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Quarterly Magazine · Spring 2019



Why We Choose

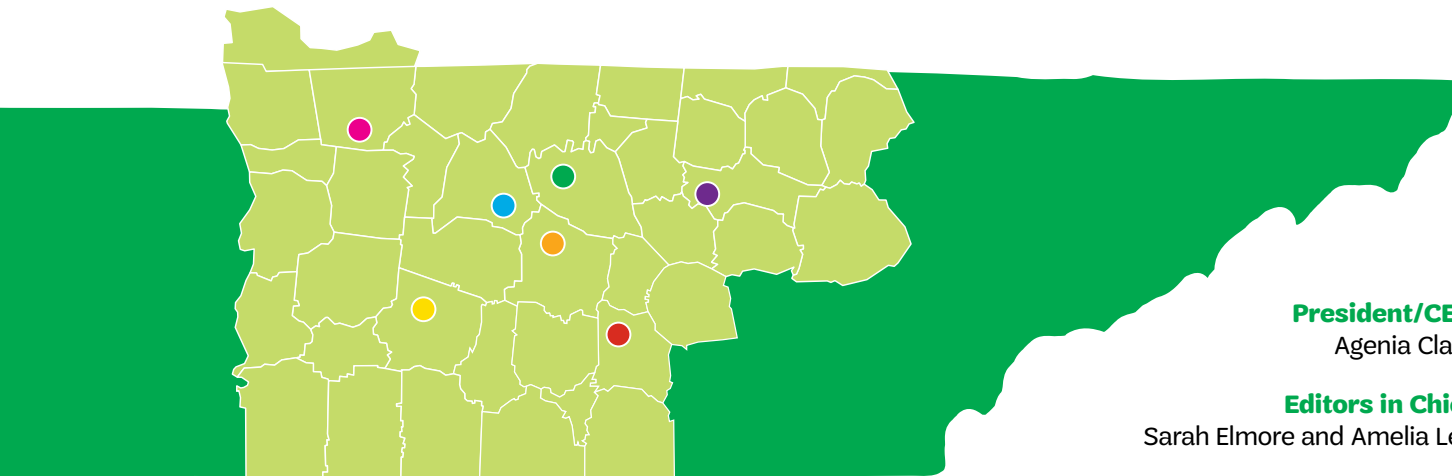
Girl Scouts

pg. 16

ON MY honor

Spring 2019

On My Honor is a quarterly publication of Girl Scouts of Middle Tennessee.



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youtube.com/girlscoutsmidtn

Submissions for content should be sent to OnMyHonor@gsmidtn.org.

All submissions must include:

- Troop and service unit number
- City or county where troop is based
- Short blurb describing the photo
- Clear, good quality photo (*No text or Photoshop effects, please.*)

We do not guarantee that all photos or other submissions, such as articles, will be used. Photos and stories can also be submitted through our Facebook, Instagram, and Twitter pages.



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From college road trips to travel programs, we have a program for you!



Cover: Helena (Girl Scout Daisy) always looked up to Karley for being a Girl Scout and now she gets to be one too!
Photo Credit: Heather Sugg

CABIN TALK

Girl Scouts of Middle Tennessee Shop

4522 Granny White Pike, Nashville, TN 37204

Phone: (615) 460-0222 | Email: NashvilleShop@gsmidtn.org

Cabin Hours

Summer hours run from May 28 - July 28, 2019.

Monday	8:30 a.m. – 4:15 p.m.
Tuesday	8:30 a.m. – 4:15 p.m.
Wednesday	8:30 a.m. – 4:15 p.m.
Thursday	8:30 a.m. – 4:15 p.m.
Friday	8:30 a.m. – 4:15 p.m.
Saturday	CLOSED
Sunday	CLOSED

DON'T FORGET YOUR SERVICE UNIT AND TROOP VOLUNTEERS!

The Cabin has a great selection of gifts to thank them for all their help throughout the year.

COME CHECK OUT OUR NEW SUMMER LINE!

We have new apparel and fun merchandise for adults and girls!
Available while supplies last.

