Grace was inspired to take action after seeing how poor hygiene and inadequate resources were negatively affecting student attendance and morale. She provided clean clothes, shoes, and hygiene kits to the school nurse so students could focus on learning. The Parent Teacher Organization at South Side Elementary school has agreed to keep the closet stocked with supplies.



Trisha Ghosh · Troop 1889, Service Unit 178

Title of Project: Protect the Environment, Protect the Future

Troop Leader: Cynthia Dunphy

Project Advisor: Jennifer Hunsicker and Emily Kriebel

Trisha raised awareness about the environment, including the importance of biodiversity, recycling, pollution reduction, and energy preservation. Trisha created exhibits which included relevant books and posters in libraries around her area. She also created a website and bookmarks to spread the word about her project.



Ashira Gibbs · Troop 1474, Service Unit 173

Title of Project: Building Confidence with Ballet Barres

Troop Leader: Elisabeth Winkler

Project Advisor: Kaitlin Yankie

In an effort to address the lack of resources in Nashville programming for the arts, Ashira built three practice barres for Nashville Notes and Global Education Center. These barres will be used to expand horizons and make ballet fun. Ashira also created a website and book about her project, including resources on how to build your own ballet barre and ballet exercises you can do at home.



Katelyn Giltner · Troop 1319, Service Unit 142

Title of Project: STEM (Science, Technology, Engineering, and Math) Kits for Students

Troop Leader: Dana Giltner

Project Advisor: Jennifer Bachman

After noticing schools were not doing enough for kinetic learners in the areas of math and science, Katelyn communicated with local teachers to create hands-on kits for the classroom. These kits were filled with activities to help students learn about one or more state standards in STEM. She made digital files for all the paperwork accessible to the teachers that received the kits, along with extra materials to replenish as needed.



Patricia Glenn · Troop 4009, Service Unit 46

Title of Project: Life Skills for Kids

Troop Leader: Amelia Strobel

Project Advisor: Stephanie Latka

As a parallel to Safe Haven's Life Skills class for parents, Patricia created more than thirty lessons to educate the children living at Safe Haven. These lessons cover a plethora of topics ranging from expressing emotion, art, and protecting the environment. Patricia compiled a guide consisting of lesson instructions for activities and crafts the children could do with any volunteer.



Olivia Hayes · Troop 1367, Service Unit 152

Title of Project: Just Say WHOA

Troop Leaders: Audra Hayes and Deidra Maddox

Project Advisor: Linda Starnes

Olivia created brand new educational resources to teach young children how to say no to drugs and alcohol through her program, "Just Say WHOA (Walking Horse Owners Association)." She brought materials and expanded programming from Kentucky to Tennessee. Through her efforts, she was able to inspire hundreds of children across the country to "Just Say WHOA."



Alicia Hemmings · Troop 935, Service Unit 205

Title of Project: Sew for Seniors

Troop Leader: Jenni Lock

Project Advisor: Robbie Botts

Alicia taught children and teens how to sew stylish yet functional items to establish connections and bridge the generational gap between children and seniors. These items were delivered to assisted living homes and memory care facilities and used as conversation starters. Alicia shared guides on how to recreate the project for future interest.



Anna Kathleen Horn · Troop 1224, Service Unit 172

Title of Project: Paying it Forward Through Sewing

Troop Leader: Paige Horn

Project Advisor: Jeannie Butler

After noticing that the number of people who sew is declining, Anna Kate hosted classes to teach teen girls how to sew and mend everyday items. After practicing their basic skills, each class collaborated in making a doll that was then donated to the Caring for China's Orphans organization.



Emily Jackson · Troop 2631, Service Unit 175

Title of Project: Sanitary Haven

Troop Leader: Gretchen Jackson

Project Advisor: Amber Parker

Emily's project involved spreading awareness about the lack of menstrual products around the world. Working with the Gay Straight Alliance (GSA) club at her school, Emily worked to make reusable pads for those in need. Emily also held a disposable menstrual products drive at her school. The STARS program and the GSA club at her school will continue her project.



Sarah Johnson · Troop 1319, Service Unit 142

Title of Project: Heart of Worship

Troop Leader: Dana Giltner

Project Advisor: Sarah Walker, RN

Sarah educated churches on the importance of having Automated External Defibrillators (AED) and becoming CPR certified. She researched heart problems and the benefits of AED machines versus CPR. Sarah sent questionnaires to churches about their AED machines, met with the churches that reported not having an AED machine, and brought an informational packet to convince many churches to purchase life-saving AED machines.



