Get Outdoors

	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Archery	х	Use Daisy Bow	Use a Recurve Bow	Use a Compound Bow	Archery competion	Field archery
Ropes Course	х	Rock Climbing	High Challenge	Zip Line	Swing By Choice	Learn to belay
Camptivity	Creek Explorers	Screen print	Tie Dye		Canvas Creations	
Geocaching	Warm up with letter boxing	Use a GoTo point- er to travel from point A - B	Use a GPS system to find a 5 Tradi- tional Geocaches	Find a "Puzzle Caches"	Attend a Cache In Trash Out Event (CITO)	Assist a younger troop Geocaching
Troop Camping	Hike/Cook out	Cabin Camping	Open air cabins	Sleep out under the stars	Primitive campsite	Assist a younger troop camping trip
Outdoor Skills	Edible fires	Build a fire	Learn to safely use a knife	Lash a tree bed or shelter	Start a fire with no matches/ lighter	Wilderness First Aid
Canoeing	Х	Learn to flat water canoe	Learn to river canoe	Plan a full day canoe trip		overnight ne trip
Hiking	Learn about Hiking Safety and take an urban hike	Go on a tree safari at a state park	Take an All Day hike	Multi-day (backpacking)	Backpacking at High Elevation	Leave No Trace
Outdoor Cooking	Toast Marshmallows	One-pot Cooking	Dutch Oven	Buddy Burner	Box Oven	Cook without utensils
Horses	Lovin' and Groomin'	Ring ride	Trail ride	Riding lessons	Horsemanship workshop	Participate in Vaqueras

girl scouts
of middle tennessee

Show the world your outdoor spirit with this fun patch. The patch is designed for all age groups and as you participate in one of the patch areas, add the rocker! Don't know what to do?

We have some suggested activities by age level.

New rockers will be added periodically so you can just keep going!



Questions? Contact Meredith Dennis at mdennis@gsmidtn.org







Get Outdoors: GO with GSMIDTN

Show the world your outdoor spirit with this fun new patch. This patch is designed for all age groups. Fuel your fire for getting outdoors and add a rocker as you participate in each one of the patch areas! Don't know what to do? We have some suggested activities by age level. New rockers will be added periodically so you can just keep going!

How do I earn my patch and rockers?

- Simply purchase the main GO with GSMIDTN Patch from the GSMIDTN Girl Scout Shop and start having outdoor adventures.
- Use the helpful grid as a guide in earning your additional flame rockers.
- Use the GO Patch Program Completion Certificate below. Turn in the certificate when purchasing patches and rockers from the Girl Scout Shop.

Please share your outdoor stories and pictures with us. Submit to mdennis@gsmidtn.org.

For additional questions, contact Meredith Dennis, mdennis@gsmidtn.org or (615) 460-0213

For more patch programs check out our Council's Own Patch Program section.

GO Patch Program Completion Certificate

Please complete this certificate for your Girl Scout(s) and submit to the Girl Scout Shop when purchasing patches and rockers.

Name:			Troop Number:					
Age Level	:							
Please mark with a number the patch/rocker you are purchasing and how many:								
_		GO with GSMIDTN		Troop Camping Horses				
_		Archery		Outdoor Skills				
_		Ropes Course		Canoeing				
_		Camptivity		Hiking				
		Geocaching		Outdoor Cooking				