Visit our Historical Museum! Open daily from 8:30 a.m. – 4:00 p.m.
Walk through on your own or schedule a guided tour with Girl Scouts of Middle Tennessee Historian, Cindy Robinson at CRobinson@gsmidtn.org.

HAVING A DAY CAMP IN YOUR AREA?

We will bring a mobile shop to your location!
For more information, contact Sue Tims at STims@gsmidtn.org or (615) 460-0235.

Back To Troop Discount

10% off select uniform items
August 1 – September 21, 2019

SAVE THE DATE

*The Cabin's
Annual Inventory
Clearance Sale*

August 17, 2019
8 a.m. – 3 p.m.



We didn't forget the men...

Be proud. Show off your

"Man Enough to be a Girl Scout"
apparel and merchandise.

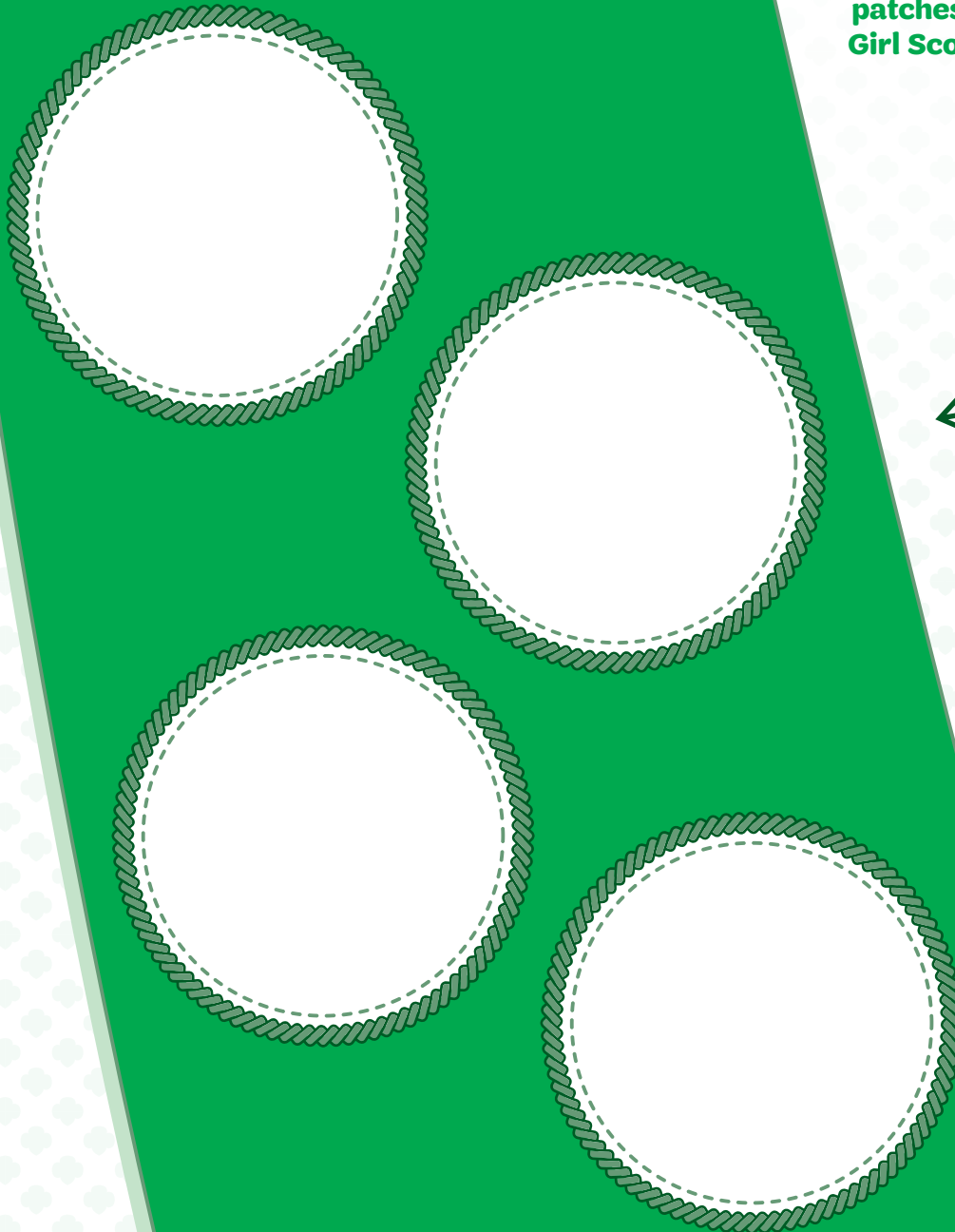
Available in The Cabin while supplies last.