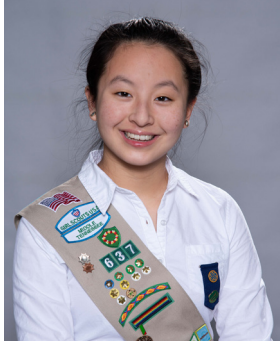
Kelsey Knuckles · Troop 539, Service Unit 51

Title of Project: My Natural Hair is Naturally Beautiful

Troop Leader: Paulette Allen

Project Advisor: Tracy Baugus

Kelsey sought to educate women of color on which products to use and how to manage their hair without chemicals. Her aim was to help build confidence in a society where natural hair isn't considered professional or attractive. Kelsey used her platform to address these issues through oral presentation, pamphlets, hands-on demonstration, Q&A, and video.



Christine Li · Troop 637, Service Unit 46

Title of Project: Friends of The Little Pantry That Could

Troop Leader: Kristin Reveal

Project Advisor: Stacy Downey

Christine founded a Youth Advisory Council with The Little Pantry That Could to address students' lack of awareness in areas such as hunger and homelessness. The council works with eight schools and 22 members to implement advocacy campaigns and bring community service opportunities to schools. The council also advocates through the website, blog, and Instagram account that Christine created.



Katlyn Lock · Troop 935, Service Unit 205

Title of Project: A New Exploration

Troop Leader: Jenni Lock

Project Advisor: Tim Gates

Katlyn's project addresses the inadequate modifications for children with special needs at Goodlettsville Church of the Nazarene. She created training materials, established a buddy system, and created a calming room with activities designed to stimulate learning. These activities include fidget activities, textile blocks, and individualized calming boxes.



Hannah Elizabeth Martin · Troop 1319, Service Unit 142

Title of Project: Life's Entertainment

Troop Leader: Dana Giltner

Project Advisor: Leigh Anne Vandiver

Hannah's Gold Award Take Action Project focused on providing an entertainment outlet for hospice patients to enjoy with their families and the volunteers. She built a bookshelf and stocked it with library books, music, movies, and games. Volunteers at Hospice Compassus will sustain the project by using a provided check out system and replenishing items as needed.



Sarah Oppmann · Troop 1844, Service Unit 152

Title of Project: The Importance of Funding the Arts

Troop Leader: Deana Byrnes

Project Advisors: John Hood and Andrea Loughry

After noticing the lack of support for the arts in Rutherford County, Sarah established an Arts Alliance group, specifically a Youth Advisory Board, to work with government organizations. Through numerous meetings, forums, website development, and advocacy work, Sarah has laid the foundation for the arts community in Rutherford County to be a true pride point and economic magnet. The main board of the alliance will be self-sustaining and will continue to grow awareness and support of the arts.



Sophia Pallwein-Prettner · Troop 141, Service Unit 22

Title of Project: Park Pantry

Project Advisor: Brandon Hill

Sophia's Gold Award Take Action Project aided people with food insecurities and made the community aware of ways they could make a difference. She created a park pantry to be supplied by various community members and organizations to help relieve food insecurities.



Taylor Patterson · Troop 2163, Service Unit 142

Title of Project: Wall of Sound

Troop Leader: Gregory Gressel

Project Advisor: Anne Wonder

In certain seating areas of the South Jackson Civic Center Orchestra, the sound was often overpowering and the actors on stage could not be heard. For her Girl Scout Gold Award Project, Taylor built five sound partitions that can be used to channel the sound towards the stage. These partitions are movable and easy to store.



Kaylee Phillips · Troop 4069, Service Unit 202

Title of Project: Much Ado About Acting

Troop Leader: Lori Phillips

Project Advisor: James Bealor

Kaylee used her Gold Award Take Action Project to share her love of acting and her knowledge of the therapeutic properties of theater. She created and hosted a workshop to educate children on theatrical basics. For sustainability, Kaylee created a ready to use curriculum for her community theatre and other community programs.



Amanda Phy · Troop 100, Service Unit 128

Title of Project: Leaving Your Legacy

Troop Leader: Vicky Easley

Project Advisor: David Talbert

For Amanda's Gold Award Project, she chose to host a Percussion Clinic for rising ninth graders. The clinic was designed to ease the transition from middle school band to high school band and provide students with the tools necessary for success. Amanda made her project available to the public so that anyone who wants to recreate the project may do so.



