

## ALIVE Hospice Participation Patch

**Purpose:** To inform girls what Hospice means: hospitality; comfort and care given to those who have an illness that may be difficult to cure. To also coach girls on how to face and cope with changes that occurs in life.



*\*Please note that this patch will require a Sensitive Issues form (found in [Forms & Publications](#) on the website) signed by the parent for all age levels. See [Safety Wise](#) for more information.*

**Brownie Requirements:** Complete the following.

1. Read with the girls the Meet Mabel and Able coloring book and have them complete the book (contact Alive Hospice or your local Girl Scout office for copies).
2. Have a discussion about Mabel and Abel, answer any questions girls may have or have them tell how they interpreted the story of Mabel and Abel. Girls can create a drawing; a story or poem if they want to keep their thoughts more personal.
3. Do a service project for ALIVE Hospice. These can be cards, table favors, drawings, etc. Due to the various religious backgrounds of the patients, please send non-denominational items.

Additional resource available for check-out at the Nashville Service Center: “The Next Place”- a beautiful children’s book of light and hope to a place where earthly hurts are left behind.

**Junior and Cadette and Senior Requirements:** complete the following.

It is suggested the leader review “Facing Change: Falling Apart and Coming Together Again in the Teen Years” (available through your local Girl Scout office or the Nashville Customer Service Center) prior to working on the patch program with girls.

1. Have the girls define the term loss and what it means to them personally. On a large piece of paper, write down what the girls feel are losses that are easily recognizable. Have them list losses that are not easily recognizable. Review examples found on pages 7 and 8 of the book “Facing Change: Falling Apart and Coming Together Again in the Teen Years” after the girls have completed their list.
2. What are some creative and healthy ways to deal with grief? Brainstorm with girls, and then give examples found on pages 16-18.
3. Have each girl complete pages 19-22. If possible, make copies of these pages for each girl, or have them complete the exercise on separate pieces of paper with the leader calling out the information.
4. Discuss pages 23 – 30. **Junior Girl Scouts** pick three from the list to do individually or as a troop and **Cadettes/Seniors** pick five from the list.
5. Do a service project:

**Junior Girl Scouts:** make cards, table favors, drawings, poems, etc. for ALIVE Hospice (due to the various religious backgrounds of the patients, please send non-denominational items)

**Cadette/Senior Girl Scouts:** contact ALIVE Hospice to coordinate a service project. Including but not limited to: sponsoring drives for such items as Ensure™

**Sponsored by:** Alive Hospice, Inc.; 1718 Patterson St.; Nashville, TN 37203; (615) 963-4667; (800) 327-1085; [www.alivehospice.org](http://www.alivehospice.org). Contact ALIVE Hospice for more information or to set up a visit from a program coordinator.