2019

Girl Scouts of Middle Tennessee

encourages healthy living, civic engagement, global citizenship, and effective communication skills. Whether it's developing positive relationships, advocating for a cause, or exploring careers that can truly change the world for the better, girls learn to accept challenges, overcome obstacles, and take the lead.

**Use these blank spaces
to design your own custom
patches and show where
Girl Scouts will take YOU!**



Troop Scrapbook



Girls from **Troop 2123** attended Festival of Countries where they learned about China, England, India, and many more countries around the world!



Girls from **Troop 2445** loved visiting Savannah and seeing where Girl Scouts started!

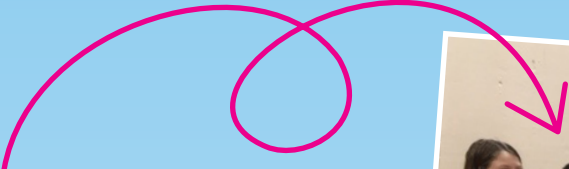


Girls in **Troop 2908** visited their leader's old unit where they were able to learn about women in Army Aviation and how to do radio checks in a UH-60 black hawk helicopter!



Girls from **Troop 1332** enjoyed Festival of States hosted by Service Unit 178!







Troop 151 enjoyed teaching other Girl Scouts about New York at the Festival of States.



Service Unit 126 learned about different countries as they celebrated World Thinking Day!



Troop 903 celebrated the Girl Scout Birthday by cleaning up their local park in Watertown. Not only did they pick up trash, but they also cleared debris in the park from the creek flooding.



Working on a Take Action Project, **Troops 164** donated animal items to the Nashville Humane Association.

GIRL SCOUT

Day on the Hill 2019



More than 200 Girl Scouts visited the Tennessee State Capitol and Legislature to learn about politics and the impact Girl Scouts have during **Girl Scout Day on the Hill** on March 12.

Girls had an exciting day as they toured the State Capitol Building and the Tennessee State Museum, met with legislators, and took part in mock sessions. Girl Scout Brownies passed a bill allowing everyone to enjoy pizza and ice cream every Saturday night with the amendment that they must eat some kind of fruit or vegetable earlier in the day. Girl Scout Cadettes, Seniors, and Ambassadors took on the issue of equal pay and passed their bill stating men and women should make the same amount for doing the same job.

Girls were happy to meet (and share Girl Scout Cookies!) with a number of senators and representatives from around the state of Tennessee. They were encouraged to see that one day, they too can be part of the Tennessee Legislature.

We are thankful to our sponsor, Senator Jeff Yarbro, for allowing GSMIDTN to visit the Capitol and learn about what goes on inside the Tennessee government. We can't wait to see how this program inspired Girl Scouts and hopefully see some pursue their dreams in legislation!





Golfing for Girls

presented by Pinnacle

Tuesday, April 23 provided the perfect weather for a round of golf at Vanderbilt Legends Club for Girl Scouts of Middle Tennessee's 25th annual **Golfing for Girls** presented by Pinnacle.

Players came ready to win and received a goodie bag filled with snacks, golf balls, and a Girl Scout rain jacket before they started. Once taking to the course, teams had the opportunity to play a hole with football legend Eddie George.

After the teams finished their 18 holes, they enjoyed burgers and hot dogs at the clubhouse and went home with a box of Girl Scout Cookies.

While the competition was strong, **The Crichton Group** was able to clinch first place with **MCA** taking second place.

We are thankful for our sponsors **Pinnacle** and **RJ Young** for supporting Girl Scouts of Middle Tennessee and to Clubhouse Events for helping us have a successful event. We can't wait for next year!





