

Girls Got Game Patch

Patch Requirements:

To earn this patch, choose at least one activity out of the first four described below. Also choose any of the other activities that you like.



Daisy Girl Scout – 3 activities

Brownie Girl Scout – 4 activities

Junior Girl Scout – 6 activities

Cadette Girl Scout – 8 activities

Senior & Ambassador Girl Scout – 10 activities

Part 1 (choose at least one)

1. Attend a Council-sponsored sports event.
2. Learn about Title IX and write an essay, poem or song about how Title IX has impacted you.
3. Write a story about why participating in sports is important to you and to young women in society.
4. Research some of Tennessee's most famous female athletes. Write an essay about one of these athletes and explain why she made an impression on you. Collect these essays from your troop and donate them to your school library or the Girl Scout library.

Part 2 (choose 2-10 based on your scout level)

1. Pick a women's sports team and keep records of the team's statistics over the course of their season.
2. Invite a female collegiate or professional athlete to come to your troop and share her story about getting to college and then competing athletically at the college and/or professional level.
3. Develop a plan for your troop to take part in some kind of athletic activity at least one day a week and compete in at least one sporting event. Write an essay about your experience.
4. Select a country other than the United States and compare women's access to participate in competitive sports and the extent of national media attention women athletes receive relative to the United States.
5. Pick the college or university you want to attend and learn about the women's athletic programs they offer and scholarship opportunities for women participating in those sports. Write an essay about why you want to go to that college or university, what athletic program you would want to participate in, and what you believe it will take for you to get accepted to that college or university.
6. Pick your favorite sport and learn about the top women athletes in that sport, past or present. Write an essay about one of the women you learned about and tell about why she made an impression on you.
7. Attend a college women's athletic game or competitive event with your troop or family. After the game, talk about your impressions of the game or event and the role sports has played in your life.

8. Pick a game or sport with which you are not familiar have never played, learn the rules and teach them to your troop, family, friends or other group in your community, then organize the group to play the game.
9. Develop a plan for you or your troop to participate in a “Couch to 5K” training program and then participate in at least one 5K race as a troop.
10. Organize your troop or group of friends to hold a clinic for younger girls in your school, neighborhood or community to teach them a sport.
11. Read the sports section of a local or national newspaper, or an online news outlet, at least one day a week for one month and track the number of articles written about women athletes or women’s sports. Write a letter to the newspaper or media outlet’s Editor about whether you liked that newspaper’s coverage of women athletes and women’s sports and whether you thought it provided enough coverage of women athletes and sports.
12. Learn about the difference between Division I, II, and III of collegiate sports and how to apply to play collegiate sports in the different collegiate divisions.
13. Organize your troop to do a community service project that promotes participation in sports or a healthy, active lifestyle.
14. Cover a women’s athletic game or competition at your school or in your community by writing your own headline and story. If applicable, submit your article to your school or local newspaper, or online sports journal or blog

Themes:

- Gender Equity in Educational Programs – Title IX (Title IX is the law, passed in 1972, that requires gender equity for boys and girls in every educational program that receives federal funding, including athletic programs)
- Women athletes’ portrayal in the media
- Women in sports journalism
- The importance of participating in sport for women and their personal development (i.e., self-confidence, leadership skills, team building skills, etc.)

Once requirements are complete you must bring a certificate into the Girl Scouts of Middle Tennessee shop to receive your patch. The Girl Scouts of Middle Tennessee shop is located at 4522 Granny White Pike, Nashville, TN 37135

Girls Got Game Patch Program Completion Certificate

Please complete this certificate for your Girl Scout(s) to receive the Girls Got Game Patch.

(Name/ Family or Troop)

Has completed the Girls Got Game Patch requirements

And is awarded this certificate by

(Print name of responsible adult)

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