# Sister Cities of Nashville Patch Girl Scouts of Middle Tennessee

The goal of the Sister Cities of Nashville Patch is to promote understanding of cultures and other places in the world. It is also to help promote awareness of the Sister Cities of Nashville program and further the understanding of the importance of cultural exchange.

Everyone must do required steps and complete their passport by learning about each sister city. In addition, from each category, do the following (these count towards learning about a Sister City as well):



Brownies: Complete 1 task from each category to earn a patch

Juniors: Complete 1 task from the first three categories and 2 from the last category

**Cadette, Senior and Ambassadors**: Complete 1 task from the first two categories and two from each of the last two.

To start: Make a passport. There are many options/patterns for crafting one available on the internet, and/or some are available through craft companies for around \$1. When you have learned about each of the sister cities (there are 8!) stamp that part of your passport.

**Category 1**: Learning about Sister Cities: What are they and why are they important?

**Required:** Research the history of Sister Cities and make a presentation to members of your troop or other Girl Scouts about what you find and why sister cities is important. Be creative! Your presentation could be a poster, a board game, or a trivia challenge!

#### **Options:**

- Walk in the Cherry Blossom Walk or visit the Nashville Cherry Blossom Festival. This festival is produced in conjunction with the Japan-America Society of Tennessee and Sister Cities of Nashville.
- 2. Interview a member of the Youth Advisory Board about why they believe that these exchanges are important. Write a short report about your conversation. Contact Lauren Reichstein at Ireichstein@gsmidtn.org

Category 2: Learning about each of the Sister Cities

### **Options:**

- 1. Do research on one of our sister cities and create a 1 minute or less video that shares some key facts about the city you choose.
- 2. Create the flag of one of our sister city countries and explain the colors and symbols on their flag
- 3. Create a poster with key attractions/monuments in each of Nashville's 8 sister cities
- 4. Research the main diets of people who live in each of the 8 sister cities of Nashville-What is the most common food in all of them? How many of them are in your house?-Share what you've learned with others in a creative way (song, dance, etc.)
- 5. Learn a craft from a sister city and share it at a World Thinking Day or other event as a swap (for example: summer camp, Service Unit Camporee, Council-Sponsored Program, troop camping with other troops, etc.).

## **Category 3: Sharing Nashville**

#### **Options:**

- 1. Make an "exchange" video of your life in Nashville to share your life in Nashville with a Girl Scout in one of the Sister Cities. Share your school, family, your two favorite places.
- 2. Find the Girl Scout or Girl Guide organization in your sister city and ask for the contact information for a troop. Write a letter to Girl Scouts who live in a Nashville sister cities, telling them why they should visit Nashville, what would make you want them to come here? To send your message, contact Lauren Reichstein at <a href="mailto:lreichstein@gsmidtn.org">lreichstein@gsmidtn.org</a> for the list!
- 3. Make a map of Nashville that shows what you think other Girl Scouts would like to see and do. Think about what is special about Nashville and what YOUR troop and family have done.
- 4. Write a description about your life in Nashville. What is your home like, your school, what do you do with your friends?
- 5. Make a Nashville themed SWAP and send it to Girl Scouts in a Sister City. See if they will send SWAPs back to you!
- 6. Put together a Nashville-themed care package and send it to a Sister City. What would someone not from Nashville need to see and try? What would you miss if you weren't in Nashville? Goo Goo clusters? A favorite park? Be creative!

#### Category 4: Sharing a new culture

#### **Options:**

- 1. Learn to say "hello" and "goodbye," and how to count from 1-10 in one of the foreign languages from a sister city. For bonus points, learn how to say "Girl Scouts" and the local Girl Scout or Girl Guide pledge in the language of your Sister City.
- 2. Video yourself giving a weather report from one of the sister cities in April. What is the weather like in April in your Sister City? Is it like Nashville?
- 3. Learn a song or game from your chosen Sister City's home country. Teach other Girl Scouts the song or game. Is it similar to something we play in the United States?
- 4. What are some famous landmarks of your chosen Sister City? Make a travel brochure or plan a trip to see it (even if you can't really go!). How much does it cost to visit? Where would you stay? How would you get there? What would you eat?
- 5. Make a recipe that is common in one of our Sister Cities. Share it with your friends, neighbors, or other Girl Scouts (like at a World Thinking Day event).

6. Make a SWAP representing your Sister City and share it with other Girl Scouts.

## **Cadettes, Seniors and Ambassadors:**

- 1. Learn about the Girl Scouts Destinations program at <a href="www.girlscouts.org/travel/take-a-trip-destinations">www.girlscouts.org/travel/take-a-trip-destinations</a>. Are any destinations going to a Sister City or nearby?
- 2. Learn about how to travel with Sister Cities. What is the application process?

When you've completed the patch, bring this sheet filled out to The Cabin to purchase your Sister Cities of Nashville patches!

Troop #	
# of Girls Completing Patch	
Troop Leader Name	
Contact Phone Number	
Contact E-mail	