OUTSIDE the Box



Outside the Box Honoree Brenda Lee
and Girl Scouts of Middle Tennessee
CEO Agenia Clark

presented by Nissan North America, Inc.

Girl Scouts of Middle Tennessee was happy to host our fourth annual **Outside the Box** fundraiser on February 26 at Nissan North America, Inc. in Franklin, Tennessee. While Girl Scouts teaches girls to think outside the box and find new ways to tackle obstacles, this event invites local restaurants to think outside the box and create delicious desserts inspired by Girl Scout Cookies!

The 2019 Outside the Box honored award-winning singer Brenda Lee for how her courage and confidence was evident as she performed on stage. This eventually lead her to be the only women to be inducted into the Country Music Hall of Fame and the Rock and Roll Hall of Fame. Brenda shared a heart-warming story of how she helped her daughter sell cookies to the employees at their local bank and how much her daughter learned from Girl Scouts.

Last year's people's choice winners, **Cork & Cow**, returned with a delicious *Girl Scout Samoas Cake*, which consisted of a rich chocolate cake topped with coconut frosting.

Momma Nik's Cheesecake treated us to their own take on *Trefoil Cheesecake*, a Trefoil and brown sugar crust filled with traditional cheesecake and topped with their famous Whiskey Carmel.

For their first year in the competition, **Papa C Pies** created a yummy *Savannah Smiles Pink Lemonade Pie*. They used Savannah Smiles for the crust and included a pink lemonade filling!

The winner of this year's people choice award was **Merridee's** with their *Tagalong Ice Cream Bar*! The tasty treat (pictured above) was made with a base of brownie topped with peanut butter and ice cream and covered in a hard chocolate shell.

We hope you'll try out the recipe provided by our newest restaurant participant, **Papa C Pies**. It's a sweet dessert for a good cause!



Papa C Pies · Savannah Smiles Pink Lemonade Pie

COOKIE CHOICE

Savannah Smiles

YIELDS: 1 PIE

INGREDIENTS

CRUST

2 boxes Savannah Smiles cookies
¾ stick unsalted butter

PIE FILLING

8 ounces cream cheese
14 ounces sweetened condensed milk
¾ cup pink lemonade concentrate
2 tablespoon of lemon juice
red food coloring
whipped cream or
swiss meringue (optional)

DIRECTIONS

PIE CRUST

Crumble 310 grams of Savannah Smiles cookies in food processor until fine crumbs.
Combine all ingredients in a bowl with melted butter until thoroughly mixed.
Press evenly into desired pie pan. Set aside.

PIE FILLING

Using an electric mixer, beat the cream cheese and sweetened milk together.
Add pink lemonade concentrate and lemon juice.

Then, add the food coloring a few drops at a time until the desired color is achieved.
Pour the filling into the prepared crust. Freeze until firm.

Let thaw on the counter for 15 minutes before serving.
Top with whipped cream or swiss meringue.



2019 COOKIE SEASON RECAP



Troop 49



Troop 2801



Troop 2520



GIRL SCOUTS OF MIDDLE TENNESSEE ARE **STELLAR SELLERS!**

45 GIRL SCOUTS

sold more than \$1,000 or more Fall Product magazines, nuts, or candy

177 GIRL SCOUTS

sold more than 1,000 or more boxes of Girl Scout Cookies

2,083,866

boxes of Girl Scout Cookies were sold during the 2019 Girl Scout Cookie Program



Troop 1386



Troop 2801



Troop 1167



Fort Campbell Cookie Drop

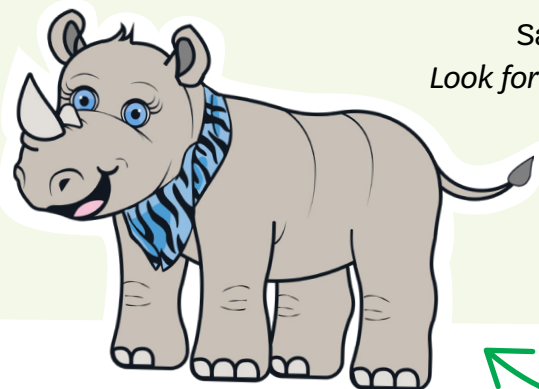
Fall Product Season is Coming Soon

You can **be the difference** in creating a successful Fall Product Season!