Courtney Rabb · Troop 4058, Service Unit 173

Title of Project: C1B1 Girls in STEM Conference (See One Be One)

Troop Leader: Kerri Woodberry

Project Advisor: Paula Jones

Courtney hosted a STEM (Science, Technology, Engineering, and Mathematics) conference for girls ages 8-18 to inform them of potential careers in science, technology, engineering, and mathematics and to highlight female role models who currently work in STEM related fields. She distributed resources about women in STEM fields to community centers, churches, and across the internet to ensure sustainability.



Caroline Riley · Troop 935, Service Unit 205

Title of Project: Personal Safety for Teenage Girls

Troop Leader: Jenni Lock

Project Advisor: Vivian Hemingway

After experiencing catcalling, Caroline worked to create a free self-defense class to educate the community about personal safety. By partnering with organizations like UFC Gym, the Hendersonville Police Department, and Merrol Hyde Magnet School, Caroline was able to offer her class to 30 high school girls. Her class included specific self defense curriculum relevant to teenage girls. Caroline also created educational and reusable resources to ensure a safer and more confident community.



Grace Riley · Troop 935, Service Unit 205

Title of Project: Increasing Access to Healthy Foods Through a Micro-Pantry

Troop Leader: Jenni Lock

Project Advisor: Jennifer Flanagan

Grace's Gold Award Take Action Project addressed the issue of poor health by diminishing food scarcity and promoting healthy choices to low income and under-insured clients of the Salvus Health Center. She built a permanent pantry that is mounted outside the center, distributed literature that included pantry wish list items, designed and published a website, and set up a sustainable food source with local churches.



Leigh Ann Schmidt · Troop 1354, Service Unit 45

Title of Project: Outdoor Classroom Bridge Reconstruction and Beautification Project

Troop Leader: Tracy Rode

Project Advisor: Bryan Barnett

Leigh Ann's Gold Award Take Action Project was designed with the goal to improve and restore the St. Henry School outdoor classroom to a fully functioning learning center and nature area. Leigh Ann redesigned and rebuilt the bridge and cut back vegetation to a manageable state. The facility manager has committed to having the area included in routine maintenance.



Megan Scott · Troop 1844, Service Unit 152

Title of Project: La Classe Francaise

Troop Leader: Karen Scott

Project Advisor: Amy Ouellette

Megan's Gold Award Take Action Project created an opportunity for younger students to learn a foreign language that they might otherwise not have had access to learn. Megan created a French class at the local elementary school. She also developed a website, lesson plans, and simple methods for anyone anywhere to start a French class.



Mamie Sevier · Troop 1844, Service Unit 152

Title of Project: Community Connections Tennis

Troop Leader: Deana Byrnes

Project Advisor: Wendy White

After observing tense community relations in her hometown, Mamie decided to create an annual community tennis tournament to bring people of different backgrounds, races, religions, and opinions together in hopes of bridging the cultural divide. A board of people will continue the annual project and she created a website to help spread awareness.



Alexis Sheeler · Troop 1305, Service Unit 50

Title of Project: Overton Band History

Troop Leader: Sherry Wright

Project Advisor: Eleni Miller

Alexis's Gold Award Take Action Project focused on creating a place to store the history of John Overton High School Marching and Concert Band. Due to renovations at the school, the band was unable to keep their trophies and plaques from competitions and events. Lexi took photos of each of the trophies and created an online site to house them. The project will be sustained by the band teacher at John Overton High School.



Brianna Smith · Troop 539, Service Unit 51

Title of Project: Beautification Home Run

Troop Leader: Paulette Allen

Project Advisor: Susan Sistrunk

Beautification Home Run created a softball field for youths with special needs. Brianna's Gold Award Take Action Project was to beautify the area surrounding the softball field at the Brentwood YMCA to be more engaging and visually appealing with newly planted trees, flowers, and park benches. The landscaping staff at the Brentwood YMCA will maintain the field.



Sally Smith · Troop 1844, Service Unit 152

Title of Project: Cason Lane Academy Tennis Backboard and Curriculum

Troop Leader: Karen Scott

Project Advisor: John Murray

Sally constructed a tennis backboard and developed an elementary tennis curriculum for Cason Lane Academy. This project will impact the community surrounding the school by encouraging students to be active and offer a way to practice individually while developing coordination and reaction.



Alena Read Sowell · Troop 921, Service Unit 177

Title of Project: Eagles Nest Renovation

Troop Leader: Myna Sowell

Project Advisor: Russel Casteel

Alena refurbished a cabin used for rest and relaxation by seminary students. Her refurbishment consisted of building porch furniture and landscaping the surrounding area of the cabin. Alena wanted to inspire visitors to witness the spiritual quality of nature.



