OUTWARD BOUND
COSTA RICA

2018 Girl Scouts USA Destinations
Since 2006, Outward Bound Costa Rica has been an approved provider of courses for GSUSA Destinations, the ultimate in adventure programming for Girl Scouts aged 13 – 18. Elliott Wildlife Values Project scholarships are available for Scuba & Sea Turtle Adventure and Costa Rica & Panama Service Challenge courses.

Each year we design custom courses for Girl Scout Troops and Troop Leaders. These courses can run at any time of the year, can be the duration you desire and are based on your troop’s interests and objectives. Pricing is based on the activity you choose, the number of participants and number of days spent with us.

Outward Bound Costa Rica inspires a lifetime of leadership, growth and a commitment to serve through adventure-based learning.
RAINFOREST, RIVER & REEF

Discover the wonders of the rainforest. Rappel an 80-foot waterfall, live with host families, learn to make sugar from sugar-cane, tortillas, bread from scratch and tour a banana plantation.

Relax at one of the world’s most beautiful beaches in Manuel Antonio and view the kingdom of wild animals in Costa Rica from monkeys to exotic birds at Manuel Antonio National Park.

Sessions:
1. July 14 – July 28
2. July 28 – August 11

Cost: $2,375 USD per participant

“It was a crazy experience to open your eyes to look within yourself and at the world around you. Before I was stuck in my comfort zone and now I feel stronger and braver.”

– Annika, Girl Scout, 2017
CATCHING WAVES

Love the ocean? Love adventure? Love the wind in your hair and the thrill of the force of nature? Then learning to surf in the warm water breaks of the Pacific Ocean is for you. Spend your days learning to surf or perfect your style on our world-renowned waves. Learn the basics of lifeguarding; how to read the waves, and understand how to steer clear of the dangerous rips.

Sessions:
1. June 30 – July 14

Cost:
$2,330 USD per participant

“My daughter’s trip to Costa Rica was her first adventure alone and internationally. She was also traveling with a major medical condition which made her (and mom!) much more anxious about her experience. The team at OBCR were phenomenal about going out of their way to make sure we had what we needed for her participation. She had great adventures. Experienced wonderful new things and will have stories to share for her lifetime. When can she go back!”

– Sharon, GS Mother, 2017
Cross the border to Panama and the beautiful islands of Bocas del Toro welcome you. Spend the first part of your destination course in San San Pond Sak working with biologists cataloging the weight and dimensions of sea turtle hatchlings, then go on night patrols to protect mother turtles coming ashore to lay their eggs. Camp under a traditional thatched roof in the indigenous community on Isla Solarte and gain your NAUI Scuba Certification in the magnificent waters of the archipelago in Bocas. Dive at night to view glowing bioluminescence, try your hand at wakeboarding in the afternoons, and snorkel to see the wonders of the sea.

**Sessions:**
1. June 16 – June 30
2. June 30 – July 14
3. July 14 – July 28
4. July 28 – August 11

**Cost:**
$2,400 USD per participant

“I’ve learned to not let fear stop me from doing the things I want to do in life.” – Sophia, Girl Scout, 2017
COSTA RICA & PANAMA SERVICE CHALLENGE

Travel to Talamanca, Costa Rica to work alongside the indigenous BriBri people. You will camp in the local village and spend your days working on community service projects that greatly benefit the BriBri. Bathe in the nearby river, play soccer with the school children and enjoy the wonders of the rainforest.

Transfer across the border to Panama and the beautiful tropical estuary of Bocas del Toro and sea turtle sanctuary at San San Pond Sak. There you will work with local biologists logging information for newly hatched sea turtles. Help baby sea turtles reach the waters of the Caribbean Sea and study the habits of local manatees.

Sessions:
1. June 16 – June 30
2. June 30 – July 14
3. July 14 – July 28
4. July 28 – August 11

Cost:
$2,400 USD per participant

“My experience has been amazing and has shown me a new side to myself. It’s an experience I will never forget.”

— Lauren, Girl Scout, 2017
SEA TURTLE RETREAT

Spend your winter vacation on the tropical beach of Playa Ostional in Costa Rica. Earn volunteer hours on a conservation project – patrolling the beaches at night to keep nesting sea turtles safe as they lay their eggs. During the day, help the hatchlings make it to the waterline. Learn about a new culture, play soccer with the local school children and help beautify the beaches. Finish your course with an exciting zipline canopy tour and explore Costa Rica’s vibrant capital city of San Jose.

Sessions:
1. Dec 27 – Jan 5

Cost:
$1,910 USD per participant

“I would highly recommend the Sea Turtle Retreat to any Girl Scout! It was a great experience for my daughter to be involved hands-on with helping the endangered turtles to lay their eggs in safety. She also enjoyed trying new fruits and other foods, helping to refurbish the sleeping location for future participants, meeting new friends from all over the country, and becoming more aware of the world we live in and need to protect.”

– Valerie, GS Mother, 2016-2017
NEXT STEPS FOR GS DESTINATIONS PROGRAMS

1. Fill out your 2018 GSUSA Destinations application on forgirls.girlscouts.org/travel, or on our website outwardboundcostarica.org.

2. Send your application to your Council Member in charge of Destinations courses.

3. Your Council Member will forward your application to Outward Bound Costa Rica (OBCR) for review.

4. OBCR will inform you of your acceptance to the course of your choice.

5. You will be instructed to fill out OBCR’s Online Enrollment Form, and send in your deposit of $200.

6. You will receive an Information Packet and Packing List for your course.

7. Send OBCR a copy of your flight itinerary, passport, pay your balance within 30 days of your course, and ask us any questions along the way.

8. We will pick you up at the airport and welcome you to Costa Rica this summer.
1. Review our Group Program options at outwardboundcostarica.org/programs/group-programs and discuss the activities your troop is interested in for a custom course.

2. Fill out a Group Programs Inquiry on our website or email custom@outwardboundcr.org indicating the dates, duration, activities, and potential number of participants.

3. Our Custom Courses and Partnerships Manager will work with you every step of the way from designing a fully-customized itinerary matching your interests and objectives to enrolling your Girl Scouts on the course.

4. Have each troop member fill out OBCR’s online Enrollment Form, send in their deposit, and book flights.

5. You will receive an Information Packet and Packing List for your course.

6. Send OBCR a copy of your flight itinerary, passport, pay your balance within 30 days of your course, and ask us any questions along the way.

7. We will pick you up at the airport and welcome you to Costa Rica.
CONTACT US

Send us an email at girlscouts@outwardboundcr.org
Chat with us online at outwardboundcostarica.org
Give us a call at 800.676.2018