Troops earn 20% from Fall Product Sales!

Sale starts Mid-August and runs through October.

Look for more information at your August service unit meeting.



sneak peek!

Meet the mascot for the upcoming 2019 Fall Product Program!

GOING FOR GOLD

by Alicia Hemmings

As a Girl Scout Ambassador, I recently led volunteers for my *Sew for Seniors* project by delivering items made for residents at The Hearth in Hendersonville, Tennessee. This was the culmination of the **Gold Award Take Action Project** I began last July, and it took more than 100 hours to create, develop, and implement.

In years past, I visited senior homes around Christmastime and sang carols with my Girl Scout Troop 935. I really enjoyed singing for them, but I wondered how much attention they received the rest of the year. I thought it would be nice to do something for the residents at a less busy time to let them know they were still remembered. I learned how to sew a few years ago from Mrs. Robbie Botts, and I thought maybe I could use my sewing skills to teach others to sew and make gifts for seniors. I reached out to Mrs. Botts about my idea and she agreed to be my advisor for the project.

Mrs. Botts' expertise and thoughtfulness was very helpful throughout each step of *Sew for Seniors*. She allowed me to hold my first sewing workshop at her studio and several of her students participated in the project. Next, after gaining some teaching experience, I partnered with the Sumner Teen Center that possesses several sewing machines and has teens that like to learn new things. Teens, community members, and home school students alike took part in the several workshops I held there. Girl Scouts had their own workshop as well. I learned to adapt my lessons so I could teach skills to anyone wanting to participate regardless of their age or experience. I added non-sew blankets to the mix so that when the sewing machines were taken, others could work together on blankets that didn't require the use of machines.



All together, more than fifty items were made including clothing protectors, lap blankets, and lavender sachets. After several months of planning and holding sewing workshops, the gifts were ready to deliver. Mr. Rick Applegate, Activities Director at the Hearth, met with and advised me on the needs of the seniors. He was on hand for the delivery of the gifts as was my Girl Scout Troop leader, Jenni Lock. It was so wonderful to meet the people we made gifts for. I hope to do more, and I hope that others will be encouraged to do something to reach out to the elderly living in senior homes.

Project photos and a step-by-step guide of how to implement *Sew for Seniors* can be found on the Facebook page, Sew for Seniors Group.



Highest Award Trainings

Bronze, Silver, and Gold Award Trainings are designed to help girls along the way to earning the highest awards Girl Scouts has to offer. Sessions include information on the requirements for earning each award, the community impact, and tips for a meaningful Take Action Project.

Bronze sessions are for adults only. Silver and Gold Award sessions are open to girls, leaders, advisors, and parents.

Upcoming Training Sessions:

June 8: Davidson County

August 17: Montgomery County

For specific questions about Bronze, Silver, and Gold Award Trainings, contact Poppy Lee at PLee@gsmdtn.org or (615) 460-0255.



WHY WE CHOOSE GIRL SCOUTS

by Crystal Bowron

Growing up with two older brothers who were involved in Scouting, my daughter had been counting down the days until she was finally old enough to join Girl Scouts. Not being involved in Girl Scouts myself, I had no idea what to expect. I did have one stipulation about allowing her to join – I absolutely, unequivocally could NOT take on another thing that put me in a leadership role. Nope, would not, COULD NOT DO IT!

So... I've been the Girl Scout leader for Troop 1603 for the past six months. Let me tell you, this experience has been amazing – not only for my daughter, but for me as well.

We all wonder how we're going to do it, and how we're going to add another "thing" to the list of responsibilities... another spinning plate, per se.

I was in that boat right along with every other parent. I could have stuck to my guns and simply waited for someone else to start a Girl Scout Daisy troop in our area. As I look back over everything we've done so far these past few months, I'm left thinking about what we would have missed out on had I not decided to take a chance and give a group of excited girls the opportunity to experience Girl Scouts.