Makenna St. Clair · Troop 1444, Service Unit 178

Title of Project: Saddle Up! Picnic Tables

Troop Leader: Suzy St. Clair

Project Advisor: Kim Kline

Makenna discovered that families, riders, and staff at Saddle Up! had no place to sit, relax, or eat lunch due in part to a lack of available funds. She decided the addition of picnic tables would aid in solving this issue, along with the creation of a website to bring attention to Saddle Up! and their programming. Makenna built three picnic tables and created a website for the therapeutic riding center which will be maintained by the Farm and Facilities Director.



Ashley Taylor · Troop 1305, Service Unit 50

Title of Project: Helping Hats

Troop Leader: Sherry Wright

Project Advisor: Carly Kiggins

Ashley noticed that many of the hats donated to children's hospitals do not meet sleep safe standards for newborns and could not be used. She created a hat pattern for four different children's hospitals that met the necessary requirements. Ashley recruited a crochet circle to continue making and donating the hats using the pattern she created. The pattern is available at the hospitals' NICUs and on their websites. Ashley also taught workshops on how to crochet these hats and put together a video on how others can make these hats.



Jillian Kate Webb · Troop 1474, Service Unit 173

Title of Project: Caps for Kids

Troop Leader: Elisabeth Winkler

Project Advisor: Jean Lazenby

Katie provided a supply of handmade warm hats and scarves for single-parent women living in transitional housing and their children. She prepared a pattern to create the hats and scarves. Katie led classes teaching other youths the steps and pattern to provide for this need.



Emily Wright · Troop 1305, Service Unit 50

Title of Project: Outdoor Benches for Parents

Troop Leader: Sherry Wright

Project Advisor: Wayne Russell

Emily used her Gold Award Take Action Project to address the issue of safety and lack of supervision at a playground near her church. She designed and built three benches to be used at the park. The project will be sustained through pledges from community members to perform the required maintenance.

Special Thanks



2019 Troop Leaders serving Girl Scouts in Middle Tennessee



We are deeply grateful for the support of our 2019 Girl Scouts Honors Day ceremony sponsor.

AVERITT



UPCOMING PROGRAMS

Exciting programs are coming your way this fall!

Registration is on CouncilAlignment.

PASSIONS BECOME CAREERS

August 3, 2019 (10 p.m. - 2 p.m.) · Nashville Service Center

Girl Scout Fee: \$7 | Non-registered Girl Fee: \$12

Do you ever wonder how you will pick a career? Come to this program to learn how to take your passions and hobbies and turn them into career options. You will hear from female entrepreneurs who have started their own businesses and are following their dreams to success!

EQUINES INSIDE OUT

August 18, 2019 (1 p.m. - 5 p.m.) · Camp Sycamore Hills

Girl Scout Fee: \$30 | Non-registered Girl Fee: \$35

Take a peek inside our very own Camp Sycamore Hills giants. Make your own paint and use the Girl Scout horses as a living canvas to paint their musculoskeletal structures. Learn about how bones and muscles work together to create motion. It will be an exciting afternoon filled with anatomy and fun!

WANT TO SEE ALL THE PROGRAMS WE HAVE TO OFFER?

View our online events calendar at gsmdtn.org/calendar.



Think Big, Dream Bigger! Series

September 22, 29, October 6, and 13, 2019 · Nashville Service Center

In this four week series, you will learn to take your passions and turn them into a business, while learning about marketing, finances, and how to make the best choices for yourself. On the final day of the series you will present your business idea to entrepreneurs in the community.

Special Thanks to Our Sponsor



ADULT TRAININGS & ENRICHMENT

Adult Trainings prepare leaders for troop camping & traveling and are required to make a property reservation on [CouncilAlignMENT](#). These hands-on trainings consist of tips to make your camping experience a great one!

Camping Skills 1 & 2

September 28, 2019

Camp Sycamore Hills

Camping Skills 1 & 2 prepares leaders to camp or travel with their girls.

