

Riding Roundup Try-It

Girls must complete four of the six requirements:

It is suggested troops/girls earn the Lovin' and Groom' try-it and the Pony Ready try-it prior to the Riding Roundup try-it.

According to Safety-Wise: "Protective headgear with a properly fitting safety harness that meets the American Society for Testing and Materials (ASTM) F-1163-88 requirements, displaying the Safety Equipment Institute (SEI) seal, is worn by girls and adults, including all instructors, wranglers, stable hands, etc. while riding and preparing to ride." For more information refer to Horseback Riding in Safety-Wise.



1. Learn at least three safety rules for being around horses on the ground. Put them into practice while around horses.
2. With the help of an experienced horse person, learn how to mount a horse or pony. You may use a mounting block, get a "leg up," or mount from the ground. Remember to sit gently on your horse's back; he will appreciate it.
3. From a qualified instructor, learn and practice good position during your ride. Whether you ride English or Western, good position will make you a better rider and will help you and your horse to enjoy the ride.
4. Learn how to start, stop and steer your horse or pony at the walk. Since there are many ways, please listen to your instructor so you and your horse will be able to understand each other.
5. Participate in at least one game on horseback. Group games like "Red Light, Green Light" or "Follow the Leader" and individual games like "Pole Bending" are a fun way to practice your riding skills.
6. Learn how to be safe when riding with other horses. Find out how much spacing you should have between your horse and others in the arena. Practice good spacing during your ride.

Where to find help:

- 1) **Visit your local library for information about horses and horseback riding.**
- 2) **Sign up for a Ring Ride at Camp Sycamore Hills (for 3rd grade Brownies).**
- 3) **Use the Internet to research information on horses. Here is a great place to start**
<http://www.kidsdomain.com/kids/links/Horses.html>