Our first big troop outing was to Camp Sycamore Hills for a Ponies & Pals event. My daughter has been longing to get up close to a horse since she was three years old. Not only did she get to brush, ride, and hug the beautiful horses at Sycamore Hills, she was told something that really made her swell with pride. "These horses, girls..." said the riding instructor, "They are YOUR horses!" I don't know that I've ever seen my daughter grin that big!

In the fall, our girls worked with the Nashville Rescue Mission to make table decorations for the big Thanksgiving Feast held at the Mission each year. They visited a local nursing home, sang their favorite Girl Scout songs for the residents, and even made trail mix to share. The seniors there loved hearing the girls talk about how they earned the patches and badges on their Daisy vests.

In December, the girls participated in the Nashville Christmas Parade where they got to ride aboard a big trolley, sing carols, and wave to their audience! They loved getting to see the big parade balloons and floats lined up “backstage.”

Most recently the girls participated in their very first Girl Scout Cookie Season! I was intimidated by the idea of selling Girl Scout Cookies. I was worried it would be difficult and turn into more of a chore than a fun experience for the girls, but I am happy to say that my worries were all for nothing. The sale was a ton of fun and my girls are eager to participate again next year.

I don't know
that I've ever
seen my
daughter
grin that big!

Honestly, this barely touches on everything my daughter and I have gained from these past few months in Girl Scouts. We've always been close, but these experiences have brought us even closer. It's such a gift being able to see my daughter growing in her understanding of community and service to others.

None of this would have been nearly as easy or fun without being involved in Girl Scouts. As my husband would say, I folded like a cheap chair when it came to standing my ground about leading my daughter's troop. He would agree, however, that it's the best decision I could've made. I can't wait to see where Girl Scouts takes us!

Crystal Bowron volunteers as troop leader for Troop 1603 in Davidson County.



College 101 and College Road Trip

by Sam Keeney

"[GirlU] is a great experience. You learn info, gain knowledge, and make friends."

"It really helps determine how your future can go."

- Past attendees

Join us for College 101 on July 7, 2019 at Lipscomb University to dive deep into what you should look for in a university, how to determine your college fit, and how to find available scholarships! Sessions include helpful tips and tricks (like how you can fill out one application for 18 different colleges!) plus the difference between these elusive terms of college match versus college fit. College 101 is a great opportunity for girls and their parents to learn about life after high school and how much the college application process has changed.



The College Road Trip is a great way to get a taste of what four-year college life might be like. Once College 101 has wrapped up, rising 10-12 grade girls are invited to say goodbye to their parents, load up a charter bus, and depart on an epic road trip from July

7-11 to visit schools across Tennessee and Kentucky, including University of Tennessee, East Tennessee State University, and Berea College.

We'll stay in a variety of different residence halls, take in meals on campus in dining halls, and experience what it might be like to head out on your own to college. Evenings are filled with various activities like an ice cream social, Alka-Seltzer rockets, and opportunities to ask the currently in college or recently graduated road trip counselors questions about their college experience. This allows attendees to get a more immersive experience than the standard campus tour, in addition to giving a truer picture of the colleges than what information can be found online. *This trip is sure to be one of the highlights of your summer!*

College 101

July 7 • Lipscomb University

Girl Scout Fee: \$45 until June 1

Not-yet-Girl Scout Fee: \$50

College Road Trip (10-12 grade)

July 7-11, 2019

Girl Scout Fee: \$100 until June 1

Not-yet-Girl Scout Fee: \$105

Register today at gsmidtn.org/GirlU.



CORE CAMP training



During Core Camp, an older girl troop leads a group of Girl Scout Brownies or Juniors during a troop camping weekend to learn all of the basics of camping! Brownies and Juniors participate in everything from games, songs, and crafts to flag ceremonies, campsite care, and campfire cooking all led by older Girl Scouts.

Cadette, Senior, and Ambassador troops can attend a Core Camp Training to learn how to lead Core Camp Weekends. During this training, they will learn techniques to teach other girls and troops to camp outdoors! After completing the training, they can lead a troop camping weekend for any of our Core Camp Brownie or Junior dates as an additional fundraiser for their troop. Skills they will gain include budgeting, program planning, event communication, updating their outdoor expertise, and more!