Red Cross First Aid/CPR/AED Training

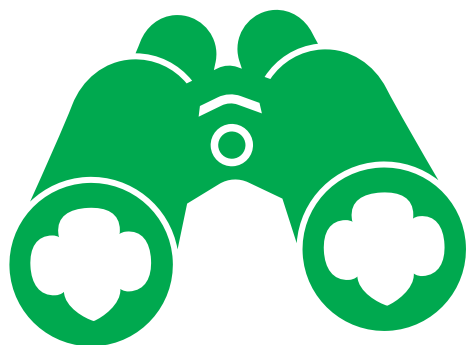
September 29, 2019

Nashville Service Center

Red Cross First Aid/CPR/AED is designed for those who have never taken a full certification course or who have an expired certification. *Troops must have someone certified in First Aid/CPR/AED accompany the troop on camping trips and when traveling.*

A complete list of the upcoming trainings is available on [gsmidtn.org/CouncilAlignMENT](#). **Registration is required for all trainings.** Register early to ensure your spot!

The **VEW**
is better with
Girl Scouts!



Volunteer Enrichment Weekend (VEW)

September 13-14, 2019 · Camp Sycamore Hills

Mark your calendar for details this exciting weekend!

The VEW is a conference style event for adult volunteers to attend workshops, swap ideas, and enjoy networking with other volunteers!

Start off the new Girl Scout year full of ideas from the VEW! Friday night snacks, Saturday lunch & snacks, eight workshops, and other materials are included. **Sign up now on CouncilAlignMENT!**

Stay Tuned for Something New!

The 2019-2020 Program Guide is coming soon.

While we believe the annual Program Guide has served a purpose for our troop leaders and volunteers over the years, we are pleased to share we are exploring new and innovative ways for our programs to be shared with Girl Scout families. The 2019-2020 Program Guide will be our final publication in its current format. We have plans to expand this section of *On My Honor* to include all relevant programs in the upcoming months.

INTRODUCING THE SPANISH CORNER

We have grown since we began our Latino Outreach Initiative! Our vision is to provide an environment that creates the opportunity to build Latina leaders that are equipped to positively impact their family and community. As we continue to serve our Latino community, The Spanish Corner will help our Spanish-speaking families feel welcomed and stay informed about what is going on at Girl Scouts of Middle Tennessee.

¡LES PRESENTAMOS LA ESQUINA EN ESPAÑOL!

¡Girl Scouts del Centro de Tennessee ha crecido desde que comenzamos nuestra iniciativa de alcanzar a familias Latinas! Nuestra visión es proveer un ambiente que crea una oportunidad para desarrollar líderes latinas que estén equipadas para impactar positivamente a su familia y a su comunidad. A medida que continuamos sirviendo a nuestra comunidad Latina, la Esquina en Español ayudará a nuestras familias de habla hispana a sentirse bienvenidas y a estar informadas acerca de lo que está sucediendo en Girl Scouts.

Avanzando (Bridging en Inglés)

¡Llegó el tiempo de avanzar al siguiente nivel!

La ceremonia de avance es una transición importante en la vida de una Girl Scout. Esta ceremonia es celebrada cuando una Girl Scout pasa de un nivel a otro. Es un momento especial para cada una de las niñas porque se hacen conscientes de sus logros y están preparadas para nuevas aventuras con las Girl Scouts.



¡Melissa y Montserrat de la Tropa 6011 cruzan de nivel!



¡Las niñas de la Tropa 6012 vendieron galletas de Girl Scouts en su escuela!



¡Las niñas de la Tropa 6011 fueron al campamento de la unidad de servicio 22!



¡Las niñas de la Tropa 6012 exploran el poder de la fotografía!



¡Las niñas de la Tropa 6010 trabajan al aire libre en el parche de cocinar!

Producto de Otoño (Fall Product en Inglés)

¿Qué es el Producto de Otoño?

El Producto de Otoño es otra oportunidad para las niñas de Girl Scouts recauden dinero para su tropa. Durante esta temporada, las niñas venden revistas, nueces, chocolates y caramelos en persona y en línea. ¡Las ventajas de las ventas del producto de otoño es que las niñas ganan un porcentaje más alto (20%) en comparación con las ventas de galletas y pueden usar los fondos que ganan de forma inmediata!

Fechas de las Ventas de Otoño:

3 de Agosto: Entrenamiento

12 de Agosto: ¡Ventas Comienzan!

17 de Agosto: Evento en nuestro Concilio – Diseña tu Propio Avatar

27 de Septiembre: Ventas en Persona Terminan

29 de Octubre: Ventas en Línea Terminan

If you would like to be involved in our Latino Outreach initiative or volunteer with one of our Latina troops, please contact Sofia Guerrero at SGuerrero@gsmidtn.org or (615) 460-0229. Bilingual volunteers are needed.