Core Camp Training

June 22-23 • Camp Holloway

For questions, contact Jessica Burgett at

JBurgett@gsmidtn.org.



Effective **June 1, 2019**, we will be issuing refunds for your security deposits and cancellations electronically.

We will credit refunds for property reservations, programs, activities, or trainings to the credit or debit card you used to register in CouncilAlignMENT.

If you have questions or concerns regarding our refund and cancellation policies, please see **CouncilAlignMENT Reservation Instructions** (page 6) or the **Program Guide** (page 8).

Be **YOU.** Be the **FUTURE.**



Spring Registration gives current Girl Scout members the opportunity to re-register for the upcoming Girl Scout year: October 1, 2019 – September 30, 2020.

To receive the GSMIDTN \$10 subsidy per member, register online between **April 8 - June 6, 2019.**

The national membership dues are \$25 per person and these fees go directly to GSUSA. However, for girls and adults who complete spring registration, Girl Scouts of Middle Tennessee will subsidize \$10 per member for the 2019-2020 membership year. After June 6, 2019, Girl Scouts of Middle Tennessee will collect the GSUSA \$25 membership fee and will not pay the subsidy.

Girl Scouts of Middle Tennessee is excited to share additional opportunities!

2020 Spring Registration Patch

one per girl



GSMIDTN Gift to Girls Patch

one per girl



Gift to Girls is the family partnership program that provides support to girls who need extra assistance to participate in Girl Scouts. Girl Scouts of Middle Tennessee never wants finances to stand in the way of any girl having a full Girl Scout experience. Girls can receive full registration fees, uniforms, and program and camp experiences through the support our families give to the Gift to Girls program.

Volunteers Make the Future!

Girl Scouts of Middle Tennessee has always appreciated the value and support our leaders bring to our organization. Starting in the 2020 membership year, GSMIDTN is excited to honor our volunteers in the following ways:

- GSMIDTN will pay the GSUSA registration fees for one 01 and 02 for every troop.
- GSMIDTN will pay for one CPR/First Aid/AED certification, Camping Skills I, and Camping Skills II for each troop.

This has been adopted as a standard practice moving forward for both our current and future volunteers, as a way to recognize them for all they do for the girls and our council in our 39 counties.

Re-Register Today!
Read More to Learn How.



2020 Spring Registration Instructions

..... *for Troop Leaders*

Start your registration process today!

Visit gsmidtn.org and click on **CouncilAlignMENT** in the top right corner.

Log in with your username/password.

Click on the “2019 Troop Management” box in the bottom left hand corner.

Then, click on “Troop Member Roster (Re-Register Option).”

Utilize check box function to select current girl and adult members who plan to re-register.

At this point, you may add any Gift to Girl donations next to the individual making the donation.
Leaders should enter all donations and click “Add Donation” before checking any of the Xs.

Use your troop debit card to pay for membership fees and Gift to Girl donations.
All items that do not have a green check mark will remain in your Troop Shopping Cart until selected.

Submit online registration by June 6, 2019.

Helpful Reminders

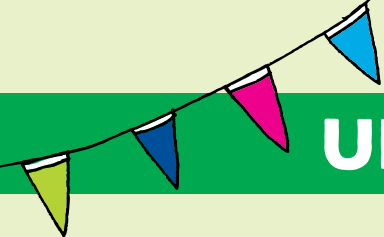
- **Financial assistance is available.** Please contact your Regional Executive for further instructions.
- Any Girl Scout who donates \$5 or more to our Gift to Girls program will receive a patch.
- Membership staff will reach out to troop leaders with further instructions on the registration benefit. Leaders are encouraged to reach out directly to the adult training department at (615) 460-0252 to redeem training benefits.

Need Additional Help?

- CouncilAlignMENT registration and help sessions will be hosted by the Girl Scouts of Middle Tennessee membership team at service unit meetings throughout April and May.
- Visit our GSMIDTN YouTube channel to view CouncilAlignMENT help videos.
- Schedule a one-on-one re-registration help session with membership staff.