Si le gustaría participar en nuestra iniciativa de alcance Latino o ser voluntario con una de nuestras tropas latinas, comuníquese con Sofia Guerrero en SGuerrero@gsmidtn.org o (615) 460-0229. Se necesitan voluntarios bilingües.

Be the difference and explore your community!
What exciting adventure awaits?



Fall Product Program

Magazine, Candy & Nuts Online Orders Begin: August 12, 2019

Candy & Nuts Direct Orders Begin: August 12, 2019

Candy & Nuts Orders End: September 27, 2019

Candy & Nuts Delivered to Service Units: October 19, 2019

Magazine Online Orders End: October 29, 2019

Host a Fall Product Rally in your service unit or troop!

Fall Product Rallies are a great way to start off your Girl Scout Year.

Troops earn **20%** from Fall Product sales that can be used for purchasing troop materials at the Cabin, attending a program, or going on an exciting adventure!



Tracy Tudder

Product Programs Manager

(615) 460-0202

TTudder@gsmidtn.org

Kathleen Roder

Product Programs Specialist

(615) 460-0209

KRoder@gsmidtn.org

Be **YOU.** Be the **FUTURE.**



Cadettes at Girl Scout Day on the Hill learned about the impact they have on our future.



Science, Technology, Engineering, Arts, and Mathematics (STEAM)

Whether building a robot, designing an app, or protecting the world's wildlife, girls work together to solve problems and engage in cooperative partnerships.

Outdoors

From canoeing on a peaceful river to conquering our zipline, we encourage Girl Scouts to overcome their fears and move beyond their limits.

Life Skills

Through skill-building badges and community service projects, Girl Scouts develop positive relationships, advocate for causes, and explore careers that allow them to take the lead.

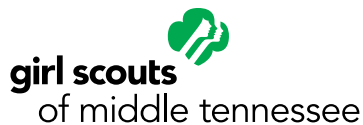
Entrepreneurship

When a Girl Scout participates in one of our product programs, she's building confidence, strengthening financial literacy, and developing essential life skills she can take with her wherever she goes.

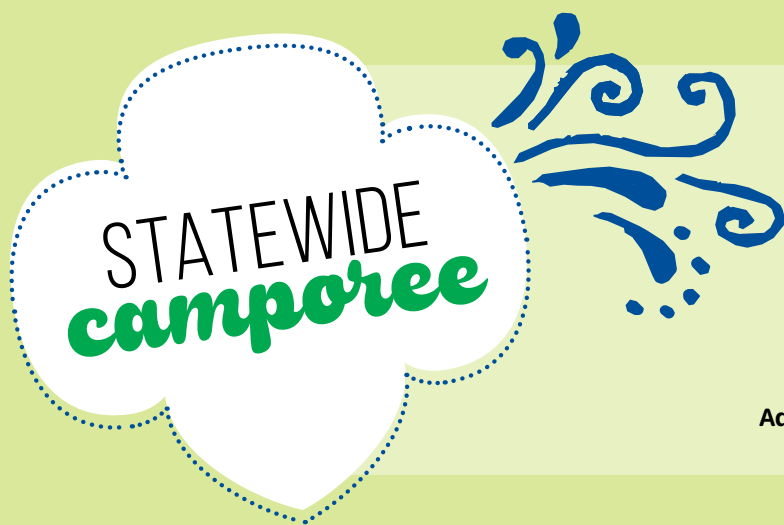
Register for **Girl Scouts of Middle Tennessee** online at [**www.gsmttn.org/join!**](http://www.gsmttn.org/join!)

girl scouts
of middle tennessee





4522 Granny White Pike
Nashville, TN 37204
www.gsmidtn.org



Save the Date!

OCTOBER 11-13, 2019

Friday, 5 p.m. – Sunday, 10 a.m.

Camp Sycamore Hills

Girl Scout Fee: \$65 | Non-Registered Girl Fee: \$75
Adult Girl Scout Fee: \$35 | Non-Registered Adult Fee: \$45

Join the celebration with Girl Scouts across Tennessee!

Girl Scouts Heart of the South, Girls Scouts of Southern Appalachians, and Girl Scouts of Middle Tennessee are invited to Camp Sycamore Hills to celebrate the traditions of Girl Scouts. We will have a day event for Girl Scout Daisies and Brownies and an overnight event for Girl Scout Juniors, Cadettes, Seniors, and Ambassadors. There will be activities for everyone and a whole lot of fun! *Each troop will choose five activities, receive dinner on Saturday evening, and take home a patch.*

Learn more and register for the Statewide Camporee at gsmidtn.org/StatewideCamporee.