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UPCOMING PROGRAMS

Exciting programs are coming your way this summer!
Registration is on CouncilALIGNMENT unless otherwise noted.

CAMP PASSPORT: PIEDMONT

July 12-13, 2019 · *Camp Piedmont*

Get a new stamp on your Camp Passport! Hike the Piedmont maze, search for hidden letterboxes, shoot archery, and gather around the campfire for a treat. You might even try your hand at disc golf! Experience the magic of the outdoors by sleeping under the stars in pitched tents. You will need to provide your own tent or reserve one through Volunteer Resources.

PASSIONS BECOME CAREERS

August 3, 2019 · *Nashville Service Center*

Do you ever wonder how you will pick a career? Come to this program to learn how to take your passions and hobbies and turn them into career options. You will interact with female entrepreneurs who have started their own businesses and are following their dreams to success!

WANT TO SEE ALL THE PROGRAMS WE HAVE TO OFFER?

View our online events calendar at gsmidtn.org/calendar.



SAVE THE DATE STATEWIDE CAMPOREE

October 11-13, 2019 · *Camp Sycamore Hills*

Join the celebration with Girl Scouts across Tennessee!

Girl Scouts Heart of the South, Girls Scouts of Southern Appalachians, and Girl Scouts of Middle Tennessee are invited to Camp Sycamore Hills to celebrate the traditions of Girl Scouts. We will have a day event for Girl Scout Daisies and Brownies and an overnight event for Girl Scout Juniors, Cadettes, Seniors, and Ambassadors.

There will be activities for everyone and a whole lot of fun!

Each troop will choose five activities, receive dinner on Saturday evening, and take home a patch.

Learn more and register for the Statewide Camporee at gsmidtn.org/StatewideCamporee.

ADULT TRAININGS & ENRICHMENT

Adult Trainings prepare leaders for troop camping & traveling and are required to make a property reservation on CouncilAlignMENT. These hands-on trainings consist of tips to make your camping experience a great one!

Camping Skills 1 & 2

Camping Skills 1 & 2 prepares leaders to camp or travel with their girls.

July 15 • Camp Piedmont
September 28 • Camp Sycamore Hills

Camping Skills 3

Camping Skills 3 teaches practical skills while primitive camping. Sites may be without electricity, running water, bathroom facilities, and cell service.

Camping Skills 1 and 2 must be completed before taking this training course.

June 15-16 • Old Stone Fort, Manchester TN

First Aid/CPR/AED Training | September 29 • Nashville Service Center

Red Cross First Aid/CPR/AED is designed for those who have never taken a full certification course or who have an expired certification. *Troops must have someone certified in First Aid/CPR/AED accompany the troop on camping trips and when traveling.*

A complete list of the upcoming trainings is available on gsmidtn.org/CouncilAlignMENT.

Registration is required for all trainings. Register early to ensure your spot!

GSMIDTN Service Team Summit

June 22, 2019 • Lipscomb Academy McCadams Athletic Center

Reach New Peaks at Service Team Summit!

This training is designed for the entire service unit team, both new and returning. You will receive GSMIDTN, membership, and program updates while networking with people in similar roles. This event is free-of-charge, and lunch is provided. **Sign up now on CouncilAlignMENT!**

Volunteer Enrichment Weekend

September 13-14, 2019 • Camp Sycamore Hills

Mark your calendar and be on the look out for details about this exciting weekend!



The Girl Scout Impact in Middle Tennessee

by the numbers

ADULT AWARDS are given to individuals or service delivery teams of volunteers to recognize exemplary service in delivering the Girl Scout Leadership Experience in Middle Tennessee.

32

Appreciation Pin
Recipients

5

Honor Pin
Recipients

2

Thanks Badge
Recipients

9

President's Award
Recipients

Outstanding Service in Middle Tennessee

355

**BRONZE AWARDS
EARNED**

116

**SILVER AWARDS
EARNED**

41

**GOLD AWARDS
EARNED**

FOR A TOTAL OF **16,840** SERVICE HOURS
AND AN ECONOMIC IMPACT OF **\$406,517**